



Headlines

1. New President and Vice Presidents!
2. Results from Southern Relays and Closing 5 Cross country,
3. Park Run participation 29 March 2025,
4. Forthcoming fixtures,
5. Calls for volunteers ([see below](#))
6. "And Finally...." (a short extract sample, from John Turners book "The Badge We All Hold Dear")

New President and Vice President

I am delighted to take up the Presidency of this terrific club and look forward to a very busy year! I thank Ashley for her hard work over the last 12 months!

At the AGM 7 new Vice Presidents were also welcomed into the club:

1. Steve Hough
2. Karen Barlow
3. Karen Cosby
4. Niamh Bridson Hubbard
5. Dan Putnam
6. Mark Desborough
7. Micah Evans

Congratulations to all, and I look forward to working together on another exciting year for the club.

Saturday was certainly a full day, with successful 5 mile and kids cross country races, followed by the Young Athletes photo and the awards. Recognition awards were given to Sam Reardon, Chloe Sharp, Hannah Clark, Daniel Goriola and to the Lower age group YDL squad! I encourage you to read Alice Platt's summary of the afternoon, which you can find on the website.

Results

Closing 5

We saw a healthy 31 runners finish the final cross-country race of the club season – the closing 5. This race also made up the final Bennett Cup event of the season. The race was run as a handicap (fastest supposed runner going off last). Well done to Luca Ercolani with the fastest time of the day in 28.57.

First through the finishing line was Matt Maddocks, somehow convincing the handicapper that he wasn't in great form! 24 seconds later Angelina Stephen finished for a very impressive 2nd place in the handicap, with 3rd being Bernard Wilson.



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Before the start of the closing 5, there was an informal kids' 3.5k, where 16 of our younger members enjoyed a race around Norman Park.



Bennett Cup Final Position

Congratulations to Luca Ercolani as winner of the Bennet Cup with a final tally of 78 points, with Micah Evans and Greg Bull in equal second on 73 points. Micah deserves an extra mention for being the only person who ran all 9 events!



Thanks for Dave Beadle for his organisation of these events and for the revised Bennet Cup structure!



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RESULTS IN ORDER - FASTEST TO SLOWEST

pos	no	name	cat	hcp	actual time	hcap time	elapsed time	clock time
6	27	Luca Ercolani	V50	-0:04:40	00:28:57	00:24:17	00:30:30	00:59:27
14	36	Leonardus De Bruyn	V40	-0:03:40	00:29:10	00:25:30	00:31:30	01:00:40
20	32	Tom Desborough		-0:03:10	00:29:40	00:26:30	00:32:00	01:01:40
9	46	Douglas Varney	V50	-0:04:50	00:29:42	00:24:52	00:30:20	01:00:02
22	38	Johnny Lee		-0:04:10	00:30:43	00:26:33	00:31:00	01:01:43
12	49	Paul Sharpe	V40	-0:06:00	00:31:12	00:25:12	00:29:10	01:00:22
15	30	Philip Bunn	V40	-0:05:50	00:31:33	00:25:43	00:29:20	01:00:53
24	41	James Bunn		-0:04:10	00:31:46	00:27:36	00:31:00	01:02:46
18	33	Zachary Evans	U13B	-0:05:40	00:32:02	00:26:22	00:29:30	01:01:32
13	24	Gregory Firth	V40	-0:07:00	00:32:24	00:25:24	00:28:10	01:00:34
28	39	James Shaw		-0:03:00	00:32:26	00:29:26	00:32:10	01:04:36
1	48	Matt Maddocks	V40	-0:12:40	00:33:10	00:20:30	00:22:30	00:55:40
26	37	Alex Smith		-0:05:10	00:33:28	00:28:18	00:30:00	01:03:28
16	40	Evie de Bruyn		-0:08:00	00:33:54	00:25:54	00:27:10	01:01:04
19	35	Jennie Butler	V50	-0:08:00	00:34:24	00:26:24	00:27:10	01:01:34
31	29	Micah Evans	V40	-0:02:50	00:35:24	00:32:34	00:32:20	01:07:44
27	22	Benjamin Evans	U15B	-0:06:30	00:35:31	00:29:01	00:28:40	01:04:11
7	47	Damian Hayes	V55	-0:11:40	00:36:00	00:24:20	00:23:30	00:59:30
30	42	Finn Gotkie		-0:04:30	00:36:29	00:31:59	00:30:40	01:07:09
29	43	Jack Barlow		-0:06:10	00:36:31	00:30:21	00:29:00	01:05:31
8	31	Steve Pairman	V60	-0:12:20	00:36:51	00:24:31	00:22:50	00:59:41
23	25	James Breen-Norris		-0:09:50	00:36:57	00:27:07	00:25:20	01:02:17
11	50	Adrian Stocks	V50	-0:12:10	00:37:13	00:25:03	00:23:00	01:00:13
10	26	Katy Sugden	F50	-0:13:20	00:38:21	00:25:01	00:21:50	01:00:11
5	45	Con Griffin		-0:14:30	00:38:40	00:24:10	00:20:40	00:59:20
17	20	Andrew Lawes	V70	-0:12:40	00:38:57	00:26:17	00:22:30	01:01:27
2	21	Angelina Stephens		-0:18:20	00:39:14	00:20:54	00:16:50	00:56:04
21	51	Elliot Woolley		-0:13:40	00:40:11	00:26:31	00:21:30	01:01:41
4	23	Chris Pike	V70	-0:22:10	00:44:35	00:22:25	00:13:00	00:57:35
25	34	John Turner	V70	-0:19:40	00:47:48	00:28:08	00:15:30	01:03:18
3	44	Bernard Wilson	V70	-0:28:40	00:49:52	00:21:12	00:06:30	00:56:22



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Southern Relays

The club fielded a strong team at the Southern Road Relays in Milton Keynes on Sunday 30 March, finishing 17th of 47 teams in a time of 4.32.43. This means the team has qualified for the National finals – great achievement!

A9	Arthur Starvis	00:28:50
B9	Miles Brown	00:15:39
C9	Oliver Knowles	00:28:23
D9	Henry Fisher	00:15:51
G9	Kevin Fini	00:29:01
H9	Ryan Weston	00:15:48
J9	James Meader	00:28:08
K9	William Reedman-White	00:16:51
M9	Tim Browne	00:30:39
P9	Harry Fage	00:16:48
S9	Alex Middleton	00:29:36
T9	Mark Constable	00:17:09
	Team time overall	04:32:43



Jed Starvis won the U17 Men’s race in 15.22, just 1 second ahead of Nicholas Talyor of Highgate.

Park Run

47 runners* ran Park Runs on Saturday 29th March 2025 at 22 different locations.

Richard Webb wins **furthest from the clubhouse** as he took part in Edinburgh Park Run – finishing in a commendable 17.09.

Podiums for 29th March

Doug Varney	3rdM	Bromley	17.09
Alba Homans-Ya (11-14)	2nd ^t F	Bromley	19.39
Ashley Pearson	1 st F	Beckenham	22.02
Jackie Montgomery	3rdF	Bethlem	26.46 (PB!)

**numbers do include runners who have marked the club on their Park Run profile but may not have paid subs for 2025*



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Bromley Park Run was featured in BBC breakfast, interviewing Alex Yee and his grandad. Worth a watch -

<https://www.facebook.com/bbcbreakfast/videos/681205537772822/?mibextid=rS40aB7S9Ucbxw6v>

Forthcoming fixtures and news

Ted Pepper – Run or Volunteer!

The annual Ted Pepper 10k is due to be held on Monday May 5th. We have over 100 entries so far, and encourage members to either

- Enter online asap or
- **Marshal – we are still short of a few marshals for the event.** Please contact Steve Pairman (stevepairman13@gmail.com if you can help)

Volunteer – Academy event Sunday 6 April

An Academy competition is being held at the Club on Sunday and we need more people to help. It is a relatively short time you will be required – around 12.15 to 2pm. Please contact John Hubbard – bbharriersac.officials@gmail.com if you are able to help.

Parris Handicap

Entries are open for the summer series - enter via your joinin account& the Blackheath & Bromley Harriers AC shop.

England Athletics fees for 2025/6 are due on 1 April – please make sure that is you compete for the Club you have paid the £20 EA fee – through the Shop on your joinin account.

And Finally....

Autumn 1968

“As many members may have already seen, the club has been allocated a place in division One of the new Athletics League for 1969. The other clubs will be Polytechnic, Birchfiled, Thames Valley, Cardiff and Brighton and Hove. Selection was decided on a computer!”

Steve Pairman

President

2 April 2025