



Presidents News 3 December 2025

Headlines

- Records, Results and Park Run participation,
 - Key Notes
 - Results
 - Fixtures
 - Bonus Ball

Results

Please let me know of any results that need correcting or adding.

Please also share news & results with me that you wish publishes in the News.

Notes

We wish to find out who left the **old laptop** in the equipment room some time ago – please email myself and [Dave Codell](mailto:Dave.Codell@bbharriersac.org.uk) if you did.

Christmas Supper

The Wednesday Nighter's Christmas supper will be held on Wednesday 17th December. Please email David Appleton at treasurer@bbharriersac.org.uk to reserve your ticket.

	Wednesday Night Xmas Supper 17 th December Price £30 Reservations to: treasurer@bbharriersac.org.uk Payment to Club Bank: HSBC 40-11-60, 50788104 Reference: "Xmas + your name"	
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Norman Park Track Floodlights

The Club has just signed a contract to have the lights at Norman Park upgraded. This will involve replacing the existing lights, but not the pylons, with brighter, modern energy efficient lights. The cost will be £70,000 and work is planned to start in the spring of 2026. We are endeavouring to get grants towards part of this cost, and financing the rest partly from our own funds but also loan finance. Members can contribute to this via the Club 5% debenture scheme or donations. For details on debentures and donations please contact the treasurer (treasurer@bbharriersac.org.uk).

Volunteers

Volunteers - come along to the Christmas drinks on 10th December! Please email bbharriersac.volunteers@gmail.com if you are able to join us!

We need marshals for the forthcoming Kent League fixture on 13th December at Norman Park . Please email bcupbbhac@gmail.com if you can help.



BBHAC PRESENTS OUR
VOLUNTEERS
7pm **CHRISTMAS**
DRINKS
Free Event
WEDNESDAY
10th DECEMBER
Free entry, Welcome drink & Mince Pie
The Trackside Cafe will have the Bar fully stocked
and a selection of meals available as usual
Please let me know if you'd like to attend.
Bbharriersac.volunteers@gmail.com



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RESULTS

SEAA Inter Counties – report from Paul Austridge

With the last two years SEAA Intercounties fixtures having been cancelled, it was great to see this year's races go ahead, with many of our athletes making their Kent County debuts, but sadly a few missing out due to ill health.

Nine of our under 13 girls were selected with **Jasmine Stephens** leading the club effort home in a strong 15th backed up well by **Elsa Matthews, Holly Tallack, Lucy Beeraje, Lena Aldridge, Arianne Paranjpe, Mollie Sedgwick and Olivia King**. Lucy J unfortunately had to withdraw.

Zach Evans had a superb race in the U13 boys, taking the race on and finishing a very impressive 3rd backed up well by **Luc Jones, George De Bruyn and Anthony Streich**, all making their county debut and helping the Kent team place second on the day. Unfortunately, Emery and Akul were too unwell to race.

Seven of our U15 proudly wore the Blue of Kent with **Harriet Hughes, Evie De Bruyn, Alba Homans-Yau and Ella Rae** representing the girls and **Johnny Lee, Jack Barlow and Ricardo Cerevera-Tomlins** representing the boys. **Joe Scanes won the U17 boys** race and lead the Kent team home to victory. Alex was next BBHAC home followed by **Oliver Ward, Aniket Iyengar, Kian Farrell, Daniel Horgan, Ben O'Grady and Nathan Clark**. Unfortunately, Joseph couldn't run.

Libby Whyte and Kyla Dervish helped the Kent U20 women's team to victory and three of our senior women helped the Kent team win silver with **Ailbhe Barnes** a very impressive **3rd**, **Hannah Clark** 6th backed up well by **Gracie Horton** earning her first Kent call up.

Results are here - [Roster Athletics · SEAA - South of England Inter Counties Cross Country Championships 2025](#)

British Masters 5k Championships Battersea Park 30 November

- **Carole Coulon** was 3rd overall and first VW50!! What a season Carole is having!

Wilmslow 10k 23 November

- **Jack Hancock** – 33.43 (45th (of 1500!)). Nice one Jack!

London Universities & Colleges Association Indoor Championships Lee Valley

- **Dennis Savage** ran a PB of in the 60m qualifying (7.24) – and a 7.28 in the final
- **Mikolaj Sudolski** ran 7.33 in his heat

Results - walking

In the Southern Race Walking Championships held on Saturday in heavy rain, the club was well represented in the walks and the podiums!

- **Trejan Checheku-Boamah** 1st U17 in 16m 19s.
- **Florence Watson** 2nd U17 in 17m 11s.
- **Luke Eperon** 6th in 12m 30s.
- **Matthew Ellerton** 2nd senior men 32.23.4



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Park Run 29 November 2025

56 Park Runners at 23 different events.

Furthest from the clubhouse was Islay Pearson at Endcliffe in Sheffield.

Podiums

Katy Sugden	3 rd F	Basildon	23.47
Lucianna Smith	1 st F	Bromley	19.21
Rowan Pearson	3 rd F	Bromley	20.04
Ollie Knowles	2 nd M	Eastbourne	17.23
Billy Pharoe	3 rd M	Lloyd	20.42
Carys Firth	2 nd F	Southwark	19.10

Numbers do include runners who have marked the club on their Park Run profile but may not have paid subs for 2025

Runners can be seen here - [parkrun](#) | [Consolidated club](#)

Fixtures

- Kent League final fixture for the under 13-20 and VW65 / VM 70 on Saturday
- Kent League final fixture, here at Norman Park on 13th December – only SW and SM
- Valencia Marathon 9 December
- European XC Champs 17 December
- Boxing Day Paperchase Dec 26th!
- KENT COUNTY ATHLETIC ASSOCIATION 2026 CROSS COUNTRY CHAMPIONSHIPS
 - This year's event will be on held the 10th January 2026

BLACKHEATH & BROMLEY HARRIERS PRESENT

BOXING DAY Fun Run

Friday 26th Dec | 10am

Relaxed 5k run in fancy dress from Norman Park
This is a free event open to all, and there's no need to pre-register—just turn up on the day. If you'd like to make a small donation, it would be greatly appreciated.

LEAVING FROM AND RETURNING TO
FOR REFRESHMENTS **NPCSC**

Contact lain.swatton@btinternet.com for details

Bonus Ball winner was Dennis Lawrie!

Steve Pairman,
President BBHAC