

President's News 11th March 2026

Headlines

- Key News
- Results
- Fixtures
- Bonus Ball

Results

Please let me know of any results that need correcting or adding. Please also share with me any news or results you wish to publish in the news.

Key News

- **FISU World University Cross Country Champs** - Congratulations to **Hannah Clark**, who has been selected for the GB team for the World University Cross Country Champs in Cassino, Italy, taking place this weekend.
- **Club Record** – Well done to **Alex Giles**, who has broken his own U17 and U18 club records in the Heptathlon. Alex came 2nd in the National U17 Indoor Combined Events Champs last weekend, scoring 4880 points, a fantastic achievement.
- **Winter Long Throws Championships** – Well done to Rory Witcombe, who competed in the U18 Men's Hammer at the Winter Long Throws Championships. Rory delivered an excellent performance to take the gold medal and the title of English Champion. While the overall event winner was a Welsh athlete, Rory finished as the top English competitor, earning the English Championship title.
- **Ted Pepper Marshals** – we require marshals for the annual Ted Pepper race from Norman Park on May 4th at 9.30 am. Please let me know if you can help!
(stevepairman13@gmail.com)

Results

Inter Counties Cross Country – Report from Paul Austridge

1926 was the first edition of the UK National Inter Counties Championships and 100 years later, Nottingham played host to this year's top class series of races. With all English counties sending their top athletes, along with the best of Welsh and Scottish athletes, racing was always going to be of a high quality.

926 was the first edition of the UK National Inter Counties Championships and 100 years later, Nottingham played host to this year's top class series of races. With all English counties

sending their top athletes, along with the best of Welsh and Scottish athletes, racing was always going to be of a high quality.

U13 boys

Three BBHAC U13 boys helped Kent win the UK gold team title. Another very strong run from **Zach Evans** placing a superb 10th, with **Emery Aldridge** also having a superb run, just three seconds behind in 13th.

Luc Jones' impressive debut season ensured his Kent selection in his first year in this age group and ran well in this first-class company.

U17boys

The U17 National Club Champions continue to impress, picking up two individual medals, **Joe Scanes** a strong silver and **Joseph Hill** a fine bronze. Backed up well by great runs from **Ben O'Grady, Nathan Clark and Daniel Horgan. Oliver Ward** started well but unfortunately had to pull out mid race.

U15 girls

Evie De Bruyn had another strong run placing a high 35th in a very competitive field. Strong runs from **Sofia Mossi**, representing Middlesex and **Alba Homans Yau** running in the dark blue of Kent.

U13 girls

Three BBHAC athletes representing Kent in the under 13 race, saw **Jazzy Stephens**, in her second National Inter Counties, placing high and great debuts for year young **Sophie James** and **Elsa Matthews**, both making strong accounts of themselves.

U15 boys

Johnny Lee toed the start line after selection following his fine county bronze and ran hard over the tough hilly 4K course at Woolaton, but was disappointed with his run, great fuel for the up coming English schools XC champs.

The National inter counties also double up as the final fixture in the British Cross Challenge and great to see **Benj Evans** entered and running hard, against the best in the county, placing well up the field.

U20 men

Alex Middleton made the short journey from his University to the course and had a very strong run over the hilly 6K course, placing a high 42nd and another strong run in county vest for Harry Fage.

U17 girls

Naimah Mossi was the only BBHAC under 17 girls racing and Naimah ran well in the county colours of Middlesex.

Senior Women

On the back of strong National XC run it was great to see **Niamh Bridson-Hubbard** looking strong and relaxed as she won a fine bronze, helping her Kent team to an eighth position backed up well by Ailbhe Barnes, Milly Smith and Carys Firth all having great runs.

Senior men

Good to see **Sam Parsons** selected for Kent and running well helping the Kent team place well.

2nd claim **Jack Shayler** was an impressive 14th, running in his county colours of Oxfordshire.

Being selected for these championships is an achievement in itself, as is being selected as reserve, in the very competitive county of Kent. Congratulations making that list go to **Holly Tallack, Akul Gurunathan, Aniket Iyenger, and Dexter Mein.**

Kyla Dervish and Andrea Clement were also selected but were unable to run.

Hannah Clark was also selected but this Championship race was trumped by her selection by Great Britain to represent GB in the up coming World student games. Best of luck in Italy Hannah.

Paddock Wood Half Marathon

Well done to the 16 runners who raced at the Paddock Wood Half Marathon

Place	Gun Time	Name	Gender	Age Group
15	01:09:18	Oliver Knowles	Male	Senior Men
38	01:11:53	Nicholas Clegg	Male	Senior Men
43	01:12:31	Kevin Fini	Male	Senior Men
60	01:13:56	Thomas Desborough	Male	Senior Men
64	01:14:00	Fintan Parkinson	Male	Vet Men 40-49
83	01:14:46	Ben Hakki	Male	Vet Men 40-49
115	01:16:18	Matthew Draper	Male	Senior Men
148	01:17:17	William Reedman-White	Male	Senior Men
201	01:19:14	Luca Ercolani	Male	Vet Men 50-59
203	01:19:18	Douglas Varney	Male	Vet Men 50-59
432	01:27:31	Martin Parkinson	Male	Vet Men 40-49
469	01:28:24	Tony Crowder	Male	Vet Men 50-59

645	01:33:06	David Beadle	Male	Vet Men 50-59
716	01:35:08	Harry Schmidt	Male	Senior Men
1001	01:42:26	Ian Montgomery	Male	Vet Men 60-69
1809	02:05:16	Jackie Montgomery	Female	Vet Ladies 55- 64

Other Road Races

- Battersea Half – **Paolo Lancini 1.23.55 Nigel Bewsher 1.46**
- Paris Half - **Jon Pairman 1.29.58**
- Kingston break fest 20 – **Bradley Amphlett 2 15.14**
- Original 1908 Marathon (Windsor to White City along London pavements): **Damian Hayes 2.40, Matt Maddocks 3.55 and John Turner 5.35**

Parkrun 7th March 2026

54 runners at 23 events.

Furthest from the clubhouse was Amber Reed at York Parkrun.

Podiums – 8 this week!

Harriett Hughes	1 st F	Bromley	18:23
Ryan Alford-Smith	1 st M	Soham Village College	18:33
Jess Keene	1 st F	Kingdom	21:30
Jennie Butler	1 st F	Lloyd	21:53
Katy Sugden	1 st F	Bethlem Royal Hospital	24:46
Tim Browne	2 nd M	Chelmsford Central	17:15
Louise Ball	2 nd F	Bromley	20:08
David Adams	2 nd M	Orpington	20:16

Fixtures

14th March – English Schools Cross Country Championships – Sefton Park, Liverpool. Good luck to all those selected for their county.

Bonus Ball – no 19 Dave King