

Blackheath & Bromley Harriers AC

Up

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5/12/17

Kent Masters Cross Country Champs

It was the turn of the older age groups top represent BBHAC on the Kent XC Champs at Dartford with a hard earned team silver for the V35 ladies team in sunny, cold and firm conditions with Jane Bradshaw 13th, Sara Elmqvist 15th and Jenny Neal 19th all giving up age groups to compete in this section. To add to this result, the V55s achieved bronze with Anne Cilia, Zoe Kingsmell and Lindsey Alger all finishing well. Topping it off was Maz Turner's individual bronze medal in the V65 category.

Earlier in the first race of the day saw the M50 championships, consisting of 4 and bit laps for a total of 9k, where Tim Nash (33.16) produced a typical strong performance to finish 6th, with great back up from Roger Beswick (34.33) who finished in 13th. Completing the 3 to score team was Nigel Haffenden (35.05) who ran one of his best ever races to finish in 17th. This was good enough for 2nd M50 team!

The day progressed with the M60/ M70 championships which was combined with all the women's events. Run over 2 less laps, the M60 team did us proud by finishing 1st team. First home to win the event overall was Alan Camp (17.26), with Rob Brown finishing in 11th (19.49) just ahead of Peter Hamliton in 14th (20.19). A great team effort! A mention to Barry Wetherilt who was just out of the medals in 16th.

The last race of the day was the M40s and what a race we saw! Alex Gibbins, Ben Hope from Kent AC and Julian Rendall were rarely apart throughout the whole 9k. Julian managed to keep the lead to the end with Alex (29.34) passing Ben to finish a very impressive 2nd place.

Elsewhere it is reported that Niamh Bridson Hubbard was second on Wimbledon Common in the annual Oxford vs Cambridge Varsity XC match representing Cambridge and an improvement from her 5th last year which is a great reflection on her great current form.

Nick Brooks



28/11/17

Kent League, South of the Thames and British Athletics Cross Challenge

This past weekend saw 76 athletes from BBHAC in action at three key events in Bexley, Liverpool and Beckenham.

At the British Cross Country Challenge we had 22 athletes performing with Will Fuller finishing an impressive 32nd in the men's race with Phi Sesemann 56th, and Jo Hickman Dunne earning 47th place in the senior womens race. In the under 20 mens race there was an impressive run from Ricky Lutakome in 8th with Joss Barber 65th, while in the ladies under 20 race Niamh Bridson Hubbard ran strongly for 16th, Sophie Hoare 47th although still an under 17, Jess Keene 54th and another youngster Eloise O'Shaughnessy 84th.

In the under 15 boys race new boy Ollie Bright ran extremely well for 33rd while in the under 15 and under 13 girls races the club excelled with Ava White 6th, Zakia Mossi 15th, Naomi Toft 16th, Lucrezia Polloni 26th, Sabrina Mannes 40th and Holly Sutton Trott 61st in the under 15s and Laura Mannes 5th, Jade Abdelimoumene 16th, Biancamaria Polloni 22nd, Imogen Hadley 25th and Alexia Araujo 54th in the under 13th. All of these races acted as the British Trials.

At the South of Thames 5 mile event at Beckenham the senior men fielded the bare minimum 4 athletes in a field of over 260 athletes but performed admirably with Alex Gibbins making the top 20 in 16th place, Chris Tuck continues to improve as the

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winter progresses finishing in a fine 31st, with Tim Ayres 164th and Rod Harrington 219th.

And finally it was the last Kent league at Danson Park in Bexleyheath for all the young athletes with just one match left for the senior men and women at Sparrows Den in the new year. 50 club athletes were on duty.

The senior ladies grouped well with Elaine Rayner in a rare outing running brilliantly for 2nd place with 17 year old Amy Leach also excelling in 6th with teenager Lucy Elms next home in an impressive 15th, with Jane Bradshaw 29th, Sara Elmqvist 32nd, Jenny Neal 44th completing the scoring with the team finishing 2nd in both the 3 and 6 a side contests. In the under 17 ladies event Lilly Tappenden improved to 5th with Kelsi Cornish 7th and Charlotte Faries 18th combining for 2nd on the day.

The under 15 girls were the club team of the day with 12 girls racing and 7 of them finishing in the top 20 with the club winning the league comfortably. Morgan Squibb won the race to make it four out of four with Ellie Dolby 2nd, Jess Neal 3rd, Amy Miller 5th, Zoe White 8th, Olivia Berry 9th and Kelsey Pullin 16th, while in the under 13 girls race the team combined for 5th on the day with Hannah Clark 11th, Isabella Louth 16th and Amelie Willars 21st completing the scoring team.

In the mens under 20 race Lewis Mills continued his fine form for 2nd with Oscar Hussey 10th, while on the under 17 race Callum Myatt in 13th, Ben Gardiner 19th and Michael eagling 22nd combined for 4th tm place, Tom Brash ran outstandingly for his highest finish to take 4th place in the under 15 boys race with Justin Strover 5th and Jake Leng 16th completing the team for 2nd place, and Ben Campbell 4th, Max Gregson 8th and Jamie Sears 12th taking 2nd team spot in the under 13 boys race with hurdler Oliver Roberston not far behind in 15th place.

This next weekend sees the Kent Masters XC Championships taking place at Dartford at 1100 on 2nd December.

Nick Brooks



19/11/17

London Youth Games Cross Country and Mob Match versus Orion

BBHAC had many athletes representing their different boroughs at Parliament Hill in thr London Youth Games XC event with many outstanding performances including a 1-2-3 in the under 15 girls race for Morgan Squibb, Ava White and Naomi Toft, a first and a third for Sophie Hoare and Yasmin Marghini in the under 17 race and a solid second for Lara Mannes in the under 13 race.

U13 Girls- 2 Lara Mannes, 8 Lily Meers, 12 Amelia Middleton, 15 Imogen Hadley, 16 Biancamarie Pollini, 24 Amarissa Sibley, 25 Hannah Clark, 26 Gabriella Martin, 28 Parris French, 40 Alexia Da Silva

U15 Girls 1 Morgan Squibb, 2 Ava White, 3 Naomi Toft, 6 Zakia Mossi, 8 Ellie Dolby, 9 Jess Neal, 11 Amy Miller, 17 Annie Thomas, 21 Zoe White, 22 Lucrezta Pollini, 23 Olivia Berry, 30 Sabrina Mannes, 39 Kelsey Pullin.

U17 Ladies 1 Sophie Hoare, 3 Yasmin Marghini, 14 Millie Smith, 33 Jess Sellar, 34 Lily Tappenden, 43 Hannah O Flynn.

In the boys and men events George Shaw finished 13th, Max Gregson 21st and Oliver Robertson 27th in the under 13 boys race, Tom Brash ran well for 9th, Fred Georgiou for 25th and Justin Strover 51st in the under 15 boys race and Peter Guy had an excellent run for 8th, Ben Gardiner 13th and Callum Myatt 19th in the under 17 mens race.

The annual mob match versus Orion Harriers took place In Epping Forest in proper cross country conditions with light drizzle and boggy terrain and we fielded 22 runners for a 19 a side match where we were soundly beaten 221 to 833 points for the third year in a row. Fortunately the overall score is something like 64-24 in BHHAC's favour going back almost 100 years.

Orion fielded 45 athletes so BBHAC were always going to be up against it and with several runners going off course and one not finishing, it made it a challenging afternoon with a very steep hill about half a mile from the finish and a big decision of what type of running shoe to wear. With this doubling up as the club 7.5 mile championship we only managed to get three in the top 13 and 4 in the top 25, not sure if this is Orion being strong or BBHAC being understrength on the day. First home in 7th place was Gareth Evans and so the club champ, with Luca Ercolani 2nd man home in 12th and handicap winner, and Graham Hollingdale next in 13th. Next group home were Alex Loftus 25th, Steve Evenden 30th, Steve Smythe 32nd, Dave Beadle 36th, Paul Kerekgyarto 38th, Steve Pairman 40th, and Nigel Bulmer 51st. Our 2 ladies both ran well with Jane Bradshaw 49th and ladies club champion, with Jen Neal who went hopelessly off course and running much further than anticipated next home in 77th. Everybody got home safely covered in mud, although the light was fading fast by the end of the race.

The summary of the club champs and the current Bennett Cup handicap standings are: BBHAC $7\frac{1}{2}$ mile Championship

1 EVANS Gareth 50:58 2 ERCOLANI Luca 51:59

3 HOLLINGDALE Graham 52:48

BBHAC 71/2 mile Championship - Women

1 BRADSHAW Jane 1:04:28 2 NEAL Jennifer 1:20:18

BBHAC Handicap Pos Hcap time

1 ERCOLANI Luca 12 43:59 2 BULMER Nigel 51 44:27

3 EVANS Gareth 7 44:28

Bennett Cup Leaders after 3 events Points

- 1 HOLLINGDALE Graham 171
- 2 KEREKGYARTO Paul 159
- 3 EVENDEN Steve 134
- 4 BRADSHAW Jane (L) 124
- 5 BEADLE David 119
- 6 PAIRMAN Steve 118
- 7 STOCKS Adrian 112
- 8 WOOD Theo 105
- 9 FENWICK John 102
- 10 WETHERILT Barry 101

Elsewhere at the London XC Champs at Parliament Hill Dan Kennedy finished 39th, Chris Tuck 57th and Tim Ayres 291st in a field of almost 500 runners. However this was not enough to complete a team.

It is also noted at the London Universities and Colleges league held midweek on Wimbledon Common that Joss Barber finished 6th in the mens race and Emma Rowland 21st in the ladies race while representing their colleges.

In a relatively quiet week for most athletes many of our youngsters took to the numerous park runs and there were good first places in the ladies races for Niamh Milmo at Dulwich in 20.59, Kelsi Cornish at East Grinstead in 22.38, Lorna Clowes 22.10 at Orpington and Bethany Panton at Shorne Woods in 20.59.

Nick Brooks



15/11/17

Kent League 3rd Instalment

Round three of the Kent league cross country series took place at the seldom used Foots Cray Meadow and once the exact course was established, it turned out to be quite a fast, relatively interesting and flattish circuit but a great one for the spectators who had gone along to watch the 70 club athletes participating.

BBHAC U15 boys and girls dominated the individual and team races, comfortably winning both. Oliver Bright, fresh from last weekend's fast National cross country relay leg, looked controlled and strong throughout the 4.1k lap, pulling away near the finish to record his 2nd Kent league victory and earned himself an automatic Kent vest, in the upcoming inter counties. Tom Brash had another great placing 6th and Pablo Seema Roca, in only his second competitive club run crossed the line in an impressive 10th, helping the boys secure the 'three to score' victory. The U15 boys' victory now places them 3 match points behind joint leaders Tonbridge AC and Medway and Maidstone AC.

Morgan Squibb made it a hat trick of wins leading home a very strong U15 girls squad of 13 girls, who had six of them placed in the top eight, a very impressive statistic. Amy Miller ran superbly over the country finishing 3rd just in front of in form Ellie Dolby and Jess Neal in 4th and 5th respectively. Zoe White looked strong finishing 7th and Olivia Berry continues her great Kent league campaign crossing the line in 8th. This great team result, a third win in a row must surely be enough to see them crowned Kent Champions at the final fixture on 25th November.

The U13 boys squad of nine collectively were a fantastic second behind a strong Invicta East Kent AC team. George Shaw had a brilliant run finishing 5th as did Max Gregson just behind in 6th. Three more athletes made the top 20 with Ben Campbell placing 12th, Oliver Robertson 14th and Sam Stuart 20th

Lily Meers led home the U13 girls charge in 6th place with Hannah Clark 9th and Amarisa Sibley in 16th completing the scoring three, coming 3rd team overall and currently lying third in the league.

Ben Gardiner was first home for BBHAC in the U17 boys in their 5.3k circuit, placing 17th with Callum Myatt 18th and Charlie Andrews 22nd, which secured 5th place in the team event. Despite this result on the day we are still a good 3rd in the league with one fixture remaining.

Our U17 girls were 3rd team on the day with Kelsi Cornish running well to finish 4th, Lily Tappenden 8th and Jess Sellar 16th. With only the Danson Park fixture left, in two weeks' time, it is still all to play for as we are currently placed 2nd, just two match points behind Tonbridge AC.

With only two BBHAC competitors in both the mens and women U20's race, we had no scoring team but that took nothing away from great victories by Lewis Mills and Lottie Weitzel. Lewis was well backed up by Oscar Hussey having another great run in 2nd and Lucy Elms placed high up in 4th in the women's race.

There was no senior womens race at the event however 14 senior men did compete with Will Ruiz 13th, Dan Kennedy 16th, Alex Gibbins 17th, Danny Brewer 23rd, Chris Tuck 28th and Gareth Evans 38th enabling the team to gain 4th place in the 6 a side contest, and with Jon Vintner 60th, Graham Hollingdale 71st, Dan Marks 119th, Steve Evenden 162nd, Nigel Bulmer 203rd and Richard Hall 219th, the team also took 4th place in the 12 a side match.

The final fixture for all the young athletes is on Saturday 25th November at Danson Park when all the team and individual places will be contested and decided and hopefully BBHAC will come away with more than a hand full of silverware.

Nick Brooks/ Paul Austridge



6/11/17

Under 15 girls National Champs Again, Under 20 Ladies Silver Medallists

The National cross country relays were once again held in Berry Hill Park, Mansfield, Nottinghamshire, on the superb course that offers everything needed for a great Championships - tough hills, woodlands, mud, grass, fast sections and all this easily accessed by the large numbers of spectators in attendance. The organisation is among the best, parking was easy and the view of the races was excellent. Even the weather brightened once the racing commenced.

With over 1200 teams entered in 10 races, competition was expected to be fierce and it was.

At these Championships we are restricted to only three teams per age group. This probably affects our U15 girls most, due to the large number of U15 athletes we have but this makes competition for the team places harder but ultimately increases standards as was proved by their unprecedented results. The A team were emphatic winners and the B team were equally impressive coming a very strong 2nd while the C team placed a very creditable 15th. Incredible results. The A team of Ava White, Morgan Squibb and Naomi Toft and the B team of Zakia Mossi, Annie Thomas and Ellie Dolby unsurprisingly all feature high up in the fastest times posted on the day.

The U20 women also enjoyed medal success winning a fine team silver with their B team finishing a good 14th. The A were led out by Birmingham University student Jess Keene (4th fastest leg), Katie Anne McDonald on leg 2 (fastest leg of the day) and Cambridge University student Niamh Bridson Hubbard (4th fastest leg). The team led for much of the last leg having given their all but outstanding international athlete Harrier Knowles-Jones who is the course record holder just managed to pip BBHAC by 4 seconds on the run-in with the club gaining an excellent team silver.

The U13 girls teams placed 13th and 32nd respectively while twenty-one BBHAC boys descended on Mansfield from various locations across the country including Birmingham, Durham, West London, South London and Hayes!

The U20 men recorded a fantastic 12th place finish. Joss Barber, running the 10th fastest leg of the day, got the team off to a great start. Lewis Mills continued the great work recording his fastest time at Mansfield, passing over to Charlie Davis, who despite being a fresher at Birmingham University ran a superb leg consolidating 12th, while Marco Arcuri led off the incomplete B team posting a very quick time.

The U17 boys were best represented and the A team finished a high 16th. They were led out by Peter Guy running hard in his usual fashion, handing over to Callum Myatt who negotiated the tough 3k course well, before handing over to Matthew Francis who stormed around the course being rewarded with the 6th fastest time of the day. The B team saw Ben Gardiner, Charlie Andrews and Cameron Swatton crossing the line in 41st while Theo Wood and Carlos Ohler had strong runs for the C team but unfortunately we had no third leg runner to complete the team.

The U13 boys finished a creditable 30th with Ben Campbell running a great opening leg passing to Max Gregson, and then Jamie Sears who ran a good leg for his first run in these championships. Oliver Robertson was our only B team runner but his performance puts him among the U13's best.

Tom Brash ran hard and fast on leg one in the U15 boys race passing to Will Andrews, who ran well posting a time 25 seconds quicker than last year. Will handed to Oliver Bright making his full club debut and Oliver made light work of the course powering around in the second fastest time of the day, with the team finishing 33rd. Bailey Marks and Harvey Blanden both ran well but without a third runner were unable to complete a team.

The final race of the day saw the senior men run 4 x 5000m and with 178 teams competing so a top 50 was probably what was hoped for. After Will Fuller got the team off to a great start in 15th place, Ross Braden, Dan Kennedy and Chris Tuck all ran superbly to bring the team home in an excellent 33rd place.

Elsewhere in Leeds on Sunday saw Phil Sesemann who excused himself of relay duty running 29.40 for 10km and 7th place in the Age UK Leeds Abbey Dash.

Next fixture is the Kent League at Footscray on Saturday 11th November 2017.

Nick Brooks/Paul Austridge



30/10/17

Kent League and British Masters Cross Country Winners

Nice conditions welcomed the second fixture of the 2017 winter Kent league cross country series with Blackheath and Bromley HAC athletes again in the thick of the action gaining 2 individual wins, with another 2 placed in the top three and a team win, a second and 4 thirds. The club had 69 athletes on duty across the age groups which was a little down on the 88 from the first match.

One of best BBHAC runs of the day came in the senior women's race' with Niamh Bridson-Hubbard finishing in a fantastic 3rd place, followed strongly by Lucy Elms in 15th place (still in change of club status). Our 2nd to score was Amy Leach in 19th with Yasmin Austridge in 24th completing our 3 to score for which BBHAC came a very respectable 5th in the three to score event. Our very consistent veterans Jane Bradshaw and Sara Elmqvist finished 35th & 43rd respectively and Gevevieve Allen made up our 6th scorer in 48th. This put BBHAC 3rd in the 6 to score contest.

The U13 girls placed second this time around going one place better as a team made up by a real strong run from Lily Meers in 5th and Hannah Clark 13th with Amelia Middleton rounding out the scoring team in 17th. The under 13 boys finished third with Max Gregson 8th, all rounder Oliver Robertson one behind in 9th and George Shaw 10th. Jamie Sears also made the top 20 in 19th place.

The U15 girls were the most successful team, comfortably winning the team race and having three athletes in the top 7. Morgan

Squibb looked dominant winning as she had in race 1, with Jessica Neal 4th and Ellie Dolby 7th. With 3 other athletes in the top 20 including Olivia Berry (9th), Bethany Panton (11th) and Ruby Dunkley (19th) BBHAC easily won first team place. The U15 boys team placed a much improved 3rd with Tom Brash 7th, Pablo Seema Roca 19th and Will Andrews 25th.

The U17 girls only fielded 3 athletes but still good enough for third place with Millie Smith 5th, Lily Tappenden in 6th and Charlotte Faries in 23rd. The U17 boys had 7 running and finished a credible 3rd. Peter Guy ran strongly as ever for 7th, Callum Myatt ran well placing 15th, Ben Gardiner was 17th with club 5-mile champ Charlie Andrews 25th and Cameron Swatton 30th.

Our U20's also had a successful day with Lewis Mills showing good form placing 3rd, with Oscar Hussey 8th and an individual win for Lotte Weitzel in the ladies under 20 race. In the final race of the day the senior men took to the fields and had just under 10km to complete. Sixteen runners on duty in this race saw the team finish 4th in both the 4 a-side match and the 12 a-side match. Ross Braden was first home in 12th with Alex Gibbins not far behind in 16th, Dan Kennedy 27th and Gareth Evans (33rd), Chris Tuck (25th) and Rob Donohue 42nd finishing the scoring team with Tom Desborough (44th), Graham Hollingdale (76th) and Alan Camp (78th), all running well to make the top 80.

Elsewhere following the great success of the Blackheath & Bromley junior teams lately, it was the turn of the other end of the age spectrum to show what they could do. At Long Eaton in Derbyshire and with conditions tougher than previous years, the M65's retained their title in the British Masters cross country relays. The threesome were lead off by Peter Hamilton (13:17) who finished in a commendable 4th place in the tough opening leg against strong opposition. He handed over to Rob Brown (13:03) who brought the team up into 1st place. This year the team were without Bob Minting who ran he final leg last year, but his absence was not noticed with Paul Ross-Davies (13:14) finishing off with a fine last leg easily holding off the challenge of Rotherham Harriers with a winning margin of 24 seconds.

Next up is the National Cross Country Relays at Mansfield this weekend 4th November.

Nick Brooks



23/10/17

Southern Cross Country Relays and BBHAC Opening 5 Mile XC Champs

Wormwood Scrubs played host to this years South of England Cross Country Relays and even though the club did not send a team in every event, the under 15 girls emphatically won their relay by a margin of almost of 30 seconds. With Ellie Dolby, Jessica Neal and Morgan Squibb linking up well and recording the 5th, 8th and 1st quickest times, we were always going to be a hard team to beat, and yet another big title for the club. The B team ran superbly with Olivia Berry, Bethany Panton and Ruby Dunkley finishing in a great 15th place.

In the under 13 girls race BBHAC ran brilliantly for 5th place and only 40 seconds behind the winners with Imogen Hadley, Laura Mannes and Lilly Meers, and the B team of Ameila Middleton, Alexia Araijo and Parris French combining for 18th.

The only other teams in action were the under 15 boys who finished in 27th and the senior men who took 21st place with Alex Gibbins, Dan Kennedy, Tim Ayres and Dan Marks.

On Sunday the 45 club athletes and guests who arrived for the Opening 5 Mile Club Champs were greeted with a bright sunny day but windy and fresh conditions and pretty wet underfoot in the fields, but dry in the woods which probably made footwear selection a challenge. The grass in the fields at the start was also long which make the running tricky not to mention the undulating course which is basically uphill on the way out and downhill on the return. However the teenagers put the seniors to shame in both the mens and womens races with Charlie Andrews winning the cup which dates back to 1880 and BBHAC's oldest trophy, Robert Suckling was 2nd with Cameron Swatton 3rd. The first 5 places were filled by athletes aged either 15 or 16. It was a pity as Matt Francis and Peter Guy also aged 15 and 16 went off course when leading, this may have affected the race outcome, but both rallied well to take 4th and 5th place.

The ladies race was much the same with the first three athletes all aged 17. Yasmin Austridge won comfortably from Kelsi Cornish with Amy Leach third holding off fast finishing Jane Bradshaw in 4th place.

In the Bennett Cup Handicap Sheridan Morris won the race, with Paul Kerekgyarto 2nd and Nigel Haffenden 3rd.

Next weekend there is the Kent league match at Somerhill School in Tonbridge for all age groups, with the Beachy Head marathon also taking place.

Nick Brooks



15/10/17

Kent League

Glorious sunshine welcomed the opening fixture of the 2017 winter Kent league cross country series. The recent weather has helped the Stanhill farm paths to become dry, hard and dusty, a far cry from our normal muddy courses. However, the conditions and relatively flat course did create an opportunity for some fast running and Blackheath and Bromley HAC were in the thick of the action gaining 3 individual wins, 7 placed in the top three and 4 team wins. The club had 88 athletes on duty across the age groups.

One of best BBHAC victories of the day came in the senior womens' race and it was fantastic to see Jo Hickman-Dunne win in some style on her BBHAC cross country debut having trailed the leader until two thirds through the race but pulled away

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majestically to win by some margin. The team scoring three a -side finished third but 4th in the 6 a side match.

However, our first victory of the day came in the form of the U13 boys squad who comfortably won the 3 to score team race. A great effort from Ben Campbell saw him rewarded with a fine 3rd, backed up by a solid 6th from George Shaw and another gutsy run from Jamie Sears in 8th. Multi eventer Ollie Robertson put in a great shift placing a terrific 10th, Max Gregson 13th.

The U13 girls placed third as a team made up by a real gutsy run from Hannah Clark in 8th, Lily Meers just behind in 9th and biathlete Amelia Middleton in 14th which was good enough for third team place.

The U15 boys had ten running and the team placed 5th in a very competitive age group. A great run from Sam Reardon pushing hard on the second lap placing 7th. Freddy Georgiou was a solid 19th with Justin Strover not far behind in 23rd. Another young athlete making his debut was Jean Sammut and an impressive start to his club career saw him a fine 33rd. The team finished 5th.

The U15 girls had the biggest squad of the day (13) and were the most successful, comfortably winning the team race and having three athletes in the top 5. Morgan Squibb looked dominant winning in 11.26 and great to see Ellie Dolby (11.44) and Jess Neal back to their best in 2nd and 5th place respectively. With 5 other athletes in the top 20 including Olivia Berry, Zoe White, Bethany Panton, Ruby Dunkley and Kelsey Pullin, BBHAC easily won first team place.

The U17 boys had great numbers running and were unlucky not to beat arch rivals Tonbridge AC in the club race finishing just two points behind them. Triathlete Michael Eagling showed good form powering his way to 7th backed up by great runs from Matthew Francis in 9th and gutsy Peter Guy in 10th. Callum Myatt ran another great race placing 12th, Ben Gardiner was 16th and pleasing to see Joe Georgiadis running again and finishing well in 21st

The U17 girls had a brilliant day winning the team race with fine runs from Millie Smith in 3rd, Lily Tappenden in 4th and Jess Sellar in 11th. Great to see Gracie Horton in 20th and Charlotte Faries in 27th both regulars at training and now competing, the team won the match.

Our U20's also had a successful day with a team win for the boys and an individual win for Genny Allen in the girls' race. Lewis Mills showed good form placing 2nd, with Oscar Hussey 4th and Finlay Brannan on his first winter outing in 5th.

In the final race of the day the senior men took to the fields and had just under 10km to complete. Eighteen runners on duty in this race saw the team finish 4th in both the 4 a-side match and the 12 a-side match. Dan Kennedy was first home in 16th with Alex Gibbins not far behind in 20th, Georges Vacharapoulos 23rd, and Rob Donohue 38th finishing the scoring team. Gareth Evans (40th), Alan Camp (54th), Tom Desborough (66th) and Graham Hollingdale (76th) all ran well to make the top 80.

Next Kent League match on October 28th at Somerhill School at Tonbridge.

Nick Brooks/Paul Austridge.



10/10/17

Nick Brooks is away at the moment.

Please see Road Section for last weeks activities...



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