



Presidents News 4 June 2025

Headlines

1. Results and Park Run participation,
 - a. Club Records
 - b. SEAA Championships at Crystal Palace
 - c. Road Races – Harvel 5 and High Elms 10k
 - d. Park Run
2. Jack Petchy Awards
3. Brydon Duncan documentary
4. Gordon Brooks Obituary

Results

Please let me know of any results that need correcting or adding.

Two amendments from last week

1. On 30th May, Ben O'Grady and Oliver Ward ran the Sussex County champs U17 1500m Steeplechase. Ben was 1st in a UK fastest time this year and Oliver was 2nd in the second fastest time in the UK this year - both of them well inside National Standard.
2. Also Katy Sugden was an omission from Park Run podiums for May 31st. Katy was 2nd at Roundshaw Downs.



New Club Records!!

1. **Benjamin O'Grady** U17M 1500 s/ch (2'9") 4.22.86
2. Eliza Nicholson in women's 5000 ran 16.05.70 to claim both the U20 and U23 record!

SEAA Championships Crystal Palace

The individual championships were held at Crystal Palace at the weekend. Saturday turned out to be a rather challenging day, weather wise it was very unpleasant for much of the event. This was not helped by the long delays for many of the events mainly caused by damage to the track.

Sunday was much better on both counts! The club had a number of athletes who made the podium!





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Charlie Platt	(Blackheath & Bromley Harriers AC)				
2	Pole Vault - U17M	Men	U17	Final	4.10
Ella Brooker	(Blackheath & Bromley Harriers AC)				
2	Pole Vault - U15G	Women	U15	Final	3.10
Elsa Pawson	(Blackheath & Bromley Harriers AC)				
2	Pole Vault - U17W	Women	U17	Final	3.50
Emery Aldridge	(Blackheath & Bromley Harriers AC)				
2	800m - U13B	Men	U13	Final	2:12.75
Emilia Adese	(Blackheath & Bromley Harriers AC)				
1	Shot Put - U17W	Women	U17	Final	15.70
Florence Holman	(Blackheath & Bromley Harriers AC)				
1	Javelin Throw - U17W	Women	U17	Final	39.57
Florence Watson	(Blackheath & Bromley Harriers AC)				
1	3000m Race Walk - U17W	Women	U17	Final	18:26.06
Jackie Nzekwe	(Blackheath & Bromley Harriers AC)				
3	Hammer Throw - U17W	Women	U17	Final	47.45
Jericho Raphael	Asfaw Senior (Blackheath & Bromley Harriers AC)				
2	100m - U15B	Men	U15	Final	11.73
1	300m - U15B	Men	U15	Final	36.46
Jonathan Ellerton	(Blackheath & Bromley Harriers AC)				
1	5000m Race Walk - U20M	Men	U20	Final	25:56.75
Joseph Hill	(Blackheath & Bromley Harriers AC)				
2	1500m - U17M	Men	U17	Final	3:59.81
Joseph Scanes	(Blackheath & Bromley Harriers AC)				
1	800m - U17M	Men	U17	Final	1:55.21
Matilda Murray	(Blackheath & Bromley Harriers AC)				
3	75mH - U15G	Women	U15	Final	11.26
Omari Anderson	(Blackheath & Bromley Harriers AC)				
3	High Jump - U17M	Men	U17	Final	1.80
Rory Witcombe	(Blackheath & Bromley Harriers AC)				
1	Hammer Throw - U17M	Men	U17	Final	48.01

Note – Emelia's throw was a Championship Best by over 2 meters! PBs gained at the championships have seen a number of our athletes climb the ranking – a good example being Emery who is now 3rd in the U13 800m, and Jericho 3rd in the UK 300m.

Jericho has received an invitation to compete in the **inter counties competition** in Oxford in September, as have a number of other members. So congratulations on receiving an invite to : **Alessia Scala, Ella Brooker, Kian Farrell, Charlie Platt, Jack Barlow, Cheyenne Nketia, Sophie Tran , Emilia Adese, Elsa Pawson, Florence Holman, Kara Bryan and Dulcie Simpson!**

2025 European Team Championships in Madrid, Spain, on the 26-29 June:

Congratulations to **Sam Reardon, Zara Obamakinwa, Bekah Walton** and **Adam Gemili** for being selected to for the GB & NI team!



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Harvel 5 Saturday 7 June

Seven members turned out for the Harvel 5 on 7th June. As always this was a very enjoyable event – with beer and cakes available afterwards! We also avoided the rain.

First home for the club was **Doug Varney** – too fast for the photo as well!

Well done to the 50s with age group finishes in 2nd, 4th and 6th! Regretfully there was no Age group prizes.

Results are below – note these are the updated results as the original ones were identified by the organisers as being 30 seconds quicker!



Overall Place	NameSorting	Chip Time	Division	Division Place	Gender Place	Final Time
13	Douglas Varney	30:33:00	M 50-59	2 / 132	13	30:35:00
18	Paul Sharpe	30:58:00	M 40-49	9 / 76	18	30:59:00
19	Steven Hough	31:00:00	M 50-59	4 / 132	19	31:02:00
32	Damian Hayes	33:05:00	M 50-59	6 / 132	31	33:11:00
46	Steve Evenden	34:12:00	M 40-49	20 / 76	45	34:19:00
55	Matthew Maddocks	34:32:00	M 40-49	25 / 76	54	34:38:00
82	Steven Pairman	36:38:00	M 60-69	9 / 65	76	36:46:00

High Elms 10k 8 June

The following day another group of runners ran the challenging High Elms 10k, with **Ollie Knowles** 2nd in 36.34 and **Kevin Fini** 3rd just 4 seconds behind in 36.38!

Eagle eyed members will spot **Steve Hough** did both races!



High Elms: 10K							
Overall Place	Bib	Name	Chip Time	Division	Gender Place	TeamSorting Team	Gun Time
2	219	Oliver Knowles	36:30:00	Open	2	Blackheath & Bromley Harriers AC	36:34:00
3	139	Kevin Fini	36:34:00	Open	3	Blackheath & Bromley Harriers AC	36:38:00
4	346	Roger Vilardell	37:08:00	M 40-49	4	Blackheath & Bromley Harriers AC	37:10:00
6	129	Micah Evans	37:49:00	M 40-49	6	Blackheath & Bromley Harriers AC	37:51:00
9	7	David Adams	37:58:00	M 1-39	9	Blackheath & Bromley Harriers AC	38:01:00
12	127	Luca Ercolani	38:59:00	M 50-59	12	Blackheath & Bromley Harriers AC	39:02:00
25	192	Steven Hough	41:32:00	M 50-59	25	Blackheath & Bromley Harriers AC	41:36:00
32	90	Carole Coulon	42:49:00	Open	1	Blackheath & Bromley Harriers AC	42:54:00
34	224	Paolo Lancini	43:35:00	M 1-39	33	Blackheath & Bromley Harriers AC	43:41:00
35	352	James Webber	43:49:00	M 50-59	34	Blackheath & Bromley Harriers AC	43:55:00
63	282	Colin Pearson	47:57:00	M 50-59	56	Blackheath & Bromley Harriers AC	48:04:00
128	24	Luigi Arcuri	54:40:00	M 60-69	106	Blackheath & Bromley Harriers AC	54:52:00
150	6	Austin Adams	56:12:00	M 60-69	124	Blackheath & Bromley Harriers AC	56:25:00



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Other Result – 18 May

- **Sheila Roed** ran the Hackney half marathon on the 18th of May in a time of 1.45.52 and was 6th in her age group 60-65.

Park Run 31 May

Saturday saw 58 members run at 23 different events.

Furthest from the clubhouse was Cameron Swatton at Lands End, even beating Andy & Zoe Kingsmill who ran at Waterakkers, in the Netherlands!

Podiums for 31st May

Jennie Butler	2 nd F	Bethlem	20.54
Nick Kibblewhite	1 st stated M	Bromley	17.15
Doug Varney	2 nd stated M	Bromley	17.34
Katie Murray	3 rd F	Bromley	19.28
Graeme Lugar	1 st M	Orpington	18.28
Asda Palormes Dominguez	1 st F	S Norwood	21.14
Eloise O'Shaughnessy	1 st F	Tooting	20.53
Naomi Kingston	1 st F	University Parks	18.53

**numbers do include runners who have marked the club on their Park Run profile but mat not have paid subs for 2025*

Runners can be seen here - [parkrun | Consolidated club](#)

Fixtures

This week's fixtures

- SEAA Championships U13/15/17 at Crystal Palace

Parris Handicap Summer Series

Next race is Wednesday 25th June at Norman Park – first runners off at 7pm sharp!

Huge thanks to everyone who's already pre-registered – and if you haven't yet, there's still time! You can also register on the day. The first event was a great success – some cracking times and brilliant feedback all round!

<https://app.joinin.online/#/app/joinin/organisation/shop/product/5376/b750d9e4-cc01-4451-aced-e74e665e9cc2>



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Other News

Jack Petchy Awards

Congratulations to two award winners!

Harriet Hughes started as one of the Under 13's last year doing 800m or 1200m and is now first year Under 15.

She is always willing to give any event a go even if she hasn't tried it before wherever asked to do something she always says yes gaining valuable points for the team and always does it with a smile on her face.

The events she has tried including middle distance are hurdles, Long Jump, Shot, Javelin and she is training for Pole Vault this season.

Harriet is a great asset to the team not only doing lots of different events, but she is always very encouraging to other members of the team.

Lewis Crick

We would like to recognise Lewis Crick for his positive attitude and gritty determination. Lewis joined Jay's training group from the Academy and is now a well-loved member of the middle distance training group. Whilst focused and training hard during our sessions, he also manages to smile and enjoy his time with the wider training group. Lewis is always welcoming to any new faces and is polite and respectful towards those around him.

Lewis started competing in 2024 and is currently a first year U15. He has shown great promise at cross country events and is doing well in 800, on the track in the summer. In 2025 he has already knocked 5 seconds off his PB from last year and the season is only getting underway.

We wish Lewis every success for the remainder of the season.

Brydon Duncan

BREAKING THE CIRCLE — OFFICIAL TRAILER documentary

You may have seen on the clubs social media channels posts on Brydon's documentary "Breaking The Circle" – the full film dives into his life: from the highest highs to the darkest moments. It's about mental health, and what he (we) believe we need to do to make a change. The trailer features many Blackheath coaches such as Roy, Ian F and Alex Pope. I think many members are aware of his story and will be going to the premiere on 21 July. Please let Brydon know if you would like to attend.

As a reminder to members, the club has Claire and Anita as welfare support for the club.



Obituary

Gordon Brooks died on 16th May 2025 following a fall at home. Gordon was made a Vice President in 1986 and first joined the club in 1946. His father George was Club President in 1972 and his son Nick was Club President in 2017, and his grandson Peter is a 4th generation of Brooks as he too is a club member running middle and long distance. Gordon was Chairman of the Club Committee from 1993 to 1996 and was a willing volunteer at Norman Park.

The funeral will take place on Friday 27th June at 1345 at the Bluebell Cemetery in Halstead/Knockholt, TN14 7AE, and afterwards at the Beccehamian Rugby Club at Sparrows Den in West Wickham, BR4 9BB.

All are welcome please wear bright colours. If you would like to join the post funeral celebrations of his life, please let Nick know at nick_brooks@usa.net.

Donations in Gordon's memory in favour of Matt Hampson Foundation. You can donate online here <https://matthampsonfoundation.org/donate/>, or post cheques to The Matt Hampson Foundation, Get Busy Living Centre, Burrough-on-the-Hill, Melton Mowbray, Leicestershire LE14 2JR.

Open Day -June 16th

The next Open Day is now open for entries.

Volunteering / Academy event (Alice Platt)

Further Opportunities to Volunteer

We have the Open Meet 5.30-9pm on Monday 16th June, Academy Comp 12.30-3pm on Saturday 21st June and The Lower Age Group YDL on the 29th July.

And Finally from 1899

In the very early days of the club, the usual time for a run from the club HQ in Peckham was 7am. Any takers to reintroduce that this year?

Thought not!!

Social News

Next Bingo event is on 27th June !

Steve Pairman,
President BBHAC

Blackheath & Bromley Harriers Athletics Club
At Norman Park Community Sports Centre, Hayes Lane, SE2 9EG

JUNE 16th 2025

100m	POLE VAULT
200m	HIGH JUMP
300m	SHOT
400m	1500m
800m	

Entry via ENTRY4SPORTS.CO.UK
Entries close 14th June

BBHAC BINGO
7pm LAST FRIDAY OF THE MONTH

ALL WELCOME

HOSTED BY THE **Trackside Café**
Bar & Kitchen open for Refreshments 6.30pm

FRIDAY 27th JUNE
To reserve a table please email bbharriersac.volunteers@gmail.com

£2 per board with Cash prizes all proceeds to go directly to Blackheath & Bromley 7pm at Norman Park Community Sports Centre



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SEAA Results

Aathinarth Gananathan (Blackheath & Bromley Harriers AC)					
16 (5)	300m - U15B	Men	U15	Heats	41.27
27 (8)	800m - U15B	Men	U15	Heats	2:19.34
12	Shot Put - U15B	Men	U15	Final	10.05
7	Discus Throw - U15B	Men	U15	Final	39.04
8	Javelin Throw - U15B	Men	U15	Final	36.62
Alexander D'Cruz (Blackheath & Bromley Harriers AC)					
5 (2)	400mH - U17M	Men	U17	Heats	59.40 q
5	400mH - U17M	Men	U17	Final	57.58
Alexander Robert Smith (Blackheath & Bromley Harriers AC)					
12 (4)	80mH - U15B	Men	U15	Heats	13.70
Alice Bunn (Blackheath & Bromley Harriers AC)					
40 (6)	800m - U13G	Women	U13	Heats	2:52.79
Alice Witherspoon (Blackheath & Bromley Harriers AC)					
16 (3)	200m - U17W	Women	U17	Heats	27.02 Q
19 (6)	200m - U17W	Women	U17	Semi-Finals	27.30
Annabelle Waite (Blackheath & Bromley Harriers AC)					
17	Triple Jump - U17W	Women	U17	Final	9.84
Aoife Stanley (Blackheath & Bromley Harriers AC)					
26 (7)	800m - U15G	Women	U15	Heats	2:36.22
Arianne Paranjpe (Blackheath & Bromley Harriers AC)					
29 (5)	800m - U13G	Women	U13	Heats	2:45.67
Ben O'Grady (Blackheath & Bromley Harriers AC)					
15 (1)	800m - U17M	Men	U17	Heats	2:05.04 Q
4 (3)	800m - U17M	Men	U17	Semi-Finals	1:59.48 q
8	800m - U17M	Men	U17	Final	2:06.50
Benjamin Evans (Blackheath & Bromley Harriers AC)					
51 (18)	1500m - U15B	Men	U15	Heats	4:57.93
Beth Regan (Blackheath & Bromley Harriers AC)					
6 (2)	300mH - U17W	Women	U17	Heats	47.01
Calum Bryan (Blackheath & Bromley Harriers AC)					
14 (2)	100m - U13B	Men	U13	Heats	13.35w
9 (2)	200m - U13B	Men	U13	Heats	27.58 Q
8	200m - U13B	Men	U13	Final	27.92
Charlie Platt (Blackheath & Bromley Harriers AC)					
2	Pole Vault - U17M	Men	U17	Final	4.10
Chloe Morez (Blackheath & Bromley Harriers AC)					
30 (7)	800m - U15G	Women	U15	Heats	2:39.17
Dexter Mein (Blackheath & Bromley Harriers AC)					
30 (8)	800m - U15B 800m	Men	U15	Heats	2:21.34
Dulcie Simpson (Blackheath & Bromley Harriers AC)					
9	Discus Throw - U15G	Women	U15	Final	20.66
8	Hammer Throw - U15G	Women	U15	Final	27.20
Ella Brooker (Blackheath & Bromley Harriers AC)					
2	Pole Vault - U15G	Women	U15	Final	3.10
Elsa Matthews (Blackheath & Bromley Harriers AC)					
20 (4)	800m - U13G	Women	U13	Heats	2:36.15
Elsa Pawson (Blackheath & Bromley Harriers AC)					
2	Pole Vault - U17W	Women	U17	Final	3.50
Emery Aldridge (Blackheath & Bromley Harriers AC)					
10 (1)	800m - U13B	Men	U13	Heats	2:23.00 q
2	800m - U13B	Men	U13	Final	2:12.75
Emilia Adese (Blackheath & Bromley Harriers AC)					
1	Shot Put - U17W	Women	U17	Final	15.70
Eva John (Blackheath & Bromley Harriers AC)					
15 (1)	300m - U15G	Women	U15	Heats	44.19 Q
10 (5)	300m - U15G	Women	U15	Semi-Finals	44.05
Faye Amy Yeomans (Blackheath & Bromley Harriers AC)					
12 (4)	100m - U13G	Women	U13	Heats	14.11 q
13 (8)	100m - U13G	Women	U13	Semi-Finals	14.16
11 (3)	70mH - U13G	Women	U13	Heats	12.66
Florence Holman (Blackheath & Bromley Harriers AC)					
1	Javelin Throw - U17W	Women	U17	Final	39.57
Florence Watson (Blackheath & Bromley Harriers AC)					
1	3000m Race Walk - U17W	Women	U17	Final	18:26.06



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Freddie Mooney	(Blackheath & Bromley Harriers AC)				
6 (3)	75mH - U13B	Men	U13	Heats	13.68 Q
5	75mH - U13B	Men	U13	Final	13.19
6	High Jump - U13B	Men	U13	Final	1.40
Freya Pearson	(Blackheath & Bromley Harriers AC)				
13 (4)	300m - U15G	Women	U15	Heats	43.43
18 (4)	800m - U15G	Women	U15	Heats	2:28.64
Harriet Hughes	(Blackheath & Bromley Harriers AC)				
12 (7)	1500m - U15G	Women	U15	Heats	5:00.39 q
9	1500m - U15G	Women	U15	Final	5:02.20
Holly Louise Tallack	(Blackheath & Bromley Harriers AC)				
17 (2)	800m - U13G	Women	U13	Heats	2:36.09
India Leigh Ellington	(Blackheath & Bromley Harriers AC)				
11 (2)	100m - U15G	Women	U15	Heats	13.13 Q
9 (4)	100m - U15G	Women	U15	Semi-Finals	13.09
Isabella Jenkins	(Blackheath & Bromley Harriers AC)				
30 (16)	1500m - U15G	Women	U15	Heats	5:25.03
Isla Wilson	(Blackheath & Bromley Harriers AC)				
12	Discus Throw - U15G	Women	U15	Final	17.76
7	Hammer Throw - U15G	Women	U15	Final	30.55
Jack Barlow	(Blackheath & Bromley Harriers AC)				
14 (3)	800m - U15B	Men	U15	Heats	2:14.08
Jackie Nzekwe	(Blackheath & Bromley Harriers AC)				
3	Hammer Throw - U17W	Women	U17	Final	47.45
James Bunn	(Blackheath & Bromley Harriers AC)				
23 (8)	1500m - U15B	Men	U15	Heats	4:34.70
Jamie Ellerton	(Blackheath & Bromley Harriers AC)				
12 (6)	100mH - U17M	Men	U17	Heats	14.41
Jasmine Stephens	(Blackheath & Bromley Harriers AC)				
9	High Jump - U13G	Women	U13	Final	1.25
Jericho Raphael Asfaw Senior	(Blackheath & Bromley Harriers AC)				
3 (2)	100m - U15B	Men	U15	Heats	11.73 Q
2 (2)	100m - U15B	Men	U15	Semi-Finals	11.61 Q
2	100m - U15B	Men	U15	Final	11.73
2 (1)	300m - U15B	Men	U15	Heats	37.54 Q
3 (1)	300m - U15B	Men	U15	Semi-Finals	37.37 Q
1	300m - U15B	Men	U15	Final	36.46
Johnny William Lee	(Blackheath & Bromley Harriers AC)				
9 (4)	800m - U15B	Men	U15	Heats	2:12.99 qR
7	800m - U15B	Men	U15	Final	2:07.01 PB
Jonathan Adegbola	(Blackheath & Bromley Harriers AC)				
5	Pole Vault - U17M	Men	U17	Final	3.50
Jonathan Ellerton	(Blackheath & Bromley Harriers AC)				
1	5000m Race Walk - U20M	Men	U20	Final	25:56.75
Joseph Hill	(Blackheath & Bromley Harriers AC)				
1 (1)	1500m - U17M	Men	U17	Heats	4:09.18 Q
2	1500m - U17M	Men	U17	Final	3:59.81
Joseph Scanes	(Blackheath & Bromley Harriers AC)				
2 (1)	800m - U17M	Men	U17	Heats	2:00.22 Q
1 (1)	800m - U17M	Men	U17	Semi-Finals	1:58.79 Q
1	800m - U17M	Men	U17	Final	1:55.21
Josiah Nile Winston Jones	(Blackheath & Bromley Harriers AC)				
9	Long Jump - U17M	Men	U17	Final	5.28
Kara Bryan	(Blackheath & Bromley Harriers AC)				
4 (1)	300m - U15G	Women	U15	Heats	41.85 Q
4 (2)	300m - U15G	Women	U15	Semi-Finals	41.47 Q
4	300m - U15G	Women	U15	Final	41.20
Kian Farrell	(Blackheath & Bromley Harriers AC)				
18 (3)	800m - U17M	Men	U17	Heats	2:05.29 Q
13 (3)	800m - U17M	Men	U17	Semi-Finals	2:02.18
Lauren Griffin	(Blackheath & Bromley Harriers AC)				
43 (6)	100m - U15G	Women	U15	Heats	14.01
30 (3)	200m - U15G	Women	U15	Heats	28.56w
Lewis Crick	(Blackheath & Bromley Harriers AC)				
36 (8)	800m - U15B	Men	U15	Heats	2:43.49
Luca Hunstone	(Blackheath & Bromley Harriers AC)				
21 (4)	300m - U15B	Men	U15	Heats	44.84
13 (4)	80mH - U15B	Men	U15	Heats	14.91
18	Long Jump - U15B	Men	U15	Final	4.18



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Luna Rose Corry (Blackheath & Bromley Harriers AC)					
8	Pole Vault - U17W	Women	U17	Final	2.70
Madalitso Valema-Mwanza (Blackheath & Bromley Harriers AC)					
34 (5)	800m - U17M	Men	U17	Heats	2:09.76 qR
23 (9)	800m - U17M	Men	U17	Semi-Finals	2:12.25
Matilda Murray (Blackheath & Bromley Harriers AC)					
6 (1)	100m - U15G	Women	U15	Heats	12.93 Q
6 (3)	100m - U15G	Women	U15	Semi-Finals	12.96 q
7	100m - U15G	Women	U15	Final	12.80
2 (1)	75mH - U15G	Women	U15	Heats	11.76 Q
4 (3)	75mH - U15G	Women	U15	Semi-Finals	11.53 q
3	75mH - U15G	Women	U15	Final	11.26
Maya Conell (Blackheath & Bromley Harriers AC)					
37 (6)	100m - U15G	Women	U15	Heats	13.86
21 (3)	200m - U15G	Women	U15	Heats	27.73
Melody Lindsey (Blackheath & Bromley Harriers AC)					
28 (6)	800m - U15G	Women	U15	Heats	2:37.82
Nicholas Marquez (Blackheath & Bromley Harriers AC)					
13 (2)	100m - U17M	Men	U17	Heats	11.45
Nicodemus Remiel Astar Senior (Blackheath & Bromley Harriers AC)					
32 (5)	100m - U15B	Men	U15	Heats	12.80
20 (4)	200m - U15B	Men	U15	Heats	25.73
Oliver Jame Beecroft (Blackheath & Bromley Harriers AC)					
13	Shot Put - U15B	Men	U15	Final	10.04
10	Discus Throw - U15B	Men	U15	Final	27.17
Omari Anderson (Blackheath & Bromley Harriers AC)					
3	High Jump - U17M	Men	U17	Final	1.80
Oscar Eric Sadowski (Blackheath & Bromley Harriers AC)					
20 (4)	100m - U17M	Men	U17	Heats	11.76
24 (7)	200m - U17M	Men	U17	Heats	24.82
Oscar Li Tienzo (Blackheath & Bromley Harriers AC)					
8 (2)	100m - U13B	Men	U13	Heats	12.96 q
7 (4)	100m - U13B	Men	U13	Semi-Finals	13.00
Ricardo Cervera-Tomlins (Blackheath & Bromley Harriers AC)					
32 (11)	1500m - U15B	Men	U15	Heats	4:42.25
Riley Austin-Till (Blackheath & Bromley Harriers AC)					
12 (5)	100m - U17M	Men	U17	Heats	11.44w
Rohan Thomas (Blackheath & Bromley Harriers AC)					
6 (2)	100m - U13B	Men	U13	Heats	12.90 q
9 (5)	100m - U13B	Men	U13	Semi-Finals	13.04
6 (3)	200m - U13B	Men	U13	Heats	26.75 q
6	200m - U13B	Men	U13	Final	27.51
Rory Witcombe (Blackheath & Bromley Harriers AC)					
1	Hammer Throw - U17M	Men	U17	Final	48.01
Siddharth Sinha (Blackheath & Bromley Harriers AC)					
2	Triple Jump - U15B	Men	U15	Final	12.15
Sophie Tran (Blackheath & Bromley Harriers AC)					
18 (2)	100m - U17W	Women	U17	Heats	12.60w
13 (4)	200m - U17W	Women	U17	Heats	26.68 Q
11 (5)	200m - U17W	Women	U17	Semi-Finals	26.32
Stella Garvey (Blackheath & Bromley Harriers AC)					
35 (7)	800m - U15G	Women	U15	Heats	2:44.83
Sylvester Amo-Konadu Jr (Blackheath & Bromley Harriers AC)					
27 (5)	100m - U15B	Men	U15	Heats	12.62
10	Long Jump - U15B	Men	U15	Final	4.79
Tiago Maia-Gibbon (Blackheath & Bromley Harriers AC)					
22 (7)	1500m - U15B	Men	U15	Heats	4:33.68
Troy Ogedengbe (Blackheath & Bromley Harriers AC)					
8 (1)	200m - U17M	Men	U17	Heats	23.44 Q
8 (3)	200m - U17M	Men	U17	Semi-Finals	23.12 Q
4	200m - U17M	Men	U17	Final	22.80
Weston William Andrews (Blackheath & Bromley Harriers AC)					
31 (5)	100m - U15B	Men	U15	Heats	12.78
13	Long Jump - U15B	Men	U15	Final	4.67
Zachary Evans (Blackheath & Bromley Harriers AC)					
13 (2)	800m - U13B	Men	U13	Heats	2:26.34
Zamaia Annicia Dixon (Blackheath & Bromley Harriers AC)					
28 (5)	100m - U15G	Women	U15	Heats	13.58