

McCain UK Young Athletes League STANDARD TIMETABLE 2009

T1	11:45	300m Hurdles	u17	W
T2		400m Hurdles	u17	M
T3	12:00	150m	u13	G
T4		200m	u13	B
T5		200m	u15	G
T6		200m	u15	B
T7		200m	u17	W
T8		200m	u17	M
T9	12:40	800m	u13	G
T10		800m	u13	B
T11		800m	u15	G
T12		800m	u15	B
T13		800m	u17	W
T14		800m	u17	M
T15	13:20	70 Hurdles	u13	G
T16	13:30	3000m	u17	M
T17	13:45	75 Hurdles	u13	B
T18		75 Hurdles	u15	G
T19	14:00	3000m	u17	W
T20	14:15	80 Hurdles	u17	W
T21		80 Hurdles	u15	B
T22	14:30	1200m	u13	G
T23	14:40	100m Hurdles	u17	M
T24	14:45	400m	u15	B
T25		400m	u17	M
T26		300m	u17	W
T27		75m	u13	G
T28	15:00	100m	u13	B
T29		100m	u15	G
T30		100m	u15	B
T31		100m	u17	W
T32		100m	u17	M
T33		15:35	1500m	u13
T34	1500m		u15	G
T35	1500m		u15	B
T36	1500m		u17	W
T37	1500m		u17	M
T38	16:10		4 x 100m	u13
T39		4 x 100m	u13	B
T40		4 x 100m	u15	G
T41		4 x 100m	u15	B
T42		4 x 100m	u17	W
T43		4 x 100m	u17	M
T44	16:40	1500m S/chase	u17	M
There is now a CLUB ATHLETE OF THE MATCH. A presentation ceremony is dependant upon the wishes of team managers and time.				
T45	16:55	4 x 300m	u17	W
T46		4 x 400m	u15	B
T47		4 x 400m	u17	M

F1	11:30	Hammer [4k]	u15	B
F2		Hammer [5k]	u17	M
F3		Hammer [5k]	u17	W
F4	11:45	Long Jump	u15	G
F5		Long Jump	u17	W
F6		High Jump [1.05]	u13	B
F7		High Jump [1.05]	u13	G
F8	12:45	Discus [1.25k]	u15	B
F9		Discus [1.5k]	u17	M
F10	13:00	Pole Vault - run together - opening height 2m for U17M - opening height all others 1m70	u15	G
F11			u17	W
F12			u15	B
F13			u17	M
F14		Shot Putt [3.25k]	u13	G
F15		Shot Putt [2.72k]	u13	B
F16		Long Jump	u15	B
F17	Long Jump	u17	M	
F18	13:30	High Jump [1.15]	u15	G
F19		High Jump [1.25]	u17	W
F20	13:45	Discus [1.0k]	u17	G
F21		Discus [1.0k]	u15	W
F22	14:15	Shot Putt [5.0k]	u17	M
F23		Shot Putt [4.0k]	u15	B
F24		Long Jump	u13	G
F25		Long Jump	u13	B
F26	14:45	Javelin [600g]	u17	W
F27		Javelin [600g]	u15	G
F28	15:00	High Jump [1.25]	u15	B
F29		High Jump [1.35]	u17	M
F30	15:30	Shot Putt [3.25k]	u15	G
F31		Shot Putt [4.0k]	u17	W
F32	15:45	Javelin [700g]	u17	M
F33		Javelin [600g]	u15	B
F34		Triple Jump	u17	M
F35		Triple Jump	u17	W

**CLUB FIELD DUTIES,
COMPETITION ORDER AND
LANE DRAW INFORMATION IS
PRINTED FOR 4,5,6,7 AND 8
CLUB MATCHES IN THE
LEAGUE PROGRAMME OF
EVENTS**