



Founded in 1869

Blackheath & Bromley Harriers AC

Oct to Dec
2017

Home

Up

Press Releases for October, November & December 2016

- If you want to find the latest results try [Results!](#)
- If you are after older results and gossip please go to the [Courier](#) pages.

October 2016

[31/10/16](#)[24/10/16](#)[17/10/16](#)[10/10/16](#)[4/10/16](#)

November 2016

[28/11/16](#)[21/11/16](#)[14/11/16](#)[6/11/16](#)

December 2016

[12/12/16](#)[5/12/16](#)

12/12/16

Will Fuller ran for Great Britain in the mens under 20 race in Chia in Italy in the European XC championships and finished a credible 30th place in 17.57 but only 51 seconds down on the winner as the field finished in a compact fashion. The GB team won bronze team medals and Will can be very pleased with his performance and the honour of running for Great Britain.

Sixteen of our young athletes were on duty at the weekend at Oxford representing mainly Kent but also some for Middlesex in the Inter Counties XC event.

In the under 13 boys race Tom Brash ran superbly for 11th place in 11.25 and only 24 seconds behind the winner, with Same Reardon close behind in 14th in 11.30 and Ben Campbell in 12.36. Tom and Sam helped Kent to bronze team medals. In the under girls race Annie Thomas finished a mighty impressive 2nd in 11.51 with Naomi Toft also running brilliantly for 4th in 11.57 and helping Middlesex to third team place. Ellie Dolby was part of the Kent silver medal winning team in 10th place with 12.09 and Amarissa Sibley ran well for 26th in 12.46, with Lily Meers a little further back in 59th in 14.11.

We had fewer runners in the under 15 events with Peter Guy our sole runner in 39th place although Kent did win the team race, while in the under 15 girls race Morgan Squibb continued her fine winter form for 15th place in 15.57 and picked up a team bronze medal for Kent. Tola Pearse was 57th.

In the under 17 events Lewis Mills ran 17.32 well for 59th and Michael Eagling was only two seconds behind in 61st place. In the ladies under 17 race Grace Scopes finished in 71st place.

Finally to the under 20 events where Jess Keene had yet another outstanding run for 4th place in 22.20 and in so doing helped Kent to win silver medals, while Joanna Clowes ran solidly for 51st place.

Elsewhere Phil Sesemann was in action in the Telford 10K road race and ran a pb of 29.58 for 18th place, yet another great performance to add to those he already has from 800m to 5000m.

Nick Brooks



5/12/16

More Silverware for BBHAC Masters at Kent Champs

The Kent County Masters XC Champs saw BBHAC field 28 athletes in the men's and women's races at Central Park Dartford, coming away with two individual golds, a silver medal, a bronze and two first team prizes.

Alex Gibbins was victorious in the men's 40-49 age group winning in 30.09 and leading the team to 4th place with backing from Tony Crowder in 25th, Len Crowder 30th and Paul Kerekgyarto in 38th.

In the men's 50-59 age group 9 athletes completed the race with Tim Nash 7th, Roger Beswick 15th and Steve Pairman 40th combining for 5th team. The team was also backed up by Andy Tucker 52nd, Mark Ellison 54th, James Unwin 60th, Sheridan Morris 62nd, Nick Barber 64th and Ian Taylor 66th.

Our most successful men's team was the 60-69 age group who won the team event with Alan Camp winning the race by some margin in 17.43 with Rob Brown 6th and Andy Lawes 7th, an outstanding achievement to go with their recent National XC relay win. This winning team were well backed up with Peter Hamilton 10th, Chris Pike 17th, Barry Wetherilt 19th, Dave Leal 23rd, Nigel Wood 25th, John Turner 29th and Jim Phelan 32nd.

In the women's 35-49 race Carole Penlington ran superbly for second place and led the team to gold medals with Sarah Belaon

6th and Sara Elmqvist 17th. Jane Bradshaw 21st and Jenny Neal 25th added further team support.

In the women's over 65 race Maz Turner ran brilliantly for third place.

Elsewhere in Formby in Lancashire the club had three young athletes competing in the English Schools Cup Final representing their schools in this team event.

In the under 15 boys race Joseph Georgiadis ran outstandingly for 14th place with Rowan Fuss in 27th. In the under 13 girls race Annie Thomas finished a brilliant 5th place and only 12 seconds behind the winner.

Also John and Maz Turner ran in the Alan Green Memorial 10mile race on Sunday at Westcliffe. The race is organised by Thanet Road Runners and is an out and back course with a view of the coast most of the way. It was a beautiful day and the first time that the wind was against the runners on the way out and behind on the way home. John's time was 1:20:10, while Maz ran at 1:44:43 but came first in the w65 category to round off yet another successful weekend for BBHAC.

Nick Brooks



28/11/16

Will Fuller wins place in GB team for European Cross Country Champs in Italy.

At the British Athletics Challenge in Liverpool which included European XC Champs trial, BBHAC had 9 athletes on duty.

In the senior mens race Phil Sesemann ran solidly for 26th place in 30.04 but more importantly was less than 90 seconds down on the winner who was an Olympic 5000m finalist. Scott Overall continued his fine winter form and was not far behind in 34th place in 30.21, following on from his Kent League XC win and last week his run at the Epsom 10 mile event he won in 52.46 with victory by over 2 minutes.

Will Fuller was the outstanding club individual of the day gaining 6th place in the under 20 mens race in 20.25 with another gutsy run and only 11 seconds behind the winner. This automatically guarantees Will selection for the GB team to compete at next months European XC Champs in Italy.

In the under 20 womens race Katy Ann McDonald ran well in a rare winter outing securing 26th place in 15.55, with Jess Keene 31st in 16.06 for yet another great performance. In the under 15 girls race there were three outstanding performances by the girls team with Yasmin Marghini finishing 7th in 10.38, Sophie Hoare only just behind in 10.49 for 14th and Lia Radus 21st in 11.09. Maayan Radus also ran brilliantly for 18th place in 11.41 for 18th place in the under 14 girls race.

Closer to home in the 2016 Kent league cross country series came to an end this weekend in great style for BBHAC young athletes, with three individual victories, three team gold and two team silver along with six athletes collecting individual league trophies and thirty one athletes completing a full house of racing in all four Kent league races.

The U13 girls were first off and have had great strength and depth all season resulting in a fine team victory. Ellie Dolby pushed on from the off winning comfortably, completing a hat trick of wins and picking up the league individual overall gold trophy for her efforts. Daniella Harper has been highly consistent all winter and finished high up the field in 4th and was worthy winner of the bronze individual trophy. Amarisa Sibley had a great run finishing 7th (5th individual overall) just in front of Olivia Berry's great 8th place (7th individual overall). Heidi Forsyth had her best run of the year placing 11th (13th individual overall).

Sam Reardon started the U13 boys race positively and was in a pack of three with a couple of hundred meters remaining having led from the front and bravely held on to record his second win of the season! A great sprint finish. Ben Campbell had another fine run finishing 13th but more importantly was 4th individual overall. Max Gregson had a strong run finishing 14th (7th individual overall). The team was second in the league table but interesting to note most of these boys will still be U13 next year.

Morgan Squibb (under 15 girls) then made it three wins out of three for BBHAC as she powered her way around the two-lap course winning by over 20 seconds. Morgan's second victory of the season ensured she picked up the individual overall gold. Zoe White's fine season continues as she finished 4th on the day and an impressive 4th overall for the season. Jess Neal is returning to form and posted a great 5th place performance. Lily Tappenden was a strong 8th (6th individual overall). Niamh Milmo was a good 13th and her seasons efforts saw her finish 10th overall.

Peter Guy led the U15 boys home after a brave start attacking the race with the front runners eventually coming home in 8th place but more impressively shooting up the individual table finishing an impressive 2nd. Joe Georgiadis was just behind in a strong 9th and then close packing with a great run from Robert Suckling in 11th, Ben Gardiner a solid 12th and a fantastic overall 4th for the series. Cameron Swatton had his best league run finishing high up in 15th and making the top ten overall in a fine 8th. The team as a whole for the season was fourth behind some very strong Kent clubs.

Millie Smith had another solid race in the U17 girls race and won herself the bronze trophy in the individual overall standing. Lottie Weitzel had her highest finish of the year in a great 6th and Amy Leach's 7th place saw her finish high up the overall individual table in 5th. The U17 girls winnings ways had them firmly fixed at the top of the league table.

The U17 boys age group has been dominated by Tonbridge AC but the BBHAC lads did well to get amongst them and Lewis Mills' 5th place on the day was good enough to earn him the bronze individual overall trophy. Michael Eagling had a great run in 8th with Oscar Hussey finishing his league season in 14th and 10th overall. Callum Myatt was 16th on the day and 11th overall for the season with Charlie Andrews just behind in 18th and 16th overall for the series.

Four U20 girls ran in the senior women's race helping them to win the six to score competition. Kelsey Fuss ran well finishing 11th, Sam Leighton was a great 37th which was great back up to Elaine Rayner who was 4th, Carole Penlington 5th, Sara Belaon 12th

and Lorna Clowes 27th and Jennie Butler 28th. The ladies team lead the 6 to score team table and are second in the 3 to score behind Paddock Wood.

With no senior men's race two of our U20 men ran in the combined U17 and U20 race and Charlie Davis finished a high 6th place and James Crawley did well crossing the line in 12th.

Elsewhere five BBHAC athletes competed in Solihull in the National Biathlon Championships. In the U12 girls age group a 50m swim and an 800m run have to be completed and Amelia Middleton did well finishing 4th with Lily Meers just behind in 7th and Hannah Clarke 43rd. In the U15 girls event consisting of a 200m swim followed by a 1600m run Hannah O'Flynn finished 12th and Zoe White was 17th.

We now look forward to the Championship season next year, beginning with the Kent XC Championships (and other counties) on 7th January 2017.

Nick Brooks/Paul Austridge



21/11/16

Yet another National Cross Country Relay Title for BBHAC athletes

Not to be outdone by the youngsters in winning national cross-country relay titles two weeks earlier, the mens M65 team won their age group National XC relay in Long Eaton in Derbyshire at the weekend. This was the only senior team we had in action but what a performance.

On leg one Peter Hamilton brought the team home in 4th place in a time of 13.03 and handed over to Rob Brown who stormed through into second place with a fine leg of 12.39 handing over to Bob Minting who ran a superb 12.50 to bring the team home first in 38.32 winning by 13 seconds from Rotherham with Bingley 3rd.

The three athletes were so strong as a team that they posted the 5th, 7th and 9th fastest relay legs of the day.

On Sunday in Hayes the BBHAC annual Club 10 mile championship took place with 34 finishers. The race was an exciting affair with the first three runners finishing within 11 seconds of each other. Peter Tucker won in 61.54, with Luca Ercolani 62.00 in 2nd and club marathon champion Fintan Parkinson 3rd in 62.05.

Carole Penlington ran superbly for an overall 6th place and in doing so won the ladies race in 68.42, with teenager Amy Leach 2nd in 72.41 having arrived thinking it was a 10km race and racing the previous day finishing 8th overall, and Jane Bradshaw who finished an impressive 15th overall taking 3rd place in 78.10.

The Bennett Cup handicap standings after three events have Iain Swatton ahead with 158 points from Austin Adams with 147 points and Luca Ercolani on 144 points.

The London Youth Games annual Cross Country races were held at Parliament Hill Fields and BBHAC had a huge number of runners participating and representing 9 different London Boroughs. The majority of our athletes ran for the London Borough of Bromley where BBHAC was almost an exclusive supplier of athletes.

In the under 13 girls race Naomi Toft finished an impressive 2nd, with Annie Thomas 4th, Ellie Dolby 6th, Maayan Radus 13th, Lily Meers 18th and Danielle Harper 22nd with LBB coming third in the team event.

For the under 15 boys race the boys combined well for second team place (LBB) with Tom Brash 4th, Sam Reardon 5th, Thomas Penlington 17th and Luca Thurlow 18th.

We had plenty of girls in the under 15 race with LB Bromley to the fore in 3rd team place. Sophie Hoare won the race with Tola Pearse 3rd, Morgan Squibb continuing her fine form in 5th, Yasmin Marghini 7th, Zoe White 15th, Jessica Neal 23rd, Niamh Milmo 28th and Lily Tappenden 30th.

The under 15 boys might not have had the same numbers but ran brilliantly to secure second team place for LBB with Peter Guy continuing his fine winter form with a solid 4th place, Joseph Georgiadis 8th, Rowan Fuss 12th, Oscar Heaney Brufal 15th and Robert Suckling 28th.

In the ladies under 17 race the team representing LBB also finished an impressive 2nd team. Madalina Samoila finished 4th but our next 5 ladies all running for LBB were Yasmin Austridge in 7th, Millie Smith 13th, Amy Leach 15th, Grace Scopes 19th and Jessica Sellar 25th.

Finally our under 17 men took to the muddy fields and finished 4th team for LBB with Lewis Mills 10th, Oscar Hussey 14th, Callum Myatt 23rd and Charlie Andrews 36th.

Nick Brooks



14/11/16

Blackheath win 5 of the 9 races in the Kent League

The sombre mood following the deaths earlier in the week of two teenage athletes from Aldershot and a clash of events including county inter counties and regional rounds of the English schools cup saw fewer numbers braving the rain and the tough hilly, wooded course that Sparrows Den is renowned for.

However, BBHAC had a good degree of success winning five of the nine races contested with an emphatic victory in the senior men's race from BBHAC's Olympian Scott Overall.

Ellie Dolby got winning ways off to an early start by powering her away to victory in the U13 girls race. A strong run from Daniella Harper in 4th and Amarisa Sibley in 5th ensured a good team win. Strength in depth is massive in this age group as a further ten BB's girls finished well. Lily Meers was a strong 8th, Olivia Berry 12th, Heidi Forsyth 13th and Ella Smith 17th. Kelsey Pullin had her highest finish to date in 21st as did Hanna Clark finishing 25th. Zara Aslam 29th, Isabella Louth 33rd, Sofia Elliot 46th and Amelia Willars in 55th. With one fixture remaining the U13 girls are currently top of their league.

Not to be out done our U13 boys were equally impressive with a victory and large numbers running, finishing with five in the top seven and eight in the top twenty. Great to see the field flooded with Blackheath and Bromley vests. Sam Reardon and Tom Brash battled together all the way around with Sam winning the sprint but Tom was just a second behind in 2nd. Thomas Penlington again finishing a great 4th with Ben Campbell and Max Gregson running hard to finish 6th and 7th. Matt Smith will be pleased with his highest position of 12th as will Oliver Robertson in 14th and Jamie Sears 20th. The team were backed up with Sam Stuart in 28th, Callum Carlton in 30th, Jake Anthony 33rd, Oles Chaban 38th just a head of Nick Paddington running well in 39th and Josh Buddle Smith in 45th completing a very strong U13 boys squad who currently lie 2nd in the league.

Morgan Squibb continued her fine form finishing a clear winner in the under 15 girls race. Zoe White had her best run of the season finishing a really strong 6th with Lily Tappenden only four seconds behind in 9th. Niamh Milmo had a good run in 17th, Jess Neal in 18th, Abbie Leeves 22nd, Emily Davis 24th and Issie Bridge 25th, completing the U15 girls squad efforts leaving them top of their league, albeit by only one point.

Eight U15 boys toed the line for their 4.2k course and Peter Guy will be pleased with his great 5th position just seconds behind the leading few. Ben Gardiner had a good run in 16th, Robert Suckling worked hard finishing 20th with Cameron Swatton and Keir Lundy battling down the home straight, finishing 22nd and 23rd respectively, one second apart. Jake Leng was 34th just ahead of Luke Simpson in 35th, and Charles Winton 37th. The U15 boys are currently 5th in their very strong league.

The U20 and U17 combined women's race saw a strong victory from our sole U20 Jess Keene and a season's best run for Amy Leach had her crossing the line in a solid 4th. Millie Smith was 6th, Lottie Weitzel 7th, Grace Scopes 10th, Jess Sellar 13th and Charlotte Fairies 23rd making her club debut. The U17s top their league table.

The U17 boys age group is dominated by Tonbridge AC placing 1- 5 but Lewis Mills and Michael Eagling held their own and did well placing 7th and 8th. Oscar Hussey was a good 14th, Callum Myatt 22nd, Charlie Andrews 29th, Finlay Brannan 30th with Lewis Warren completing the squad in 37th. The U17 boys are currently second behind the strong Tonbridge team.

All our U20 men decided to double the distance they had to run by lining up with the seniors. Olympian Scott Overall was the race winner with Andy Rayner 11th and a welcome return in 14th from Mike Skinner. Alex Gibbins 23rd, and a great showing from the U20s saw Marco Arcuri and Charlie Davis high up the field finishing 25th and 27th only four seconds apart with Dan Kennedy 28th, Peter Tucker 33rd and Gareth Evans 45th finishing in the top 50.

James Crawley looked strong finishing 53rd with Tom Desborough just behind in 56th.

Further afield BBHAC members were racing in various other meetings. Niamh Bridson Hubbard and Will Fuller were on International duty running for England in Atapuerca, Northern Spain where Niamh finishing 14th and Will 13th in their respective races.

At the English schools cup SE regional final race at Tonbridge, Sophie Hoare won the inter girls race, Tola Pearse was 2nd and Rosie Allen was 18th. Amelia Middleton was 15th in the junior girls race while Rowan Fuss and Joe Georgiadis were 13th and 14th in the inter boys with Oscar Heaney Brufal just behind in 19th. Barnaby Corry was our only representative in the junior boys race and finished 64th.

Amy Miller ran well to finish 6th in the schools inter counties in the West Midlands running for Surrey.

The British cross challenge series started in Milton Keynes and U13 Naomi Toft ran well finishing 5th with Madolina Samoila crossing the line in 31st in the U17 girls race.

The next club fixture is the final Kent league at Danson Park on 29th November when all the individual and league tables will be completed. Hope to see you all there.

Nick Brooks/Paul Austridge



6/11/16

Another great day in the history of junior athletic achievements for BBHAC

The annual national cross country relays held at Mansfield saw BBHAC field teams in every age group in both the womens and mens events.

In the under 13 girls race the A team ran superbly won the race by 27 seconds in 22.11 from Herne Hill Harriers. Annie Thomas came in fourth on the first leg with 7.07 and then handed over to Ellie Dolby who stormed into the lead with a leg of 7.32 to handover to Naomi Toft who finished in 7.31 and well ahead of the field to secure the team gold medal. Less than two minutes behind the B team of Daniella Harper, Amarisa Sibley and Maayan Radus finished in a highly credible 21st place.

The under 15 girls went even better if you can believe that in not only did they win the race, but the B team finished a fantastic

second only 11 seconds behind. Tola Pearse came in in 4th place in 7.05 with Morgan Squibb hot on her heels for the B team in 6th place in 7.08. Lia Radus then took the B team up to third with a 7.22 leg while Amy Miller ran 7.46 bringing the A team back in 7th before the fireworks started on the last leg. Yasmin Marghini ran an outstanding leg of 6.53 to haul the A team into the lead while Sophie Hoare ran solidly with a 7.23 leg to bring the B team up into second and just behind the A team. Another two sets of national medals for the young ladies.

In the under 17 womens race BBHAC fielded 2 teams won the A team finishing in 17th place with Yasmin Austridge, Madalina Samoila and Millie Smith, and the B team 33rd with Carlotta Weitzel, Grace Scopes and Stephanie Taylor.

In the junior womens race (U20) BBHAC finished a commendable 8th place with Jess Keene, Joanna Clowes and Niamh Bridson-Hubbard and less than a minute down on a bronze medal.

The senior ladies ran solidly for 45th place with Elaine Rayner, Jane Bradshaw and Jennie Neal.

The under 13 boys finished 10th and only 64 seconds behind the winners with Sam Reardon, Ben Campbell and Tom Brash combining well. The boys had been as high as 7th at one stage. The under 15 boys ran superbly for 4th place and missing bronze medals by only 10 seconds with Peter Guy running 6.31 on leg one, Joseph Georgiadis 6.48 and moving the team into 7th, and Oscar Heaney-Brufal finishing with 6.44.

In the under 17 mens event Callum Myatt (10.09), Oscar Hussey (10.02) and Lewis Mills (9.50) combined well for 31st place, while the under 20 men finished 33rd place with Richard Webb (9.20), Joss Barber (9.33) and Marco Arcuri (10.03) running for the team.

The senior mens team ran very well for a solid 22nd place out of 166 finishing teams with Phil Sesemann bringing the team home in second after the first leg in 14.49, Andy Rayner ran a 16.42 to bring the team back in 21st, then Scott Overall tore through the field with his 15.32 leg to leave the team in 8th and Dan Kennedy rounded off with 17.51.

It is with great sadness that we have to announce that VP Jack Braughton passed away recently. Jack lived to the ripe old age of 95 and had represented GB in the 1948 London Olympics, he will be sorely missed.

Niamh Bridson-Hubbard and Will Fuller have been selected to represent England at junior level next weekend in Atapuerca. This is a series of international races with high quality fields on a flat and very fast course in Burgos in northern Spain.

Nick Brooks



31/10/16

Continued Success for BBHAC in Kent League at Tonbridge

The magnificent buildings and grounds of Somerhill school, Tonbridge were once again the backdrop for the 2nd fixture of the Kent league cross country series and the perfectly and precisely marked out course witnessed some great racing.

The girl's teams continue to reign supreme, now sitting at the top of the league in all the age groups that they contest. The boy's are second in the U13 and U17 age-groups and 4th in the U15's behind a very strong Tonbridge AC.

The U13 girls got proceedings off to a winning start with Ellie Dolby dominating and winning comfortably by 14 seconds. Daniella Harper had a superb run finishing 4th and Lily Meers had her best run to date crossing the line in an impressive 6th to help win the team race. Strong back up from Mayaan Radus in 9th, Amelia Middleton 16th, Amarisa Sibley 17th and Olivia Berry 18th, Ella Smith was 20th, Heidi Forsyth 24th, Kelsey Pullin 29th, Hannah Clark 39th, Isabella Louth 41st and Amelie Willars 57th completed the strong squad.

Sam Reardon and Tom Brash then led the BBHAC U13 boy's contingent home with strong runs in 4th and 6th respectively. Ben Campbell continues to impress finishing in a great 12th helping to secure second team position. Tom Penlington was a strong 16th, Max Gregson 20th, Matt Smith 22nd and making a fantastic debut was 11-year-old Jamie Sears looking comfortable finishing 28th. Great back up from Oliver Robertson 31st, Will Andrews 36th, Jake Anthony 39th and Adam Parkinson in 42nd. Barnaby Corry in his first cross-country run of the season was 49th, 11 year old Oles Chaban 53rd and Nick Paddington 58th rounded off an impressive number of U13 boys.

The U15 girls were also victorious with Lia Radus winning, coming out on top of the battle with the Thanet RR girl. Morgan Squibb, (possibly still jet lagged from her USA travels where she competed for Great Britain and finished 5th in the World Biathlon (run-swim-run) Championships) did well to finish high up in 5th and Amy Miller had a very strong run finishing 7th to complete the three to score team win. Zoe White continues her great season with a fine 14th place finish, Lily Tappenden 16th, Niamh Milmo 19th, Isabelle Bridge 23rd, Emily Davis 25th and Abigail Leeves 27th completed the strong U15 squad.

Twelve U15 boys toed the line for BBHAC for their 4K race and Rowan Fuss came out on top finishing a great 6th. Peter Guy, despite falling on a tight bend, did well ending up 17th and Ben Gardiner in 23rd completed the three to score result of 4th place. Robert Suckling was 24th, Cameron Swatton 26th, Keir Lundy 37th, Justin Strover 38th, Luke Simpson 47th, and a great run from Charles Winton in 53rd. Seb Large was 59th with Ethan Kitteridge 61st and Jake Leng 63rd rounded off the large U15 boys squad.

Only four U17 girls made up the BBHAC squad but they were strong enough to win the team race. A strong performance from Millie Smith, despite losing a shoe in warm up, saw her finish an impressive 3rd. A great run from Grace Scopes placing 7th with Yasmin Austridge 8th and Amy Leach 12th completing the squad results.

The U17 boys finished a good second in the team competition after a great performance from Lewis Mills finishing 4th. Callum Myatt was a strong 13th and Oscar Hussey did superbly finishing 15th despite only just making the start line in time after a horrendous journey from France that left him with only minutes to spare! Charlie Andrews was a solid 22nd and Coleman Corry on his first winter outing this season was 35th and Chris Swinfen completed the squad in 43rd.

BBHAC had no representatives in the U20 races as our U20's chose to race in the longer senior races. Jess Keene extended her run of great form winning her first senior Kent league race looking comfortable all the way around the 5k circuit. Kelsey Fuss looked good finishing 19th as did Sam Leighton in 40th and Joanna Clowes in 42nd. Again when combined with the over 20s the ladies team won the team event with Elaine Rayner 2nd, Carole Penlington 6th, Sarah Belaon 17th and Jennie Butler 23rd.

In the senior men's race Richard Webb used his study break from Cardiff University well finishing high up in 12th, Charlie Davis excelled at the senior distance of 10k and crossed the line in solid 20th. Thomas Desborough was a great 37th and fellow U20 James Crawley was a good 67th and Scott Bulmer in 182th completed the U20 squad. The rest of the team was made up of over 20s who combined well to take third team place with Andy Rayner 8th, Alex Gibbins 11th, Jon Vintner 31st, Chris Tuck 39th, Richard Daniel 80th, Graham Hollingdale 100th, Richard Byford 108 and Andrew Lawes 126th.

Now half way through the Kent league series next we have the National Cross Country Relay Championships at Mansfield to look forward to where we hope to be amongst the action in all age groups.

Nick Brooks/Paul Austridge



24/10/16

Morgan Squibb came 5th in the World Biathle championships (under 15s) at Sarasota, Florida at the weekend leading the Great Britain team to the silver medals. The continuous event consisted of an 800m run, 100m open water swim then a further 800m run.

Morgan who had finished second in the European Championships in Portugal earlier in the season managed to beat the British and European Champion for the first time and was only defeated by four South African athletes who were dominant in the swimming phase of the event.

Niamh Bridson Hubbard made her debut for Cambridge University on Saturday at RAF Wittering against the RAF and Eastern Counties with a winning run over 6000m, Cambridge University also won the team event.

Finally managed to catch up with international athlete Scott Overall who has had a busy October. This started well with a 14.37 park run in Dulwich which will not see many people better that time at any event nationwide, then he finished 13th in the Chicago marathon in 2.18.21 some way down on his best time. Next came the Cabbage Patch 10 mile race where Scott took third place in 50.25, and this past weekend he finished 6th in the Great South Run in Portsmouth again over 10 miles in 49.07.

The Club 5 mile championship saw 17 year old Joss Barber win the mens race in 28.31 from Peter Tucker (28.58) with Gareth Evans third in 29.07. Another 17 year old Jess Keene continued her fine recent form in winning the ladies race in a new course record of 31.05, winning only by a second from Elaine Rayner with Jennie Butler third in 34.29. Oscar Hussey leads the Bennett Cup standings.

Away from the track Paul Byfield completed a marathon on a rowing machine raising money for Cancer Research. Paul managed to get this finished in an amazing 3 hours and 7 minutes.

Nick Brooks



17/10/16

Kent League Season Opener- Plenty of individual and team wins

A great start to the season with 2 individual race winners and 4 team wins !

The first Kent League match of the season at Stanhill Farm in Swanley saw 80 BBHAC athletes compete in 8 races on a flat and fast course around farmland, no wind, no mud, no ploughed fields, so ideal for fast and competitive racing.

First off was the under 13 girls race with new girls Naomi Toft winning in 9.25 and Anwen Thomas second and only one second adrift having both led from the start. Rounding out the winning team of three was Ellie Dolby in 4th place in 9.44. Strength in depth in this age group saw Daniella Harper finish 8th (10.02), Lily Meers 9th (10.05), Olivia Berry 12th (10.17), Ella Smith 21st (10.34), Kelsey Pullin 27th (10.47) and Hannah Clark 38th (11.23) in a field of 68 athletes. A great team performance to win the event from Tonbridge.

In the under 13 boys race the field was more spreadout with Tom Brash running superbly for third place in 11.31, backed up by Luca Thurlow in 8th (11.51), and Ben Campbell 9th (11.53) which was good enough for second place in the team event behind Tonbridge. Other good runs saw four more athletes finish in the top 20 meaning 7 of our 16 athletes were in the mix. Edward Sellar finished 11th (12.00), Max Gregson 12th (12.02), Thomas Penlington finished 14th (12.09) and Matthew Smith finished 19th (12.24).

To the under 15 girls race and undoubtedly the clubs strongest team with BBHAC providing the first three finishers. Yasmin Margini won comfortably in 11.26 and there was a good scrap for second place with Morgan Squibb just prevailing from Tola Pearse in 11.33 by two seconds. With only three athletes to score we easily won the team event. Elsewhere some solid top 20 runs from many of the 10 girls competing with Zoe White 13th in 12.58, Lily Tappenden 15th in 13.02 and Rosanna Allan 18th in 13.11.

Next up was the under 15 boys race with BBHAC fielding 14 athletes. The team finished 4th overall missing out on third by a single point. Peter Guy was first to finish in 9th place in 13.41 and only 41 seconds behind the winner, Rowan Fuss was next home in 13th in 13.58 with Joseph Georgiadis only one spot behind in 14.05. Benjamin Gardiner rounded out the top 20 with

14.16.

In the under 17 ladies race the club fielded a magnificent 8 athletes in a field of 31. Great packing meant BBHAC won the team event from Tonbridge with Madalina Samolia first back in 5th place in 12.52 with Millie Smith running strongly for 6th in 13.11, but backed up by Grace Scopes in 8th (13.19), Amy Leach 9th (13.20), Carlotta Weitzel finishing strongly for 12th (13.34), Genevieve Allan 14th (13.37), Jessica Sellar 15th (14.17) and Stephanie Taylor 20th in 15.08.

In the under 17 mens race and despite only fielding 6 athletes the team ran well enough to secure second team place with Tonbridge athletes filling the top 5 places. Michael Eagling was first home in 8th place in 17.55 but only 36 seconds down on the winner, Lewis Mills ran solidly for 13th place in 18.18, Oscar Hussey 16th in 18.35 and Callum Myatt 19th in 18.43.

In the ladies race we fielded 9 athletes who took 4th place in the 4 to score team event but were handsome winners in the 6 to score event showing solid packing through the field. Teenager Jess Keene who could have run in the under 20 event chose to run for the seniors and finished with an impressive 4th place in 19.57, Kelsey Fuss also an under 20 athlete finished 8th for another great run in 20.54, Sarah Belaon 18th in 21.37, Jenny Neal 20th in 21.51, Lorna Clowes 21st in 21.54 with Jane Bradshaw in 39th (22.59) completing the scoring 6. Sarah Elmqvist was only one spot behind, Jenny Tomei finished 45th, Danielle Critchley 47th and Donelle Yapp 86th.

To the final race of the day the senior men fielded 14 runners who took 3rd spot in both the 4 a side and 12 a side team event. Dan Kennedy was first clubman home in 16th place followed by Danny Brewer in 19th, Marco Arcuri 28th and with Gareth Evans 33rd this took 3rd team spot. The team who earned us 3rd spot in the 12 a side included Chris Tuck 35th, Jon Vintner 40th, Tom Desborough 41st, Fintan Parkinson 47th, James Crawley 56th, Richard Daniel 114th, Richard Byford 119th and Steve Pairman 133rd who had earlier run in the Bromley park run !

The next instalment of the Kent League is October 29th in Tonbridge for all age groups, while next Sunday 23rd October is the Club 5 mile championship at Hayes at 1030.

Nick Brooks



10/10/16

National Road Relays – Sutton Coldfield

A massive number of BBHAC athletes competing in 8 team races with the highlight of the day being the under 15 girls team taking silver medals in the race over 3 legs and only finishing 4 seconds behind winners Macclesfield.

Lia Radus got the team off to a great start in 11th place with a leg of 14.23, Morgan Squibb ran a solid 14.39 to bring the team upto 4th and Sophie Hoare brought the team home in 2nd with a 13.52 leg which was the third fastest of the day. The B team of Lily Tappenden, Amy Miller and Zoe White ran brilliantly to finish 16th and the C team of Isabelle Bridge, Gracie Horton and Emily Davis combined for 53rd spot.

The under 13 girls team ran outstandingly for 6th place and only 1 minute behind the winners with Daniella Harper running 15.34, Maayan Radus 15.23 and bringing the team up 10 places and Ellie Dolby running 14.30 for the 6th fastest leg of the day and bringing the team up a further 5 places. The B team of Amarisa Sibley, Ella Smith and Olivia Berry also ran well for 32nd place, while Kelsy Pullin and Sofia Elliott ran for an incomplete C team.

The under 17 womens team all ran superbly for 7th place with Millie Smith 14.23, Carlotta Weitzel 15.01 and Amy Leach 14.43, while Stephanie Taylor and Grace Scopes ran for an incomplete B team.

The senior ladies team ran solidly for 16th place out of 62 teams with teenager Niamh Bridson Hubbard getting the team off to a great start in 17th place with a leg of 15.10, followed by Amber Reed 16.54, and Elaine Rayner bringing the team up 8 places with 15.41 and another teenager Jess Keene running 15.35 for a fast leg and bringing the team up another 7 places.

In the mens events the teams were not quite as successful but there were some outstanding team performances nevertheless. The under 13 boys team of Samuel Reardon (13.40), Ben Campbell (14.33) and Tom Brash (13.48) came in an impressive 6th, while the B team of Thomas Penlington, Max Gregson and Matthew Smith finished 21st.

The under 15 boys team went even better with Joseph Georgiadis (12.49), Oscar Heaney Brufal (13.19) and Peter Guy (13.01) finishing 4th and only 50 seconds down on winners Cambridge & Coleridge. The B team of Cameron Swatton, Benjamin Gardiner and Robert Suckling finished a very credible 24th.

The under 17 mens team of Callum Myatt (13.05), Oscar Hussey (13.11) and Charlie Andrews (13.17) all ran within a few seconds of each other and combined well for 26th place, while Lewis Mills (13.04) was a lone B team runner.

The senior mens team got off to a fantastic start with Phil Sesseman running 17.28 for 6th followed by Will Fuller with 18.16 to leave the team in 9th place after two legs but when you front load your team you do expect to slip a little but Peter Tucker (20.20), Dan Kennedy (19.30), Andy Rayner (19.18) and William Ruiz (20.03) ensured a middle of the pack finish in 43rd place.

Nick Brooks



4/10/16

BBHAC Round Up 2nd October 2016

Carole Penlington ran 3.07.03 in the Chester marathon for a new personal best and second fastest ever female club runner. No results to hand yet on placings etc.

In the Tonbridge half marathon Andy Rayner finished sixth in 77.22, while Chris Tuck ran 84.18 for 17th place and Tony Crowder 86.38 for 33rd spot. Steve Pairman was 107th in 93.29, Mike Simms 147th in 96.51, Adrian Perry 195th in 99.52, Mark Ellison 229th in 1.41.44 among others in a field of over 1000 runners.

Next weekend sees BBHAC competing in the National Road Relays in all age groups both men and women, boys and girls, at Sutton Coldfield.

Nick Brooks



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