



## Presidents News 18 June 2025

### Headlines

1. Results and Park Run participation,
  - a. Club Records
  - b. Kent Schools
  - c. Kent Masters
  - d. Other Races including (wo)Man vs Horse
  - e. Park Run
2. AOB

### Results

*Please let me know of any results that need correcting or adding.*



### New Club Records!!

- Ella Brooker U13G 3.36 PV
- Matilda Murray U15G. 10.93 75H.

### Kent Schools

A large number of our younger athletes took part at the Kent Schools championships at the weekend.

Golds at Kent schools in 200m (**Troy Ogedengbe**) 800m (**Kian Farrell**), 1500m (**Jo Scanes**), and 3k (**Joseph Hill**), **Charlie Platt** (Pole Vault), equalising the championship best!, **Rory Whitcombe** (hammer) with a number of National Standards achieved on top. **Ben Ogrady** and **Oliver Ward** were 1 & 2 in the 1500SC, with Ben timing a championship best ! In the junior boys **Jericho Senior** (300m), **Jack Barlow** (800m), **Luke Eperon** (2000m W) all won their events!

**Cheyenne Nketia** in the 100m, **Sophie Tran** (300m), **Niamh Stanley** (1500m SC), **Elsa Parson** (Pole Vault). In the junior girls **Kara Bryan** (800m), **Matilda Murray** (75mH) – a club and championship record!, **Alessia Scala** (HJ), **Ella Brooker** (PV) also with a club and championship best!.

Apologies if I have missed some, so please share others that I can include in next weeks News!

Results are [here](#).





## Presidents News 18 June 2025

### Walking

- U15 boys **Luke Eperon** (2k) 1st 13m.08s
- U17 Boys **Trejan Checkeku** Boamah (3k) 1st 16m 15s PB
- U17 Girls **Florence Watson** (3k) 1st 18m 19s.

### **BBHAC Open Day Monday 16<sup>th</sup> May**

Another very successful event with over 300 competitors. A number of PBs !

Results are here - [Results](#)

### **Diamond League**

Dina Asher Smith ran 10.93 to finish 2<sup>nd</sup> in the women's 100m in Stockholm.

### **SCVAC Kent Masters**

Mens Result

3<sup>rd</sup> on the night and 3<sup>rd</sup> in the league after 2 events!

Match Details	Mt Pts	Pts	Overall Details	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	6	80.5	1 Tonbridge AC - A	12	142.5
2 Dartford Harriers AC	5	79	2 Dartford Harriers AC	10	131.5
3 Blackheath & Bromley H AC	4	69	3 Blackheath & Bromley H AC	8	117
4 Ashford AC	3	51.5	4 Ashford AC	5	93
5 Cambridge Harriers	2	49	5 Cambridge Harriers	5	92
6 Bromley Vets	1	21	6 Bromley Vets	2	42

BC-SCVAC-2025

Mens winners were Duayne Bovell in the M35 200m, 4 x 100m relays and Steve Langdon in the M50 javelin. I also took note of David Adams missing 1<sup>st</sup> place 1500m B string by just 6/100ths plus Richard Coes 2<sup>nd</sup> place in the M70 shot!

Womens Result – 2<sup>nd</sup> on the night, 3<sup>rd</sup> in the league after 2 events.

Match Details	Mt Pts	Pts	Overall Details	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	6	61	1 Tonbridge AC - A	12	144
2 Blackheath & Bromley H AC	5	50	2 Dartford Harriers AC	9	106
3 Dartford Harriers AC	4	41	3 Blackheath & Bromley H AC	9	98
4 Medway & Maidstone AC	3	29	4 Medway & Maidstone AC	6	76
5 Central Park Athletics	2	28	5 Central Park Athletics	4	68
6 Ashford AC	1	14	6 Ashford AC	1	14

BC-SCVAC-2025

Womens winners were Sam Williams in the W35 200m, doubled up by Daniela Sage in the B string Trang Nguyen in the W35 1500m B string. Great racing from Jennie Butler in 2<sup>nd</sup> place just 4/100's from 1<sup>st</sup> place

Full race report will be posted on website!



## Presidents News 18 June 2025

### Other Races

#### Man vs Horse

Jane Bradshaw: Man v Horse done. 35km with 1200m of climb - conditions were soft to extremely boggy - 3rd V50-59 in 4h18m!

#### Denmark

Steve Evenden ran the half- marathon across the Oresand bridge between Denmark and Sweden to celebrate its 25 years. Awesome experience - 1:34:33.

#### Eltham Park 5

- Zoe Kingsmell 54:55 54:29 F 55-64 12 / 20
- Chris Pike 47:37 47:10 M 70-99 2 / 10



### Park Run 14 June 2025

Saturday saw 60 members run at 27 different events.

Furthest from the clubhouse was Steve Evenden at Fælledparken in Copenhagen, the day before his "Bridge" (see above).

#### Podiums for 31<sup>st</sup> May

<b>James Webber</b>	1 <sup>st</sup> M	Bethlem	18.59
<b>Alexander Martin</b>	2 <sup>nd</sup> M	Bromley	17.09
<b>Jasmin Stephens</b>	3 <sup>rd</sup> F	Bromley	20.46
<b>Graeme Lugar</b>	1 <sup>st</sup> M	Orpington	18.11
<b>Sam Douglas</b>	1 <sup>st</sup> M	Woolwich	16.51
<b>Eloise O'Shaughnessy</b>	2 <sup>nd</sup> F	Tooting	20.17
<b>Naomi Kingston</b>	2 <sup>nd</sup> F	University Parks	19.24

*\*numbers do include runners who have marked the club on their Park Run profile but mat not have paid subs for 2025*

Runners can be seen here - [parkrun | Consolidated club](#)



## **Presidents News 18 June 2025**

### **Parris Handicap Summer Series**

Next race is Wednesday 25th June at Norman Park – first runners off at 7pm sharp!

Huge thanks to everyone who's already pre-registered – and if you haven't yet, there's still time! You can also register on the day. The first event was a great success – some cracking times and brilliant feedback all round!

<https://app.joinin.online/#/app/joinin/organisation/shop/product/5376/b750d9e4-cc01-4451-aced-e74e665e9cc2>

### **Other News**

#### **Fixtures & Volunteering /**

- SAL Eton 22 June
- Academy Comp 12.30-3pm on Saturday 21st June and
- The Lower Age Group YDL on the 29th June.

### **And Finally from 1936, 67<sup>th</sup> AGM**

.....matters such as the installation of electric light and telephone at the Clubhouse were raised. So no more complaining about the mobile signal and lights flickering please!

### **Social News**

Next Bingo event is on 27<sup>th</sup> June !



Steve Pairman,  
President BBHAC