



Founded in 1869

Blackheath & Bromley Harriers AC

Oct & Nov
2000

Home

Up

Last updated 4 December 2000

Press Releases for October & November 2000

- *f you want to find the latest results try [Results!](#)*
- *If you are after older results and gossip please go to the [Courier](#) pages.*

October 2000

[30/10/00](#)

[23/10/00](#)

[16/10/00](#)

[08/10/00](#)

[02/10/00](#)

November 2000

[28/11/00](#)

[20/11/00](#)

[13/11/00](#)

[6/11/00](#)

28 November 2000

Daniel Ayrton was the 2nd Briton home in the junior race at the Belgian International Cross Cup in Roeselare. Representing the South Of England, the athlete from Blackheath Harriers Bromley finished ahead of three of the England team, which means that he will be in line for a full England vest in the next race in the series in Brussels in three weeks time.

Coached by Dave Liston, his time of 23.49 for the course of slightly under 5 miles was impressive given the muddy and waterlogged conditions, the worst anyone could remember at this venue.

Ayrton was not the only Heathen in action with another nine members paying their own way to compete against some of the best in Europe. In the same race William Bolton was 30th with Russell Bentley 39th and Andrew Rayner 52nd. Because of the different age group rules on the Continent, Matthew Lucht had to run in the Senior Race, but despite being one of the youngest in the field, he coped well with the five laps of thick mud to finish in 40th.

Langley Park schoolboy Chris Daniel closed in 27th in the under 17s race with Dan Ryan 32nd, while Chris' brother Richard was pleased to be rewarded with an alarm clock for his 6th place in the under 13s race.

His father Ken was 4th in the over 50s race with Con Griffin 6th in the over 45s.

Conditions were just as bad closer to home at Hayes, where the Clubs Mob Match with Orion Harriers and 7.5 Mile Cross Country Championship were staged in torrential rain. The course was the wettest anyone could remember and it was perhaps appropriate that the winner was someone who is qualified in more than just running.

Nick Kinsey's greatest sporting success has come in triathlons, and the former British Record holder for the Iron Man showed all of his endurance qualities to win the race by a minute in 48.41, at the age of 41.

The Club packed well up front with Roy Smith, Richard Daniels and Mark Watling filling the next three places but it was a close match with the Club just beating Orion by 1485 points to 1596 with the teams scoring 39 a side.

First woman home for the Club was Anne Cilia in 84th overall with Alison Jelly in 89th. Kevin Foley won the handicap event that was incorporated in the main event, with Nigel Webb second and Nick Kinsey third.

On the roads Paul Fisher showed that he is wintering well with a 10th place in the Wolverton 5. Better known as an 800 metre runner, he timed a very useful 26.09.

Dave Taylor travels to Malmo in Sweden this week to represent Great Britain in the European Cross Country Championships. Taylor made the team despite not targeting selection. He ran in the Trial race at Margate last weekend just to test his fitness. His main aim at the moment is to get in four months of solid training. Getting picked for Malmo is a bonus.

Members of the Club's track and field squads are all back in winter training preparing for the forthcoming indoor and outdoor seasons. New members of all ages and standards are welcome to join them. Those interested should contact Michelle Bovell or Dave Liston at Norman Park on a Tuesday, Wednesday or Thursday from 6.30.



20 November 2000

Dave Taylor will be in the selectors minds this week as they meet to pick the Great Britain team for the European Cross Country Championships at Malmo in Sweden on the 9th of December.

The Blackheath Harriers Bromley athlete finished 5th in Sunday's Trial Race at Hartsdown Park, Margate and was only two seconds off third place in a close fought battle for the bronze medal position.

It was a busy afternoon for the Club with athletes competing in all the age group races and with many of the races incorporating an International competition, Inter Area match, Southern Womens League and Kent League, the computer was unable to produce correct sets of results.

What was clear was that Jennie Butler is continuing to improve rapidly. She finished in 39th place in the Senior Womens race and in so doing won the Kent League competition. Her performance attracted the attention of Kent Officials who have selected her to represent the County in an Inter County match in Dorset next month.

Daniel Ayrton, running for the South Of England, finished 11th in the Junior race and looks to have just missed out on a place at the Europeans. He led a Blackheath team of Peter Tucker, Will Bolton and Matthew Lucht to victory in the Kent League match.

They head the League after two matches as do the under 13s team despite finishing 3rd at Margate. Tom Beech led the squad home in 9th with Stephen Leach just one second behind in 10th and Dale Willis completing the scoring in 15th. Encouragingly the Club were able to finish a B team too with Richard Daniel first finisher in 17th.

Joseph Godsell led the Clubs under 17s finishing in 8th place in the Kent League with Ray Perkins in 11th and Chris Daniel 13th. Matthew Greene was first home for the under 15s in 16th with a promising debut from Harry Cliff in 25th as the team finished 4th in the Kent League.

Best team performance for the girls came in the under 13 age group where Rebecca Taylor finished 2nd in her first race in the age group. With Aimee Boyle in 4th and strong support from Byrony Proctor and another debutant Rachel Stokes, there will surely be more team success to come, particularly as another two girls were absent as they were representing the London Borough Of Bromley in a SportsHall Athletics match.

Sophie Robinson, and Emily Godley along with Serita Bovell, Amy Beech and Philip Kettle were part of the Bromley team which finished 2nd from 12 teams in the event at Crystal Palace.

On Saturday the Club held its [annual dinner](#) at it's clubhouse in Hayes with the Principle Guests the Mayor and Mayoress of Bromley - Councillor David and Mrs Helen Crowe, and Adam Walker, Director of Development at UK Athletics. A number of the Clubs top athletes were in attendance including Dwayne Grant, a member of the Great Britain junior team who won gold medals in the 4x100 metres relay at the recent World Junior Championships in Santiago; International 110 hurdler Mensah Elliott and top 800 metre runner Anthony Draper.

They and other members of the Club's track and field squads are all back in winter training preparing for the forthcoming indoor and outdoor seasons. New members of all ages and standards are welcome to join them. Those interested should contact Michelle Bovell or Dave Liston at Norman Park on a Tuesday, Wednesday or Thursday from 6.30.



13 November 2000

Daniel Ayrton was celebrating on Saturday having been selected to represent the South Of England at both the Margate International this weekend and the Roeselare Cross Cup Races in Belgium in two weeks time. The 19 year old athlete from Blackheath Harriers Bromley earned his selection after running the 9th fastest time of the day in the junior age group at the [National Cross Country Relays](#) at Berry Hill Park, Mansfield.

Ayrton anchored the team to 7th place timing 9.19 on the wet 3,000 metre course. Peter Tucker suffered a fall on the opening leg and closed in 23rd in 10.06, but Russell Bentley then pulled up to 13th on leg two, before Ayrton clawed back another 6 places on the closing stage. Stephen Holmes continued his comeback from illness and injury with a 10.30 clocking in the B team. This followed his 15th place in the previous weeks London Colleges Cross Country League where he was representing Brunel University.

His team captain at Brunel, Michael Skinner opened for the seniors at Mansfield and brought the team in 14th out of 92 in a time of 16.16. However, with many absent through injury, this was the highest the team reached on the day. They eventually finished 25th. Nevertheless, there was an encouraging return to racing for Steve Dodd who was a member of both of the Club's teams who won the National Cross Country Championships in the mid 90s. He clocked 17.31 on leg three.

The Club's over 50s team were also in action in the [British Veterans Cross](#) Country Relays at Princethorpe College, Rugby and they so very nearly came away with team golds. Jim Phelan had the run of his life on the opening stage coming home first in 15.44 and Ken Daniel stretched the gap to a massive 64 seconds on the second stage, running the 3rd fastest time of the day in the process.

Peter Hamilton ran a solid 16.14 on the third stage but found himself closed down by Richard O'Keefe of Trentham whose 15.04 was the fastest of the day. Neck and neck at the change, Hugh Morten had one of those runs he'd rather forget and his 16.33 was not enough to secure victory. Second was still an excellent result and the team are looking forward to the County Championships next month.

Closer to home a senior team finished 5th in the [South Of The Thames](#) Junior Cross Country Championships at Lloyd Park, Croydon. The race is "junior" by standard rather than age with various barring clauses to exclude established athletes. John Morland led the team home in 12th place with Steve Cooper 14th in his first race of the winter. Mark Ellison in 35th and Brendan McShane, 60th, completed the scoring.

In complete contrast to the wind and rain in Britain, Steve Partridge successfully completed his own battle with the elements in the [Jordan Desert Cup](#). Steve completed the 168 km course over sand, undulating tracks and mountain paths in 55 hours and 45 minutes. There were 134 finishers from 173 starters. Gale force head winds made the going tough in the final stages and he described the race as "utter attrition." However, on completing the race, he was looking forward to meeting the Queen Of Jordan at the Gala Dinner.

The Club's track and field athletes are all back in winter training preparing for the forthcoming indoor and outdoor seasons. New members of all ages and standards are welcome to join them. Those interested should contact Michelle Bovell or Dave Liston at Norman Park on a Tuesday, Wednesday or Thursday from 6.30.



6 November 2000

Daniel Ayrton continued his promising winter season with a win in the Regents Park 10km Road Race. His time of just over 31 minutes was an excellent performance for a 19 year old and leaves him in confident mood as he leads the Blackheath Harriers Bromley junior team in the forthcoming National Cross Country Relays at Mansfield and Margate International Races.

Martin Airey opened his winters racing with a useful 9th place in the 2nd [Kent League](#) race of the season at Sparrows Den, West Wickham. Airey, a sub 3.50 1500 metre looked strong throughout and was pleased with his performance having just recovered from a cold. However, as he was late in registering he was only entered in the Clubs D team.

Second home for the Club was John Morland in 22nd with super veteran Hugh Morten third in 53rd.

Three of the Clubs other veterans have been selected to compete in the Home Countries International at Navan near Dublin on the 18th of this month. Bill Foster is in the England over 40s team while the Clubs Head Of Active Athletics, John Robinson, is in the Northern Ireland Over 55s team. Former Irish International miler Barry O' Gorman represents the over 60s team.

Away from the country another Club member is this week attempting a race with a difference. Steve Partridge is running in the [Jordan Desert Cup](#). This is acknowledged as the toughest footrace on earth over a distance of 168km. There is a maximum time limit of 62 hours and the course consists of 104km of sand, 24 km of undulating track and 41 km of mountain track. There are no overnight stops.

In his latest communication from the course Steve says "common consensus is that the course is longer than stated - nearer to 140 miles. There are about 160 starters, including 11 Brits. Daytime temperature is 35 degrees but at 8pm is only 3." The race started at 8.a.m on Tuesday morning and he hopes to complete the course in 57 hours. More details are available on the Blackheath website at www.bandbhac.org.uk and the event is being televised by Eurosport.

In another feat of endurance Club member Ray Gibson is part of a four man crew taking part in the Atlantic Rally for Cruisers from Gran Canaria to St Lucia. This transatlantic rally starts in Las Palmas de Gran Canaria on 19th of November and crosses to Rodney Bay on the Caribbean Island of St Lucia. The 3000 mile trip takes on average between 14 and 30 days. Club members can only speculate how long a non average journey takes but are taking part in a competition to estimate his transocean time. His progress can be checked at www.worldcruising.com/arc

The under 15 girls rankings for the season have recently been published with the highlight for the Club being Langley Park schoolgirl Sandra Alaneme's 8th place in the high jump. Coached by Simon Tolson she cleared 1 metre 65 centimetres during the summer season.

The Club's track and field athletes are all back in winter training preparing for the forthcoming indoor and outdoor seasons. New members of all ages and standards are welcome to join them. Those interested should contact Michelle Bovell or Dave Liston at Norman Park on a Tuesday, Wednesday or Thursday from 6.30.



30 October 2000

A weakened squad from Blackheath Harriers Bromley finished 32nd from 61 teams in atrocious weather conditions at the National 6 Stage Road Relays at Sutton Coldfield. Injuries and absence left team manager Ian Wilson with just 6 runners available from the 18 names that were on the team entry and in the circumstances he was pleased with the results.

"The team on the day was a mix of youth and experience and they each gained something from the day. Be it experience of relay racing at this level or how much work needs to be done for good results later in the season" said the former England team manager.

Particularly pleasing were the performances of three juniors. Dan Ayrton was the fastest Heathen of the day timing 18.05 as he moved up 5 places on leg two following veteran Bill Foster's 18.21 opening leg. Russell Bentley and Peter Tucker both ran identical times of 18.53 on legs 4 and 5 and this promises much for Clubs junior team at the National Cross Country Relays in two weeks time.

Former Southern Cross Country champion Tim Dickinson had only his 2nd race in 6 months clocking 19.06 on leg 3; and an unfit Pat Calnan answered the last minute call from the team manager to anchor the team home in 21.08.

One of the Clubs current injured athletes is Mark Steinle. The Olympian at the marathon has a knee problem which has forced him to withdraw from the World Half Marathon Championships in Mexico next month.

In complete contrast to the relay in the Midlands, a number of Harriers took part in the Seven Sisters Marathon. The course on the Sussex coast is cross country over the full marathon distance with over 3000 feet of climbing. The first 19 miles are undulating before the climb over all of the Seven Sisters and Beachy Head to finish. Adverse weather meant no fast times were recorded. Indeed at times the runners were heading into gale force winds. First home for the Club was Mark Ellison in 3 hours 51 minutes with Will Slack and Dave Ellison coming in together in 4.05.

Back on the roads super vet Ken Daniel showed that he is fast returning to fitness after a major knee operation when he finished 2nd in the Southern Counties and Veterans AC 5km road race championships for over 50s at Victoria Park. The old war horse timed 17.20 just 16 seconds down on the winner with team mate Peter Hamilton 3rd in 18.05.

The final total that the Clubs runners raised for Great Ormond Street Hospital at this years London Marathon was £9121.42.

Immediate Past President Richard Coles presented the cheque to Jessica Brandon from GOSH at the Blackheath Clubhouse last Wednesday.

Some of the age groups rankings for the summer track and field season have recently been published with Blackheath athletes figuring prominently. In the under 17 boys Joseph Godsell ranks 10th fastest in the 800 with 1.56.65. Others include 100. 17th Jack Wilkie 11.1. 400. 14th Neil Simpson 50.51.

For the girls Emily Oliver is ranked in two events. The talented Newstead Woods schoolgirl is 10th in the hammer with 37.09 and 15th in the discus with 33.92. Katy Benneworth is 21st in the long jump.

The Club welcomes new members of all ages and standards. Those interested in joining should contact Michelle Bovell or Dave Liston at Norman Park on a Tuesday, Wednesday or Thursday from 6.30.



23 October 2000

Dwayne Grant's track season ended with a sensational finale at the World Junior Championships in Santiago, where he was part of the Great Britain 4x100 metre relay team who struck gold with the fastest time by a junior team in the world this year. In addition he finished 7th in the 200 metre final having broken Commonwealth Games 200 metre champion Julian Golding's Junior Club Record in the semis.

The John Powell coached athlete began the Championship with a 2nd place in his first round heat and he progressed to the semi finals with a 4th place in the 2nd round in 21.24.

It was then that the 18 year old from Penge went into overdrive smashing through the 21 second barrier for the first time, stopping the clock at 20.88 to take 4th place. An excellent 7th place in the final in 21.33 was the springboard for more success in the relay, where he teamed up with 100 metre gold medallist Mark Lewis Francis; 200 metre bronze medallist Tim Benjamin and Tyrone Edgar.

The quartet ran the fastest time in the World this year in their semi with a 39.14 clocking and then went faster in the final setting a new championship best of 39.05. Grant will still be a junior next season and will be targeting the European Championships.

In complete contrast, many of the Clubs middle distance runners were in action in the opening Kent Cross Country League match of the season at a very muddy Tunbridge Wells. With athletes in all the age groups there was much to cheer. Jennie Butler returned from an injury which has kept her out all summer to claim an excellent 2nd place in the senior womens race. Better known as a track runner Karyn O'Mahoney coped well with the saturated course and despite a fall claimed a useful 13th place.

There was a second place also for Kate Bugler in the under 20s race; and for the steadily improving Aimee Boyle in the under 13s.

Highlight for the Boys were an individual win for Daniel Ayrton and team victories for the under 20s and under 13s teams. Fresh from a fine 8th place at last weeks Reebok Cross Challenge in Liverpool, Ayrton powered to victory in the under 20s race as the Club provided a clean sweep of the leading places with army private Peter Tucker 2nd; William Bolton 3rd; and Club Champion Andrew Rayner 4th.

Raymond Perkins led home the under 17s team in 10th place, with Matthew Greene first under 15 in 15th.

Most promising was both the quantity and quality of the under 13s squad. Eleven of them toed the line with gutsy Stephen Leach first to finish in 4th place. Ably backed by Tom Beech in 6th and Dale Willis in 11th they comfortably won the team race.

The Club welcomes new members of all ages and standards. Those interested in joining should contact Michelle Bovell or Dave Liston at Norman Park on a Tuesday, Wednesday or Thursday from 6.30.



16 October 2000

Mark Steinle returned from the Olympic Games in Sydney to find he has once more been selected to represent Great Britain in international competition. Steinle was the fastest Briton over the half marathon in 1999 and has been picked to lead the British team in the World Half Marathon Championships at Veracruz in Mexico on the 12th of November.

The Blackheath Harriers Bromley athlete is quickly recovering from his disappointing run at the Olympics where stomach cramps forced him to leave the course and visit the portoloo twice in the second half of the marathon. "Everything about the Olympics was great apart from the run itself. I may do another marathon before the end of the year."

One of Steinle's team mates from his days as a junior athlete, Anthony Draper, was a emphatic winner of the Club 5 mile cross country championships at Hayes. He won the race by nearly a minute and a half in his first competition since July when his track season stalled when he was hit by a virus. A 1.48 800 metre runner, Draper coped well on a water -logged, muddy and over distance course to time 28.50.

John Morland took 2nd with Steve Cooper 3rd. Fourth place Chris Fincham was the leading veteran with Mark Ellison second and Con Griffin third.

Leading junior was Andrew Rayner who reaped an immediate reward for giving up working on Saturdays by winning the coveted Wooderson Trophy, named after the Clubs former world mile record holder Sydney. David Griffin took second place and also was the winner of the handicap race which was incorporated in the main event. Harry Cliff was third.

First woman home was guest athlete Julia Harrington with Natalie Brightwell second and Alison Jelly third.

The Club has had some success in road races recently with Andy Arrand finishing 2nd in the Manchester Marathon. The 34 year

old Army training instructor timed 2 hours 24 minutes and 40 seconds for the course.

Meanwhile junior Russell Bentley was runner up in the Dulwich 10km in 32.22. The team filled four of the first seven places with Peter Tucker 4th in 33.27, Eammon Prendergast 6th in 33.48 and Nick Kinsey, the leading veteran, 7th in 33.59.

The Club welcomes new members of all ages and standards. Those interested in joining should contact Michelle Bovell or Dave Liston at Norman Park on a Tuesday, Wednesday or Thursday from 6.30.



8 October 2000

Dwayne Grant showed that he is ready to take on the world after beating the best junior 200 metre runners from Italy, France and Spain in the international match at Grosseto, Italy. The Blackheath man sped to victory in a time of 21.27 and was also part of the British 4x100 metre relay team who finished 2nd in 39.74, nine hundredths of a second behind the winning French team.

The trip to Italy marked the start of a hectic couple of weeks of travelling for the 18 year old from Penge. Following the flight back from Italy, the British team spent just three hours at Heathrow before boarding a flight for Florida, where the holding camp for the team for the World Junior Championship is based. After a week at the American site, the squad fly to Santiago, in Chile, where the Championships begin on the 17th of October.

Grant was not the only Heathen in action in Italy as Nange Ursell competed in the 400 hurdles finishing 7th in 54.80 in his last race in the age group.

There was more success for the Clubs youngsters at the first round of the Parkwood Cross Country League at Canterbury. Particularly pleasing were the results in the under 11s age group where there was a double victory with Highfield pupil Rebecca Taylor winning the girls race and Charlie Brett the boys. In fact the Club had the first four athletes home in the girls race with Emily Godley 2nd, Sophie Robinson 3rd and Claire McNamara 4th. Adam Ginn was 3rd in the boys race.

Matt Lucht in the under 20 boys and Raymond Perkins in the under 17 boys both led their teams to victory with 3rd and 5th individual places, while Kate Bugler was 2nd in the girls under 17s race. Her sister Eve was first home for the club in the under 15s with Simon Childs leading the boys in 5th place.

The under 13 boys team had an emphatic team win with Tom Beech first for the Club in 4th and there was a promising debut from Danny Brewer in 15th. Aimee Boyle was 3rd in the girls race and there was also a good run from Bryony Proctor.

It has been reported in the National Press that Mark Findlay who has failed a drug test is a member of the Club. This is not correct. Mark left Blackheath 14 months ago and joined Newham And Essex Beagles. Blackheath Harriers Bromley know nothing about the recent revelation.

The Club welcomes new members of all ages and standards and were delighted to receive over 30 applications at its most recent Committee meeting. Those interested in joining should contact Michelle Bovell or Dave Liston at Norman Park on a Tuesday, Wednesday or Thursday from 6.30. More information about the Club can be found at its website at www.bandbhac.org.uk



2 October 2000

Mark Steidle's Olympic Games ended in disappointment as he finished in 56th place in the marathon in 2 hours 24 minutes and 42 seconds. The Blackheath Harriers Bromley athlete was in the lead group and looking comfortable as he passed through the halfway mark in 65.05.

However, following a surge in the pace he started to get painful stomach cramps and lost contact slipping back steadily. Steidle was the fastest Briton this year with his Club record breaking 2.11.18 but Jon Brown, in finishing fourth place, went one second faster to knock Mark off top of the rankings.

Dave Taylor, the previous holder of the Club marathon record, was the fastest athlete overall of the day at the Nike Southern 6 Stage Road Relay Championships at Aldershot as he helped the Club qualify for the National Final at Sutton Coldfield on the 28th of October. The 1998 Commonwealth Games 4th placer at the marathon timed 17.41 for his 6km leg to move the team up from 19th to 3rd on the third leg.

Andy Arrand set the team off to a good start closing in 3rd on the opening stage but Matt DeFreitas slipped back on the second leg as he is still not fully fit following his return to the sport.

Brunel University captain Michael Skinner kept the team in the top ten despite having just returned to training following a six week break with a badly sprained ankle. Top juniors Russell Bentley and Daniel Ayrton gained valuable experience against senior athletes running useful legs to ensure the team finished 8th place overall against teams from across the South of England.

The future looks good for the seniors as the following day, at the same venue, the under 13s boys team of Dale Willis, Richard Daniel, Stephen Leach and Tom Beech equalled their colleagues finishing position. As with the previous weekend at the Kent Relays, there was only five seconds difference in the times of Willis, Leach and Beech. The under 17s team of Raymond Perkins, Chris Daniel, Tom Robinson and Daniel Snow finished in a useful 15th position.

Keeping it in the family Richard and Chris' father Ken Daniel was also in action in the over 50s race. Despite not being fully fit following keyhole surgery to his knee, he teamed up with Jim Phelan, Peter Hamilton, and Terry Brightwell to help the Club to 8th place.

The Club also had 8 runners in the annual London to Brighton race, which is a course of over 55 miles. Leading the Heathens home in an international field was Will Slack who timed 8 hours 56 minutes and 24 seconds. Second for the Club was John Turner, the 12th time the 50 year old has completed the course. With Bernie Bater the 3rd counter, they finished 4th in the overall

team race and were 3rd in the South of England Ultra Distance Championships which were incorporated in the event.

Further down the field 21 year old Gareth Griffin reached the finish but then waited over half an hour for his father Dick and Colin Poole so that they could cross the line together. In pausing before the finish he missed the cut off time for a medal but as he said "it's only a bit of metal. I said to my dad I'd finish with him." Three years ago Gareth ran the race for the first time after making a full recovery from cancer.

Meanwhile, down at Shapwick, a famous Heathen was also on duty, although not in a competitive capacity. Sydney Wooderson, who was awarded an MBE earlier this year, was guest of honour at the Athletics Weekly/BMC Mile Of Miles Grand Prix Charles Bennett Centenary Mile. The race was organised to celebrate Britain's first Olympic Gold 100 years ago. Wooderson set a world record for the mile of 4.06.8 in 1937, but the winning time around a triangular circuit of the village in 2000 was 4.11. It is not thought that Sydney is planning a comeback.

The Club welcomes new male and female members of all ages and were delighted to receive over 20 applications at its most recent Committee Meeting. For further details please visit Norman Park track on a Tuesday, Wednesday or Thursday evening from 6.30 and ask for either Michelle Bovell or Dave Liston. Alternatively call Dave on 01322 663504.

Nike Southern 6 Stage Road Relay, Aldershot Sept 30.

1. Borough Of Hounslow 110.39.
2. Thames Hare And Hounds 111.59
3. Aldershot Farnham And District 112.26
8. Blackheath Harriers 115.28 (Andy Arrand 18.20, Matt De Freitas 20.03, Dave Taylor 17.41, Michael Skinner 19.47, Russell Bentley 20.20, Dan Aryton 19.17).

Nike Southern Over 50s (4 stage) Road Relay

1. Oxford City 84.44
2. Brighton And Hove 85.13
3. South London Harriers 85.53
8. Blackheath Harriers 90.02 (Jim Phelan 22.13, Peter Hamilton 22.17, Terry Brightwell 22.29, Ken Daniel 23.03)

Nike South Of England Young Athletes Road Relay

Under 17s

1. Aldershot Farnham And District 50.12
2. Basingstoke And Mid Hants 52.40
3. Aldershot Farnham And District "B" 53.33
15. Blackheath Harriers 57.00 (Raymond Perkins 13.52, Chris Daniel 14.15, Tom Robinson 14.34, Daniel Snow 14.19)

Under 13s

1. Aldershot Farnham And District 42.34
2. Thurrock 43.18
3. Southend 43.56
8. Blackheath Harriers 47.04 (Dale Willis 11.33, Richard Daniel 12.18, Stephen Leach 11.37, Tom Beech 11.36)

London To Brighton Road Race

71. Will Slack 8.56.24. 78. John E Turner 9.06.31. 115. Bernie Bater 9.34.01. David King 10.14.34. Gareth Griffin, Dick Griffin and Colin Poole 11.29.56. Brian Smith dnf

