



## Presidents News 19 November 2025

### Headlines

- Records, Results and Park Run participation,
  - Club Records
  - Key Notes
  - Results
  - Fixtures
  - Bonus Ball
  - 300 club draw
  - London Marathon draw

### Results

*Please let me know of any results that need correcting or adding.*

*Please also share news & results with me that you wish publishes in the News.*

**Records** – U13B. Mile. 4.57.57 Emery Aldridge 3/9/25

### Notes

- **Annual Dinner** – held on 21 November. Overall, a great event with 90 attendees.

### Christmas Supper

The Wednesday Nighter's Christmas supper will be held on Wednesday 17th December. Please email David Appleton at [treasurer@bbharriersac.org.uk](mailto:treasurer@bbharriersac.org.uk) to reserve your ticket.



**Wednesday Night Xmas Supper**  
17<sup>th</sup> December  
Price £30  
Reservations to: [treasurer@bbharriersac.org.uk](mailto:treasurer@bbharriersac.org.uk)  
Payment to Club Bank: HSBC 40-11-60, 50788104  
Reference: "Xmas + your name"

### London Marathon Draw

Numbers were drawn at the Clubhouse on Wednesday 26 November. Successful applicants were

1. Paul Keregayto
2. Tom Desborough
3. Jason Meers
4. Tim Browne (reserve)
5. Matt Maddocks (reserve)
6. Damian Hayes (reserve)

### Volunteers

Come along to the Christmas drinks on 10<sup>th</sup> December!

We need marshals for the forthcoming Kent League fixture on 13<sup>th</sup> December at Norman Park . Please email [bcupbbhac@gmail.com](mailto:bcupbbhac@gmail.com) if you can help



BBHAC PRESENTS OUR  
**VOLUNTEERS**  
7pm **CHRISTMAS**  
DRINKS  
**Free Event**  
**WEDNESDAY**  
**10th DECEMBER**  
Free entry, Welcome drink & Mince Pie  
The Trackside Cafe will have the Bar fully stocked  
and a selection of meals available as usual  
Please let me know if you'd like to attend:  
[Bbharriersac.volunteers@gmail.com](mailto:Bbharriersac.volunteers@gmail.com)



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### 300 Club Draw

The 300 Club Draw resulted in the following winners

- Helga Pullin
- Dave White (Felix)
- Rod Harrington

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### Results - Liverpool Cross Country

The club had a few members running at the Liverpool Cross challenge event on Saturday

Race	Name	Position	Time
<b>U20 W</b>	Eliza Nicholson	5	15.24
	Liberty White	73	17.36
<b>U20M</b>	Joe Scanes (U17)	18	13.43
	Jed Starvis	50	14.00
<b>U17M</b>	Joseph Hill	4	13:59
	Oliver Ward	32	14:31
	Kian Farrell	48	14:54
<b>U23W</b>	Aibhe Barnes	18	20:07
	Hannah Marie-Clark	20	20:10
<b>SW</b>	Naimh Bridson-Hubbard	11	27:53

Results here - <https://results.sporthive.com/events/7397598404446973952>

This means Eliza has qualified for the GB & NI team for the European XC championships in Portugal! Congratulations Eliza!

[NOVUNA GB & NI TEAM ANNOUNCED FOR 2025 EUROPEAN CROSS COUNTRY CHAMPIONSHIPS IN PORTUGAL | British Athletics](#)



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### Kent Masters

The annual Kent Masters Cross Country Championships this year included the Club Vets Championships.

The day started with the men's V50 race over 8k, with success for **Doug Varney** who ran strongly to finish in 3rd place for a bronze medal! The next race was the M60/M70 which saw a silver medal for **Andy Lawes** in the M70 category over the shorter 5k course (22.33)!

The third race in the series of 4 was the women's FV35, FV45 and FV55, also over the shorter course. The FV45 was led from start to finish by **Carole Coulon** (19.05) who was second in the combined race overall as well!

The final race was the M40s and what a performance from the men's team with a very impressive first place! Leading the team home in the 8k race was new member **Mark Bruce** (26.44), followed by **Micah Evans** (26.51), **Leon de Bruyn** (26.53) in 5/6/7th respectively and **Sam Aldridge** in 12th (27.39)



### Park Run 22 November 2025

62 Park Runners at 27 different events.

Furthest from the clubhouse was an interesting one with a number of runners running in various parts of England. A number of you may remember Andy Riches who was last a member in 2014 but his EA profile is still BBHAC. He ran at Edinburgh but this does not count, so furthest from the CH, by less than 10k was Chloe Sharp at Eden Project

### Podiums

<b>Jackie Montgomery</b>	<b>3rd F</b>	<b>Ancholme Valley Way</b>	<b>27.19</b>
<b>Evie De Bruyn</b>	<b>3rd F</b>	<b>Beckenham Place</b>	<b>21.07</b>
<b>Ben O'Grady</b>	<b>3rd M</b>	<b>Bromley</b>	<b>16.24</b>
<b>Chloe Sharp</b>	<b>1st F</b>	<b>Eden Project</b>	<b>18.29</b>
<b>Ollie Knowles</b>	<b>2nd M</b>	<b>Hoblingwell</b>	<b>19.22</b>
<b>Imogen Meers</b>	<b>2nd F</b>	<b>Hoblingwell</b>	<b>25.09</b>
<b>Billy Pharoah</b>	<b>2nd M</b>	<b>Lloyd</b>	<b>20.39</b>
<b>Jo Georgiadas</b>	<b>1st M</b>	<b>Orpington</b>	<b>18.32</b>
<b>Akul Gurunathan</b>	<b>1st M</b>	<b>Swanley</b>	<b>19.46</b>

*Numbers do include runners who have marked the club on their Park Run profile but may not have paid subs for 2025*



## **Presidents News 19 November 2025**

Runners can be seen here - [parkrun](#) | [Consolidated club](#)

### **Fixtures**

- Boxing Day Paperchase Dec 26<sup>th</sup>!
- KENT COUNTY ATHLETIC ASSOCIATION 2026  
CROSS COUNTRY CHAMPIONSHIPS
  - This year's event will be on held the 10th  
January 2026

**Bonus Ball** winner – John Taylor!

Steve Pairman,  
President BBHAC

BLACKHEATH & BROMLEY HARRIERS PRESENT

# BOXING DAY *Fun Run*

**Friday 26th Dec | 10am**

Relaxed 5k run in fancy dress from Norman Park  
This is a free event open to all, and there's no need  
to pre-register—just turn up on the day. If you'd like  
to make a small donation, it would be greatly  
appreciated.

LEAVING FROM AND RETURNING TO  
FOR REFRESHMENTS **NPCSC**

Contact [lain.swatton@btinternet.com](mailto:lain.swatton@btinternet.com) for details