

Blackheath & Bromley Harriers AC

Oct to Dec 2020

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Due to the Covid-19 virus all athletic activity was halted and there was/is nothing to report from mid September to mid November 2020.

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The Awards and the AW 2020 rankings

Even though 2020 with the COVID-19 lockdowns caused many competitions to be called off and training to be limited or cancelled, many athletes took the chance to either rest up or train somewhat more lightly this year, or even try new events. However, many of the club's athletes went on to produce some fantastic performances as you will see below

Kelechi Aguocha picked up third place in the **British Junior Male Athlete** of the year award behind Max Burgin and Lewis Byng for his 2.22m high jump which was a new club record. This is a fantastic achievement for a young athlete who showed so much improvement this season.

In the AW 2020 Merit Rankings UK Men we had 8 athletes feature with James Whiteaker and Adam Gemili taking pride of place both with first places

Name	Rank	Event	Performance
Adam Gemili	4th	100m	10.28
Adam Gemili	1st	200m	20.56
Alex Botterill (HCA)	10th	800m	1.46.82
Phil Sesemann	5th	3000m	7.52.42
Phil Sesemann	8th	5000m	13.56.83
Kelechi Aguocha	5th	High Jump	2.22m
Jonathan Ilori	5th	Triple Jump	15.83m
James Whiteaker	1st	Javelin	77.81m

In the AW 2020 Merit Rankings UK Women we had 7 athletes feature including Sarah Abrams, Jahisha Thomas and Funminiyi Olajide (HCA) in the long hump.

Name	Rank	Event	Performance
Sarah Abrams	5th	Long Jump	6.31m
Jahisha Thomas	7th	Long Jump	6.26m
Funminiyi Olajide	12th	Long Jump	6.14m
Nana Gyedu	7th	Shot	14.47m
Zara Obamakinwa	5th	Discus	51.69m
Rebekah Walton	7th	Javelin	47.65m
Lauren Farley	10th	Javelin	46.56m

In the Mens AW 2020 Performance Rankings the club registered 8 top 10 rankings with James taking 1st in the javelin by almost 5 metres.

Name	Rank	Event	Performance
Adam Gemili	3rd	100m	10.28
Adam Gemili	3rd	200m	20.56
Alex Botterill (HCA)	10th	800m	1.46.82

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Phil Sesemann	7th	3000m	7.52.42
Phil Sesemann	11th	5000m	13.56.83
Alex O'Callaghan Brown	9th	400m Hurdles	53.86
Kelechi Aguocha	4th	High Jump	2.22m
Jonathan Ilori	4th	Triple Jump	15.83m
James Whiteaker	1st	Javelin	77.81m

In the Ladies Performance Rankings they were slightly down on the men with 6 top ten rankings

Name	Rank	Event	Performance
Katie Ann McDonald	16th	800m	2.04.59
Mallory Cluley	10th	100m Hurdles	13.99
Alex Hill	15th	400m Hurdles	62.18
Sarah Abrams	5th	Long Jump	6.31m
Jahisha Thomas	6th	Long Jump	6.26m
Funminiyi Olajide	12th	Long Jump	6.14m
Zara Asante	15th	Triple Jump	12.42
Nana Gyedu	7th	Shot	14.47m
Zara Obamakinwa	5th	Discus	51.69m
Rebekah Walton	7th	Javelin	47.65m
Lauren Farley	8th	Javelin	46.56m

In the mens under 20 performance rankings there were three top rankings for Ethan Brown, Alex O'Callaghan Brown and Kelechi Aguocha.

Name	Rank	Event	Performance
Ethan Brown	1st	400m	47.4
Alex O'Callaghan Brown	1st	400m Hurdles	53.86
Kelechi Aguocha	1st	High Jump	2.22m
Pedro Gleadall	5th	Pole Vault	4.64m

While in the ladies events there seven top 10 rankings with Zara taking top spot in the discus and Nana second in the shot.

Name	Rank	Event	Performance
Holly Mpassy	5th	400m	55.71
Mallory Cluley	5th	100 Hurdles	13.99
Funminiyi Olajide	3rd	Long Jump	6.14m
Nana Gyedu	2nd	Shot	14.47m
Zara Obamakinwa	1st	Discus	51.69m
Hannah MacAulay	5th	Discus	44.83m
Lauren Farley	3rd	Javelin	46.56m

Not to be outdone the juniors in the under 17 and under 15 categories had ten top 10s in the rankings with Sam Reardon top of the under 17 mens 400m and 800m, and Zara top in the ladies discus,

Name	Rank	Age Group	Event	Performance
Sam Reardon	1st	U17M	400m	48.87
Sam Reardon	1st	U17M	800m	1.52.82
Barnaby Corry	2nd	U17M	Pole Vault	4.30m
Amarisa Sibley	4th	U17W	800m	2.09.47
Kelsey Pullin	3rd	U17W	300m Hurdles	45.92
Zara Obamakinwa	1st	U17W	Discus	51.69m
Oscar Whitcombe	4th	U15B	Pole Vault	3.18m
Faith Akinbileje	4th	U15G	100m	12.48
Faith Akinbileje	2nd	U15G	200m	25.02
Daisy Snell	3rd	U15G	Long Jump	5.34m

Nick Brooks



20/11/20

Great night for Blackheath & Bromley Harriers AC at the England Athletics Regional Awards Night

It was a successful evening for Blackheath & Bromley Harriers AC at the England Athletics London Region awards ceremony on Thursday night. The Club were winners in two categories, and also achieved several runners up places. The evening's awards could be viewed online and there many international athletes from bygone years there to ask

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questions of the award winners.

BBHAC were awarded "Club of the Year", which is testament to the collective hard work and achievements of so many in the Club. In addition, Claire Austridge was named Volunteer of the Year, recognising the time and effort she freely gives to fundraising, our young athletes and the wider community.

Holly Platt, who produced an excellent video to accompany the Club's nomination for Club of the Year award, was runner up in the "Young Volunteer of the Year" category for her outstanding contribution to the Club's social media presence.

David Liston, who has spent many years coaching the Club's middle distance athletes, achieved runner up in the Coach of the Year category. David spoke genuinely of the fulfilment coaching has given him over the years.

Finally, John Baldwin, who in over 65 years of membership has undertaken many vital roles within the club, was named runner up in the Services to Athletics category.

President Nic Corry had this to say in response to a great evening for the club:

"These awards recognise the collective efforts of the entire Blackheath & Bromley Harrier Community. BBHAC achieved success in a wide range of categories demonstrating that, even in a challenging year for the Sport of Athletics, BBHAC continues to excel as a Club. The volunteers, who freely give their time, allow us to have the platform to enable so many to succeed. We should all celebrate in this night of achievement for the Club and its volunteers!

Nick Brooks/Tim Ayres



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