

BLACKHEATH HARRIERS' GAZETTE



SYDNEY WOODERSON · TRACK & FIELD · RELAYS · ROAD RACING

BLACKHEATH HARRIERS' GAZETTE
No. 618 Vol. 92 April '89 - September '89

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Many thanks. Ed.

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SYDNEY WOODERSON

In this issue of the Gazette is an article about the most celebrated 'Heathen' of them all.

Now we have the chance of further celebration — the occasion of Sydney's 75th birthday and of a book about him by Times journalist, David Thurlow published last September by the British Sports Association for the Disabled.

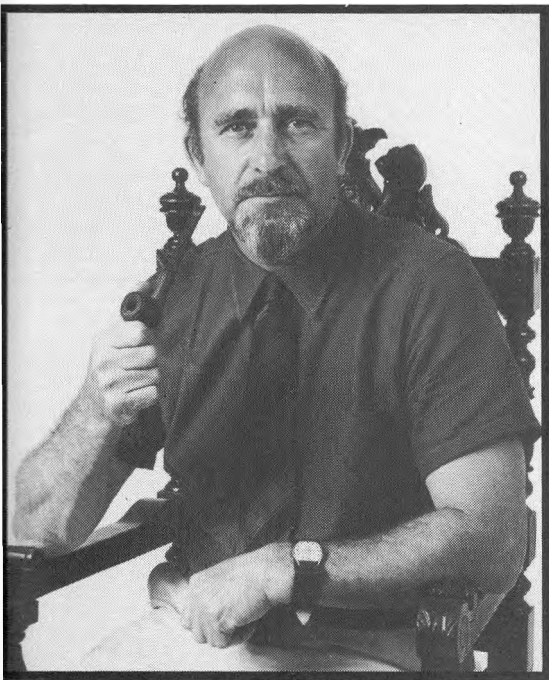
In addition, it is no doubt time for us to include some kind of summary of his distinguished career in the pages of the Gazette and Club Record for future reference.

Here, however, it is appropriate to offer him congratulations and to wish him continued enjoyment of a life which is nowadays a different affair from the pace of those running years of forty and fifty years ago.

No less busy, though. Having begun his retirement in Cornwall and living now in Dorset, he is more than occupied, as those who know him will readily believe, with activities ranging from walking to theatre-going and reading. With his wife Pamela, he keeps a fine, sizeable garden going which they have built up together.

All Blackheath members will join in wishing them well.

The 'eagle eyed' amongst you should by now have spotted last issue's deliberate mistake. The athlete depicted on page 15 captioned 'Thor Fox' was in fact Martin Lobb — apologies to Martin — or should it be to Thor?



President 1989-90 D. R. Gillate.

THE PRESIDENT'S MESSAGE

1988/89 is likely to be a hard act to follow, not only because of the dignified and conscientious excellence of my predecessor, Ken Johnson's Presidency but of the wonderful year for British athletics in general and for Blackheath in particular. By the time this Gazette is published we may have some idea how well 1989/90 is likely to live up to it.

It happens that my own year has coincided with my fiftieth of membership and, whilst there is nothing outstandingly clever or virtuous in clinging for fifty years to an institution for which you have real affection, there is appreciable privilege in the backcloth it provides against which to set any assessment of the Club's present prosperity and progress.

In the long view, therefore, it is undeniable that "Fings ain't what they used ter be" in 1939 but it would be a considerable surprise if they were. Neither "was they" in 1939, in fact, what they "used ter be" in 1989...but being "different" need not imply being "inferior". We have to recognize that whilst fashions in dress and social behaviour themselves change continually the patterns of our running calendars have changed almost out of recognition, with the elevation of athletics to that of a spectator sport headed by the annual emotional phenomenon of the London Marathon. What we make of ourselves within these changed athletic and social patterns of our time is what counts.

In which respect I think most of the older members would agree with my generally optimistic view of the Club in 1989/90. During the past twenty-odd years these loyal helpers and well-wishers have had some uncomfortable moments, forced at times to sit tense and helpless on the front edge of their seats watching respect for Club customs and traditions decline whilst indifference to the wearing of our colours on or off the field increased. The age of "Do-your-own-thing" was reflected as much in the Club as it was in society at large and, as elsewhere, began to take itself altogether too seriously.

Happily, that fashion appears to have passed. The charms of the Kiss-me-Quick teeshirt in the Clubroom seem at last to have begun to fade, giving way to wider even if not yet

universal use of the neat sweater, with or without the Club tie and the shirt to carry it. The appearance of teams in the field, mercifully once again 'heathen rather than harlequin, moves today's spectator between delight and choking pride. Anyone who watches our immaculate, elegant and gloriously successful younger athletes competing will know exactly what I mean by that.

Traditions are usually most mocked by those in no position to create their own but, being almost unique among similar clubs in having our own freehold home, they need never be mocked by us. Their current rewards lie at one extreme in the wonderful performance of our younger teams, at the other in that of the Geriatrics in Hyde Park in September and of athletes of all seasons, fields and levels between those two. Such all-age versatility is impossible without tradition, continuity, cohesion, Club Spirit — call it what you will, we have it and should never either neglect or underrate it. For it surely cannot be mere chance that the elevation of our athletic fortunes should coincide with this return of a perceptible new self-esteem.

"What?...this tie? It's Blackheath Harriers...You haven't? Well, it's generally acknowledged to be the oldest club which...."

BLACKHEATH — DAY BY DAY

■OLYMPIC officials have launched an appeal to trace every surviving British Olympic competitor since 1896, so that they can be presented with a commemorative pin at a Royal ceremony next summer. Research has indicated that 5,952 people have represented Great Britain in the Olympic Games since 1896. Olympians are encouraged to contact Caroline Searle at the British Olympic Association on 01-871 2677.

So get your suit pressed Jack.

SCOUSEGITSGONE

■PATTERSON and WHITE, possibly the most famous duo spawned by Liverpool since Lennon and McCartney or more recently Rush and Aldridge, have returned to Scouseland having completed their foreign language studies (English) in the capital. During the years Graham and Gary spent at Blackheath, they performed admirably for the club both over the country and on the track and any members who had the good fortune to compete against them will know what terrific competitors they both were. We shall miss their sardonic wit and xenophobic soccer ribaldry as much as we'll miss their whimsical attempts to immitate the English language and their passion for beating 'southern ponces'. Graham has been granted a transfer by the Fire Brigade to Ellesmere Port and Gary is a Sports Development Officer in Liverpool — or something similar. Both will be competing for their local clubs and will no doubt be crossing paths with Heathens once more come the National. We wish them the very best of luck with their respective obsessions — Liverpool and Tranmere Rovers. Tarra La!

TRY-ATHLETE

■NICK KINSEY master of Land, Sea and Cycle is attempting his most challenging test to date — having come to terms with the awesome first stage of — TRAINING for the Triathlon by cycling, running and swimming hundreds of miles per week he then turned his attention to the second stage — TAKING PART in the triathlon — which he has done with great distinction. All that remains is for him to complete the third stage and get WRITING about some of his exploits. We await with bated breath the article promised for the last issue postponed through this issue but guaranteed to appear next issue. Well definitely may be appearing if only...etc. etc.

TELEGRAPHY

■FASCINATING to see the reprint of historic pages that come with the Telegraph back in November. In the issue that chronicled the Atomic Bombing of Hiroshima on August 7th, 1945 came this report on a race highlighted in the centre of this Gazette. I make no apologies for reprinting it in full as it makes irresistible reading.

Andersson Wins Great Mile

By Bevil Rudd

A crowd of just over 52,000 packed the White City yesterday to see the two Swedes, Arne Andersson and Gundar Haegg, fully justify their formidable reputations.

Andersson beat Sydney Wooderson in the mile in 4min 8.8secs in one of the grandest races I have seen. It was the most honourable of the few defeats our champion has suffered.

He matched Andersson all the way with terrier tenacity and sublime courage and confidence but he had not quite the youth and physique to counter the Swede's ferocious burst over the last 100 yards.

J. W. Alford took the lead for the first 200 yards. He was then passed by H. W. Pascoe. Andersson and Wooderson. Andersson was in the lead after the first quarter (in 60.6secs) with Wooderson hard at his heels.

Two-Men Race

These two gradually drew away from the rest of the field, their relative positions unchanged. The time for the half-mile was 2 min 3.2 secs. So they sped on and entering the straight just before the bell came the first thrill.

Wooderson tore past the Swede and had a three-yard lead at three-quarter mile (3 min 8 secs). His form was faultless and his energy dynamic.

But so was his great opponent's and down the back stretch he seemed to be gathering himself up like a watch spring ready to unleash his remaining energies; and sure enough 20 yards from the final straight he went all out, passing Wooderson in a few strides and flinging rhythm to the winds.

He flung his head from side to side and his arms worked like pistons. His vigour was terrific. Wooderson summoned every ounce of strength to close the barely three-yard gap but all he could do was to prevent it widening and they sped over the line in 4 min 8.8 secs. Wooderson's time was 4 min 9.2 secs.

After the race Andersson said that he thought Wooderson would do 4 min 1 sec on a Swedish track. He speaks English well and he and Wooderson were soon walking about the arena in happy and lively conversation.

And in the issue that announced the death of Sir Winston Churchill 25 years ago on January 25th 1965, came this little gem; a certain B. O'GORMAN finished second to J. Hogan in the Poly Harriers' 9 mile championship in Richmond Park — on the same day that Mel Batty was beating Ron Hill to win an international cross country match in Spain.

■AT THE RECENT A.G.M. Winter captain Graham Botley announced a number of merit awards to members whose athletic prowess has been outstanding.

They included: Ponsford Trophy (Club Field Events); Steve Oxlade, Hornall Trophy (Junior Field Events); Andrew Elgy, Browning Trophy (Young Athlete, performance and attitude); Kevin Hart, Jack Sims Salver (Cross Country performances); Tim Nash, Lindsay Salver (Track and Field performances); Spencer Newport.

Honours badges went to three seniors: David Heath (1,500m for GB at World Student Games), Nigel Keogh (400m Hurdles for Ireland v Scotland), and Spencer Newport (5th in AAA Steeplechase).

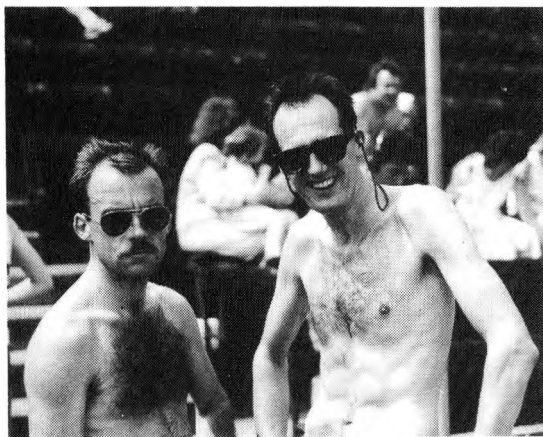
Five Juniors were similarly honoured: Simon Cole (2nd, Southern Counties Youths 800m), Lawrence Rogers (3rd, Southern Counties Youths 400m Hurdles), Gustav Singer (5th, AAA Youths 100m Hurdles), Danny Whitcombe (5th, AAA Youths 1,500m Steeplechase) and Liam Bolson (1st, Kent Youths XC Championships).

■B.H.H. Q. LTD.

WORK ON REPLACING the cottage roof, severely damaged in the 1987 storm, has now been completed. Members visiting Hayes will have noticed that the opportunity was taken to remove the redundant chimney stacks and thereby it is hoped reduce roof maintenance in the future to a minimum.

Having completed a major external maintenance programme to the Clubhouse, consideration will now be given to other areas requiring refurbishment. However, those members attending the AGM will have appreciated that the Company reserves have been exhausted in completing the tasks during the past year and it will be necessary to build-up fresh finances before embarking on any major works.

The Development sub-committee set up to consider how the cottage might be adapted to best meet the future requirements of the Club has held its first meeting. They have taken an initial look at a number of ideas and further meetings will explore the various proposals in greater detail. Any suggestions from members would always be welcomed by the Convenor P.P. Colin Brand.



Physicians Heal Themselves! Drs. Watling and Hassall by P. Calnan.

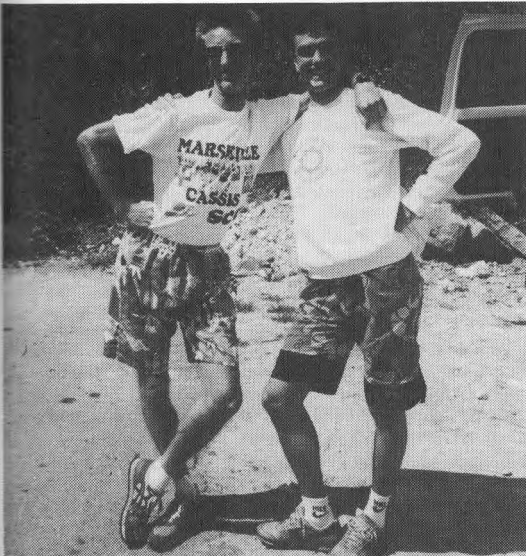
■ALL BLACK-HEATHEN

P.P. PETER BAIGENT was surprised to receive a phone call in September from Ian Macley, in the U.K. on a business/vacation trip. Ian a member of the editorial staff during the 60's has been living in New Zealand for many years now. Brian Shurmer, who was at school with Ian, was also able to attend the meeting arranged for a few days later, no doubt much reminiscing. Ian hopes to meet some of the Heathens attending the Commonwealth Games in Auckland. We understand Graham Botley, another school friend of Ian's, already has this in mind. However, we believe Ian is planning to extend his house around this time and will be looking for labour, so be warned!

■SYNCHRONICITY

THE EDITORIAL STAFF would like finally and unequivocally to quash the rumour that the last two paragraphs of the President's Message addressing the delicate issue of sartorial ineligance had anything to do with the following three purely coincidental happenings.

1. Ken Pike leaving Blackheath for Kent A.C.
 2. Les Roberts handing over editorship of this Gazette (see photo).
 3. The present editor's recent haircut.
- Honest!



Les Roberts, vet extraordinaire, with a suitable case for blackmail.

Photo by J. Phelan

LES ROBERTS

As Les has recently handed over editorship of the Gazette to Jim Phelan I felt it appropriate to acknowledge the contribution Les has given to the club magazine.

We have seen the magazine be blended into a professional combination of articles mixed with many photographs of all standards of athlete throughout the club. Advertising is now encouraged at very reasonable cost and members have been encouraged/cajoled into writing personal reports on events they have participated in. Les has also over the years written profiles on various members of the club whom we all know to talk to but perhaps know little about their backgrounds. At all times the strongest criteria have been accuracy and a strong desire to uphold the best traditions of Blackheath Harriers.

The Gazette has always been sewn together with Les's own sense of humour which often is at its best when looking for a caption to a silly photograph eg. The picture of John Baldwin doing "The Wooderson". If you don't remember it look it up. Possibly the article which had most people talking and laughing was the "Heath Speak" where new definitions were given to well known names in the club — do you remember what a Botley is? If not find out.

The Gazette came second in a national competition arranged by Running magazine, funnily enough it was the edition which included Heath Speak. It is highly likely that later editions could have won the competition but one of our greatest problems has been keeping the magazine up to date, partly due to our desire to include all track and country results each season.

During his reign as Editor Les has won gold medals at the European and World Vets Track Championships and the list of top class performances on the road is endless. Indeed Les has been a stalwart in most successful club teams and this involvement has encouraged people around him to contribute to his magazine. All this augurs well for Jim Phelan's future running career.

One of the reasons Les has retired as Editor is to allow him more time to write for the Gazette and we can therefore look forward to reading more material from him in future editions.

NJD

Mr. President and Gentlemen,
I have the honour and pleasure to present the 120th Annual Report of Blackheath Harriers for the year ending 31st August 1989.

I am delighted to be able, once again, to report upon a year of success. The Club continued to bring credit to itself, not only in the sporting arena, but in the wider context of our sport.

Our membership figure has continued to remain around 1000, with elections of 139 new members being offset by resignations and deletions of 137. During the year we lost five members due to death and we were advised of the death of D. P. Crump which had occurred some 10 years previously. Our unfortunate losses were three elder life members; C. J. R. Woods who had been Track Captain in 1930, 1931 and 1938 and Treasurer in 1936 and 1937, C. C. Noaks and R. E. Clisby. The two younger members were D. Bryant who collapsed and died whilst on a training run and P. Churcher who died following an unprovoked assault.

The gales of October 1987 continued to affect our courses and our relay at the start of the 1988/89 season was a victim. Spring Park Wood was still unavailable and John Hills and his team moved to Crystal Palace Park where they staged the event, as well organised as ever.

Our domestic Championships over the country saw Michael Trinca win the 5 with Dale Smith taking the Junior title. The Veterans' title, settled as a separate race, was retained by Peter Hamilton. The 10 was won by Richard Coles as was the 7½ which was run in conjunction with the mob match against SLH where we recorded our 5th successive win to retain the Nicholls Cup. We again beat Ranelagh for the Pelling-Ratcliffe Cup and also beat Orion. We finished 2nd in the Veterans' mob match.

On the aquatic front we celebrated the centenary of the water polo match against Ranelagh, and beat them, but they got their revenge in beating us for the Frankeiss Cup. We retained the St. John Matthews Cup by default. The Maryon Wilson trophy was won by Richard Johnson.

Returning to dry land our Championship trail began with Spencer Newport winning the South of the Thames Junior title, leading the team to 4th position but in the Senior race we only managed 6th place in the 6-to-score race and 4th in the 12-to-score. In the County Championships held at Margate, Alan Guilder was 3rd with Spencer Newport 4th which assisted us in occupying runners up position in the team race, the same position we occupied in the Youth's Race which was won by Liam Bulson. The Boy's Race was dominated by young 'heathens' with Anthony Draper winning from Mark Steinle, Jonathan Murray and Rob Weatherstone, easily securing the team title with the Colts finishing 3rd in their Championships. Bill O'Donnell was 5th in the Devon Championships. In the Inter Counties, Bill finished 60th whilst in the Boy's Race, Mark Steinle was 6th. In the Kent Vet's Championships, Peter Hamilton was 3rd, the O/40 team 2nd and the O/50 team 4th.

For the first time in 41 years the Club provided the individual winner of the Southern Counties Championships in the form of Jerry Barton. As a team we achieved 4th position and left it to the Boys to get in the medals in finishing 3rd. In the National held 'locally' at Nonsuch Park, with much assistance on the day from members, Jerry Barton led the team home in 17th position with the team 7th. The team took 2nd position in the National C.C. relay at Mansfield. The Kent League was not well supported but the Young Athletes performed well in both the Kent and HHH League. In a cross country season of such achievement it is difficult to record all performances. However, thanks must be recorded to John Hills for his organisation of the relay, Jim Phelan for undertaking the Schools' Race and most importantly the trail layers whom we must never take for granted.

One of the finest achievements this year came in the Southern Counties 12-stage road relay where the team improved its 3rd place of 1988 with a victory, the first in the Club's history. The subsequent performance in the National event, albeit with a weakened team, was a disappointing 12th. Our noteworthy team performances in open road races were achieved more by accident than design. Nevertheless, during the year we won team races in the Forbanks 10, Tonbridge 10 and Chelmsford half marathon, and were placed in the Forbanks, Ranelagh and Sutton half marathons, the Southwark 5, Biggin Hill 10Km and the Kent County Marathon Championship. Gary Arthey now seems to have found his forte on the road and won five individual races. Others who have won or been placed include Jerry Barton, Rob Farish, Les Roberts, Pete Barlow, Bill Foster, Tim Nash, Pat Calnan, Chris Lord, Richard Coles, Roy Smith and Mark Colpus. The Club Marathon Championship was retained by Nick Kinsey followed by Roy Smith and Dave White. Without detracting from this performance I reiterate a comment I made in one of my previous reports in that the standard of our Club marathon running is disappointing when compared with other sections of the Club's athletic activities. Our own race, the Ted Pepper 7, was poorly supported and we must examine ways of increasing support to turn it into a prestige event. Our thanks to Pete Rissen for undertaking the organisation once again. At a slower pace Pete Hannell retained the Johnson Bowl as well as enjoying some success in open events.

We turn now to our track and field successes. As a Club we are well aware that we do not have the superstars, indeed only Graham Savory and Darrin Morris have been selected for the Commonwealth Games, but we do have a team, and one with spirit, and this has again manifested itself throughout this season.

In the UK Championships, placings were achieved by Chris McGeorge (3rd 1500m), Warren Caswell (3rd HJ) and Graham Savory (3rd SP and 1st Discus). Graham also won the SCAA Discus title. At County level titles were gained by Phil Davies (Kent 100 and 200m), Nigel Keogh (Kent 400mH), Andy Hodge (Kent HJ), Graham Savory (Hants SP and Discus), Garry Proctor (Notts 100 and 200m) and Bill Foster (Yorks 5000m). As a team we finished 6th overall in the British League, and successfully ran three teams in the Southern League. We won the Sward and Kinnaird trophies and having convincingly won our GRE Cup semi-final, finished in 6th place in the final at Stoke after a close contest. We staged a Reebok Challenge meeting at Norman Park but due to the short notice provided, did not capitalise on the opportunity presented.



John Powell and Jamie Quarrie with National Y.A. Trophy.

Our Young Athletes again proved the value of team effort and spirit. Their season has been fully described in detail by John Powell in the YA Review. They won the Premier League of the Southern League and whilst strictly speaking outside the period of this report, they realised their goal with the winning of the National League final.

Looking to the future and bridging the gap between the Young Athletes and the Senior teams it is planned to compete in a Junior League next season.

Whilst the athletes may receive the accolades and prizes, the rewards and satisfaction belong to the Captains, Gary Botley, Andy Frankish and John Powell, and our thanks for their unstinting efforts.

The Courier has continued under Bill Clapham to keep us regularly abreast of results and Les Roberts has provided us with further entertainment through the Gazette.

The Social Club continued its support with teas at Norman Park and made a contribution towards the new tables and chairs in the Clubhouse.

The Committee has met on a regular monthly basis and in addition to its normal business has considered the proposals for the formation of a British Athletics Federation and sponsorship among other things.

One significant change since the last AGM is the introduction of a Chairman of the Committee. This year the role has been competently undertaken by Ian Smith and our thanks to him for fulfilling a difficult role.

As many members will be aware, BHHQ have undertaken the re-roofing of the Cottage and the development Sub-Committee under the direction of Colin Brand is now set to meet to discuss the uses to which the Cottage should be put. The Liaison Sub-Committee which was formed with Bromley Ladies has continued to meet.

As our activities continue to develop and expand — this year a third track and field team, next year a team in a junior league — so our need for more officials grows. However small, your contribution will always be appreciated. Fresh blood and new ideas will always be welcomed by the Committee.

In conclusion and on a personal note, increasing business commitments have frustrated me in being able to undertake my secretarial duties to the level which would satisfy me. This has led to my decision to give up office after four years. I have greatly enjoyed what I have been able to do and thank all those who have assisted me during those four years, particularly you Mr. President and your predecessors.

DWD October 1989

CROSS COUNTRY LEFTOVERS FROM 88/89 SEASON

[21] 11th March CLUB '10' CC at Hayes

1. R. Coles 57.49 (Rowland Cup) (H'Cap postn 21); 2. C. Lord 58.50 (4); 3. P. Calnan 59.14 (26); 4. R. Coe 61.07 (7); 5. Roy Smith 61.46 (27); 6. J. A. Cooper 62.45 (11); 7. J. R. Turner 63.46 (19); 8. K. Daniel 64.54 (33); 9. D. White 64.55 (24); 10. S. Ridgewell 65.13 (23); 11. A. Kilgour 66.47 (12); 12. R. Morris 66.54 (22); 13. S. Freemantle 67.10 (25); 14. D. Flagg 67.46 (10); 15. B. Swift 68.06 (14); 16. P. Metcalf 69.35 (29); 17. R. Hilton 69.47 (13); 18. S. Parsons 70.17 (17); 19. M. Reynolds 70.59 (38); 20. J. E. Sullivan 71.06 (18); 21. R. Wood 71.13 (16); 22. M. Martineau 71.26 (5); 23. R. Turney 71.50 (28); 24. M. Peel 72.08 (1); 25. A. Pontifex 73.06 (20); 26. S. Michell 76.07 (31); 27. R. Chambers 76.09 (34); 28. J. Tateson 76.24 (8); 29. A. Grace 77.14 (30); 30. P. Lovell 78.15 (3); 31. B. Dinsley 78.57 (2); 32. Roy Green 79.06 (15); 33. J. Brown 79.35 (40); 34. D. Hopgood 80.14 (9); 35. I. Gold 80.59 (6); 36. J. Mullett 83.40 (39); 37. J. Braughton 85.37 (32); 38. D. Wilcox 94.38 (37); 39. D. Tingey 94.42 (35); 40. J. Bennett 94.47 (36).

[32] 18th March CLOSING 'S' at Hayes

(Run as Yacht H'Cap to Layhams and Back)

Finishing Posn. 1. D. Whitcombe (D. K. Saunders Cup). Running time 36.33; 2. C. Lord 35.40; 3. J. A. Cooper 37.02; 4. M. Cronin 37.27; 5. C. Huntley 38.10; 6. R. Coe 37.13; 7. B. Wilson 40.37; 8. M. Crisp (home for Easter from Luxembourg) 40.41; 9. S. Parsons 41.02; 10. H. Morten 38.30; 11. J. R. Turner 38.44; 12. G. Spencer 39.26; 13. M. Colpus 37.30; 14. P. Metcalf 42.11; 15. A. Kilgour 40.42 (Bennett Cup); 16. R. Hilton 41.32; 17. M. Reynolds 42.21; 18. J. E. Sullivan 42.47; 19. R. Turney 42.31; 20. A. Grace 43.47; 21. J. Braughton 47.20; 22. P. Lovell 47.08; 23. J. Robinson 44.13; 24. J. Mullett 47.56; 25. P. Long 53.54; 26. M. Martineau 45.10; 27. I. Smith 54.36; 28. J. Bennett 56.41; 29. A. Freelove 49.30; 30. D. Wilcox 57.49; 31. J. Cross 54.02; 32. D. Tingey 58.30; 33. D. Dhammaloka 52.10; 34. D. Johnson 61.44.

[17] 8th March BH SCHOOLS CC RACE at Sparrows Den

(Two circuits of field)

1. D. Robertson (Judd) 16.32; 2. M. Skelton (Judd) 16.32; 3. C. Gouvain (Skinners) 16.39; 84 Fin. Teams (Scoring 4) 1 Judd 'A' (Parrish Cup); 2 Skinners 'A'; 3 Skinners 'B'; 4 Judd 'B'; 5 Dulwich 'A' (Gordon-Smith Cup (RAGS)); Other Schools taking part:— Purley, St. Dunstan's, Chislehurst & Sidcup, Trinity and John Fisher.

CHRISTMAS YACHT HANDICAP

Saturday, December 17th, 1988

Saturday, December 17th, 1988 dawned dry and cool as a multitude of harrassed 'heathens' were struggling with their last minute Christmas shopping. The lucky ones excused themselves from the maddening crowds for the 3 p.m. start of the new "Botley Christmas Handicap", that cross country captain Graham Botley had initiated as a yacht style handicap over the Club 5 course.

Forty one 'heathens' started and forty finished, but more of the missing 'one' later. Lucky Garry Spencer, following his excellent run the previous week at the Kent Championships was awarded the somewhat dubious honour of being last man away off 1 minute and 50 seconds, whilst first away were Johnny Johnson and Colin Brand. The view of 'heathens' chasing 'heathens' was an impressive sight as the stars chased the middle-order men who have been the backbone of our recent mob match victories. The handicap gave a succession of runners the opportunity of heading the race along with the uncomfortable feeling of a pursuer breathing down your neck at every turn.

The 'heathens' who started but failed to finish, on two legs anyway, was Jim Raine. Jim, whose original thwarted plans would have placed him on a plane to Munich on a skiing holiday on this very day, tried to emulate 'Eddie the Eagle' off the final stile at the foot of 'Fox'. But the piste proved too much for him and he collapsed to the ground with a damaged ankle. Fortunately he was rescued. Unfortunately not by a brandy totting St. Bernard but by an ever present trail layer Bob Soutar with a car, Christmas was saved.

Fastest man on the day was Garry Spencer who finished 13th in an actual time of 29 min. 40 sec. (28m25s handicap) whilst Steve Cluney was first across the line in 33 min 31 sec 36m 01s h'cap). Handicappers delighted as the race continued to the line with Steve Cluney speeding past first Richard Morton and then Gary Plank all within sight of the finish line. With 30 runners closing in within the space of just over three minutes, one every three seconds the handicappers were well satisfied with their work.

Thanks should go to the trail layers who turned out at short notice (especially from Jim), and to Brenda Brent who again provided post race sustenance downstairs in the clubhouse whilst the Christmas Supper preparations were being completed upstairs, on the new tables and chairs of course.

BRITISH SCHOOLS CC INTERNATIONAL

Barry 1st April, 1989

MARK STEINLE LEADS ENGLAND TO VICTORY

A muddy course in Barry, Glamorgan was chosen for the venue to the British Schools International CC Championship. Each country selects the top eight in its National Championships for this event and Mark Steinle, by virtue of winning the English Schools Championship, led the English challenge in this event. The English team scored their customary win as Mark led them home in second place behind Geoff Browitt (Scotland). More may later be learned of the winner but looking through recent editions of the weekly magazines reveals nothing regarding previous performances by the winner. Time will no doubt tell. Mark finished six seconds down on the winner and a comfortable 3 seconds clear of third place. A good finish to a successful season which started with an eighth place in the Club 5 back in October.



The squad which won the GRE Cup Semi Final.

Photo by P. Callman

NATIONAL Y.A. ROAD RELAY CHAMPS.

Sutton Park 2nd April, 1989

Of the two teams in action in these National Championships the Colts made the most impression. A strong run by Phil Burch on the first stage put the 'heath' in fourth place at the end of his stint with what turned out to be the 14th fastest time of the race. Unfortunately neither Eamon Prendergast or Neil Louth on the next two legs were quite ready for this level of competition so when Mark Steinle took over for the final lap he was back in 24th place. Mark ran the second fastest time of the race to hoist the team back up to 12th for a respectable result. Times: Burch 13,27; Louth 14,54; Prendergast 14,38; Steinle 12,42.

Similarly the Boys team, minus both Murray and Draper, were to struggle in this standard of competition but there was a promising run from newcomer Steven Hough. They placed 38th. Times: Chris Huntley 13,22; Duncan Marsden 13,56; David Marsden 14,21; Steven Hough 13,06.

THE ST. JOHN MATHEWS AND FRANKEISS CUPS

Kew 3rd December, 1989

Scrutiny of past Gazettes reveals that reports on this annual event are sadly lacking, from which our "country" members might infer that it no longer takes place. It does, but in the year of grace 1989 it didn't!

Our President, accompanied by three supporters, duly appeared at the Horseferry Boathouse at Kew to meet the Ranelagh President with his crew ready and willing.

After an appropriate but embarrassed interval, during which a lone Orion man appeared, the Ranelagh crew rowed over the course for the Frankeiss Cup and the gallant Orion rower held a lonely single sculls event.

Desperately seeking some sort of role for Blackheath, however unearned, the President grasped the privilege of presenting the Frankeiss Cup to Ranelagh. Then, in the absence of any South London Harriers opposition, the B.H. party sneaked blushing off with the St. John Mathews Cup with about as much conviction as the skipper of the "Marie Celeste" might accept the trophy for the Round-the-World Yacht Race.

A few drinks in the bar and then away, with thoughts too deep for words.

The minor Stewards' Enquiry which followed seemed to indicate a most uncharacteristic and disastrous breakdown in communications during the weeks preceding but we are cheered by reassurance that things will be better next year. Good. Any change of direction must be upwards. This is the first time we had failed to turn out a four for about thirty years.

M.W.

TRACK & FIELD 1989

Report on the British and Southern League Campaigns and the GRE Cup.

BRITISH LEAGUE DIVISION I MATCH ONE

Birmingham

13th May, 1989

Amidst raging controversy about the eligibility of Haringey's Brian Whittle, the British League commenced, as has become familiar in recent years at the Perry Barr Stadium, Birmingham.

The season however could not have got off to a more disastrous start, as in the first event, the hammer, Nigel Spivey, who only a week earlier had broken his own club record, failed to start. A breakdown on the motorway costing us valuable points. Our discus throwers however soon made up for that, Graham Savory starting his campaign for Commonwealth Games selection with a victory in the 'A' String, whilst debutant Darren Morris set a p.b. of 53.68m for victory in the 'B' String. Meanwhile on the track Phil Davies and Gary Proctor placed well in the 100m and Chris McGeorge finished third in the 800m behind the controversial 'Whittle'.

Further good points were scored when in a classy high jump field Warren Caswell emerged victorious, showing good early season form with a clearance of 2.10m. Graham Savory notched up a further victory in the 'A' String shot, whilst in the javelin Peter Yates and John Kitching placed second in the 'A' and 'B' Strings respectively.

Meanwhile back on the track two members of Blackheath's victorious Southern 12 Stage team were bringing the Blackheath contingent in the crowd to their feet, fighting it out stride for stride in the home straight in the 5000m. Spencer Newport it was who snatched victory by a mere two-hundredths of a second from Alan Guilder, a memorable British League debut for Newport.

All in all this added up to the club's best ever start to a British League Division One season, when in a desperately close match, a mere 16 points covering second to sixth, the team placed third just 3 points behind second placed Shaftsbury. Birchfield on home ground were clear winners, whilst defending league champions Haringey (even with Brian Whittle) could manage only sixth.

| | | | | |
|-------------|--|----------|----------------|----------|
| 100m | 4. P. Davies | 10.91 | 2. G. Proctor | 11.06 |
| 200m | 2. P. Davies | 21.81 | 7. N. Thompson | 22.43 |
| 400m | 7. D. Galvin | 51.30 | 2. N. Keogh | 49.03 |
| 800m | 3. C. McGeorge | 1:51.16 | 5. D. Heath | 1:55.0 |
| 1500m | 4. W. Foster | 3:52.58 | 5. T. Linford | 3:58.60 |
| 5000m | 1. S. Newport | 14:15.00 | 1. A. Guilder | 14:15.02 |
| 3000 s/c | 7. T. Nash | 9:43.24 | 7. P. Calnon | 10:03.08 |
| 110mH | 4. C. Hamplett | 15.00 | 5. W. Caswell | 15.92 |
| 400mH | 6. N. Keogh | 54.3 | 6. M. Lobb | 58.4 |
| Pole Vault | 5. J. Andrews | 3.80 | 4. J. Wakeman | 3.40 |
| Long Jump | 8. C. McGrady | 6.12 | 7. S. Tolson | 5.39 |
| High Jump | 1. W. Caswell | 2.10 | 5. S. Tolson | 1.75 |
| Triple Jump | 8. C. McGrady | 13.21 | 6. N. Moss | 12.52 |
| Shot | 1. G. Savory | 16.86 | 5. D. Morris | 13.33 |
| Discus | 1. G. Savory | 54.28 | 1. D. Morris | 53.68 |
| Javelin | 2. P. Yates | 75.12 | 2. J. Kitching | 54.82 |
| Hammer | 7. N. Haffenden | 49.86 | | |
| 4 x 100m | 5. | | | 42.63 |
| 4 x 400m | 8. Galvin, Thompson, McGeorge, Squires | | | 3:23.65 |

Match Result

1. Birchfield 328; 2. Shaftsbury 278; 3. Blackheath 275; 4. Belgrave 272; 5. Sale 270; 6. Haringey 262; 7. Wolverhampton 242; 8. Newham and Essex 237.



Newport and Guilder battle it out over 5000m.

Photo by P. Calnon

BRITISH LEAGUE MATCH 2

Haringey

10th June, 1989

After such a promising start in the first fixture any dreams that the club may have had of challenging the Birchfields of this world for the league title were shattered at Haringey. With such club stalwarts as Graham Savory, Phil Davies, Warren Caswell and Bill Foster missing through international calls, injuries and illness, the team crashed to seventh place. However as one would expect of a Blackheath team it didn't go down without a fight.

Undoubtedly the best performance of the day on the track came from the fast improving Dave Heath in the 'A' String 1500m. In a classy field, Heath only just succumbed to the challenge of top internationals Rob Harrison and Paul Larkins to finish a close third in an impressive 3:44.89. A momentary lapse halfway down the backstraight perhaps costing him a notable victory. As it was, the only victories of the day came from Peter Yates in the 'A' String javelin and Chris McGrady in the 'B' String triple jump. Other notable performances came from Mark Colpus, a personal best in the steeplechase, and Dwayne Heard with two thirds in the 'A' String horizontal jumps.

Contervorse against struck the British League when eleven of the sixteen pole vaulters entered refused to compete as a protest against the state of the 'box' they were being asked to use. Luckily for the 'Heath' when the competition eventually started after a long and often heated discussion, one of those who elected to compete was our own Simon Tolson, scoring valuable points placing third in the 'A' String.

At the end of the day a strong Haringey team, including Dalton Grant, Steve Haines and Wayne McDonald in it's number, were comfortable winners from Birchfield. Our seventh place dropped us down to fifth overall in the league, ahead of former champions Wolverhampton languishing down in seventh place.

| A | | | | B | | | |
|-------------|--------------------------------------|----------|-----------------|----------|--|--|--|
| 100m | 5. G. Proctor | 10.89 | 5. N. Thompson | 10.99 | | | |
| 200m | 8. G. Proctor | 22.63 | 5. M. Williams | 22.33 | | | |
| 400m | 7. P. Crossan | 50.55 | 6. D. Galvin | 50.26 | | | |
| 800m | 4. C. McGeorge | 1.50.38 | 6. T. Linford | 1.58.30 | | | |
| 1500m | 3. D. Heath | 3.44.89 | 4. S. Newport | 3.51.96 | | | |
| 3000m | 4. J. Barton | 14.22.75 | 4. T. Nash | 14.51.35 | | | |
| 5000 s/c | 8. M. Colpus | 9.38.2 | 6. P. Calnan | 9.47.7 | | | |
| 10mH | 5. C. Hamplatt | 14.85 | 8. S. Tolson | 17.63 | | | |
| 100mH | 8. N. Keogh | 54.52 | 8. P. Lester | 60.39 | | | |
| Pole Vault | 3. S. Tolson | 3.40 | | | | | |
| Long Jump | 3. D. Heard | 6.93 | 7. C. McGrady | 5.84 | | | |
| High Jump | 5. T. Foulger | 2.00 | 6. S. Tolson | 1.75 | | | |
| Triple Jump | 3. D. Heard | 14.85 | 1. C. McGrady | 13.54 | | | |
| Shot | 8. D. Morris | 12.45 | 7. C. Ellis | 12.06 | | | |
| Disc | 3. D. Morris | 51.92 | 3. C. Ellis | 42.96 | | | |
| Javelin | 1. P. Yates | 75.14 | 6. H. Bauer | 46.68 | | | |
| Hammer | 7. N. Spivey | 52.66 | 5. N. Haffenden | 49.42 | | | |
| 4 x 100m | 5. Crossan, Heard, Thompson, Proctor | | | 42.5 | | | |
| 4 x 400m | 7. Thompson, McGeorge, Galvin, Keogh | | | 3.19.9 | | | |

| Match Result | League Positions | | |
|-------------------|------------------|-------------------|--------|
| 1. Haringey | 344 | 1. Birchfield | 15 663 |
| 2. Birchfield | 329 | 2. Haringey | 11 606 |
| 3. Belgrave | 290 | 3. Belgrave | 11 562 |
| 4. Newham & Essex | 286 | 4. Shaftsbury | 11 528 |
| 5. Shaftsbury | 250 | 5. Blackheath | 8 499 |
| 6. Wolverhampton | 236 | 6. Newham & Essex | 6 523 |
| 7. Blackheath | 224 | 7. Wolverhampton | 5 478 |
| 8. Sale | 182 | 8. Sale | 5 452 |

BRITISH LEAGUE MATCH 3

Birmingham

15th July, 1989

For the third match of the season the league moved back to the Perry Barr Stadium, Birmingham, for a meeting promoted by neighbouring Wolverhampton and Bilston. With Birchfield in a commanding position at the top of the league of far more interest was the battle against relegation brewing below.

On the track the best performances of the day came in the 500m; World Student games selection Chris McGeorge replacing second in the 'A' String behind Belgrave's Australian International Andy Lloyd. Whilst Tony Linford occupied the same position in the 'B' String, rising star Kevin McKay proving too sharp in a sprint finish. A further second place was added by Phil Davies in the 'A' String 100m, Mike McFarlane and Lincoln Asquith amongst those finishing in his wake.

In the throws, Peter Yates notched up his second league victory of the season in the javelin, whilst in the shot Mike Winch made a welcome return to British League action, replacing fifth in the 'A' String.

Meanwhile in the jumps Andy Hodge was having a busy day competing in three different events. His best performance coming in the high jump where he placed second in the 'B' String with a clearance of 2.00m, Warren Caswell matching his position in the 'A' String.

Haringey's Brian Whittle was again involved in controversy, as in the home straight of his leg in the 4 x 400m relay he clashed with Newham's Simon Grant, a clash which left them both sprawling on the track and their teams disqualified.



Peter Yates Blackheath's No. 1 Javelin thrower in '89.

Photo by P. Callnan

Birchfield repeated their victory of the first match to virtually clinch the title with Haringey a clear second. Down in eighth Sale were now virtually doomed to relegation, whilst our own fifth place was not enough to ensure first division survival especially since Newham had finished above us in fourth. The fight against relegation would go down to the wire, with Belgrave, Newham, Wolverhampton and ourselves fighting to avoid that second place.

| A | | | | B | | | |
|-------------|-------------------------------------|----------|----------------|----------|--|--|--|
| 100m | 2. P. Davies | 10.62 | 5. G. Proctor | 10.91 | | | |
| 200m | 3. P. Davies | 21.61 | 4. M. Williams | 22.23 | | | |
| 400m | 7. D. Galvin | 50.21 | 6. P. Crossan | 51.16 | | | |
| 800m | 5. D. Heath | 1.53.91 | 4. P. Galloway | 1.55.73 | | | |
| 1500m | 2. C. McGeorge | 3.47.40 | 2. A. Linford | 3.58.10 | | | |
| 5000m | 6. W. Foster | 14.51.02 | 3. T. Nash | 14.53.93 | | | |
| 3000 s/c | 7. P. Calnan | 9.46.55 | 6. B. Saddler | 10.25.06 | | | |
| 110mH | 5. C. Hamplatt | 14.73 | 5. K. Bunce | 15.49 | | | |
| 400mH | 7. D. Emery | 57.95 | 6. M. Lobb | 58.87 | | | |
| Pole Vault | 7. G. Holder | 3.60 | 5. J. Wakeman | 3.40 | | | |
| Long Jump | 4. D. Heard | 7.22 | 6. A. Hodge | 6.15 | | | |
| High Jump | 2. W. Caswell | 2.10 | 2. A. Hodge | 2.00 | | | |
| Triple Jump | 4. D. Heard | 14.68 | 4. A. Hodge | 13.70 | | | |
| Shot | 5. M. Winch | 14.48 | 2. D. Morris | 13.94 | | | |
| Discus | 5. D. Morris | 51.08 | 4. M. Winch | 39.44 | | | |
| Javelin | 1. P. Yates | 72.34 | 6. G. Holder | 45.20 | | | |
| Hammer | 8. N. Haffenden | 46.60 | 8. J. Wakeman | 21.48 | | | |
| 4 x 100m | 3. Davies, Proctor, Williams, Heard | | | 41.94 | | | |
| 4 x 400m | 5. Galloway, Emery, Galvin, Bates | | | 3.23.82 | | | |

| Match Result | League Position | | |
|-------------------|-----------------|------------------|--------|
| 1. Birchfield | 333 | 1. Birchfield | 23 996 |
| 2. Haringey | 293 | 2. Haringey | 18 899 |
| 3. Shaftsbury | 273 | 3. Shaftsbury | 17 801 |
| 4. Newham & Essex | 268 | 4. Belgrave | 13 807 |
| 5. Blackheath | 262 | 5. Blackheath | 12 761 |
| 6. Wolverhampton | 249 | 6. Newham | 11 791 |
| 7. Belgrave | 245 | 7. Wolverhampton | 8 727 |
| 8. Sale | 240 | 8. Sale | 6 692 |

BRITISH LEAGUE MATCH 4

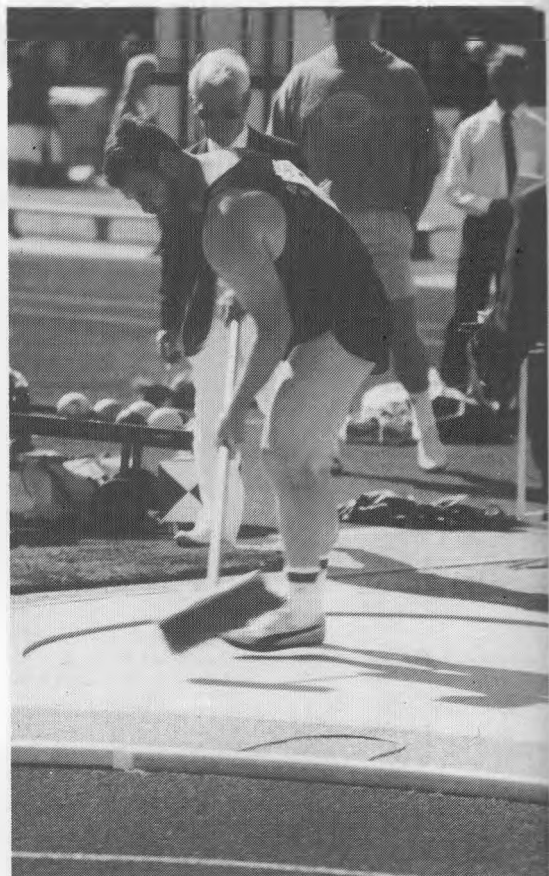
Enfield

5th August, 1989

It has often been said that 'a week is a long time in politics' it can however be even longer in sport. A week prior to the vital match, team captain Andy Frankish must have been quietly confident that the team due to compete was strong enough to comfortably ensure our Division One status for 1990. However with Chris McGeorge, Dave Heath, Mike Winch, Jerry Barton, Warren Caswell and Nigel Spivey all becoming unavailable things began to look sticky. Things went from bad to worse on the day of the match, Chris McGrady was stranded on the Isle of Wight, both javelin throwers failed to show, and Garth Holder snapped his pole warming up for the pole vault. It was obvious that the team would have to dig deep to ensure survival.

Phil Davies has long been a source of inspiration for the team and Enfield was no different, a fourth in the 100m 'A' String being followed by second in the 200m, Mark Williams ably backing him up in the 'B' String with a third place. Graham Savory notched up another victory in the shot whilst Darren Morris took maximum points in the 'B' String discus.

The team however then suffered a further setback when Andy Hodge was inexplicably disqualified in the 'B' String 110m hurdles, this after Colin Hamplatt had placed well in the 'A' String. In the high jump, club record holder and former Great Britain international Trevor Llewelyn showed that despite now devoting most of his time to coaching there's still some spring left in his legs as he leapt 1.95m for fourth place. Amongst the opposition both Newham and Wolverhampton had put out their strongest teams of the season and were scoring well, with just the two relays remaining the shadow of relegation was hanging ominously over us. The 4 × 100m teams response to this was to record the club's second fastest time ever as they stormed home in second place. The 4 × 400m team also rose to the challenge as they produced their highest league position of the year, fourth. Thus we finished sixth, a mere 8 points ahead of seventh placed Shaftsbury, those 8 points being the difference between survival and relegation as we finished one point above Wolverhampton in the final league table. Birchfield continued their seasons domination by easily winning the match to confirm a comfortable league title.



Graham Savory employs the sweeper system.

Photo by P. Calhoun

GRE CUP SEMI FINAL

Cwmbran

23rd July, 1989

After the introduction of a new random draw at the semi-final stage Blackheath were faced with by far the most difficult match of the day, lined up against fellow Division One clubs Shaftsbury and Belgrave, as well as Woodford Green and local rivals Croydon.

The team however could not have got off to a better start with Dwayne Heard beating a classy field in the long jump to win with a leap of 7.38m. Heard followed this up with a personal best in the last round of the triple jump to clinch second place. Elsewhere in the field Graham Savory was winning the shot, as Blackheath stormed into an early lead in the match. In the early track events, the fast improving Paul Galloway ran the race of his life for second in the 800m, and Bill Foster battled hard in the intense heat for third in the 10000m. The best individual track performance however came from new club record holder Spencer Newport in the 3000m steeplechase leading from gun to tape in an impressive victory. Blackheath's lead in the match was further consolidated by second places from Colin Hamplatt in the 110 hurdles, Phil Davies in the 200m, Peter Yates in the javelin and Graham Savory in the discus. Savory having victory snatched from his grasp in the last round by Belgrave's Abi Ekoku.

| | A | | B | |
|-------------|--|------------------------|---|--|
| 100m | 4. P. Davies 10.68 | 6. G. Proctor 11.04 | | |
| 200m | 2. P. Davies 21.55 | 3. M. Williams 21.81 | | |
| 400m | 8. D. Galvin 49.33 | 3. N. Keogh 49.36 | | |
| 800m | 7. A. Linfood 1:53.44 | 4. P. Galloway 1:52.16 | | |
| 1500m | 6. S. Newport 3:49.28 | 6. G. Clifford 3:56.34 | | |
| 5000m | 3. A. Guilder 14:31.70 | 5. T. Nash 15:05.1 | | |
| 3000 s/c | 8. P. Calnan 10:03.67 | 7. J. Beck 10:10.24 | | |
| 110mH | 4. C. Hamplatt 14.90 | | | |
| 400mH | 6. N. Keogh 54.49 | 5. J. Quarry 56.63 | | |
| Pole Vault | 7. J. Cunningham 3.40 | 6. G. Holder 2.60 | | |
| Long Jump | 4. D. Heard 7.19 | 6. J. Quarry 6.17 | | |
| High Jump | 4. T. Llewelyn 1.95 | 4. A. Hodge 1.90 | | |
| Triple Jump | 5. D. Heard 15.63 | 6. A. Hodge 12.88 | | |
| Shot | 1. G. Savory 16.78 | 3. D. Morris 13.44 | | |
| Discus | 2. G. Savory 54.74 | 1. D. Morris 47.52 | | |
| Javelin | 7. J. Quarry 46.20 | 6. A. Hodge 41.52 | | |
| Hammer | 7. N. Haffenden 44.58 | 5. G. Holder 14.82 | | |
| 4 × 100 | 2. Davies, Williams, Thompson, Proctor 41.24 | | | |
| 4 × 400 | 4. Galvin, Galloway, Heard, Thompson 3:16.70 | | | |

| Match Result | | Final League Table | |
|-------------------|-----|--------------------|-----------|
| 1. Birchfield | 366 | 1. Birchfield | 31 (1362) |
| 2. Newham & Essex | 306 | 2. Haringey | 22 (1162) |
| 3. Wolverhampton | 282 | 3. Shaftsbury | 19 (1041) |
| 4. Belgrave | 264 | 4. Newham & Essex | 18 (1096) |
| 5. Haringey | 263 | 5. Belgrave | 18 (1071) |
| 6. Blackheath | 247 | 6. Blackheath | 15 (1008) |
| 7. Shaftsbury | 239 | 7. Wolverhampton | 14 (1009) |
| 8. Sale | 205 | 8. Sale | 7 (897) |

All this meant that coming into the final events, the relay teams were certain to fill one of the two qualifying places, and arriving any disasters looked set to win the match. This we did when the 4 × 100m relay team got the baton round safely for third place. The 4 × 400m team however were determined to lose the match with a victory; coming in to the final rangeover though they were trailing to a Belgrave squad which had included UK 100m and 200m champion Marcus Hamdam, but a personal best split of 47.4 from anchorman Nigel Keogh was just enough to snatch victory on the line. A fitting end to an outstanding team performance, one of the great Blackheath track and field performances of the modern era.

| | | |
|-------------|--|---------|
| 100m | 4. P. Davies | 11.1 |
| 200m | 2. P. Davies | 21.9 |
| 400m | 5. N. Thompson | 50.9 |
| 800m | 2. P. Galloway | 1.53.8 |
| 1000m | 4. G. Clifford | 3.55.8 |
| 1500m | 3. A. Guilder | 14.58.8 |
| 2000m | 3. W. Foster | 31.34.6 |
| 3000 s/c | 1. S. Newport | 8.57.1 |
| 5000m | 2. C. Hamplett | 15.0 |
| 100mH | 4. N. Keogh | 53.9 |
| 200mH | 1. D. Heard | 7.38 |
| Long Jump | 2. D. Heard | 15.47 |
| Triple Jump | =2. W. Caswell | 2.05 |
| High Jump | 3. G. Holder | 3.80 |
| Pole Vault | 1. G. Savory | 17.32 |
| Shot | 2. G. Savory | 54.80 |
| Discus | 2. P. Yates | 69.14 |
| Javelin | 3. N. Haffenden | 48.44 |
| Hammer | 3. Davies, Williams, Thompson, Proctor | 41.9 |
| 4 × 100 | 1. Galvin, Galloway, Thompson, Keogh | 3.16.7 |
| 4 × 400 | | |

Match Result

| | |
|-------------------|------|
| 1. Blackheath | 133½ |
| 2. Belgrave | 121½ |
| 3. Shaftsbury | 110 |
| 4. Woodford Green | 97 |
| 5. Bristol | 79 |
| 6. Croydon | 73 |
| 7. Peterborough | 73 |
| 8. Gloucester | 49 |



Irish International Nigel Keogh in winning relay form.

photo by P. Colnan

GRE CUP FINAL

Stoke

19th August, 1989

Undoubtedly the highlight of many club athletes track season is the G.R.E. Cup Final, and with the TV cameras and a large enthusiastic crowd present at the Northwood Stadium, Stoke, this year was certainly no exception. Having survived an eventful coach journey up the night before, the team were in good spirits and with a number of Great Britain's winning Europa Cup team included in the opposition, anticipating some stiff competition.

First to compete for the 'Heath' was 21 year old Neil Haffenden in the hammer, getting us off to a solid start with a sixth place. Now that Neil has decided to commit himself to a much more intense training programme, and with college exams out of the way, big things are expected in 1990.

The next two 'heathens' in action met with differing fortunes, in the pole vault Garth Holder suffered the intense disappointment of no-heighting whilst Alan Guilder battled for fourth place in the first track event, the 10000m. Dwayne Heard at the end of a successful first season in Blackheath's colours was then a notable third in the long jump behind Europea Cup hero Stewart Faulkner, and followed it up with a fifth in the triple jump. Elsewhere in the field Graham Savory scored customary valuable points in the shot and discus.

On the track, despite being badly boxed down the back straight, Dave Heath warmed up for the forthcoming World Student Games with a strong third place in the 1500m. In the steeplechase, Spencer Newport's main problem was not so much the opposition but rather the barriers, a fall on the penultimate lap allowing Thames Valley's Dave Baptiste to establish a winning lead. Spencer however hung on for our best track position of the day, second. This was a position nearly matched by our sprint relay quartet of Gary Proctor, Mark Williams, Neil Thompson and Phil Davies who after showing consistent improvement throughout the season clocked a new club record (electronically timed) for third place.

The big disappointment of the day however was the fact that we didn't win one individual event, and as one would expect if you don't win individual events you're unlikely to win 'the cup'. Haringey did win events and as a result the cup, easily beating league champions Birchfield. On the face of it our own sixth place would appear slightly disappointing, but the team took it in good heart and decided that team captain Andy Frankish should be thrown in the waterjump anyway.

| | | |
|-------------|--|----------|
| 100m | 5. P. Davies | 10.73 |
| 200m | 6. P. Davies | 22.40 |
| 400m | 8. D. Galvin | 49.88 |
| 800m | 6. C. McGeorge | 1.51.75 |
| 1500m | 3. D. Heath | 3.50.13 |
| 5000m | 7. P. Calnan | 15.59.58 |
| 10000m | 4. A. Guilder | 31.47.75 |
| 3000 s/c | 2. S. Newport | 8.51.27 |
| 110mH | 5. C. Hamplett | 14.74 |
| 400mH | 6. N. Keogh | 53.64 |
| Long Jump | 3. D. Heard | 7.21 |
| Triple Jump | 5. D. Heard | 15.30 |
| High Jump | 7. A. Hodge | 2.00 |
| Pole Vault | - G. Holder | n.h. |
| Shot | 3. G. Savory | 16.73 |
| Discus | 2. G. Savory | 54.46 |
| Javelin | 3. P. Yates | 68.78 |
| Hammer | 6. N. Haffenden | 48.34 |
| 4 × 100 | 3. Proctor, Williams, Thompson, Davies | 41.12 |
| 4 × 400 | 6. Galvin, Galloway, Keogh, Thompson | 3.17.35 |

Match Result

| | | | |
|------------------|-----|------------------|----|
| 1. Haringey | 127 | 5. Thames Valley | 84 |
| 2. Birchfield | 106 | 6. Blackheath | 81 |
| 3. Wolverhampton | 101 | 7. Belgrave | 74 |
| 4. Enfield | 86 | 8. Sale | 71 |

SOUTHERN LEAGUE: DIVISION I

MATCH 1

Macmillan Stadium, Newham

6th May, 1989

As we selected teams for the first Southern League in The New Inn pub at Hayes, an air of quiet confidence pervaded. The talk was more concerned with whether we will need a fifth team in a couple of years time, rather than about the forthcoming fixture. This was, however, the calm before the storm. I never go into a fixture expecting everyone to be available but after a week on the phones it was obvious that this was going to be anything but an easy fixture. No Green, Galloway, Coles, Farish, Tulloh, Terry, Foulger, Winch, Crowe, Proctor, McGrady, Baker, Harrison, Mulcahy, Waller, Barlow, Watling, Andy Thompson, Hamilton, Arthey, Neil Newport, Fernandez and others and things did look a bit grim. We did, however, have the services of multi event men Gary Pullen and Garth Holder so things were not completely lost and after eighty phone calls all the events were hopefully covered.

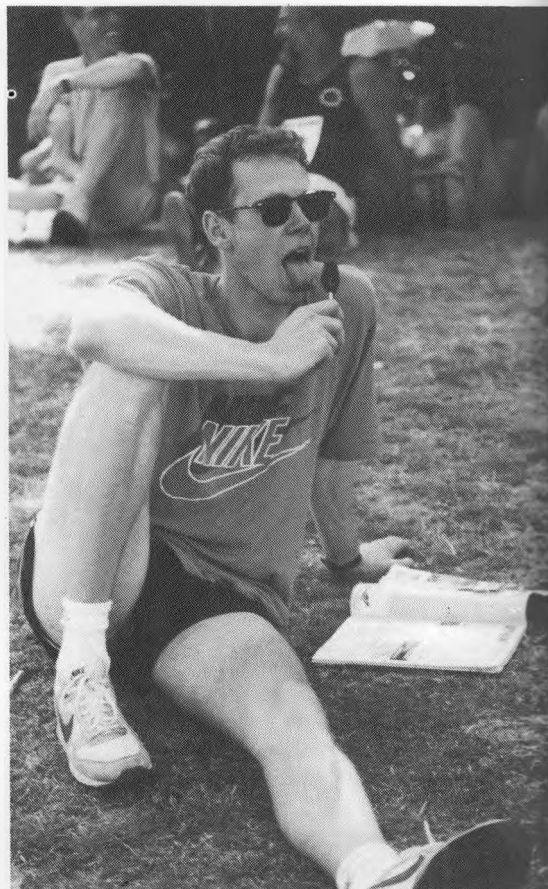
We met at 11.00 a.m. at the club where the third team were also assembling for their fixture. Dave Hassall, new third team captain, had around ten people there. I had five, a large number having elected to go direct. This number was reduced further when, while everyone's backs were turned, Keith Wheeler got into one of the cars going to Tooting. A prospective leisurely drive to Newham turned into a mad dash all round South London, firstly to pick up one member of the team who had transport difficulties, then onto Tooting, then all across the South Circular including a particularly sticky jam at Catford. As the pips went for one o'clock on the car radio we were stuck in a jam with all the numbers and pins in my bag. This is club athletics. This is what it's all about.

After these pre match hiccups things began well as Nigel Spivey, out with injury for most of last season, threw the hammer to a new club record of 57.14 metres. He was backed up by Mike Davies, our officials' secretary who will always step in to fill the event if required. This successful start was consolidated with a double first in the long jump from messrs Pullen and Holder.

Our team was a fine mixture of youth and experience. In his first senior league competition 17 year old Lee Redgrave enjoyed a solid debut over the 400 hurdles gaining third place despite hitting barriers eight and nine quite badly. Quickly adapting to the spirit of the team he followed this with some good triple jumping and a swift leg in the 4 x 100 relay. Another Division One debutant was Matthew Lawton who ran an excellent 1500m, breaking four minutes for the first time and looking likely to go faster still. Our other debutant was Swiss javelin thrower Harold Bauer who is in the country studying English for a year. He won the competition quite comfortably although his throw of 51.06 was well short of his best of 65 metres.

It was good to see number of athletes returning to competition. After missing most of last year with hamstring trouble, Dominic Emery showed that he is coming back to form with a well judged dip to gain second in the 400m. While we may not have scored highly in the 5000m, the performances of Tony Cooper and Chris Lord deserve comment. Both ran personal bests on a day when conditions were not ideal. The level of competition was good and others who ran well but did not get the reward in points included Paul Sparks, Pat Crossan and Giles Clifford. Stars of the team in terms of points scoring were Gary Pullen and Garth Holder.

Unfortunately we were not kept informed of the scores during the course of the afternoon and it was not until the final



Paul Galloway auditions for Kojak.

Photo by P. Colnon

result was announced that we found how close we'd actually been to winning. Nevertheless, third place with a high points score, fine personal bests and a club record represented a continuation of the solid form we showed last season.

| | A | | B | |
|-------------|---|---------|----------------------|---------|
| 100m | 4. P. Sparks | 11.3 | 4. P. Crossan | 11.5 |
| 200m | 4. D. Emery | 23.1 | 4. M. Lobb | 24.1 |
| 400m | 2. D. Emery | 50.8 | 3. P. Crossan | 50.6 |
| 800m | 4. G. Clifford | 1.56.6 | 5. K. Wheeler | 2.07.9 |
| 1500m | 3. M. Lawton* | 3.58.6 | 4. S. Thompson | 4.07.9 |
| 5000m | 4. T. Cooper* | 15.30.7 | 4. C. Lord* | 15.41.5 |
| 110mH | 1. G. Pullen | 15.8 | 3. S. Tolson* | 17.6 |
| 400mH | 4. M. Lobb | 59.9 | 3. L. Redgrave (Jun) | 61.2 |
| 3000 s/c | 4. P. Betts | 10.03.3 | 2. J. Beck | 10.07.9 |
| High Jump | 2. S. Tolson | 1.80 | 1. G. Pullen | 1.80 |
| Long Jump | 1. G. Pullen | 6.95 | 1. G. Holder | 6.29 |
| Triple Jump | 5. L. Redgrave (Jun) | 11.98 | 4. G. Holder | 11.8.7 |
| Pole Vault | 3. G. Holder | 3.30 | 1. S. Tolson | 3.20 |
| Shot Putt | 2. G. Pullen | 12.62 | 1. N. Spivey | 11.26 |
| Discus | 4. G. Pullen | 40.94 | 3. G. Holder | 30.30 |
| Javelin | 1. H. Bauer | 51.06 | 1. G. Holder | 45.90 |
| Hammer | 1. N. Spivey* (C. Rec) | 57.14 | 4. M. Davies (V/50) | 28.70 |
| 4 x 100 | 4. Blackheath 45.5 (P. Sparks, D. Emery, L. Redgrave, P. Crossan) | | | |
| 4 x 400 | 2. Blackheath 3.26.8 (M. Lobb 53.5, G. Clifford 50.7, D. Emery 51.9, P. Crossan 50.7) | | | |

* = p.b.

| Result | |
|--------------------------|-----|
| 1. Ilford | 119 |
| 2. Highgate | 118 |
| 3. Blackheath | 113 |
| 4. Newham and Essex | 100 |
| 5. South London Harriers | 84 |

DIVISION ONE: MATCH 3

Deangate

27th May, 1989

The second league match of the season was hosted by GEC Avionics at Deangate Stadium on a cool, windy afternoon. A closely contested match produced a handful of outstanding performances for the club but eventually there was not quite enough strength in depth to withstand the challenge from GEC and Peterborough — Blackheath finishing in third place.

Performance of the day came from Chris Ellis who won the shot with a new UK over-45 Vets record of 12.26, in addition to winning the discus. Also notable was Garth Holder, who collected 27 points for his afternoons exertions including 2nd place in the pole vault and a B string win in the triple jump.

Other victories were provided by Andrew Paffett (hammer), Tim Foulger — who had less trouble clearing 2.00m in the high jump than with the 3' barriers he faced in the 400m hurdles — Lee Redgrave in the B race over 400m hurdles, setting a personal best time in the process.

Matthew Lawton also set 2 p.b.s finishing fourth in the 1000m B race and second B string in the steeplechase.

| | A | | B |
|-------------|---|----------------------------|---|
| 100m | 2. S. Green 11.4 | 1. P. Byfield 11.7 | |
| 200m | 3. P. Crowe 24.0 | 3. T. Foulger 23.9 | |
| 400m | 4. P. Crossan 51.2 | 3. P. Byfield 51.6 | |
| 800m | 4. P. Galloway 1:57.7 | 3. M. Lawton 1:58.9 | |
| 1500m | 4. S. Thompson 4:07.7 | 4. G. Fernandez 4:12.7 | |
| 5000m | 4. L. Roberts (V45) 15:48.6 | 1. P. Betts 15:51 | |
| 10000m | 4. L. Redgrave* (Jun) 18.3 | 5. J. Cunningham 22.0 | |
| 20000m | 2. T. Foulger 59.4 | 1. L. Redgrave* (Jun) 59.1 | |
| 4000 s/c | 4. P. Betts 10:05.9 | 2. M. Lawton* 10:15.4 | |
| High Jump | 1. T. Foulger 2.00 | n.h. L. Redgrave | |
| Long Jump | 4. L. Redgrave 6.17 | 2. G. Holder 5.62 | |
| Triple Jump | 3. P. Byfield 12.52 | 1. G. Holder 12.03 | |
| Pole Vault | 2. G. Holder 3.80 | 2. J. Cunningham 3.25 | |
| Shot | 1. C. Ellis† (V45) 12.26 | 2. G. Holder 10.05 | |
| Discus | 1. C. Ellis (V45) 48.44 | 5. G. Holder | |
| Javelin | 2. H. Bauer 47.64 | 2. G. Holder 44.72 | |
| Hammer | 1. A. Paffett 44.26 | 3. C. Ellis (V45) 32.84 | |
| 100 × 100 | 5. (49.7) Green, Crossan, Byfield, Crowe | | |
| 4 × 400 | 3. (3:23.5) 1. Byfield 51.79; 2. Galloway 51.06; 3. Foulger 50.63; 4. Crossan 50.02 | | |
| | * = p.b. † = C. Ellis — UK O/45 Record | | |

* = p.b.

† = C. Ellis — UK O/45 Record

Match Result

| | |
|------------------------|------|
| 1. G.E.C. Avionics | 137½ |
| 2. Peterborough | 119 |
| 3. Blackheath Harriers | 115½ |
| 4. Oxford City | 88 |
| 5. Portsmouth | 79 |

Position after two matches 13th.



The welcome return of Chris Lord.

Photo by P. Colman

DIVISION ONE:

Norman Park

24th June, 1989

After the windy conditions of Deangate at the previous league fixture it was a comforting relief to compete in near-perfect weather at Norman Park. As it seemed the weather matched our team performance as we overcame strong opposition to win the match and record the 'B' team's highest ever points score in the First Division.

Of course such a result indicates a solid all round team performance but as the results show, individuals scored notable triumphs. Paul Galloway arrived at the track looking as if he had just run a marathon, he had in fact thought that his race was at an earlier time and he ran from the train station. His efforts to get there would have reduced a mere mortal to a below-par performance. However he showed why he is nicknamed 'Herb' when he ran away from a good field to record a fantastic personal best of 1:52.9.

This was followed by Matt Lawton who although still a junior scored an emphatic victory in the 1500m A string by coming from behind on the last lap to clock 3:56.0.

Whilst this was going on another team member was having a memorable afternoon amassing no fewer than 4 victories and 1 second place, including a personal best of 13.43 in the shot to win by 3cm. Gary Pullen of course has been consistent all season and his switch from long-jumping to the decathlon has been successful.

Of course these 3 were part of a successful team and our teamwork was fully emphasised in the 4 x 400m at the end of the day when we ran away from the rest to win by a huge margin by 4.7 seconds.

PB

TRACK & FIELD EQUIPMENT

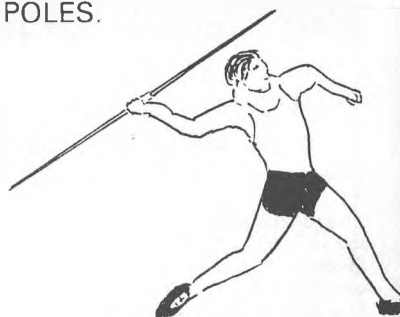
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| A | | | B | | |
|-------------|---------------------|---------|----------------------|--|---------|
| 100m | 4. P. Sparks | 11.6 | 2. R. Bates | | 11.4 |
| 200m | 1. P. Davies | 21.7 | 1. R. Bates | | |
| 400m | 2. P. Byfield | 50.8 | 1. P. Squires | | 50.9 |
| 800m | 3. G. Clifford | 1:55.7 | 1. P. Galloway (pb) | | 1:52.9 |
| 1500m | 1. M. Lawton (jun)* | 3:56.0 | 2. S. Thompson | | 4:05.9 |
| 5000m | 4. R. Coles | 15:22.7 | 4. T. Cooper | | 15:54.8 |
| 110mH | 1. G. Pullen | 15.5 | 5. P. Betts | | 22.6 |
| 400mH | 4. N. Davidson | 65.3 | 4. G. Spencer | | 66.6 |
| 3000 s/c | 4. B. Saddler | 10:21.5 | 4. P. Betts | | 10:43.3 |
| High Jump | 2. P. Davies | 1.90 | 1. G. Pullen | | 1.75 |
| Long Jump | 1. G. Pullen | 6.60 | 2. G. Holder | | 5.97 |
| Triple Jump | 2. P. Byfield | 13.12 | 2. G. Holder | | 12.29 |
| Pole Vault | 1. G. Holder | 3.80 | 1. J. Wakeman (V/40) | | 3.40 |
| Shot Putt | 1. G. Pullen | 13.43 | 3. G. Holder | | 10.93 |
| Discus | 2. G. Pullen | 42.16 | 5. J. Kitching | | 25.46 |
| Javelin | 2. J. Kitching | 54.26 | 1. G. Holder | | 44.48 |
| Hammer | 3. A. Paffett (Jun) | 36.82 | 5. J. Wakeman | | 20.80 |
| 4 x 100 | 2. Blackheath | 43.9 | | | |
| 4 x 400 | 1. Blackheath | 3:21.0 | | | *PB |

| Results | |
|----------------|------|
| 1. Blackheath | 131 |
| 2. Met. Police | 107½ |
| 3. Chelmsford | 105 |
| 4. Royal Navy | 103 |
| 5. Dartford | 90½ |



Paul Byfield in full flow.

Photo by P. Coleman

DIVISION ONE: MATCH 4

Deangate

8th July, 1989

This promised to be a tough fixture with three of last seasons' top six league clubs meeting, one of them being local rivals, Medway. As well as this tough competition, we also had to contend with a swarm of tiny flies which descended on the Deangate Stadium causing all sorts of discomfort.

Star performances of the day came from two runners who could never command regular first team places in the Young Athletes teams. Phil Davies is, of course, now one of the top sprinters in the country and has been a stalwart of the British League team for many seasons. Having missed the previous British League match because he had to attend baton practice before an international match, he was able to give invaluable assistance to the second team with a comfortable victory in the 200m and strong leg in the 4 x 400. Paul Galloway continued his fine season with some gallant front running, holding off all challengers to record a class 1.53.2.

Other good performances came from Dominic Emery in the 400 hurdles and international triathlete Nick Kinsey in his debut in the steeplechase where he had a solid run but obviously can go considerably faster. He will be in contention for a British league place soon, triathlons permitting.

Garth Holder was his normal versatile self, charging from event to event and scoring heavily each time. The surprise today was his second place in the high jump, an event he has not competed in for at least three years. Andy Hodge was also busy doing all the jumps plus the 110 hurdles. Gary Pullen would have been covering some of these events but back injury prevented him jumping and hurdling. He did, however, make the effort and came along with some throws gaining maximum points in the shot and discus.

The juniors in the team all had good days. For Kevin Hart in the sprints, and John Forrest in the 400m it was their debuts for the second team. Neil Moss and Andy Paffett have, of course, already tasted British league competition. Neil is a rare breed in actually volunteering to do the 110 hurdles when he found we were short. Paul Betts was a happy man!

Another man making his debut in an event was Tony Cooper in the hammer! A crash coaching course from Andy Paffett, and Tony entered the circle to record a p.b. of 4.42. As mentioned in a previous gazette it is vital to fill all the events and today was the perfect example of why this should be done. There was little to choose between ourselves and Medway all afternoon and when the result was announced we had pipped them by three points. Then came a recount and it was found the gap was only one point. Tony's hammer throw had been vital. Some would argue that beating Medway by one point was a sweeter victory than beating them by three.

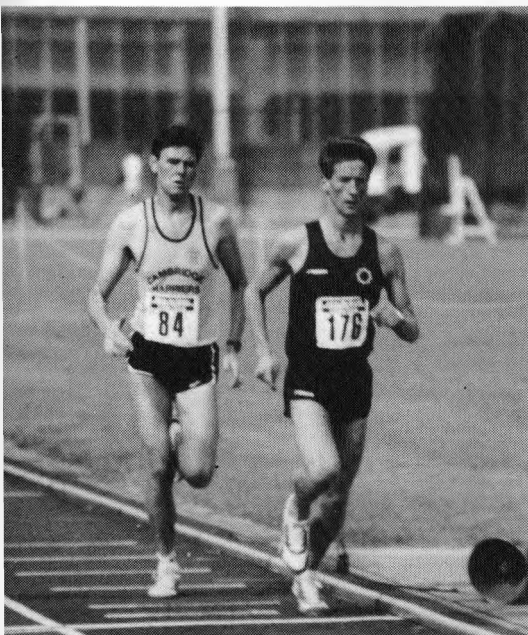
The only real blot on the day occurred when our cans of coke which Brian Stone had kindly provided were stolen by one of the opposing athletes. Havering won the fixture comfortably in the end thanks in part to the efforts of international decathlete Mark Bishop who was selected for England's Commonwealth Games team later in the year.

| A | | | B | | |
|-------------|-------------------------------------|---------|-----------------------|--|---------|
| 100m | 3. S. Green | 11.3 | 3. K. Hart (Jun) | | 11.4 |
| 200m | 1. P. Davies | 21.8 | 2. K. Hart (Jun) | | 23.2 |
| 400m | 4. P. Byfield | 52.0 | 2. J. Forrest (Jun) | | 51.6 |
| 800m | 1. P. Galloway | 1:53.2 | 2. G. Clifford | | 1.57 |
| 1500m | 4. A. Thompson | 3:56.6 | 5. S. Thompson | | 4:12.3 |
| 5000m | 4. T. Cooper | 15:56.6 | 4. P. Betts | | 16:11.5 |
| 110mH | 4. A. Hodge | 16.5 | 3. N. Moss (Jun) (pb) | | 17.8 |
| 400mH | 2. D. Emery | 56.0 | 1. M. Lobb | | 58.8 |
| 3000 s/c | 5. J. Beck | 10:01.5 | 3. N. Kinsey (pb) | | 10:15.4 |
| High Jump | 2. A. Hodge | 1.90 | 2. G. Holder | | 1.65 |
| Long Jump | 4. A. Hodge | 6.48 | 3. N. Moss (Jun) | | 6.05 |
| Triple Jump | 2. A. Hodge | 13.61 | 1. N. Moss (Jun) | | 12.99 |
| Pole Vault | 3. G. Holder | 3.80 | 4. =A. Hodge | | 1.42 |
| Shot Putt | 1. G. Pullen | 12.52 | 2. G. Holder | | 10.62 |
| Discus | 1. G. Pullen | 40.62 | 3. G. Holder | | 28.30 |
| Javelin | 4. G. Holder | 45.32 | 3. G. Pullen | | 38.48 |
| Hammer | 3. A. Paffett (Jun) | 44.96 | 4. T. Cooper (pb) | | 4.42 |
| 4 x 100 | 4. Hart, Byfield, Emery, Forrest | | | | 44.8 |
| 4 x 400 | 2. Byfield, Emery, Davies, Galloway | | | | 3:20 |

1. Havering
2. Blackheath
3. Medway
4. Hounslow
5. Aldershot

Result

134
113½
112½
106½
65½



Nick Kinsey looking for his bike.

hoto by P. Calnun

DIVISION ONE: MATCH 5

orman Park

22nd July, 1989

Once again the sun was blazing down from above, gracing us with another scorching day. Again on home ground Blackheath were looking for some good performances. The proposition was to come from a strong London Irish team headed by Ade Mafe.

Our only win of the multi-event man G. Pullen in the 110m hurdles. He reinforced his importance to the team by scoring points in the high jump, long jump, shot and discus.

Despite poor positions on the track the performances were good. Making their debut in the second team were D. Whitcombe in the 1500m B race and N. Newport in the 5000m B race.

For the second time this year there was no water in the chase due to the drought, yet this had no effect on N. Kinsey running a p.b. 9.47.3.

There were a number of encouraging performances on the field. In the throws we were led by C. Ellis, shot — 12.38m, discus — 46.82m. Hammer 39.32 with S. Leisham in the A string, javelin 46.92m backed up by C. Longley in the B string 45.46m. In the jumps we had support from L. Redgrave and P. Byfield both in track events beforehand and another second team debut came from J. Goodman in the pole vault B string — 2.80m, a young vaulter showing great potential.

As expected the strength of London Irish came through to outclass all teams. However given one or two more athletes to fill in our weaker events we could have pushed Milton Keynes down to third. Maybe next year.

| | A | | B | |
|-------------|-----------------------------------|---------|-----------------------|---------|
| 100m | 3. S. Green | 11.3 | 3. K. Hart (Jun) | 11.5 |
| 200m | 3. K. Hart | 22.7 | 2. P. Byfield | 23.2 |
| 400m | 3. P. Byfield | 51.8 | 3. P. Squires | 51.1 |
| 800m | 3. A. Thompson | 1.59.1 | 4. P. Lester | 1.58.9 |
| 1500m | 4. M. Lawton (Jun) | 4.07.0 | 3. D. Whitcombe (Yth) | 4.18.1 |
| 5000m | 4. C. Lord | 16.03.5 | 4. N. Newport | 16.29.7 |
| 110mH | 1. G. Pullen | 15.6 | 3. S. Tolson | 17.4 |
| 400mH | 5. L. Redgrave (Jun) | 61.5 | 5. S. Tolson | 69.2 |
| 3000 s/c | 4. N. Kinsey (pb) | 9.47.3 | 5. J. Beck | 10.31.6 |
| High Jump | 5. G. Pullen | 1.80 | 4. S. Tolson | 1.75 |
| Long Jump | 3. G. Pullen | 6.72 | 2. L. Redgrave (Jun) | 6.04 |
| Triple Jump | 3. P. Byfield | 12.66 | 5. S. Tolson | 10.92 |
| Pole Vault | 4. S. Tolson | 2.80 | 3. J. Goodman (Yth) | 2.80 |
| Shot Putt | 4. C. Ellis (V/45) | 12.38 | 2. G. Pullen | 12.25 |
| Discus | 2. C. Ellis (V/45) | 46.82 | 2. G. Pullen | 41.28 |
| Javelin | 2. S. Leishman (Jun) | 46.92 | 3. C. Longley | 45.46 |
| Hammer | 4. A. Paffett (Jun) | 42.98 | 3. C. Ellis (V/45) | 39.32 |
| 4 × 100 | 3. Green, Byfield, Lester, Hart | | | 45.0 |
| 4 × 400 | 4. Byfield, Lawton, Hart, Squires | | | 3.31.0 |

Result

| | |
|------------------|-----|
| 1. London Irish | 153 |
| 2. Milton Keynes | 124 |
| 3. Blackheath | 96 |
| 4. Bedford | 92 |
| 5. Bournemouth | 73 |

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Tony Cooper about to get his man.

Photo by P. Calnen

DIVISION ONE: MATCH 6

Brighton

5th August, 1989

Saturday, August 5th dawned a bright and sunny day, and turned out to be one of the hottest of the year. So what could be better than a trip to the seaside. We packed ourselves into cars and off we went to Brighton.

The conditions were very much in favour of the explosive events, the distance boys not only hampered by the heat but also having to pass the trackside pub every lap (it amazes me anyone finished more than one lap).

Gary Pullen despite a back injury took part in 5 events winning the 'B' string discus, one of four victories in the field. The track side got off to a good start with Martin Lobb winning the 'B' string 400mH. Kevin Hart performed excellently winning both 100m, 200m and running the first leg of the 4 × 100m, he remained unbeaten on the day. Robert Bates also placed first in the sprints. Paul Byfield after being talked into doing the triple jump then produced a real crowd pleaser of a finish in the long relay by waiting to the very last few metres to pass the Oxford runner, scraping into second and running his quickest split of the year.

Finally a special thanks to Simon 'Fatty' Parsons who took over the management of the team for this meeting, the previous incumbent preferring to abandon us in favour of competing for the first team at Enfield.

| | A | | B | |
|-------------|----------------|---------|----------------|---------|
| 100m | 1. K. Hart | 11.5 | 1. R. Bates | 11.5 |
| 200m | 1. R. Bates | 22.9 | 1. K. Hart | 22.8 |
| 400m | 3. P. Byfield | 51.8 | 4. P. Squires | 53.4 |
| 800m | 5. P. Lester | 1:59.7 | 5. N. Davidson | 2:03.8 |
| 1500m | 5. N. Davidson | 4:29.1 | 5. P. Lester | 4:45.7 |
| 5000m | 5. R. Coles | 15:50.0 | 4. T. Cooper | 15:51.9 |
| 100mH | 4. S. Tolson | 18.2 | 4. P. Lester | 22.6 |
| 400mH | 4. D. Emery | 61.6 | 1. M. Lobb | 57.7 |
| 3000 s/c | 5. J. Phelan | * | 4. T. Cooper | * |
| High Jump | 4. G. Pullen | 1.75 | 1. S. Tolson | 1.75 |
| Long Jump | 5. G. Pullen | 6.10 | 5. C. Longley | 5.14 |
| Triple Jump | 3. P. Byfield | 12.26 | 4. S. Leishman | 10.50 |

| | | | | |
|------------|---------------|-------|----------------|--------|
| Pole Vault | 2. S. Tolson | 3.60 | 2. J. Wakeman | 3.00 |
| Shot Putt | 4. P. Green | 12.44 | 4. G. Pullen | 12.14 |
| Discus | 1. C. Ellis | 44.76 | 1. G. Pullen | 42.20 |
| Javelin | 3. C. Longley | 41.66 | 1. S. Leishman | 40.48 |
| Hammer | 3. C. Ellis | 33.56 | 4. G. Pullen | 21.10 |
| 4 × 100 | 1. Blackheath | | | 44.4 |
| 4 × 400 | 2. Blackheath | | | 3:25.0 |

*Times suppressed since water jump not filled — race ran on track with 4 barriers per lap.

| Match Result | |
|-----------------------|-------|
| 1. Brighton & Hove | 124.5 |
| 2. Bracknell | 120 |
| 3. Blackheath | 103 |
| 4. Shaftesbury Barnet | 99.5 |
| 5. Woking | 87 |

DIVISION 1 FINAL TABLE

| | | |
|------------------------|------|-------|
| 1. London Irish | 29 | 812 |
| 2. GEC Avionics | 28.5 | 803 |
| 3. Havering | 28 | 792 |
| 4. Peterborough | 25 | 748.5 |
| 5. Newham & EB | 24 | 705 |
| 6. Milton Keynes | 23.5 | 731.5 |
| 7. Ilford | 23 | 702.5 |
| 8. Medway | 23 | 687.5 |
| 9. Blackheath | 21 | 673 |
| 10. Highgate | 21 | 679 |
| 11. Bournemouth | 19.5 | 657 |
| 12. Bedford | 18 | 620.5 |
| 13. Hounslow | 17.5 | 648 |
| 14. SLH | 17 | 632.5 |
| 15. Shaftesbury Barnet | 15 | 613 |
| 16. Met Police | 15 | 606 |
| 17. Dartford | 14 | 606.5 |
| 18. Bracknell | 13 | 601.5 |
| 19. Chelmsford | 13 | 589 |
| 20. Oxford City | 13 | 560.5 |
| 21. Royal Navy | 12 | 522 |
| 22. Brighton & H | 12 | 505 |
| 23. Aldershot FD | 11 | 482 |
| 24. Woking | 8 | 473.5 |
| 25. Portsmouth | 7 | 479.5 |

(Champions: London Irish. Runners Up: GEC Avionics Provisionally bottom five relegated to Division 2 subject to BAL qualifying match.)

I. DAVIS

TELEPHONE:

01-691 4388

- *General Building*
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- *Plumbing*
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MATCH 1

Tooting Bec

6th May, 1989

It had been a long wait but at last my 9 months was over and I was now on my way to Tooting to don the famous colours of Blackheath for the first time.

While I can understand the need for the 9 month rule, it was surely designed to protect clubs from the poaching of their top performers, and it seems hard on regular club athletes who may only want the chance to run at a higher standard or even just a change of colleagues, to be bound by this rule. Good clubs will always attract athletes of whatever calibre and while the 9 month rule may discourage them it will not stop them.

Anyway, here I was at Tooting and immediately welcomed by my Sunshine Sprint Squad colleagues, Messrs Squires and 'Ratier', the former already on his third cup of coffee.

The match itself, as far as Blackheath were concerned, was a nique in as much as we only managed one win out of 36 events and that was thanks to J. Cunningham in the pole vault. We did, however, give the crowd something to shout about when turning the 4 by 100 into a juggling event but could not sustain the effort and dropped the baton. On a righter note PB's were achieved by Messrs Povey (2), Algeo and Holt.

We finished a comfortable 4th in the match and from this performance we could surely only improve. On a personal note it was a refreshing experience and good to be amongst friends.

K.H.

| | A | | B | |
|-------------|-------------------------------|---------|------------------|---------|
| 100m | 3. K. Hart | 11.4 | 3. J. Salmon | 12.0 |
| 100m | 2. K. Hart | 23.0 | 2. P. Squires | 24.3 |
| 100m | 3. R. Holt | 51.1 | 2. P. Squires | 51.4 |
| 110m | 4. R. Coe | 1:59.9 | 4. A. Algeo | 2:04.5 |
| 100m | 5. S. Povey | 4:26.7 | 5. A. Algeo | 4:30.2 |
| 100m | 5. M. Athawes | 16:45.5 | 5. B. Mellish | 17:13.5 |
| 100mH | 3. I. Holder | 17.3 | 4. J. Cunningham | 20.8 |
| 100mH | 3. N. Freiter | 67.0 | 4. S. Povey | 71.9 |
| 100 s/c | 2. B. Saddler | 10:05.1 | 2. R. Coe | 10:39.6 |
| High Jump | 2. R. Holt (pb) | 1.80 | 5. R. Chitty | 1.05 |
| Long Jump | 4. A. Jamieson | 5.93 | 4. R. Chitty | 5.78 |
| Triple Jump | 5. I. Holder | 11.65 | 4. R. Chitty | 11.28 |
| Pole Vault | 2. J. Wakeman | 3.50 | 1. J. Cunningham | 3.20 |
| Shot Putt | 2. G. Hickey | 11.17 | 4. A. Elgy | 9.50 |
| Discus | 4. A. Elgy | 31.42 | 3. C. Brand | 26.16 |
| Javelin | 5. C. Brand | 38.76 | 5. R. Coe | 33.25 |
| Hammer | 5. S. Williams | 27.89 | 2. C. Brand | 25.19 |
| 4 x 100m | 4. Blackheath (dropped baton) | | | 56.4 |
| 4 x 400m | 2. Blackheath | | | 3:28.00 |

Match Result

| | |
|---------------|-----|
| 1. Plymouth | 124 |
| 2. Huntingdon | 120 |
| 3. Croydon | 115 |
| 4. Blackheath | 93 |
| 5. Colchester | 83 |

DIVISION THREE: MATCH 2

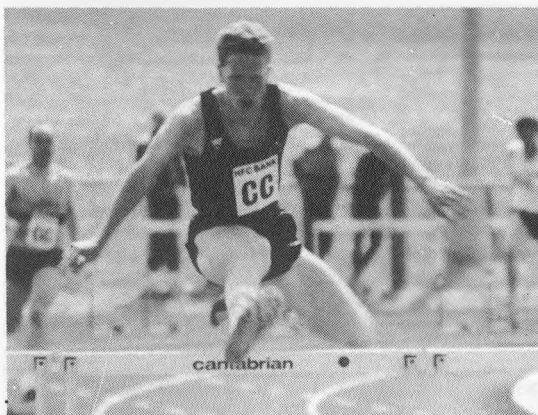
Dartford

27th May, 1989

After fourth position in the last fixture the Blackheath 'C' team was now aware that the standard of competition in this division was very respectable. This was to be another tough fixture with three 'A' teams namely Bexley, Thurrock and London A.C. with ourselves and TVH 'C' team arriving at a sunny Dartford track with a raging gale blowing down the back straight.

Having lost some athletes to the 'B' team overnight we found ourselves covering a few gaps on the day. Carl Longley, our up-and-coming javelin thrower had a busy day starting out with the shot putt, and pole vault and finishing with the 110H and javelin. The track competition was of a very high standard with us finding ourselves trailing in most events, even though Dave Hassall made his debut as a sprinter with an electrifying 100m. Our event of the day was the 400mH, seeing the return of Steve Munday to give us our only win on the track in 60.6 and the versatile Thor Fox coming a good second (not bad in a gale!).

The field events fared slightly better with a debut by Andy Jamieson in the pole vault and long jump bringing us valuable points and solid performances by Ian Holder and Richard Chitty with a hat trick of events covered by the ever-youthful Colin Brand winning the 'B' string shot and scoring well in the hammer and discus. The steeplechase saw the return of bionic-legs Watling, testing out an injury and providing the spectators with a blow-by-blow account of the steeplechase in the process. The final result saw London A.C. pull away clear, with the assistance of Geoff Parsons in the high jump, followed closely by Thurrock. The points were then pretty close with us finding ourselves in fourth position again only three points above TVH 'C' but making ourselves the highest placed C team in the country. With four fixtures still to go, our position was low and again our cumulative score was below 100 this situation would need a remedy if we were to remain in this division.



Simon Leishman, multi-events specialist.

Photo by P. Colnen

| | A | | B | |
|-------------|-----------------|---------|-----------------|---------|
| 100m | 5. R. Pinson | 11.9 | 5. D. Hassall | 13.5 |
| 200m | 5. R. Pinson | 23.7 | 3. D. Grierson | 24.1 |
| 400m | 5. T. Fox | 54.5 | 4. N. Brooks | 54.2 |
| 800m | 5. M. Watling | 2:02.2 | 4. D. Hassall | 2:06.3 |
| 1500m | 5. N. Woodworth | 4:16.0 | 2. K. Daniel | 4:19.2 |
| 5000m | 4. P. Hamilton | 16:03.4 | 4. N. Davidson | 16:31.6 |
| 100mH | 3. I. Holder | 16.7 | 4. C. Longley | 21.8 |
| 400mH | 1. S. Munday | 60.6 | 2. T. Fox | 64.3 |
| 3000 s/c | 2. M. Watling | 10:27.3 | 3. D. Hassall | 10:47.6 |
| High Jump | 4. I. Holder | 1.70 | 4. N. Woodworth | 1.65 |
| Long Jump | 3. A. Jamieson | 6.44 | 3. R. Chitty | 6.19 |
| Triple Jump | 4. I. Holder | 12.18 | 4. R. Chitty | 10.80 |
| Pole Vault | 3. A. Jamieson | 2.60 | 2. C. Longley | 2.45 |
| Shot Putt | 4. C. Longley | 8.80 | 1. C. Brand | 8.69 |
| Discus | 3. A. Elgy | 31.42 | 3. C. Brand | 26.42 |
| Hammer | 5. S. Williams | 26.28 | 3. C. Brand | 24.84 |
| Javelin | 3. C. Longley | 43.81 | 2. S. Leishman | 41.04 |
| 4 x 100 | Blackheath | | | 47.2 |
| 4 x 400 | Blackheath | | | 3:37.1 |

Match Result

| | |
|------------------|-----|
| 1. London A.C. | 135 |
| 2. Thurrock | 131 |
| 3. Bexley | 96 |
| 4. Blackheath | 90 |
| 5. Thames Valley | 87 |



Pete Crowe Division Three stalwart.

Photo by P. Colman

DIVISION THREE: MATCH 3

Norman Park

24th June, 1989

A hot summer day in June with little wind saw both Blackheath B and C teams together at Norman Park for a home fixture. The team after the last two fixtures was more determined to establish itself in this division against strong competition from Jersey Spartan who were promoted with us into this division last year, along with Walton, Watford and Luton.

The team was now stronger in the sprints with the presence of Pete Crowe, Kevin Hart and John Forrest and the return of Les Roberts in the 5000 and Gavin Fernandez in the 1500 our prospects were looking up. The day started well, partly because Luton had not arrived, finding themselves in a traffic jam in the Dartford Tunnel.

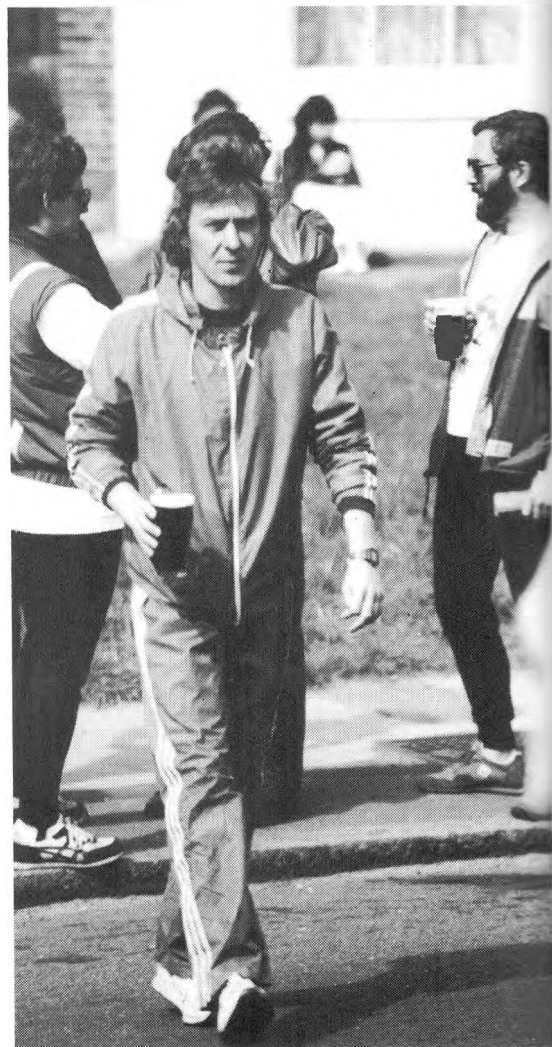
As the sun shone down the competition hotted up. Some solid performances, in the hammer with Stan Williams and Colin Brand both coming second in the A and B strings, the javelin, with Carl Longley and Simon Leishman and two wins in the pole vault with James Cunningham and Jim Day clearing 3.40m and 3.00m respectively.

James, much to his better judgement also came third in the 110mH with a little gentle persuasion from the team captain. Although the wins were few a steady tally of points was beginning to put us a strong second behind Jersey. Les, not content with showing Richard Coles, Tony Cooper and Chris Lord a clean pair of heels in the 5000m went on like a bionic zebedee to come a close second in the 3000m s/c with Dave Hassall winning the B string "like poetry in motion" commented the keen eyes of John Baldwin to bring home good points in this event. Our relay squads gave Jersey a good run for their money in the sprints. The final tally for the day gave us a total of 5 wins, 14 seconds, 15 thirds and only 4 fourths to give us a strong second place with 124 points to Jersey's 143. Gaining momentum the thirds are on their way.

| A | | | B | | |
|-------------|------------------|---------|------------------|--|---------|
| 100m | 3. P. Crowe | 11.4 | 2. K. Hart | | 11.4 |
| 200m | 2. K. Hart | 23.3 | 2. P. Crowe | | 23.7 |
| 400m | 3. J. Forrest | 51.5 | 3. T. Fox | | 52.8 |
| 800m | 4. K. Wheeler | 2:08.7 | 3. D. Hassall | | 2:03.0 |
| 1500m | 3. G. Fernandez | 4:05.7 | 2. K. Daniel | | 4:12.5 |
| 5000m | 2. L. Roberts | 15:18.8 | 2. C. Lord | | 16:07.3 |
| 100mH | 2. I. Holder | 16.8 | 3. J. Cunningham | | 21.2 |
| 400mH | 3. T. Fox | 62.1 | 2. N. Freiter | | 63.0 |
| 3000 s/c | 2. L. Roberts | 10:22.2 | 1. D. Hassall | | 10:42.3 |
| High Jump | 4. I. Holder | 1.55 | 4. S. Leishman | | 1.50 |
| Long Jump | 3. I. Holder | 5.85 | 4. C. Longley | | 5.28 |
| Triple Jump | 3. I. Holder | 11.23 | 3. C. Longley | | 11.07 |
| Pole Vault | 1. J. Cunningham | 3.40 | 1. J. Day | | 3.00 |
| Shot Putt | 3. G. Hickey | 10.97 | 3. C. Longley | | 9.02 |
| Discus | 3. S. Leishman | 30.46 | 3. C. Brand | | 28.14 |
| Javelin | 3. S. Leishman | 45.40 | 2. C. Longley | | 44.26 |
| Hammer | 2. S. Williams | 28.56 | 2. C. Brand | | 23.60 |
| 4 x 100 | 2. Blackheath | | | | 45.9 |
| 4 x 400 | 2. Blackheath | | | | 3:28.5 |

Match Result

| | |
|-------------------|-----|
| 1. Jersey Spartan | 143 |
| 2. Blackheath | 124 |
| 3. Walton | 107 |
| 4. Watford | 76 |
| 5. Luton | 64 |



Paul Betts carbo-loading for the Steeplechase.

Photo by P. Coolman

DIVISION THREE: MATCH 4

Norman Park

8th July, 1989

The first match win for the third team came in a tightly fought competition on our home ground.

A statistical look at the results shows the team's strength when everyone is available. In the 20 A and B string track races we gained 12 victories with several second and third places. This was backed up by a small field squad, many of whom doubled or trebled up on the day to good effect. Special mention though must go to decathlete Steve Oxlade who competed in 6 events, scoring 19 out of a possible 30 points — a truly great effort. One wonders how on earth Steve manages the logistics of all this although Team Manager for the day, Garry Spencer, kept Steve moving in the right direction when required.

On the track Pete Crowe showed that he just gets better with maximum points in the 100, 200 and 4 × 100 relay. A quiet character, Pete maintained this consistency all Summer and will doubtless progress next year with the benefit of another good Winter. Youngster Simon Leishman showed great promise for the future with maximum points in the 100 and 400 hurdles events. Chris Lord also showed guts by doing the steeplechase after the 5,000m and scored maximum points as a reward for his efforts. Also in the 5000 Les Roberts suffered a problem which was not rectified until the end of the race when he suddenly picked up speed and a toilet roll, whilst dashing for the gents.

The match was not won until the final event, the discus, which did not finish until after 6 o'clock due to the delay caused by the rain. Fittingly Steve Oxlade was involved together with Andrew Elgy and by both coming second, they secured victory for the club.

| Match Result | |
|--------------------|-----|
| 1. Blackheath | 137 |
| 2. E. Grinstead | 129 |
| 3. DISS | 107 |
| 4. Invicta E. Kent | 94 |
| 5. Epsom & Ewell | 54 |

DIVISION THREE: MATCH 5

Norman Park

22nd July, 1989

Hubble bubble, toil and trouble deep in the cauldron boil and bubble! was perhaps a fitting description for the third fixture in a row on another baking hot day at Norman Park, with track temperatures above 100°F. After the success of the last fixture it was an optimistic Blackheath team that prepared for competition. The side welcomed the presence of Trevor Llewellyn now clear of his coaching obligations, to prove once again his natural abilities unsupported by training, to win the A string high jump and triple jump, second in the A string 400H, first in the B string 110H, third in the B string long jump as well as competing in both the 4 × 100m and 4 × 400m relays. This of course reduced the number of events for Steve Oxlade (much to his annoyance) who cleared a p.b. at 3.60m in the pole vault and tackled the discus, javelin and shot with his usual tenacity.

The youngsters in the team demonstrated their abilities to compete effectively in the senior ranks with the presence of Gus Singer, Jonathan Murray, Richard Holt and Simon Harrison all adding valuable points. The heat of the day may have accounted for some slower times, particularly in the longer track events but the competition was looking quite close by late afternoon with Blackheath lying in second place with only a few events to go.

The final score depended upon the outcome of the discus with Steve or Andy requiring a win to take the match on the day, this was not to be and Blackheath finished a close second behind Worthing with 128 points to 126, comfortably ahead of Richmond (115), Great Yarmouth (93) and Hertford (73). The depth the club has is evident from the performances of the season, but again the work of the day and its success lies in the hands of a small group of dedicated people. If only the talents of our other members could support them, the Second Division would not be an unrealistic target.

| A | | | B | | |
|-------------|----------------|---------|----------------|----------|--|
| 100m | 1. P. Crowe | 11.7 | 1. P. Sparks | 11.7 | |
| 200m | 1. R. Holt | 22.5 | 1. P. Crowe | 23.7 | |
| 400m | 1. P. Squires | 50.8 | 1. R. Bates | 50.8 | |
| 800m | 2. K. Wheeler | 2.00.01 | 2. N. Wise | 2.03.00 | |
| 1500m | 4. K. Daniel | 4.19.8 | 3. N. Davidson | 4.24.2 | |
| 5000m | 3. C. Lord | 15.39.6 | 2. L. Roberts | 16.22.1 | |
| 110mH | 1. I. Holder | 17.00 | 1. L. Redgrave | 17.3 | |
| 400mH | 1. L. Redgrave | 59.4 | 2. S. Munday | 63.5 | |
| 3000 s/c | 3. B. Saddler | 10.12.8 | 1. C. Lord | 10.33.00 | |
| High Jump | 4. I. Holder | 1.70 | 3. S. Oxlade | 1.65 | |
| Long Jump | 3. R. Chitty | 5.87 | 1. S. Oxlade | 5.82 | |
| Triple Jump | 4. S. Oxlade | 11.05 | 4. R. Chitty | 10.72 | |
| Pole Vault | 3. S. Oxlade | 2.80 | 2. S. Williams | 1.50 | |
| Shot Putt | 4. S. Oxlade | 10.93 | 3. C. Brand | 8.96 | |
| Discus | 2. S. Oxlade | 33.14 | 2. A. Elgy | 31.52 | |
| Hammer | 4. S. Williams | 26.64 | 2. C. Brand | 21.88 | |
| Javelin | S. Leishman | 42.64 | 2. C. Brand | 42.50 | |
| 4 × 100 | 1. Blackheath | | | 45.4 | |
| 4 × 400 | 1. Blackheath | | | 3.29.8 | |

M J Cronin

Quantity Surveyor

FOR MECHANICAL ENGINEERING SERVICES

12 Fryston Avenue Croydon CR0 7HL

01-654 7768

| A | | | B | | |
|-------------|----------------|---------|----------------|--|---------|
| 100m | 4. P. Crowe | 11.05 | 4. G. Singer | | 11.8 |
| 200m | 3. P. Crowe | 23.2 | 3. R. Holt | | 23.4 |
| 400m | 2. J. Murray | 52.6 | 5. K. Wheeler | | 58.6 |
| 800m | 3. S. Thompson | 2:02.8 | 1. K. Wheeler | | 2:02.6 |
| 1500m | 3. P. Hamilton | 4:16.3 | 2. D. Hassall | | 4:19.6 |
| 5000m | 3. T. Cooper | 16:01.4 | 1. M. Watling | | 16.33 |
| 3000 s/c | 5. T. Cooper | 10:55.9 | 1. D. Hassall | | 10:58.3 |
| 110mH | 2. I. Holder | 16.8 | 1. T. Llewelyn | | 17.8 |
| 400mH | 2. T. Llewelyn | 60.6 | 4. N. Freiter | | 64.5 |
| High Jump | 1. T. Llewelyn | 1.90 | 4. G. Singer | | 1.68 |
| Long Jump | 3. R. Chitty | 6.27 | 3. T. Llewelyn | | 5.86 |
| Triple Jump | 1. T. Llewelyn | 12.80 | 1. R. Chitty | | 11.38 |
| Pole Vault | 2. S. Oxlade | 3.60 | 2. S. Harrison | | 2.60 |
| Shot Putt | 2. G. Hickey | 11.62 | 1. S. Oxlade | | 10.98 |
| Discus | 2. S. Oxlade | 33.85 | 2. A. Elgy | | 32.06 |
| Javelin | 4. S. Oxlade | 47.48 | 1. S. Harrison | | 42.08 |
| Hammer | 4. S. Williams | 28.82 | 2. G. Hickey | | 23.82 |
| 4 x 100 | 3. Blackheath | | | | 46.0 |
| 4 x 400 | 3. Blackheath | | | | 3:45.9 |

Match Result

| | |
|-----------------|-----|
| 1. Worthing | 130 |
| 2. Blackheath | 118 |
| 3. Richmond | 106 |
| 4. Gt. Yarmouth | 106 |
| 5. Hereford | 74 |



Andy Thompson 5th ranked Harrier at 800m.

Photo by P. Coolman

DIVISION THREE: MATCH 6

Tonbridge

5th August, 1989

The last fixture of the season put the third team in a very rare position of luxury with a high position in the Third Division secured and no chance of relegation, the team could afford to relax and provide an opportunity for some team members to opt for events they rarely try. Young Bassie Essien, who came along for the triple jump, had a go at the pole vault and achieved a p.b. of 2.40 to place in the A string after Steve Oxlade produced a very rare no-height. The welcome presence of John Forrest, dropping to the 100m and 200m instead of his usual 400m, and Jonathan Murray who gave a marvellous demonstration of determined running to win his 800m along with Damon Williams and Chris Huntley once again showed how well junior members of the club can compete effectively in the senior ranks.

In the field events, the presence of Ian Holder, Richard Chitty, Gordon Hickey, Colin Brand, Stan Williams and the strength of Andy Paffett in the hammer all gave solid performances against teams such as Braintree and

Tonbridge, having very strong throwing sides present. On the track the usual presence of Pat Crossan (who was turned down as a bridesmaid) displayed an effortless win in the 400m ably supported by Pete Crowe who has sadly been afflicted by achilles problems for much of the season. Nick Kinsey and Barry Saddler picked up valuable points in the 5,000m, again under conditions resembling the Mojave Desert (except for the cacti, sand, wildlife etc) to give us good points in this event.

The final result put us in third position behind Tonbridge and Braintree, both competing for promotion into the Second Division. This effort placed us tenth overall in our first season in the Third Division, but had we been able to field the sort of teams the club is capable of putting out, promotion would be a realistic possibility. As team captain my thanks go to the support of all regular team members in all teams for their efforts this season and look forward to our future successes.

DH

| A | | | B | | |
|-------------|-------------------|---------|----------------|-----------|---------|
| 100m | 5. J. Forrest | 12.2 | 3. R. Pinson | | 12.2 |
| 200m | 4. J. Forrest | 24.1 | 3. P. Crossan | | 23.2 |
| 400m | 1. P. Crossan | 50.9 | 2. P. Crowe | | 52.0 |
| 800m | 5. K. Wheeler | 2:11.0 | 1. J. Murray | | 2:00.0 |
| 1500m | 3. D. Hassall | 4:13.6 | 2. K. Daniel | | 4:15.3 |
| 5000m | 2. N. Kinsey | 15:46.1 | 2. B. Saddler | | 15:52.2 |
| 110mH | 3. I. Holder | 17.1 | 1. S. Oxlade | | 17.2 |
| 400mH | 4. N. Freiter | 63.7 | 1. S. Oxlade | | 61.2 |
| 3000 s/c | 4. C. Huntley | 10:15.9 | 3. D. Williams | | 10:30.2 |
| High Jump | 3. I. Holder | 1.75 | 1. S. Oxlade | | 1.70 |
| Long Jump | 3. R. Chitty | 6.32 | 2. S. Oxlade | | 6.14 |
| Triple Jump | 5. B. Essien | 11.53 | 5. R. Chitty | | 10.97 |
| Pole Vault | 5. B. Essien (pb) | 2.40 | S. Oxlade | no height | |
| Shot Putt | 3. G. Hickey | 11.53 | 2. P. Monks | | 9.91 |
| Discus | 4. S. Oxlade | n/a | 4. C. Brand | | n/a |
| Javelin | 3. S. Oxlade | 47.32 | 3. C. Brand | | 42.34 |
| Hammer | 2. A. Paffett | 43.80 | 4. S. Williams | | 27.02 |
| 4 x 100 | 3. Blackheath | | | | 45.1 |
| 4 x 400 | 1. Blackheath | | | | 3:29.0 |

Match Result

| | |
|---------------|-------|
| 1. Tonbridge | 140.5 |
| 2. Braintree | 114.5 |
| 3. Blackheath | 108 |
| 4. Newbury | 104 |
| 5. Haslemere | 71 |

DIVISION 3 FINAL TABLE

| | | |
|-----------------------|-------|----|
| 1. Plymouth | 816.5 | 29 |
| 2. Tonbridge | 779 | 27 |
| 3. Thurrock | 770 | 27 |
| 4. London AC | 768.5 | 27 |
| 5. Braintree | 745.5 | 27 |
| 6. East Grinstead | 742 | 25 |
| 7. Huntingdonshire | 718.5 | 23 |
| 8. Worthing | 691 | 23 |
| 9. Jersey | 738.5 | 21 |
| 10. Blackheath | 678 | 20 |
| 11. Colchester | 661 | 19 |
| 12. Newbury | 664.5 | 18 |
| 13. Walton | 651 | 18 |
| 14. Bexley | 603.5 | 17 |
| 15. TVH | 648.5 | 16 |
| 16. Richmond | 607.5 | 15 |
| 17. Croydon | 577 | 15 |
| 18. Hertford & Ware | 577.5 | 14 |
| 19. Diss | 576 | 12 |
| 20. Haslemere | 535 | 12 |
| 21. Great Yarmouth | 540.5 | 11 |
| 22. Invicta East Kent | 513 | 11 |
| 23. Epsom & Ewell | 454 | 9 |
| 24. Watford | 461 | 8 |
| 25. Luton | 456.5 | 6 |

(Top five promoted to Division 2. Provisionally bottom five relegated to Division 4 depending on BAL qualifying match.)



Simon Parsons' spikes making a rare appearance.

Photo by P. Culnan

SOUTHERN LEAGUE DIVISION 7

This season saw the introduction of the new 4th senior team in Division 7 of the Southern League. This was to make us the only club with three teams in the League.

A 4th team became necessary as a result of the improvement in standards and competition arising from the 3rd team's promotion to Division 3. It was felt that a 4th team would provide competition for all track and field athletes who could not meet the high standard of the 3rd team. It was also seen as a good place to introduce young athletes to Senior competition.

The first fixture took place at home on the 6th May in glorious weather, really setting the scene for the hot Summer that was to follow. Not only did we have good weather but also the company of Bromley Ladies who held their own club championships alongside the match. Swale and Haywards Heath were both summarily despatched in what seemed a very easy fixture. We were untroubled on the Track, so much so that we were able to risk fielding Andy Frankish and myself in the 'chase. Now Andy knows how to play this game and all his experience enabled him to record a win in 11:23.2. We won't record my time here, but my unique leg-over technique caused the track judges much consternation and mirth!

Elsewhere the new team settled in and recorded 16 wins on the track and 5 on the field. Jim Phelan, Paul Austridge, Steve Green, Derek Ferris, Chris Huntley, Marc Trevisan, Bob Pinson and Jim Day all forming the nucleus of the 4th Team.

After the first match we all thought that Div 7 was going to prove too easy. Our next match at Aldershot brought us down to earth with a bump. The Aldershot services team was clearly a class above the rest of us and looks to be heading for the higher divisions. They recorded 35 wins out of 36 events to beat Yeovil, Croydon and us by 141 points to second place Yeovil with 73 points. We were last with 61 points, 7 down on Croydon who loved every minute of it.

The match highlighted the real weakness of the 4th team — throwers and hurdlers. Whilst holding our own on the track our runners do not make ideal hammer throwers and shot

putters. These problems will be plaguing all of our fixtures in 1989, so if anyone is interested in hurdling or throwing why not let Jim Phelan know so that training can be organised. Experience is not essential and you may even enjoy it.

New comers to the team were Steve Povey, Neil Wise and a rare 1989 appearance by Peter Barlow — throwing only — almost as good as his goalkeeping (but that's another story).

Match 3 brought the team back to London at Tooting-Bec. A third place was gained here against Hercules Wimbledon, Weymouth and Kent A.C. Adrian Musson came along and eased our throws problem with performances in the Shot, Hammer and Discus. Best track performance came from Neil Newport who recorded a good win in 15:34.6. Jim Phelan was relieved from running the 5000m and was thus able to win the 1500m 'B'. Mike 'Dracu' Laws appeared to have had too many late nights as he recorded a second place in the 'A' string 1500. Jim also went on to win the 3000m 'chase and perform in the Shot and Hammer. Jeff Salmon came into the team and won the 200m with Bob Pinson also winning the 'B' string 100. Mike Mahoney made his second appearance for the team in the 400m. His team appearances always proved useful but nearly always seemed to leave him injured — maybe he wasn't going to prove the complete solution to our hurdling shortage! The strength of our sprinters at Tooting enabled us to win the 4 × 100 in a credible 46.3.

Match 4 was at Horsham where we came second to Bognor Regis with Trowbridge a close third. I missed this one but looking at the results it is evident that the track team led the way. New faces to the team included Anthony Algeo debuting with a 1500m win in 4:22.9. Nick Freiter filled a useful hole in the 100mH. Steve Povey and Mike Laws provided two wins in the 800m. Steve going on to record a further double with Richard Coe in the 'chase. The oldsters were also represented by Junior Field in the sprints, Martin Athawes in the 5000m and Mike Davies in the Pole Vault, Hammer and Discus.

The final match took place in Andover on the 22nd of July — the hottest day of the year. The stress of leading this bunch of athletic misfits had already laid me out with shingles so I was only able to watch this match from the sidelines — cold drinks and sandwiches in hand. The result was another second place behind Guildford. Salisbury came third only 1½ points behind and Swindon came last.

The match was marred by an administrative cock-up as no one had told the host club it was a double fixture. They strolled in at the regular time to find a match underway! Blackheath officials once again helped bail out a fixture and our athletes responded well to a hastily rearranged timetable.

The sprinting team of Salmon, Stack and Ferris grabbed four wins over 100m and 200m and helped to a second place in the 4 × 100. Mike Allen was once again made to suffer over 400m, 400mH and the 4 × 400. Despite his objections it is clear that he is now beginning to reap the benefit of all that hard work. Marc Trevisan laid aside his Javelin and had a go at the long hurdles and was heard to say he enjoyed it. He might not enjoy it so much next year when we persuade him to try running as fast as the other competitors, he still recorded a third place and is likely to do well next season.

Our best events in the field were the Javelin with two second places courtesy of Richard Coe and Marc Trevisan and the Long Jump where Richard Coe recorded a win in the 'B' string.

Special mention must be made of Derek Dhammaloka who supported the team at every match, mainly taking part in the non-scoring events. His persistence was rewarded at Andover where he was selected to run the 800m 'B' string.

In all it was an enjoyable season and it is clear that Division 7 provides a fair level of competition for us. We ended up in 7th place out of 15. Next year's Manager will be Jim Phelan, and good luck to him. I personally shall be looking for more competition and less administration!

SOUTHERN LEAGUE DIV. 7 MATCH 1

Norman Park

6th May, 1989

| A | | | B | | |
|-------------|-----------------|---------|-----------------|---------|--|
| 100m | 1. B. Pinson | 12.00 | 1. P. Austridge | 12.4 | |
| 200m | 1. M. Mahoney | 24.4 | 1. S. Green | 25.2 | |
| 400m | 1. D. Ferris | 53.3 | 1. C. Huntley | 55.4 | |
| 800m | 1. C. Huntley | 2:09.2 | 1. S. Parsons | 2:11.7 | |
| 1500m | 1. J. Phelan | 4:38.6 | 1. P. Lester | 4:53.2 | |
| 5000m | 1. J. Phelan | 16:43.6 | 1. S. Parsons | 19.15 | |
| 110mH | 2. P. Lester | 21.0 | | | |
| 400mH | 2. J. Goodman | 67.3 | 1. M. Mahoney | 74.9 | |
| 3000m S/C | 1. A. Frankish | 11:23.2 | 2. S. Parsons | 14:31.9 | |
| High Jump | =2. M. Trevison | 1.20 | =1. J. Goodman | 1.20 | |
| Long Jump | 1. P. Austridge | 5.57 | 1. B. Pinson | 5.38 | |
| Triple Jump | 2. P. Austridge | 11.36 | 1. B. Pinson | 11.17 | |
| Pole Vault | 1. J. Day | 3.00 | 1. J. Goodman | 2.75 | |
| Shot Putt | 3. J. Phelan | 6.82 | 2. P. Lester | 5.88 | |
| Javelin | 2. S. Green | 37.76 | 2. M. Trevison | 33.80 | |
| Hammer | 2. J. Phelan | 17.96 | 2. S. Parsons | 13.40 | |
| Discus | 2. B. Pinson | 25.70 | 3. J. Phelan | 17.06 | |
| 4 x 100m | 1. Blackheath | 48.0 | | | |
| 4 x 400m | 1. Blackheath | 3:51.8 | | | |

Final Positions

| | |
|------------------------|------|
| 1. Blackheath Harriers | 123½ |
| 2. Swale | 104½ |
| 3. Haywards Heath | 78 |

SOUTHERN LEAGUE DIV. 7 MATCH 2

Aldershot Military Stadium

27th May, 1989

| A | | | B | | |
|-------------|-----------------|---------|----------------|---------|--|
| 100m | 4. P. Austridge | 12.3 | 3. S. Green | 12.1 | |
| 200m | 4. P. Austridge | 25.5 | 3. S. Green | 24.7 | |
| 400m | 3. M. Allen | 57.5 | 2. S. Povey | 58.5 | |
| 800m | 3. S. Parsons | 2:07 | 2. C. Huntley | 2:07 | |
| 1500m | 3. N. Wise | 4:18.4 | 4. M. Williams | 4:44.6 | |
| 5000m | 3. J. Phelan | 16:46.3 | 2. M. Athawes | 17:03.9 | |
| 110mH | — | — | — | — | |
| 400mH | 3. M. Allen | 71.1 | 3. S. Povey | 69.5 | |
| 3000m S/C | 2. C. Huntley | 10:50.1 | 2. J. Robinson | 12:37.1 | |
| High Jump | 3. M. Trevison | 1.50 | =3. S. Green | 1.10 | |
| Long Jump | 3. P. Austridge | 5.63 | 3. S. Parsons | 5.01 | |
| Triple Jump | 3. P. Austridge | 10.98 | 4. N. Wise | 9.37 | |
| Pole Vault | 2. J. Day | 3.00 | — | — | |
| Shot Putt | 4. J. Phelan | 6.58 | 4. P. Barlow | 5.64 | |
| Javelin | 4. S. Green | 35.50 | 4. M. Trevison | 29.12 | |
| Hammer | 4. J. Phelan | 16.70 | 4. P. Barlow | 10.12 | |
| Discus | 4. J. Phelan | 15.98 | 4. P. Barlow | 11.24 | |
| 4 x 100m | 3. Blackheath | 48.7 | | | |
| 4 x 400m | 2. Blackheath | 3:47.9 | | | |

Final Positions

| | |
|-----------------------|-----|
| 1. Aldershot Services | 141 |
| 2. Yeovil | 73 |
| 3. Croydon | 68 |
| 4. Blackheath | 61 |

SOUTHERN LEAGUE DIV. 7 MATCH 3

Tooting Bec

24th June, 1989

| A | | | B | | |
|-------------|-----------------|---------|-----------------|---------|--|
| 100m | 2. P. Stack | 11.8 | 1. B. Pinson | 12.1 | |
| 200m | 1. J. Salmon | 24.1 | 3. S. Green | 24.9 | |
| 400m | 3. M. Mahoney | 55.5 | 2. M. Allen | 56.2 | |
| 800m | 2. N. Wise | 2:02.8 | 2. S. Parsons | 2:10.8 | |
| 1500m | 2. M. Laws | 4:20.3 | 1. J. Phelan | 4:23.4 | |
| 5000m | 1. N. Newport | 15:34.6 | 1. S. Povey | 16:16.4 | |
| 110mH | — | — | — | — | |
| 400mH | 3. M. Allen | 76.1 | 3. S. Povey | 72.3 | |
| 3000m S/C | 1. J. Phelan | 11:13.2 | — | — | |
| High Jump | 3. M. Trevison | 1.50 | =2. S. Green | 1.10 | |
| Long Jump | 4. B. Pinson | 5.43 | 1. P. Austridge | 5.43 | |
| Triple Jump | 4. P. Austridge | 10.96 | 3. B. Pinson | 10.59 | |



Jim Phelan sexathlete (that's six events to you).

| | | | | |
|------------|-----------------------|--------|---------------|-------|
| Pole Vault | — | — | — | — |
| Shot Putt | 3. A. Musson | 7.86 | 2. J. Phelan | 7.27 |
| Javelin | 1. M. Trevison | 37.12 | 1. S. Green | 35.92 |
| Hammer | 3. J. Phelan | 17.30 | 3. A. Musson | 15.14 |
| Discus | 3. A. Musson | 21.42 | 3. S. Parsons | 17.24 |
| 4 x 100m | 1. Blackheath | 46.3 | | |
| 4 x 400m | 3. Blackheath | 3:42.0 | | |
| 800m | N/S. S. D. Dhammaloka | 2:25.6 | | |

Final Positions

| | |
|-----------------------|-----|
| 1. Hercules Wimbledon | 108 |
| 2. Weymouth St. Pauls | 106 |
| 3. Blackheath | 86 |
| 4. Kent A.C. | 38 |

SOUTHERN LEAGUE DIV. 7 MATCH 4

Horsham

8th July, 1989

| A | | | B | | |
|-------------|---------------|---------|----------------------------|---------|--|
| 100m | 3. J. Field | 11.9 | 2. S. Green | 12.4 | |
| 200m | 3. J. Field | 24.7 | 1. D. Grierson | 24.7 | |
| 400m | 1. D. Ferris | 53.1 | 1. N. Freiter | 55.5 | |
| 800m | 1. M. Laws | 2:05.5 | 1. S. Povey | 2:07.5 | |
| 1500m | 1. A. Algeo | 4:22.9 | 1. J. Phelan | 4:23.8 | |
| 5000m | 2. J. Phelan | 16:37.4 | 2. M. Athawes | 17:10.0 | |
| 110mH | 3. N. Freiter | 22.5 | — | — | |
| 400mH | 2. N. Freiter | 64.0 | 3. M. Allen | 71.9 | |
| 3000m S/C | 1. S. Povey | 10:39.1 | 1. R. Coe | 11:14.4 | |
| High Jump | 2. N. Freiter | 1.50 | 2. M. Allen | 1.20 | |
| Long Jump | 3. R. Coe | 5.70 | 3. S. Green | 5.19 | |
| Triple Jump | 3. R. Coe | 11.38 | 3. S. Povey | 9.93 | |
| Pole Vault | 2. M. Davies | 2.10 | — | — | |
| Shot Putt | 3. J. Phelan | 7.13 | 3. M. Allen | 7.09 | |
| Javelin | 3. S. Green | 37.98 | 3. J. Field | 35.70 | |
| Hammer | 2. M. Davies | 27.38 | 3. J. Phelan | 16.24 | |
| Discus | 3. M. Davies | 22.44 | 3. J. Phelan | 19.06 | |
| 4 x 100m | 2. Blackheath | 48.3 | 1. Ferris | 57.0 | |
| | | | 2. Allen | 56.1 | |
| | | | 3. Algeo | 56.4 | |
| | | | 4. Grierson | 55.6 | |
| 4 x 400m | 2. Blackheath | 3:42.1 | Green/Field/Grierson/Allen | | |

Final Positions

| | |
|-----------------------------------|-----|
| 1. Bognor Regis & Chichester A.C. | 119 |
| 2. Blackheath | 96 |
| 3. Trowbridge | 90 |

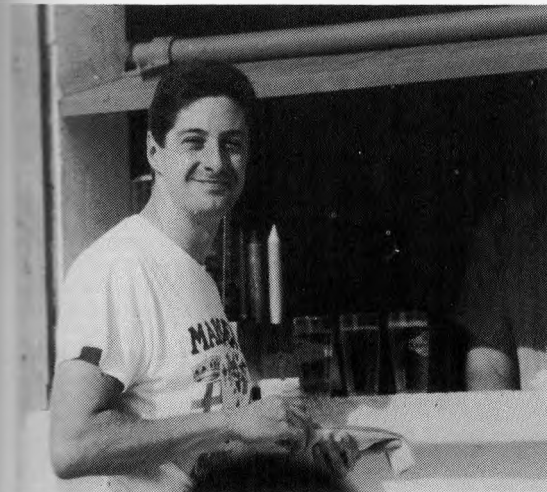
SOUTHERN LEAGUE DIV. 7 MATCH 5

22nd July, 1989

| | A | | B |
|----------------|---------|------------------|---------|
| 1. P. Stack | 11.8 | 1. J. Salmon | 11.8 |
| 1. D. Ferris | 23.5 | 1. J. Salmon | 24.5 |
| 2. P. Stack | 56.0 | 2. M. Allen | 56.1 |
| 3. S. Povey | 2.11.6 | 4. D. Dhammaloka | 2.22.4 |
| 2. J. Phelan | 4.19.6 | 3. A. Algeo | 4.24.2 |
| 2. J. Phelan | 16.33.1 | 1. M. Farrell | 17.04.1 |
| 3. M. Allen | 72.6 | 3. M. Trevisan | 68.8 |
| 3. R. Coe | 11.10.7 | 1. S. Povey | 11.11.0 |
| 3. M. Trevisan | 1.50 | 3. A. Algeo | 1.50 |
| 2. J. Salmon | 5.53 | 1. R. Coe | 5.39 |
| 3. R. Coe | 11.30 | 3. J. Salmon | 10.37 |
| 3. M. Davies | 2.50 | | |
| 4. M. Allen | 7.39 | 3. J. Phelan | 6.49 |
| 2. R. Coe | 36.44 | 2. M. Trevisan | 34.24 |
| 3. M. Davies | 25.36 | 3. J. Phelan | 15.98 |
| 4. M. Davies | 19.31 | 4. J. Phelan | 18.04 |
| 2. Blackheath | 48.7 | | |
| 1. Blackheath | 3.42.9 | | |

Final Positions

| | |
|--------------------------|-----|
| 1. Guildford & Godalming | 110 |
| 2. Blackheath | 85½ |
| 3. Salisbury | 84 |
| 4. Swindon | 68½ |



Peter Barlow displays his bitter disappointment at missing much of the track season.

Photo by B. Sadder

Final Table

| | | |
|--------------------------------|------|--------|
| 1. Aldershot Services | 20 | 686 |
| 2. Bognor Regis and Chichester | 19 | 580 |
| 3. Guildford and Godalming | 17 | 542* |
| 4. Weymouth | 16 | 525* |
| 5. Hercules Wimbledon | 16 | 485.5* |
| 6. Yeovil | 14.5 | 508 |
| 7. Blackheath | 13 | 452.5 |
| 8. Croydon | 13 | 447.5 |
| 9. Swindon | 12.5 | 468.5 |
| 10. Trowbridge | 11 | 383 |
| 11. Haywards Heath | 11 | 340.5 |
| 12. Swale | 10 | 423.5* |
| 13. Salisbury | 9 | 354* |
| 14. Kent | 4 | 93 |
| 15. Langton | 3 | 58* |

*Points adjusted for cancelled fixture. Winners of each section promoted to Division 6. Next three to take part in promotion match on August 5 from which best three will go to Division 6.

There will be six league meetings in Division 7 next year as the Northern and Southern sections combine. Any would-be Vaulters, Putters, Hurdlers or Jumpers should get into training now and make themselves available for competition next May. Also - no competition takes place without administrators, judges, timekeepers and starters - if you feel you would really like to assist the club with its athletic forays but are not in a position to compete, then you would be more than welcome to come along and be part of the back up team - as vital as any participant to the match - any would-be officials please contact Mike Davies. Ed.

OTHER TRACK RESULTS

SWARD AND KINNAIRD TROPHY MEETING

16th April, 1989

Before this year the club had never won the Kinnaird Trophy for Track events. This year in appalling conditions the club not only won the Kinnaird but also completed the double and took the Sward trophy for Field events.

It is a shame to see such renowned competitions from the past reduced to their present state, but no-one can doubt the pride and commitment of the Blackheath team on that day.

However it was still a shock to see our 3000m runners going to the blocks for the 400m!! Actually it was probably more of a shock for Steve Thompson and Tony Cooper themselves. When they had recovered they said how much they enjoyed it, well that's what I think they said.

Pat Calnan tried the 800m before going on to win the 1500m and come 2nd in the 2000m Chase. Pat was accompanied by Pete Barlow in one of his rare 1989 track appearances. Pete came 1st in both the 1500 and Chase 'B' strings.

Nigel Keogh recorded a very fine 55.7 for the 400mH in the wind and anchored our victorious 4x400 relay squad. It was a good job that he was fit because my contribution to the relay was to turn a 20m lead into a 40m deficit!!

We won because we fielded competitors in every string of every event, the only club to do so. A win by over 30 points was our just reward.

In the field, we managed to record more individual wins because of our multi-event specialists Tolson, Pullen and Holder or is that a firm of accountants?

Simon Tolson won the Pole Vault 'A' string, High Jump and Triple Jump 'B' strings. Gary Pullen had a quiet day winning the Long Jump and Discus 'B'. Garth Holder won the 'B' Pole Vault before going on to record a 3rd in the Javelin.

Warren Caswell not only won the High Jump but also came 2nd in the 110m Hurdles. Well I suppose he's got the legs for it.

S. Parsons

Sward Trophy

| | A | | B | |
|-------------|---------------|-------|--------------|--------|
| High Jump | 1. W. Caswell | 2.00 | 1. S. Tolson | 1.80 |
| Pole Vault | 1. S. Tolson | 3.20 | 1. G. Holder | 3.00 |
| Long Jump | 1. G. Pullen | 6.58 | 1. R. Chitty | 5.92 |
| Triple Jump | 3. R. Chitty | 11.30 | 1. S. Tolson | 10.98 |
| Shot | 4. G. Pullen | 12.13 | 2. G. Hickey | 11.00 |
| Hammer | 4. C. Ellis | 35.62 | 2. G. Hickey | 22.46 |
| Discus | 2. C. Ellis | 44.46 | 1. G. Pullen | 40.26 |
| Javelin | 3. G. Holder | 48.94 | 2. G. Pullen | 41.12* |

Result

| | |
|----------------------------|-----|
| 1. BLACKHEATH HARRIERS | 132 |
| 2. HERCULES WIMBLEDON | 106 |
| 3. KINGSTON AND POLY | 52 |
| 4. MITCHAM AND SUTTON | 50 |
| 5. WINDSOR SLOUGH AND ETON | 46 |
| 6. THAMES VALLEY | 28 |

Kinnaird Trophy

| | A | | B | |
|----------|----------------|--------|---------------|--------|
| 100m | 4. P. Sparks | 11.8 | 3. R. Pinson | 12.2 |
| 200m | 2. R. Bates | 22.6 | 2. P. Byfield | 23.5 |
| 400m | 3. S. Thompson | 57.7 | 1. T. Cooper | 58.9 |
| 800m | 4. S. Parsons | 2:11.5 | 3. P. Calnan | 2:27.8 |
| 1500m | 1. P. Calnan | 4:15.2 | 1. P. Barlow | 4:29.5 |
| 3000m | 4. S. Thompson | 9:05.9 | 2. T. Cooper | 9:06.3 |
| 110mH | 2. W. Caswell | 16.4 | 1. S. Tolson | 19.1 |
| 400mH | 1. N. Keogh | 55.7 | 1. M. Lobb | 59.3 |
| 2000 s/c | 2. P. Calnan | 6:25.6 | 1. P. Barlow | 6:52.6 |
| 4 x 100 | Disqualified | | | |
| 4 x 400 | 1. | 3:35.6 | | |

Result

| | |
|----------------------------|-----|
| 1. BLACKHEATH HARRIERS | 160 |
| 2. HERCULES WIMBLEDON | 122 |
| 3. KINGSTON AND POLY | 90 |
| 4. THAMES VALLEY | 67 |
| 5. WINDSOR SLOUGH AND ETON | 26 |
| 6. MITCHAM AND SUTTON | 20 |

WOODFORD TROPHY MEETING

Sunday, 27th August, 1989

It was perhaps in an attempt to create a greater interest and a larger turnout that this meeting was moved from its traditional July date to the August Bank Holiday. Unfortunately, partly due to a clash with an inter-counties match, this did not prove a success and only our hosts covered all the events. This was a shame as the clubs invited are some of the best in London, the majority being British League clubs; the winner of each event is awarded a small prize and there is a trackside bar! Unfortunately this year we didn't have anyone to fill Costas Karageorghis' role as piano player.

The afternoon got off to an inauspicious start with the cancellation of the pole vault which was a bit of a blow for us as it was one of the events where we actually had two competitors. James Cunningham turned down the generous offer of places in the 110H and other jumps and departed without competing. Simon Tolson went on to have a go at most events and was rewarded with a pb of 62.1 in the 400 hurdles.

Carl Longley (javelin), Chris McGrady (triple jump), after travelling from the Isle of Wight to compete, and Dave Galvin when he looked set to win the 400 metres, all sustained injuries which reduced our points score. However, we were boosted by the presence of Mark Williams with a 2nd and 1st in the 100m and 200m respectively in what were far from ideal conditions.

We finished 5th which was OK but next year let's hope we show a bit more interest and give Woodford some competition.

| | | | | |
|------------|----------------|-----------|-------------------------|-------|
| 100m | 2. M. Williams | 11.3 | | |
| 200m | 1. M. Williams | 22.1 | | |
| 400m Heats | D. Galvin | 51.1 | Final 5. R. Holt (J) | 53.3 |
| | R. Holt (J) | 52.0 | dnf D. Galvin (injured) | |
| 1500m | 7. D. Hassall | 4:16.7 | | |
| 5000m | 5. P. Calnan | 16.22 | 8. D. Williams | 16.42 |
| 110H Heat | 4. S. Tolson | 20.0 | | |
| 400H | 5. S. Tolson | 62.1 (pb) | | |
| 3000 S/C | 3. P. Calnan | 10.05 | | |
| HJ | 8. S. Tolson | 1.80 | | |
| TJ | 4. C. McGrady | 12.79 | (retired injured) | |
| JT | 6. C. Longley | 44.02 | (retired injured) | |

1st Woodford Green 5th Blackheath

READING GAZETTE TROPHY MEETING

Monday, 28th August, 1989

This was a rare opportunity for youths to compete at the same meeting as seniors and here there was a larger than normal number of 'harriers' at the club for the convoy to Reading. Tony Cooper's jeep was an obvious attraction to the younger element and there was a mad rush to get a place in said vehicle. Messrs Quarry, Baker and Singer were the quickest off the mark and they were just getting ready to put their hip hop tapes into the cassette player as Tony came back from a call of nature, somewhat bewildered at the commandeering of his vehicle. The rest of us had to make do with more conventional transport, that is, if you call Andy Frankish's car conventional. It may have a compact disc player, central locking and all other modern accessories but it never seems to work. After a few repetition pushes in the car park we managed to get it going.

The Reading Stadium is a fine place to compete and our hosts are already seeing the benefit of this facility with a blossoming young athletes' team which will be a great backbone to their senior squad in future years. Star for our seniors was Andy Hodge with his 56.1 in the 400H (will we see him doing it in the British League next year?); 1.95 high jump and 22.8 200m. He also 'volunteered' for the discus, javelin and 4 x 100 which was all good training for the Kent decathlon. Ben Eldred, a youth, ran a p.b. in the 800 B String and other notable guest performances came from Nigel Keogh with a 12.31 triple jump, and Pat Squires debut in the Shot Putt, after a crash coaching course from Jason Mulcahy.

The meeting provided an ideal opportunity for our youths to sharpen up the week before the Young Athletes' Final. Best performance was Jason Mulcahy's 16.62 shot, with Richard Samuel getting a p.b. in the B String with 14.32. Six wins out of six in the sprints, with Gus Singer celebrating his victory with twenty metres to run, saw another great haul of points. It was only in the middle distance where we suffered a bit, and I'm sure our runners would be the first to admit that they were not at their peak. We were neck and neck with Reading the whole afternoon but in the end were narrowly beaten. It would have been closer but a dropped baton in the 4 x 100 meant disqualification. Still it was better to drop a baton in a low key fixture than in the Young Athletes' final the following weekend.

Thanks to all those who took their cars down and relieved a transport problem.

| Seniors | 1. Southampton | 200 pts | 3. Blackheath | 181 pts |
|----------|-------------------------------------|---------|---------------------|---------|
| | A | | B | |
| 100m | 3. P. Byfield | 11.5 | 1. N. Keogh | 11.4 |
| 200m | 3. P. Squires | 23.3 | 1. A. Hodge | 22.8 |
| 400m | 5. P. Byfield | 51.9 | 1. J. Forrest (Jun) | 51.5 |
| 800m | 3. K. Wheeler | 1:59.6 | 3. B. Eldred (Yth) | 2:02.3 |
| 1500m | 5. J. Phelan (Vet) | 4:16.8 | 4. P. Barlow | 4:27.3 |
| 5000m | 4. T. Cooper | 15:55.4 | 4. B. Saddler | 16:03 |
| 400H | 1. A. Hodge | 56.1 | 3. N. Keogh | 64.3 |
| 3000 s/c | 3. P. Calnan | 10:02.4 | 3. D. Williams | 10:32.6 |
| HJ | 2. A. Hodge | 1.95 | — | — |
| TJ | 2. P. Byfield | 13.23 | 2. N. Keogh | 12.31 |
| SP | 6. P. Squires | | 6. J. Phelan (Vet) | |
| DT | 6. S. Leishman (Jun) | 30.00 | 5. A. Hodge | 24.24 |
| JT | A. Hodge | | S. Leishman (Jun) | |
| 4 x 100 | 2. (Byfield, Hodge, Keogh, Squires) | | | |

| Youths | 1. Reading | 185 pts | 2. Blackheath | 169 pts |
|---------|--|---------|---------------------|---------|
| | A | | B | |
| 100m | 1. D. Baker | 11.9 | 1. G. Singer | 11.8 |
| 200m | 1. B. Eldred | 23.9 | 1. R. Lashley | 24.0 |
| 400m | 1. J. Quarry | 51.5 | 1. S. Cole | 52.9 |
| 800m | 5. A. Algeo | 2:12.1 | 3. C. Huntley | 2:07.9 |
| 1500m | 5. A. Draper | 4:32.4 | 3. R. Wheatherstone | 4:52.2 |
| 400H | 3. C. Huntley | 69.4 | | |
| HJ | G. Singer | 1.75 | | |
| LJ | 1. D. Baker | 6.43 | 1. R. Lashley | 5.86 |
| SP | 1. J. Mulcahy | 16.62 | 1. R. Samuel | 14.35 |
| DT | 2. J. Mulcahy | 43.70 | 1. R. Samuel | 29.54 |
| JT | 2. R. Samuel | 46.40 | | |
| 4 x 100 | (Eldred, Quarry, Baker, Singer) disq. — dropped baton. | | | |

Norman Park

22nd April, 1989

100m [A] Davies P. 10.8; Crowe P. 11.5; Sparkes P. 11.5; Crossan P. 11.5; Featherstone P. 11.9; [B] Byfield P. 11.5; Holt R. 11.9; Lobb M. 12.0; Pinson R. 12.1; Barlow D. 12.7; [C] Stack P. 11.9; Freiter N. 12.3; Mahoney M. 12.3; Green S. 12.4; **200m** [A] Davies P. 21.5; Squires P. 22.9; Crowe P. 23.0; Pinson R. 24.5; [B] Stack P. 24.1; Freiter N. 24.8; Mahoney M. 24.9; Green S. 25.4; Wheeler K. 25.6; **400m** [A] Crossan P. 50.0; Holt R. 50.7; Byfield P. 51.2; Galloway P. 51.2; Featherstone P. 51.8; Lobb M. 52.9; [B] Ferris D. 54.4; Allen M. H. 55.5; Sparkes P. 56.2; McDonald N. 56.9; Parsons S. 58.2; **800m** Keogh N. 1:55.4; Galloway P. 1:55.6; Watling M. 1:56.9; Coe R. 2:00.5; Hassall D. 2:02.0; Calnan P. 2:02.5; Wheeler K. 2:03.2; Daniel K. 2:06.1; Parsons S. 2:07.7; Turney R. 2:18.5; **1500m** Thompson S. 4:08.7; Calnan P. 4:12.0; Algeo A. 4:25.2 pb; Trevisan M. 4:45.6; Turney R. 4:52.7; Clapham W. 5:15.0; **3000m** Roberts L. 8:49.3; Lord C. 9:00.0; Athawes M. 9:47.2; Woodcock C. 9:55.1; Wheeler W. 10:45.2; **2000mSC** (Club Ch) 1. Watling M. 6:22.5 (Walter Cup); 2. Barlow P. 6:31.2; 3. Betts P. 6:35.2; 4. Saddler B. 6:47.0; 5. Williams D. 6:59.4; **HJ** Tolson S. 1.80m; **PV** 1. Tolson S. 3.30m; 2. Holder G. 3.20; 3. = Day J. 3.00; **LJ** 1. Holder G. 5.72m; 3. Pinson R. 5.05; **SP** 1. Ellis C. 11.99m; 2. Hickey G. 11.38; 3. Holder G. 10.60; 4. Oxlade S. 9.98; 5. Brand C. 8.33; **HT** a. Haffenden N. 45.78m; 2. Townsend N. 38.12; 3. Walter T. 32.52; **DT** 1. Ellis C. 45.16m; 2. Oxlade S. 36.28; 4. Leishman S. 28.48; 5. Holder G. 27.68; 6. Hickey G. 26.54; 7. Brand C. 26.42; 8. Tolson S. 23.54; 9. Parsons S. 17.50; **JT** 1. Holder G. 46.30m; 2. Oxlade S. 44.66; 3. Brand C. 44.04; 4. McLeod S. 41.56; 5. Hickey G. 38.90; 6. Leishman S. 38.38; 7. Trevisan M. 34.02; 8. Tolson S. 30.28; 9. Pinson R. 23.66.

COUNTY T & F CHAMPIONSHIPS

20th/21st May, 1989

Kent (Cryst Pal). **100m** 1. P. Davies 10.5 (= Coun Rec); (Y) 1. J. Quarry 11.3; (Hts B. Gardener 11.6; N. Moss 11.9; R. Pinson 11.9; N. Gardener 12.0; S. Field 12.1; M. Pearson 12.4; S. Green 12.4) **200m** 1. P. Davies 21.5; 5. N. Keogh 22.5; 6. P. Crossan 22.9; (Y) 5. B. Gardener 23.1; (Hts K Hart 22.9; T. Fox 23.3; P. Squires 23.6; B. Gardener 23.6; J. Featherstone 23.7; J. Forrest 23.9; R. Pinson 24.2; N. Gardener 24.3; J. Field 24.6; A. Murrell 24.9; S. Green 25.0); **400m** 3. P. Crossan 50.0; 4. P. Byfie 50.3; (J) 4. J. Forrest 51.3; (Y) 5. R. Lashley 52.0; (Hts P. Squires 50.5; M. Lobb 51.6; P. Crowe 51.9; J. Featherstone 52.0; T. Fox 52.6) **800m** (Y) (1:58.1) 2. S. Cole 1:58.3; (Hts D Hassall 2:02.0; J. Murray 2:02.1; A. Algeo 2:03.3; G. Patterson 2:05.0; S. Parsons 2:07.1; C. Huntley 2:07.6; **1500m** (3:51.8) 2. S. Newport 3:52.4; (J) 2. M. Lawton 4:00.6; (Hts S. Thompson 4:07.2; D. Whitcombe 4:11.1; N. Kinsey 4:12.2; K. Daniel 4:13.4; P. Betts 4:15.0; A. Draper 4:16.5; R. Wilmot 4:19.0; A. Algeo 4:23.6). **5000m** (14:35.7) 11. N. Kinsey 15:42.7. **400H** 1. N. Keogh 54.7; 4. M. Lobb 58.8. **3000SC** (9:04.8) 4. P. Calnan 9:48.5; 7. P. Betts 10:02.2. **LJ** (Y) 1. D. Baker 6.77m; 2. R. Pearson 6.40; (J) 1. N. Moss 6.39; **HJ** 1. A. Hodge 1.95m. **PV** (3.80m) 3. J. Wakeman 3.40; 4. S. Tolson 3.40; 6. J. Day 3.00; (Y) J. Goodman 2.80; S. Harrison 2.60. **HT** 2. N. Haffenden 48.36m; 3. A. Paffett 42.82. **DT** (48.40m) 3. C. Ellis 45.28. **JT** (50.20m) 4. S. Leishman 45.98. Essex (Walthamstow). **110H** (15.1) 2. C. Hamplatt 15.1 (Ht 15.0). **Hants** (Portsmouth). **SP** 1. G. Savory 17.34m. **DT** 1. G. Savory 54.46m. **Notts** (Mansfield). **100m** 1. G. Proctor 10.7. **200m** 1. G. Proctor 22.1. **Yorks** (Sheffield). **5000m** 1. W. Foster 14:29.6. **Surrey** **400m** (J) 1. R. Holt 50.2. **HJ** 3. W. Caswell 2.05m.

LONDON BOROUGH CHAMPIONSHIPS

Tooting Bec.

3rd September, 1989

Div 1. **200m** 1. P. Davies 21.7. **400m** (48.5) 3. N. Keogh 49.5. **400H** 1. A. Hodge 55.4. **HJ** (2.00m) 4. A. Hodge 1.95. **TJ** (15.04m) 5. A. Hodge 13.34. **DT** (50.18m) 3. C. Ellis 42.90. **JT** (70.12); 2. J. Kitching 56.04. **Match** 1. Waltham For; 8. Bromley.

Norman Park

17th September, 1989

Sen. **4 × 100m** 1. BH 'A' 41.7 (P. Crossan, M. R. Williams, P. Byfield and P. Davies); 2. BH 'B' 43.2 (P. Featherstone, A. Hodge, K. Hart and N. Keogh); **4 × 400m** 1. BH 'A' 3:16.9 (P. Crossan, P. Davies, A. Hodge and N. Keogh); 3. BH 'B' 3:26.7; **Med** 1. BH 3:32.1; **Yths** **4 × 100m** 2. BH 45.1; **4 × 400m** 1. BH 'A' 3:29.9; 4. BH 'B' 3:36.7; **Boys** **4 × 100m** 2. BH 'A' 47.8; BH 'B' 49.5; **4 × 400m** 1. BH 'A' 3:42.4 (A. Brackley, D. Tyler, R. Sedgewick and N. Levy); 5. BH 'B' 3:55.0; **Colts** **4 × 100m** 1. BH 52.5 (Ht 52.2 = Ch best) (B. Martin, D. Smith, R. Carey and M. Colnet); **4 × 400m** 2. BH 'A' 4:10.9 Cl rec; 4. BH 'B' 4:37.2.

KENT DECATHLON

Deangate

23rd/24th September, 1989

| | 100m | LJ | SP | HJ | 400m | 110H | DT | PV | JT | 1500m | |
|--------------|------|------|------|------|------|------|------|-------|------|-------|--------|
| 1. A. Hodge | 6174 | 11.3 | 6.43 | 9.80 | 1.97 | 50.0 | 16.0 | 30.32 | 2.50 | 44.88 | 4:28.0 |
| 5. S. Tolson | 4957 | 12.8 | 5.81 | 8.27 | 1.85 | 56.6 | 17.4 | 23.20 | 3.60 | 36.96 | 4:58.5 |



'Amiable' Pat Calnan in action at Birmingham.

Photo by B. Saddler

PONSFORD TROPHY 1989

(Position is given. 1st = 12 pts, decreasing).

| | Jav | P.V. | T.J. | Shot | H.J. | Disc. | Ham. | L.J. | Points |
|--------------------|-----|------|------|------|------|-------|------|------|--------|
| 1. S. Oxlade | 2 | — | 1 | 1 | 3 | 1 | — | — | 57 |
| 2. S. Tolson | 4 | 2 | — | — | 2 | 3 | — | 2 | 52 |
| 3. C. Brand | 3 | — | — | 2 | — | 2 | — | — | 43 |
| 4. G. Holder | 1 | 1 | — | — | — | — | — | — | 24 |
| 5. K. Daniel | — | — | — | — | — | 6 | — | — | 15 |
| 6. = N. Townsend | — | — | — | — | — | — | 1 | — | 12 |
| 6. = R. Chitty | — | — | — | — | — | — | — | 1 | 12 |
| 6. = P. Davies | — | — | — | — | 1 | — | — | — | 12 |
| 9. P. Calnan | — | — | — | — | — | — | — | 3 | 10 |
| 10. = J. R. Turner | — | — | — | — | — | 4 | — | — | 9 |
| 12. J. Phelan | — | — | — | — | — | 5 | — | — | 8 |

REEBOK CHALLENGE AT BROMLEY

Wednesday, 23rd August, 1989

It's strange how some things seem to escape the attention of the public despite their obvious attributes. The Bromley Reebok Challenge deserved a bigger crowd, in fact I think that perhaps the crowd for the 1989 edition of this Meeting was smaller than that for 1988. It should have been larger but then the public should also go in a bigger way for the music of Clive Gregson and a few glasses of Adnams Broadside Ale but what do they know?

Those of you lucky enough to have been at Norman Park should know that the 1990 edition, scheduled for Wednesday, 22nd August, will be worth noting in your diary already.

The Gazette reports and records the activities of our illustrious club and although we were involved largely in the administration of this event the numbers of Blackheath athletes involved was very small. But we continue to put on a good night and those lucky enough to have been there will no doubt want to return.

Performances were probably highlighted by the mile which was won by Neil Horsefield in a new Meet Record of 3.55.5. The tall Welshman ran one of the fastest miles in Britain in our Meeting and was followed under 4.00 by Fairbrother who ran 3.59.5. The other highlight for me was the Women's 5000m which resulted in a time faster than the W.A.A.A. Championship and the U.K. Championship. Ruth Partridge, Auckland bound, led home Helen Titterton, also Auckland bound (almost), as nine ladies broke 17.00. Helen Thorpe, who has supported this Meeting since its embryonic days, won a close 600m from Shireen Bailey. Records were also broken in the Mens 3000m (Billy Dee 8.00.5) and Ladies 1500m (Kay Barringham 4.19.9).

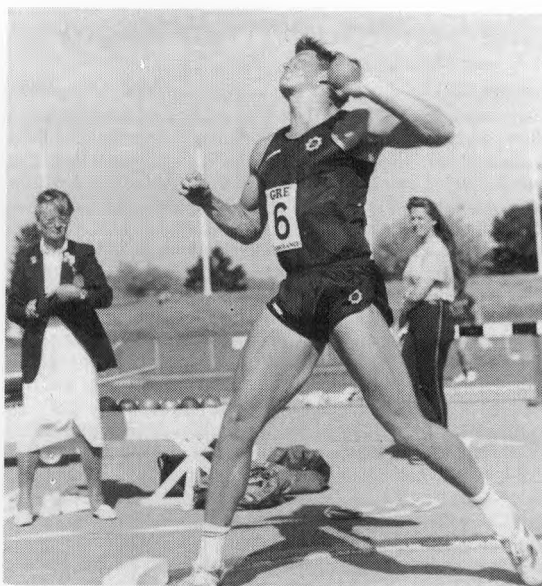
As for the 'heath, we were restricted to participation in the Veterans' mile with Peter Hamilton second in 4.31.8, Jim Phelan third in 4.37.5 and Ian Wilson fifth in 5.10.4. The Boys' 1500m saw Mark Steinle third in 4.24.2 and Luke Anderson fourth in 4.31.5.

But we have a potentially great Meeting here. We have the backing of Reebok U.K. thanks to our friend Tony Linford, we have a good facility at Bromley despite what people say about the wind. We now have a reputation for putting on a good evening. With a quicker start to the Race sponsorship I can't see why we should not do better and better. Why can't we pack thousands in next August?

TRACK AND FIELD RANKING

Based on results to 31st December 1989.

| 100m | | 800m | |
|-----------------|-------|--------------|---------|
| Davies, P. | 10.5 | McGeorge, C. | 1:49.9 |
| Proctor, G. | 10.7 | Heath, D. | 1:51.4 |
| Williams, M. R. | 10.81 | Galloway, P. | 1:52.16 |
| Thompson, N. | 10.99 | Linford, A. | 1:53.44 |
| Green, S. | 11.2 | Thompson, A. | 1:55.0 |
| Sparkes, P. | 11.3 | Clifford, G. | 1:55.28 |
| 110H | | 1500m | |
| Hamplatt, C. | 14.4 | Heath, D. | 3:41.0 |
| Bunce, K. | 15.49 | McGeorge, C. | 3:43.44 |
| Pullen, G. | 15.5 | Newport, S. | 3:47.2 |
| Caswell, W. | 15.92 | Linford, A. | 3:50.0 |
| Holder, I. | 16.7 | Guildar, A. | 3:50.2 |
| Keogh, N. | 17.2 | Barton, J. | 3:50.53 |
| 200m | | 1 Mile | |
| Davies, P. | 21.35 | McGeorge, C. | 3:59.2 |
| Williams, M. R. | 21.7 | Heath, D. | 3:59.9 |
| Proctor, G. | 22.1 | Barton, J. | 4:07.1 |
| Thompson, N. | 22.1 | Guildar, A. | 4:12.7 |
| Keogh, N. | 22.4 | Clifford, G. | 4:20.7 |
| Bates, R. | 22.5 | Galloway, P. | 4:21.2 |

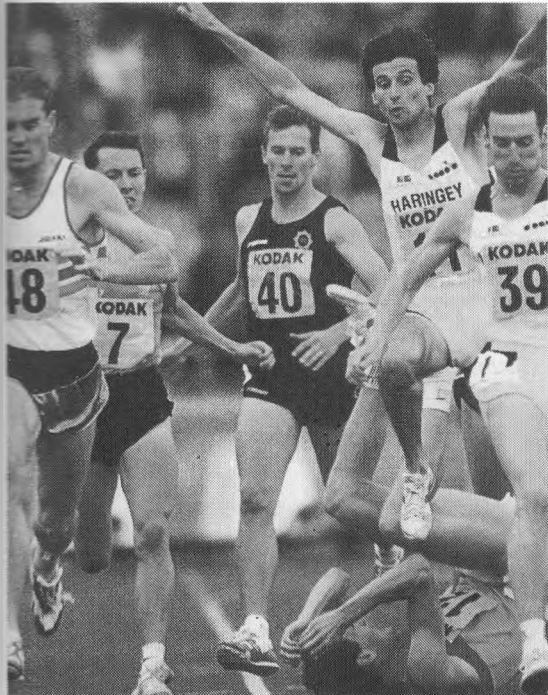


Darrin Morris, Auckland bound.

Photo by B. Saddler

| 400m | | 3000m | |
|--------------|----------|-----------------------|---------|
| Keogh, N. | 48.7 | Heath, D. | 8:05.57 |
| Galvin, D. | 49.33 | Newport, S. | 8:08.51 |
| Thompson, N. | 49.65 | Foster, W. | 8:10.8 |
| Davies, P. | 49.7 | Guildar, A. | 8:11.38 |
| Crossan, P. | 50.0 | Nash, T. | 8:23.58 |
| Hodge, A. | 50.0 | Lawton, M. | 8:36.2 |
| 5000m | | HJ | |
| Barton, J. | 14:10.70 | Caswell, W. | 2.16m |
| Newport, S. | 14:15.00 | Hodge, A. | 2.00 |
| Guildar, A. | 14:15.02 | Foulger, T. | 2.00 |
| Foster, W. | 14:29.6 | Llewelyn, T. | 1.95 |
| Nash, T. | 14:40.29 | Davies, P. | 1.90 |
| Roberts, L. | 15:18.8 | Singer, G./Tolson, S. | 1.85 |
| 10000m | | PV | |
| Foster, W. | 29:22.0 | Andrews, J. | 3.80m |
| Colpus, M. | 31:13.1 | Holder, G. | 3.80 |
| Guildar, A. | 31:47.75 | Oxlade, S. | 3.60 |
| Roberts, L. | 32:18.0 | Tolson, S. | 3.60 |
| Kinsey, N. | 32:56.4 | Wakeman, J. | 3.50 |
| Saddler, B. | 33:01.0 | Cunningham, J./ | |
| 3000SC | | Foster, F. | 3.40 |
| Newport, S. | 8:44.10 | LJ | |
| Colpus, M. | 9:38.2 | Heard, D. | 7.38m |
| Soutar, T. | 9:42.05 | Pullen, G. | 6.95 |
| Nash, T. | 9:43.24 | Quarry, J. | 6.87 |
| Calnan, P. | 9:46.55 | Baker, D. | 6.77 |
| Kinsey, N. | 9:47.3 | Jamieson, A. | 6.44 |
| 400H | | Hodge, A. | 6.43 |
| Keogh, N. | 53.06 | TJ | |
| Hodge, A. | 55.4 | Heard, D. | 15.63m |
| Emery, D. | 56.0 | Quarry, J. | 13.83 |
| Quarry, J. | 56.63 | Hodge, A. | 13.70 |
| Lobb, M. | 57.7 | McGrady, C. | 13.54 |
| Redgrave, L. | 59.1 | Byfield, P. | 13.23 |
| SP | | Moss, M. | 12.99 |
| Savory, G. | 17.46m | HT | |
| Winch, M. | 15.14 | Spivey, N. | 57.14m |
| Morris, D. | 13.94 | Haffenden, N. | 50.04 |
| Pullen, G. | 13.43 | Paffett, A. | 44.96 |
| Yates, P. | 13.34 | Townsend, N. | 42.92 |
| Ellis, C. | 12.44 | Ellis, C. | 39.32 |
| DT | | Walter, T. | 32.52 |
| Savory, G. | 58.88m | JT | |
| Morris, D. | 53.68 | Yates, P. | 75.68m |
| Ellis, C. | 48.44 | Kitching, J. | 56.04 |
| Pullen, G. | 42.20 | Bauer, H. | 51.06 |
| Winch, M. | 39.44 | Holder, G. | 48.94 |
| Oxlade, S. | 36.28 | Oxlade, S. | 47.48 |
| | | Leishman, S. | 46.92 |

Ranking list appears courtesy of W. Clapham (Editor B.H. Courier).



Chris McGeorge et al in THAT AAA Final.

TOP PERFORMANCES OF THE 1989 SUMMER SEASON

Outstanding performances worth mentioning in the early season include a 29.22.3 10,000m in the SCAAA open meeting at Crystal Palace by Bill Foster which gained him a fourth place; at the same meeting David Galvin took second place in the 400m with a 51.3 performance. In the April and May inter-college meetings Chris McGeorge and Dave Heath performed well for Loughborough with times of 1.50.5 and 1.49.9 gaining two firsts for Chris in the 800m with Dave second in the April meeting with 1.51.4 and first in the 1500m at the May event with 3.46.2. Also in May at Woking's open track and field meeting Jerry Barton gained first place in the 1500m with a time of 3.53.2.

On to June and at the UK championships in Jarrow Phil Davies was fifth in the 100m with 10.69 and 6th in the 200 with 21.62. Whilst both Garry Proctor 10.77 and Mike Williams with 22.41 were eliminated in the heats. In the 1500m Chris McGeorge ran a fine race for third place in 3.43.48 while Spencer Newport gave notice of things to come with 17th place in the 3000m in 8.17.42 and in the 5000m Alan Guilder was disappointed with his 22nd position in 14.39.23. In the field events Warren Caswell jumped 2.15 for 3rd spot, a position also achieved by Graham Savory in the Shot with a putt of 17.46 whilst in the Discus Darrin Morris placed sixth with 50.24 in an event won by Graham Savory with a throw of 55.90m.

In the early season Miles of Miles events Jerry Barton placed 9th at Wythenshaw Park, Manchester with a 4.07.5 and 13th at Portsmouth in 4.07.1 at the latter meeting Chris McGeorge was back inside four minutes for 2nd place in 3.59.2 while Dave Heath neared the magic mark with a 4.00.6 for 6th place. Both Dave and Chris attended the July meeting at Sutton Coldfield where the finishing positions were reversed with Dave clocking 4.01.1 for 6th and Chris 4.06.2 for 12th place. Also in June, Graham Savory was called up

for international duty against Hungary and International Select Team where he came sixth in the Discus with a throw of 56.40; at the same meeting Phil Davies was 6th in 10.83 running as a guest in the hundred metres.

At the Southern Counties AAA Championships at Crystal Palace on 17th and 18th of June, Phil was again 6th in 10.68 while Mike Williams went out in the 200m heats with a time of 22.10 as did Pat Squires in the 400 with 50.37 and Spencer Newport 3.50.45, Jerry Barton 3.50.53 and Tim Nash 3.52.91 all failing to make the 1500m final. In the 5000m Tim Nash was 9th in 14.40.29 with Bill Foster coming home 16th in 15.09.11 whilst in the 400 hurdles Nigel Keogh was seventh in 53.80. In the high jump Warren Caswell was fourth with a jump of 2.10 and our only outright win of the day fell again to Graham Savory who took the Discus title with a throw of 56.62m a distance he reached again the following weekend whilst representing his country against the USA, USSR and the FDR. Chris McGeorge was continuing his build up for the AAA Championships by winning the 1500 in the Loughborough V AAA match in 3.43.75 following this up two days later with a 4.01.91 mile in the IAC meeting in Edinburgh which gained him 11th place in a race won in 3.58.53 by Said Aouita. Also in July Nigel Keogh was back in his native Ireland at the BLE Irish Championships in Cork where he placed 2nd in the 400 hurdles with 53.57 and later that month gained his first International vest at the Scotland v. N. Ireland v. Rep. of Ireland meeting at East Kilbride where he placed fourth with a time of 53.9. And at the Royal Mail Grand Prix at Crystal Palace on July 14th. Johnny Baldwin's long standing 3000m Steeplechase record finally went to Spencer Newport with a time of 8.44.10 which placed him 13th in a top international field, also at that meeting Peter Yates made a welcome return to top class athletics with a throw of 73.54 for the 7th place behind Mizoguchi's 85.02.

This year's AAA Championships were designated as the final proving ground for Commonwealth Games selection and as there was plenty of media attention it was good to see the Blackheath colours out in good numbers for an event of this standing. In the sprints Phil Davies reached the semi finals of the 100m coming in 5th in 10.76 whilst Mike Williams 10.84 and Garry Proctor 11.05 both went out in the heats. Both Phil and Mike competed again in the 200m and both reached the semi finals with times of 21.94 for 5th place by Phil and 22.04 for 8th place by Mike although both had faster times in the heats. In the heats of the 400m Neil Thompson ran 49.65 whilst in the oft repeated 1500m race incredibly won by Seb Coe after his stumble on the third lap, Chris McGeorge came in 10th with a time of 3.47.40 after being prominent in the early stages of the race. Dave Heath failed to make the final with a time of 3.49.38 having earlier in the season broken the magic 4 minute barrier for the mile in the Girobank games in Belfast. In the 5000m won in 13.32.05, Alan Guilder succumbed to the heat and finished 28th in 14.27.36. Spencer Newport came a fine 5th in the 3000m Steeplechase in 8.46.39 and in the heats of the 110mH Colin Hamplatt timed 14.94. In the field Graham Savory gained fifth place and a trip to New Zealand with a throw of 53.78 and Peter Yates threw 71.12 in the javelin for 7th spot.

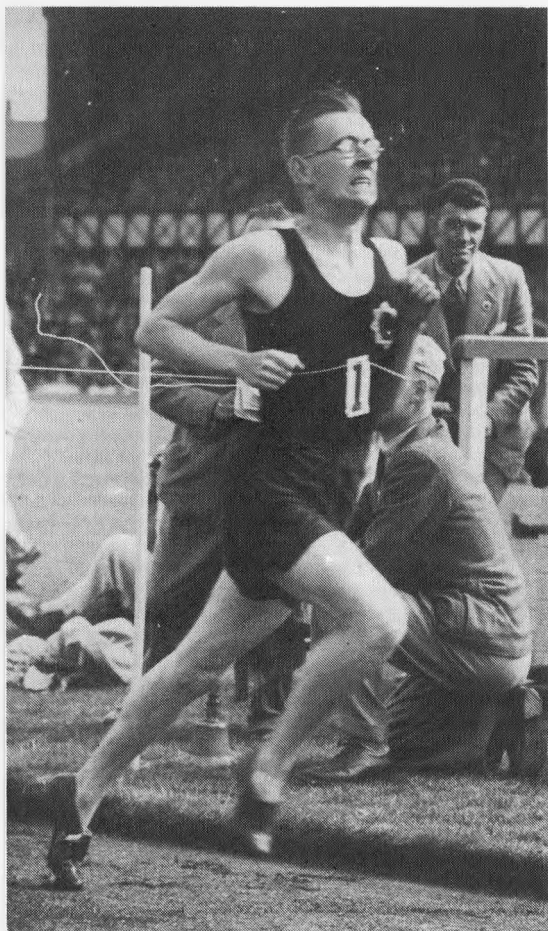
At the end of August Graham Savory was again on international duty this time against Italy and Oceania at Gateshead where he Putt the Shot for a change coming 3rd with 16.88 and at the World Student Games at Dursburg Dave Heath and Chris McGeorge were again in action over 1500m with semi final times of 3.49.64 for Dave giving him 6th place and 3.45.79 for 4th place for Chris in his semi final. Mention must also be made of Darrin Morris's superb discus throw of 55m in August which gained him selection for the Commonwealth Games for his native Scotland.

And finally — on the other side of the globe, Tim Soutar is still doing his bit for Blackheath. In the Hong Kong AAA Championships at Wan Chai. Tim finished second in the 'chase with 9.42.05 and won the 5000m in 15.21.48.

With apologies for any omissions! Ed.

SYDNEY WOODERSON

FORGOTTEN CHAMPION?



Three-Quarter Mile, Ibrox Park, 1937.

The title of this new book may raise a few Blackheath eyebrows. To many, Sydney Wooderson is not merely the greatest Blackheath Harrier ever and quite un-forgotten, but one of the immortals of middle-distance running, with, moreover, a range of excellence from quarter-mile to ten miles cross-country.

The only other work on our man there has been is Guy Butler's excellent small study, alas, long since out of print. This illustrated book by David Thurlow should serve to stave off oblivion.

It also provides the occasion to place some sort of complete summary in these pages since, as far as one can recall, there hasn't been one before.

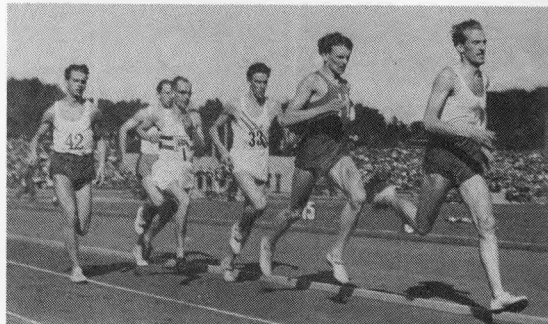
In addition to the quantity of photographs, the author has given us a thorough and detailed text. Appropriately, he opens his account in 1945 when Sydney was over thirty years of age and close to the end of his athletic career. Appropriate because this phase strikes more than one keynote and encapsulates a number of features of the man and his running.

There were two mile races that first post-War season between Wooderson and world record breaker, Arne Andersson. The first at White City showed the crowd-pulling quality of our fellow-member. His 'star quality' is hard to appreciate at this date, the more so since it belongs to an age which had few stars compared with today: there was a crowd of well over 50,000.

In this race also he showed his perennial trait of courage, taking the lead with 500 metres to go and coming close to running "the barrel-chested, six-foot Swede" into the ground.

In the second race, in Gothenberg, delaying his effort until the last 200 metres, he led into the final strides, finishing in his fastest time, 4 mins. 4.2 secs — four tenths behind the winner. Sydney's was also the fourth fastest of all time. Since this was his last really serious mile race, the fact of his age and these performances coming after war service and a bad bout of rheumatic fever more than suggests that his miling potential was not fully tapped. In the Gothenberg pictures, note the youth and size of the opposition.

So, we won't be calling those years the twilight of his career, will we? Especially not, since the European 5000 metres title and his English 10 Mile Cross-country Championship were still to come.



The Gothenberg Mile, 1st Lap. Andersson 2nd.

Wooderson was following in the steps of his brothers, Alfred and Stanley, when he took up running at Sutton Valance School. In 1933 he won the Public Schools Mile in 4 mins. 29.8 secs., the first time an 18 year-old had gone under four and a half minutes.

The following year he made his major senior debut in the Southern Counties Mile at Guildford. Apart from the three rows of competitors, he ran the famous Jack Lovelock out of second place, twelve seconds faster than he had done before. Lovelock, a seasoned performer who had won the Mile of the Century in America the previous year, beat him twice later that season, but Sydney was second in both the A.A.A. Championship and Empire Games Mile.

In 1935 he turned the tables, winning both Southern and A.A.A. Mile titles and defeating Lovelock in the latter and again in Glasgow — a U.K. record of 4 mins. 12.7 secs. He also won his first international, against France.

Before the war broke out he was to win five A.A.A. Mile Championships in succession, an unbeaten record. Indeed, 1936 began so well: Kent, Inter-counties and Kinnaird Trophy victories, then, in the Southern, a new British record of 4 mins. 10.8 secs.

After that, though, a disaster. On one of his favourite walks, with Stanley, he turned an ankle. Later, he limped home in the Olympic heats. Only then did an X-ray show the cracked bone. As Thurlow says, 'Most athletes would not have started.'

No doubt this gave an edge to the 1937 season. Yet, despite a succession of impressive wins in Kent, Inter-counties, Southern and A.A.A. Championships, in international races (a British record for 1500 metres in the French match) everything was geared to his Mile attempt in August.

After a British record for $\frac{3}{4}$ Mile in Glasgow, Wooderson set a new World Best of 4 mins. 6.4 secs. The last Briton to hold the record — 4 mins. 12.75 secs — was W. G. George in 1886, present to congratulate the new man at the Club's own Motspur Park meeting. Years later, in 1986, Sydney was guest of honour when George's birthplace, Calne in Wiltshire, celebrated the centenary of that Victorian record.

In that sense, three generations of British running achievements were together on the great day in August 1937, for Albert Hill was there as well. Hill was Sydney's coach since his school days and his particular distinction was to have won Olympic gold in both 800 and 1500 metres at Antwerp in 1920. His protégé still pays warm tribute to Hill for the coaching debt he owes.

an irony in one of his press nicknames, 'Cyclone Syd'. In those days no pace-making was allowed but, as with the Mile attempt, there was a handicap. At the tape Stanley Wooderson was still ahead, but the records fell to Sydney — 1.48.4 and 1.49.2. It was 1950 before this half mile time was equalled — by double Olympic champion Whitfield — and only beaten in 1955.

Nor was this the end of the season's triumphs, for Wooderson gained his first major international title — the European 1500 metres in Paris, with Beccali, 1932 Olympic Silver medallist, second. Sydney continued on a modest tour, winning 1500 metre races in Milan and Oslo. In the latter race, not only did he run 3 mins. 48.7, missing the European record by a tenth of a second, but for good measure ran a 49.1 secs. leg in a 1600 metres relay after it.

Like any great athlete, Wooderson had his disappointments, yet, better than most was able not just to suffer them but use the setback as a springboard to bounce back to new achievements. This was the case in 1939 after the



The Gothenberg Mile, 1945.

As for his own performance, we can understand the enthusiasm of the Blackheath correspondent who headed his Gazette report, "The Mile and Miller of All-time."

For this Club journal and for those more restrained times, there was some sort of extreme emotion: "...an alarming pace. Quite frankly I start to perspire freely through excitement..."

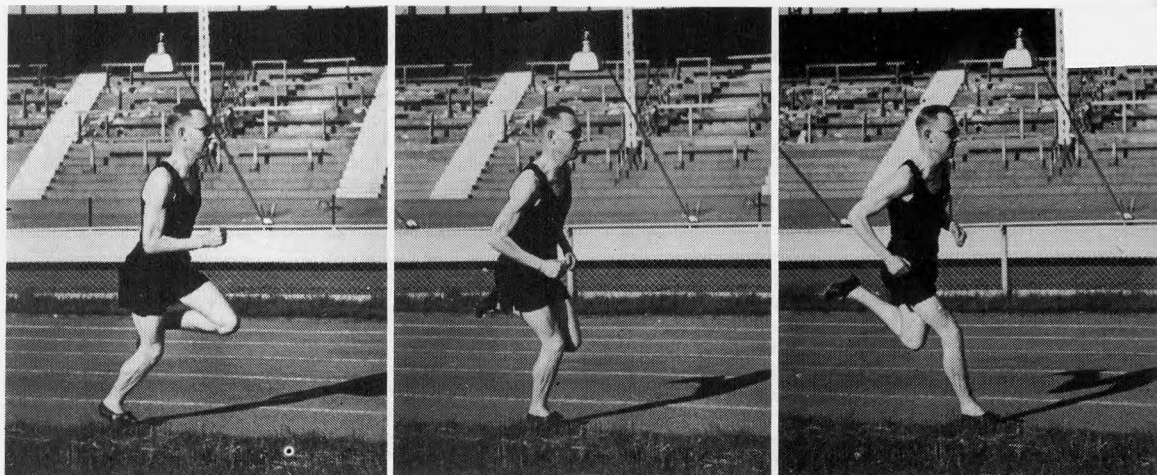
The World Half Mile and 800 metre records were the next targets which lent a similar shape to the 1938 programme. An interesting gloss on this is the fact that his best 880 yards time at the start of the season was 1 min. 54 secs. After the White City International meeting on August 1st, it was 1.50.9, with the Italian Lanzi behind him. A week later Wooderson set a new U.K. 1500 metres record, followed by a half mile win in the match against France.

Then it was another Blackheath Open Meeting at Motspur Park. The day cleared after rain and a gale: he must have felt

long sea journey to the States and the controversial stumble in the Mile of the Century. The memorable feature of that event was the Blackheath man's characteristic refusal to blame the runner who cut in on him.

Far more noteworthy is the solo run in the Inter-counties Mile of that May. At White City he led from start to finish, with Empire Champion Jim Alford some sixty yards behind, to finish in a time of 4 mins. 7.8 secs. The cover photograph of this race, also in the Centenary History, gives a frozen, vivid impression of his momentum. David Thurlow not only presents a quantity of such images, but more than once testifies to the awesome, raking and passionate stride, all the more impressive in so small a runner.

In the same year he also became the first runner to beat three minutes for $\frac{3}{4}$ Mile. With his fifth successive A.A.A. mile Championship, an international 1500 metres win over the Belgian Mostert, and a handicap mile in which he injured a calf muscle, Wooderson's season was over. He was to wait six years for his next peacetime race.



Training at White City, 1939.

These would also have been his best years, of course: when the War was over, he was thirty years old. Undoubtedly, his best chance of Olympic gold had gone. Instead, he spent his time, first in the Fire Service, then in the Army; in fact, in August, 1945, when Andersson beat him by a pair of strides at White City in the first of their two epic contests, Sydney had yet to be demobilized.

Not that running and competition eluded him altogether: in 1940 he ran a 4.11 mile at the Glasgow Rangers' Sports; in 1941, 4.11.2; 1942, 4.16.4, when he also lost his Mile record to another Swede, Gundar Hagg, who was benefiting in full from his country's neutrality; 1943, 4.13.8.

In 1944, after winning the Stalin Mile at Manchester, he suffered his acute bout of rheumatic fever. Pessimistic views came from doctors and pressmen. Peter Wilson of the 'Daily Mirror' thought his running days were over. As on so many occasions, Sydney had ideas of his own.

A few weeks after convalescence he was not only jogging but doing a 4.25 mile. It was, he said, 'rather encouraging'.

Nonetheless, a handful of half and one mile performances were hardly a full preparation for his Bank Holiday race against Andersson. Proof of this was the drop from 4 mins. 9 secs. to 4.4 within the next month — both, of course, his fastest miles by far since 1939. In Thurlow's words, 'An astonishing performance'.

And his last really serious races at the distance. After defeating the elegant Olympian, Marcel Hansenne, over 1500 metres at Colombes in his first post-war international, Sydney decided to move on to longer distances.

No doubt his 1946 build-up was even more careful; at any rate, he only began serious competition in June when he won a two-mile event in Dublin in an Irish All-comers' record of 9 mins. 05 secs. David Thurlow makes the interesting observation on this and succeeding races that they showed a mastery of even pace and pace judgement often missing in his shorter distances.

The programme was, quite simply, two major competitions: the A.A.A. 3 Miles in July, the European 5000 Metres in August, each his debut at the distance. Planning the first race he enquired how fast he would have to go to beat his chief opponent, Slijkhuis, then the best in the world. The answer, fourteen minutes, would also mean a new British record.

Sydney took the lead before the end of the first mile. He was still there at the bell, the Dutchman running easily until, with three hundred yards to go, he shot past to open up an alarming six-yard lead. Into the last bend Wooderson closed, waited and, as so often before, made his strike in the home straight to win in a new British record of 13 mins. 53.2 secs., with a final lap of 58.4.

The crowd was well pleased, not least because it proved that their winner was back with a vengeance after the long gap of war. As for the manner of his winning, it demonstrated once more the champion's extraordinary acceleration and finishing speed, as well as the nervous energy he was able to tap on big occasions. These are the essential qualities which cause him still to stand in memory beside the later performances of athletes whose faster times by comparison flatter to deceive. There is little doubt that Wooderson's speed in the home straight was superior to most, perhaps all. It was quite electric: unlike most middle-distance runners, he could sprint fast.

He showed this power most vividly when he won the European title. Having beaten Pujazon over three miles in the French match, he went to Oslo's Bislett Stadium.

Gundar Hagg was not there, having been banned for breaking the rules of amateurism, still in force at that time. Everyone else of note was present, however: Heino, Finnish holder of the World 10,000 metres record; Gaston Reiff, the Belgian 1948 Olympic 5,000 winner; Zatopek, who finished second in that race, won the 10,000 and, in 1952, became, uniquely, winner of 5,000, 10,000 and Marathon; and of course, Slijkhuis, hoping for revenge.

For the first mile, Sydney lay well back in the file that developed, in 10th position. From here he moved up until, with two laps to go he was 5th. Significantly, he ran close to Slijkhuis, watching for the Dutchman's move. This surprise came with 700 metres remaining and created a two-man race. In the last 250 metres there was one man left. Wooderson took six seconds out of his nearest rival. It was twenty three seconds faster than the previous best by a Briton and the second fastest time ever.

Unknown to others, an Achilles tendon had begun to pain him before this race. By the next, two weeks later, it was a serious problem. Typically, and as so often before, he refused to give in or to let the Club down by withdrawing from the British 2 Mile record attempt which was also, again significantly, a team race at our own big Motspur meeting. Such was the steel of the man that when the record chance disappeared and he was visibly limping in the sixth lap, he continued, to finish what was his last major track race. To quote H. J. Oaten, the 'Evening News' athletics reporter: "It was so characteristic of the great little man who was always so anxious not to let the side down."

The physical weakness was still a nuisance to him over twenty years later when he turned out for his leg of the Club's Centenary 100 Miles Relay. Even on that day, such is his enduring spell that you half expected the same electric finishing sprint from our Centenary President.



Though he resisted pressure to compete in the 1948 London Olympics — and for some reason was not thought glamorous enough to carry the Olympic flame into the Wembley arena — he did carry the Club torch on, and with some distinction. One recalls him competing for points in small inter-club track meetings; in 1947 he ran for Kent in the Inter-counties Cross-country, finished 5th in the Southern, 7th in a hard, snowy National.

The National course at Sheffield the following year was scarcely designed for Sydney Wooderson. The photographs of this race show his surrounding rivals as a rugged lot, in general. As for Vic Blowfield of Belgrave, a class runner and his chief contender, it is by no means patronizing to say that he was unlucky to encounter such a champion.

It is time to give a more extensive taste of Thurlow's text on which this article draws so heavily and, too, to suggest any remaining non-purchasers what they are missing:

"They ran downhill for a short distance and then back on the flat before turning up the hill to the finish. When the spectators last saw them before they went out of sight for a short time Blowfield was going past Sydney and looked the likely champion. Sydney was tired, ashen-faced and using all his mental and physical power to keep going. The distance was taking its toll.

"But, as the runners came back into view a great roar went up as the crowd saw that the little Blackheath Harrier, No. 107, had used every last ounce of his strength, experience and above all his extraordinary will to win to go past Blowfield and take the title... "He said afterwards that it was the hardest race of his career."

Not surprisingly, in the International he was 14th: these efforts took their toll of such nervous reserves. After that, he was entitled to coast into retirement. He ran in appalling conditions in the 1949 Inter-counties, though he still came 7th, first Kent man home. The final competitive appearance was in the National of that year. Naturally, it had to be a team race for Blackheath Harriers.

So that the main body of this surely necessary summary of the career may be fittingly concluded with the words of the 1937 Gazette correspondent reporting the World Mile record and speaking feelingly of something more than a race and a record:

"Those who beheld the marvellous feat were stirred to their innermost depths, and never has the spirit of pure sportsmanship been more eloquently demonstrated than by those who accompanied the champion and who openly expressed their joy in having been privileged to do so."

At Crystal Palace for 50th Anniversary of World Mile Record, 1987. L. to r. Stanley Wooderson, John Furniss, Sydney Wooderson.

Public Schools Mile, White City, 1933.



You will have received an order form for the Wooderson book with your last 'Gazette', if you still haven't obtained your copy, please do so A.S.A.P. from:

*Peter Baigent,
14 Barnfield Road,
Riverhead,
Sevenoaks, Kent.*

Price £4.95 + £1 postage, cheques payable to 'Blackheath Harriers', with order, please.

CLUB CHAMPIONSHIPS PART 1

Norman Park

7th June, 1989

800m Colts and Boys

1. P. Lawrence 2:25.8; 2. I. Lewis 2:25.8; 1. R. Sedgewick 2:11.4; 2. I. Saunders 2:33.3; 3. S. Algeo 2:43.2.

800m Youths/Juniors

1. S. Howe 2:06.2; 2. C. Huntley 2:09.1; 1. S. Povey 2:12.4;
Seniors A Race: 1. P. Galloway 1:56.6; 2. P. Lester 1:59.8; 3. S. Thompson 2:00.2; 4. P. Calnan 2:01.1; 5. P. Hamilton 2:02.6; 6. D. Galvin 2:03.1; 7. D. Hassall 2:03.1; 8. G. Patterson 2:05.0.

'B' Race

1. N. Davidson 2:03.7; 2. P. Squires 2:03.8; 3. N. Wise 2:03.9;
4. K. Daniel 2:05.3; 5. S. Parsons 2:11.9; 6. S. Moorefax (guest) 2:12.0; 7. D. Dhammaloka 2:27.8; 8. J. Robinson 2:28.7; 9. J. Bailey 2:32.2.

110mH Senior

1. N. Keogh 17.2; 2. S. Tolson 17.6.

10,000m Junior

1. S. Povey 33:33.5.

10,000m Senior

1. M. Colpus 31:13.1; 2. L. Roberts 32:18.0; 3. N. Kinsey 56.4;
4. B. Saddler 33:01.0; 5. R. Smith 34:06.2; 6. M. Farrell 31.2;
7. B. Mellish 35:22.2; 8. S. Freemantle 29.2; 9. M. Ellison 36:17.1; 10. M. Athawes 20.0; 11. R. Savery 37:51.5; 12. J. McConville 38:54.9; 13. M. Martineau 39:05.2; 14. C. Poole 40:15.0; 15. P. Lovell 40:15.2; 16. J. Mullett 41:03.5; 17. K. Pearson 43:52.9; 18. D. Larcombe 44:04.9; 19. W. Rawlings 44:07.4.

Hammer Boys

1. S. Timmins 47.36 club record; 2. J. Jackson 11.70.

Hammer Senior

1. N. Townsend 42.92; 2. C. Brand 21.10.

Long Jump Senior

1. R. Chitty 5.98; 2. S. Tolson 5.55; 3. P. Calnan 4.30; 4. D. Hassall 4.21.

High Jump — Colts

1. N. Brewer 1.45.

High Jump — Boys

1. J. Jackson 1.45.

200m H/Cap

1. J. Robinson; 2. S. Freemantle; 3. J. Jackson.

CLUB CHAMPIONSHIPS PART 2

Norman Park

21st June, 1989

200m Colts

1. P. Lawrence 27.0; 2. I. Lewis 29.1; 3. D. Pipe 30.1; 4. N. Hamilton 30.2 (guest); 5. A. Mellish 33.3.

200m Boys

1. M. Nartey*23.8; 2. S. Barker 25.7; 3. J. Jackson 29.6.

200m Senior

Heat 1: 1. R. Bates 23.1; 2. K. Hart 23.2; 3. P. Stack 24.3; 4. S.

Oxlade 25.1; 5. S. Moore-Fay 27.1 (guest).

Heat 2: 1. N. Keogh 22.8; 2. P. Byfield 23.0; 3. M. Allen 24.9; 4. S. Green 25.0.

Heat 3: 1. M. Williams 22.6; 2. P. Crossan 22.8; 3. P. Squires 22.9; 4. N. Freiter 24.7; 5. D. Dhammaloka 31.5.

Final: 1. M. Williams 21.7; 2. N. Keogh 22.4; 3. P. Crossan 22.5; 4. R. Bates 22.5; 5. P. Byfield 22.9; 6. P. Squires 23.0.

400m — Hurdles

1. S. Oxlade 63.9; 2. S. Tolson 64.8.

1500 S/Chase — Youths

1. C. Huntley 4:51.1; 2. R. Morton 6:32.8.

5000m

1. N. Kinsey 15:43.7; 2. P. Hamilton 45.9; 3. T. Cooper 49.7;
4. S. Thompson 16:00.2; 5. P. Betts 2.9; 6. B. Saddler 5.2; 7. S. Povey 15.7 Junior; 8. H. Morton 40.8; 9. B. Mellish 17:02.0;
10. M. Cronin 24.7; 11. J. R. Turner 45.1; 12. S. Cluney 57.6;
13. P. Shepherd 18:07.5; 14. S. Ridgewell 10.9; 15. J. Bailey 18.2; 16. S. Parsons 42.4; 17. D. Whiting 19:00.3; 18. W. Clapham 09.4; 19. R. Green 20:13.6; 20. A. Weeks-Pearson 22:20.7.

High Jump

1. P. Davies 1.80; 2. S. Tolson 1.75; 3. S. Oxlade 1.70.

Long Jump — Colts

1. N. Brewer 4.43; 2. P. Lawrence 4.42; 3. R. Carey 4.12; 4. I. Lewis 4.01; 5. C. Dodds 3.58; 6. A. Mellish 3.25.

Long Jump — Boys

1. M. Nartey 5.20; 2. S. Timmins 5.01; 3. J. Jackson 4.41.

Discus — Colts

1. C. Hall 17.12.

Discus — Boys

1. S. Timmins 36.12; 2. J. Jackson 16.14.

Discus — Junior

1. A. Elgy 33.38.

Discus — Senior

1. S. Oxlade 35.18; 2. C. Brand 26.82; 3. S. Tolson 20.30; 4. J. Turner 19.30; 5. J. Phelan 17.64; 6. K. Daniel 15.88.

800m Handicap

1. A. Mellish; 2. D. Dhammaloka; 3. C. Hall; 4. B. Mellish; 5. S. Barker; 6. D. Pipe; 7. K. Daniel; 8. M. Allen.

CLUB CHAMPIONSHIPS PART 3

5th July, 1989

400m Colts

1. D. Pipe 65.4; 2. K. Hasselby 67.7; 3. C. Hall 71.4; 4. A. McDonald 77.1; 5. A. Mellish 79.2.

400m Senior

Heat 1: 1. N. Keogh 51.4; 2. M. Lobb 51.8; 3. P. Crowe 51.8;
4. S. Oxlade 56.7; 5. N. McDonald 57.4 (youth); 6. D. Dhammaloka 66.9.

Heat 2: 1. P. Crossan 51.3; 2. P. Byfield 51.8; 3. K. Hart 52.6 (junior); 4. N. Freiter 55.4 (junior); 5. S. Moore-Fay 59.6.

Heat 3: 1. P. Davies 51.0; 2. J. Forrest 51.2 (junior); 3. R. Bates 53.9; 4. S. Green 55.8 (junior); 5. B. Brown 57.2 (guest); 6. N. Kinsey 59.6.

Final: 1. N. Keogh 48.7; 2. P. Davies 49.7; 3. P. Byfield 50.7; 4. P. Crowe 52.5; 5. J. Forrest 52.7; 6. M. Lobb 54.6.

3000m 'A' Race

1. P. Calnan 8:46.7; 2. D. Hassall 9:00.7; 3. T. Cooper 11.3; 4. J. Phelan 15.6 (Vet 40); 5. S. Povey 17.9 (Junior); 6. P. Betts 19.9; 7. B. Saddler 23.6; 8. A. Draper 30.9 (Youth); 9. N. Kinsey 30.9; 10. A. Algeo 36.3 (Youth); 11. H. Morton 39.1 (Vet 40); 12. R. Coe 49.4; 13. M. Cronin 49.5 (Vet 45); 14. B. O'Gorman 54.9 (Vet 50).

3000m 'B' Race

1. D. Ellison 10:05.6; 2. I. Young 08.6 (Vet 40); 3. S. Cluney 19.2; 4. N. Louth 21.8 (Boy); 5. P. Shephard 25.8 (Vet 45); 6. J. Bailey 32.6 (Vet 40); 7. E. Prendergast 34.5 (Boy); 8. D. Whiting 34.8 (Vet 45); 9. B. Clapham 37.3 (Vet 50); 10. S. Moore-Fay 11:06.2; 11. S. Algeo 17.0 (Boy); 12. R. Morton 12:12.3 (Youth); 13. T. Weeks-Pearson 26.1 (Vet 50).

80mH — Boys

1. S. Timmins 13.3; 2. K. Hasselby 13.8; 3. J. Jackson 15.8.

100m Handicap

1. C. Brand; 2. S. Oxlade; 3. R. Morton.

Triple Jump

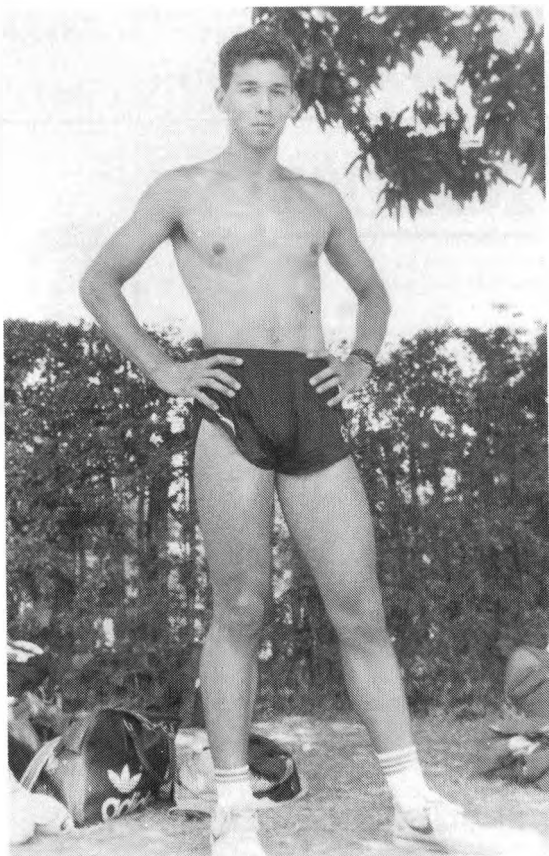
1. S. Oxlade 11.25; N/S. S. Timmins 11.39 (Boy, Guest).

Shot Putt — Senior

1. S. Oxlade 11.21; 2. C. Brand 8.91.

Shot Putt — Boys and Colts

1. S. Timmins 10.91 (Boys); 1. C. Hall 8.50 (Colts).



Nick Freiter — your page 33 hunk!

Photo by B. Saddler

CLUB CHAMPIONSHIPS: PART 4

Norman Park

19th July, 1989

100m Colts

1. N. Hamilton 15.5; 2. A. Mellish 16.6.

100m Boys

1. M. Nartey 12.3; 2. S. Timmins 12.9; 3. S. Barker 13.2.

100m Youths

1. B. Gardener 12.1; 2. B. Eldred 12.4; 3. L. Cowling 12.4.

100m Senior

Heat 1: 1. M. Williams 11.3; 2. R. Bates 11.7; 3. P. Crossan 12.0; 4. P. Stack 12.1; 5. B. Brown 12.5 (Guest).

Heat 2: 1. P. Davies 11.2; 2. P. Byfield 11.8; 3. M. Lobb 12.3; 4. R. Holt 12.5 (Junior).

Heat 3: 1. N. Keogh 11.6; 2. P. Crowe 11.8; 3. D. Galvin 11.8; 4. R. Pinson 12.4; 5. D. Ferris 12.4.

Final: 1. P. Davies 10.7; 2. M. Williams 10.9; 3. R. Bates 11.3; 4. N. Keogh 11.6; 5. P. Byfield 11.6; 6. P. Crossan 11.7; 7. P. Crowe 11.7; 8. D. Galvin 11.9.

Mile

Race 1: 1. G. Clifford 4:20.7; 2. P. Galloway 4:21.2; 3. A. Thompson 4:22.4; 4. P. Calnan 4:25.7; 5. P. Hamilton 4:28.5 (Vet 40); 6. S. Thompson 4:29.6; 7. K. Daniel 4:38.0; 8. C. Lord 4:41.0; 9. J. Murray 4:47.8 (Youth); 10. P. Barker 4:50.2 (Guest); 11. B. Mellish 4:59.6 (Vet 40); 12. M. Williams 5:00.4 (Vet 40).

Race 2: 1. S. Moore-Fay 4:58.6; 2. D. Ellison 4:58.8; 3. I. Wilson 5:01.5 (Vet 45); 4. M. Ellison 5:08.6; 5. N. Louth 5:13.0 (Boy); 6. S. Ridgewell 5:13.0; 7. S. Pearman 5:14.3; 8. D. Dhammaloka 5:24.5; 9. J. Turner 5:28.3; 10. B. Wheatland 5:38.4; 11. B. Clapham 5:47.1 (Vet 50); 12. K. Hinton 5:47.2 (Guest); 13. K. Hasselby 6:07.3.

3000m Walk

1. P. Hannell 14:14.1; 2. K. Wallace 18:40.9; 3. D. Maynard 18:45.3; 4. P. Evans 19:03.0; 5. P. Selby 19:04.2; 6. N. Broderick 21:25.1; 7. M. Evans 21:27.7.

400m Handicap

1. C. Hall; 2. K. Hasselby; 3. D. Dhammaloka; 4. R. Morton; 5. A. Mellish; 6. B. Mellish.

Pole Vaults — Boys

1. S. Foster 3.00; 2. S. Timmins 2.00; R. Morton no height.

Pole Vault — Youths

1. J. Goodman 3.00.

Pole Vault — Senior

1. G. Holder 3.60; 2. S. Tolson 3.00; S. Oxlade no height.

Javelin — Colts

1. C. Hall 20.00.

Javelin — Boys

1. S. Foster 40.98; 2. S. Timmins 37.60.

Javelin — Senior

1. G. Holder 47.12; 2. S. Oxlade 44.42; 3. C. Brand 42.92; 4. S. Tolson 36.10; 5. K. Daniel 23.76.

Triple Jump

No competitors.

"DREAMERS' MILE" RACE SERIES 1989

1989's series consisted of eight Wednesday evening races, with four the minimum needing completion to qualify for the four prizes up for grabs in the two competitions. First, second and third in the points competition and the most improved runner award.

It was decided that a new trophy should replace the old "most improved" and be re-named the "Pat Churcher Memorial Trophy" in memory of Pat who tragically died in November of last year and who was himself the recipient of the most improved award back in 1986.

Thirty-seven runners (including one guest) took part in at least one race and seven completed the necessary four races.

Fourteen different runners set twenty-eight personal bests between them.

A respectable standard of miling was upheld throughout the series none moreso than in race five which appropriately boasted the largest entry of the eight races, fifteen in all. This was the only occasion a split into 'A' and 'B' races was deemed necessary.

The 'A' race provided the classiest of the series with Pat Calnan gracing the field and winning, surprisingly with a p.b., in 4.23.7. Chasing hard on his heels was Barry Saddler running an incredible 4.29.0 p.b. and thereby sealing his well deserved "most improved" victory.

Consistent performances from Chris Huntley, Derek Dhammaloka and Simon Parsons ensured their success in the points competition.

At the presentation in mid September we at the club were fortunate to have the presence of Pat's mother and father and his widow, Rosemary, who kindly agreed to present the four trophies to the winners.

PJB

RACE 1

26 April 1989 (dry, dull, cold and breezy)

1. Richard Coe 4.45.0; 2. Steve Povey 4.45.3 pb; 3. Chris Huntley 4.53.3 pb; 4. Simon Parsons 4.54.7 pb; 5. John R. Turner 5.04.1; 6. Barry Mellish 5.17.1; 7. Bernard Wilson 5.23.6; 8. Pete Rissen 5.26.2; 9. Simon Michelle 5.39.2; 10. Jim Tateson 5.40.7 pb; 11. Ian Cayzar dnf.

RACE 2

10th May 1989 (warm, dry, cloudy, still)

1. Norman Davidson 4.47.3; 2. Chris Huntley 4.52.5 pb; 3. Simon Parsons 4.53.6 pb; 4. Tim Moule (guest) 4.57.7 pb; 5. Roland Tompkins 5.07.3; 6. Bernard Wilson 5.10.9; 7. Steve Povey 5.19.9; 8. Pete Rissen 5.23.7; 9. Derek Dhammaloka 5.27.6 pb; 10. Jim Tateson 5.38.9 pb.

RACE 3

24th May, 1989 (overcast, warm, humid)

1. Barry Saddler 4.37.0 pb; 2. Steve Povey 4.48.2; 3. Bernard Wilson 5.05.8; 4. Mike Williams 5.14.6; 5. Pete Rissen 5.21.5; 6. Derek Dhammaloka 5.22.5 pb; 7. Roy Savery 5.24.8; 8. Jim Mullett 5.45.8 pb.

RACE 4

14th June, 1989 (dry, humid, but cooling down)

1. Steve Povey 4.39.2 pb; 2. Barry Saddler 4.39.5; 3. Derek Dhammaloka 5.17.8 pb; 4. Pete Rissen 5.23.2; 5. Pete Shephard 5.26.8; 6. Jim Mullett 5.44.1 pb; 7. Ron Hill 6.57.6 pb.

RACE 5

12th July, 1989 (dry, warm, still)

'A' Race

1. Pat Calnan 4.23.7 pb; 2. Barry Saddler 4.29.0 pb; 3. Steve Thompson 4.34.0; 4. Mark Dyson 4.37.4; 5. Chris Lord 4.38.9; 6. Norman Davidson dnf; 7. Ken Daniel dnf.

'B' Race

1. Roland Tompkins 4.59.4; 2. Mike Cronin 5.00.8; 3. Mike Williams 5.03.4; 4. Bernard Wilson 5.09.9; 5. Derek Dhammaloka 5.14.9 pb; 6. Dave Whiting 5.24.3; 7. Pete Shephard 5.27.9; 8. Ron Hill dnf.

RACE 6

26th July, 1989 (dry, warm, still)

1. Pat Barker 4.47.9 pb; 2. Tim Moule (guest) 4.53.7 pb; 3. Barry Mellish 4.56.5; 4. Dave Ellison 4.57.2 pb; 5. Stan Ridgewell 5.08.7; 6. Bernard Wilson 5.16.6; 7. Derek Dhammaloka 5.17.5; 8. Steve Pairman 5.19.8; 9. Craig Daly 5.56.7; 10. Ron Hill 6.36.5 pb; 11. Mike Williams dnf.

RACE 7

2nd August, 1989 (dry, cool, still)

1. Keith Wheeler 4.40.3 pb; 2. Pat Barker 4.48.1 pb; 3. Tim Moule (guest) 4.51.4 pb; 4. Chris Huntley 4.51.8 pb; 5. Barry Mellish 4.59.0; 6. Stan Ridgewell 5.06.2; 7. Scott Moore-Fay 5.07.4; 8. Simon Parsons 5.16.0; 9. Derek Dhammaloka 5.19.1; 10. Andy Jamieson 5.35.5 pb.



Barry Saddler receives the Pat Churcher Memorial Trophy from Pat's widow, Rosemary.

RACE 8

30th August, 1989 (dry, cool, still)

1. Barry Saddler 4.40.2; 2. Tim Moule (guest) 4.45.6 pb; 3. Pat Barker 4.46.2 pb; 4. Damon Williams 4.50.0; 5. Chris Huntley 4.54.4; 6. Scott Moore-Fay 4.59.3; 7. Bernard Wilson 5.02.8; 8. Simon Parsons 5.16.2; =9. Derek Dhammaloka 5.22.4; =9. Pete Shephard 5.22.4.

FINAL PLACINGS:— Points Competition

1st Chris Huntley; 2nd Derek Dhammaloka; 3rd Simon Parsons; 4th Bernard Wilson; 5th Steve Povey; 6th Pete Rissen.

Most Improved (Pat Churcher Memorial Trophy): Barry Saddler.

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ON THE ROAD



LONDON MARATHON 1989

Dear 'heathens,

This year's (89) Blackheath Harriers' ADT London Marathon Appeal was an outstanding success. The club set out to raise £5,000 for the Marjorie McClure School for handicapped children at Chislehurst and ended up handing over the magnificent total of £15,100.

This was not the result of any one person's effort but a superb example of Blackheath teamwork. I should like to offer my very sincere thanks to everybody who helped make this appeal a success through their generosity by giving their blood, sweat, tears, time and, not least, money. Our friends at Tiphook PLC made a considerable donation and paid the administration costs of the appeal, which ensured that every penny raised by the runners went to the Marjorie McClure School.

Next year we shall be raising money for the Bobcat scheme, which operates a transport service for the disabled in Bromley. More details will be circulated shortly.

Once again, many thanks to everyone who made the '89 appeal such a success. Here's to 1990.

Yours 'heathenly,
Bill Wheeler
Appeal Co-ordinator

LONDON MARATHON RESULTS 23 April, 1989

(2:09.03) 240. N. Kinsey 2:33.03 (Allen Cup); 427. Roy Smith 2:37.52; 585. D. White 2:40.58 (1st BHV); 790. B. Mellish 2:44.54; 981. A. Bounds 2:48.07; 1096. R. Morris 2:49.29; 1224. M. Cronin 2:51.03; 1321. P. Shephard 2:52.19; 1364. M. Farrell 2:52.52; 1377. D. Flagg 2:53.04; 1378. M. Ludwig 2:53.05; 1404. S. Ridgewell 2:53.22; 1562. J. E. Turner 2:54.58; 1762. A. Jones 2:56.49; 2068. M. Peel 2:59.08; 2085. M. Ellison 2:59.13; 2195. I. Wilson 2:59.56; 2234. B. O'Gorman 3:00.19; 2284. G. Mexted 3:00.54; 2312. R. Hilton 3:01.40; 2671. K. Dryland 3:04.23; 3030. J. McConville 3:07.28; 3427. Roy Green 3:10.15; 3642. B. Leahy 3:11.36; 3723. A. Pontifex 3:12.09; 3742. G. Hayward 3:12.21; 3803. C. Hall 3:12.52; 3964. C. Painter 3:14.09; 4079. P. McMahon 3:14.53; 4154. D. Carton 3:15.24; 4301. R. Graf 3:16.23; 4515. C. Poole 3:17.48; 4823. N. Nuttall 3:19.33; 4853. R. Mercer 3:19.51; 5115. P. Crawford 3:21.28; 5690. P. Lovell 3:24.53; 6475. C. Canty 3:29.02; 6660. J. Braughton 3:29.55; 6732. P. Metcalf 3:30.22; 6749. R. Counter 3:30.27; 7095. C. Kelly 3:32.15; 7777. G. Heness 3:35.41; 8118. C. St Aubyn 3:37.34; 8472. C. Daly 3:39.20; 8534. B. Dinsley 3:39.35; 8641. M. Rawlings 3:40.15; 8852. J. Brown 3:41.13; K. Pearson 3:41.30; B. Wilson 3:44; J. Hill 3:44.52; H. Martin 3:46.15; B. Todd 3:48.01; J. Cruickshank 3:50; R. Fuller 3:50; B. O'Flynn 3:53; A. Mothersole 3:54; G. Ashdown 3:55; D. Broadhead 3:56.05; D. Brickwood 3:59; 13600. D. Birkett 4:01.49; D. Haines 4:10; R. Hill 4:10; A. Nairn 4:26; S. Nairn 4:26; 22587 Fin.

The marathon fund raising mob – complete with grinning Botley – who's name is conspicuously absent from the results!

TED PEPPER 7

1st May, 1989

The May Bank Holiday once again saw the running of the Ted Pepper 7. Last years winner John Wigley returned to defend his title, but was beaten by Graham Payne of Basildon AC and John Goldring from Woodford Green AC, holding off the first 'heathen' Gary Arthey for third place.

The O/50 category was keenly fought, only 52s separating the first three with Tom Ryan of N.L.A.C. overcoming John Baldwin by just 3 seconds.

P.R.

1. G. Payne Basildon AC 33.52; 2. J. Goldring Woodford Green AC 34.15; 3. J. Wigley Invicta 34.32; 4. G. Arthey 34.47; 11. P. Calnan 36.16; 13. D. Hassall 36.57; 15. P. Hamilton 37.01 (4th U40); 19. Roy Smith 37.48; 24. J. Baldwin 38.17; (2nd U50); 25. B. O'Gorman 39.40 (3rd U50); 26. H. Morten 39.11; 29. D. White 39.31; 30. M. Cronin 39.32; 31. K. Daniel 39.34; 38. S. Ridgewell 40.11; 40. B. Mellish 40.22; 44. J. R. Turner 40.56; 48. A. Bounds 41.04; 51. P. Shephard 41.32; 54. J. E. Turner 41.41; 56. S. Capey 42.07; 59. B. Wilson 42.44; 66. W. Wheeler 43.52; 67. W. Clapham 43.55; 71. J. McConville 44.15; 79. G. Crowder 44.59; 80. C. Rowe 45.10; 81. I. Cayzer 45.15; 83. S. Michell 45.31; 89. J. Tateson 46.51; 90. R. Counter 46.56; 104. G. Botley 49.46; 122. E. Smith 55.09; 125. J. Bennett 56.47; 131 Fin.

Teams (3 to score): 1. Cambridge Harriers (20); 2. Blackheath Harriers (28); 3. Woodford Green AC (32).

MAIDSTONE MARATHON (Inc. Kent Team Championships)

4th June, 1989

(2:37.59) 28. P. Shephard 2:56.53; 47. M. Cronin 3:02.53; 66. K. Dryland 3:08.53; 71. J. E. Turner 3:10.30; 80. J. Steer 3:12.27; 94. C. Canty 3:19.17; 140. R. Wheatland 3:31.21; 224. A. Mothersole 4:00.32; 314 Fin. Kent Team Champ. 3. BH; 10km (31.21) 21. Roy Smith 35.40; 52. M. Hamlin 37.10; 67. J. Kavanagh 39.01; 83. J. Enright 39.43; S. Mitchell 39.55; 213. J. Hope 46.37.

THE DOVER 10 ("THE IDEA")

"The idea" was born out of several pints of Youngs on one of those winter Wednesday nights, when Real Ale was available at the clubhouse (leftover from the previous weekend's 200 Club dinner, I think). We had just been out for 'an hour and a bit', which as usual resulted in PB's for the whole group, on the basis that we'd done about 14 on the roads, in the type of

conditions, which make grown men small and very tentative about rushing into the shower for fear of aggravating the chilblains, which had developed on strange places!

Back in the comfort of the Clubhouse, our thoughts had turned to summer and the 'Dover 10'. Philip 'Silver Tongue' Metcalfe entranced us all with "the idea" of a warm summers' night, a leisurely drive down to Dover, a gently undulating course, stopping off for a few beers and a meal on the way back and after all, it's only a Fun Run! 'Silver-Tongue' had cast his spell and we all agreed to do it.

As the day drew closer, "the idea" was becoming a reality. We were still doing 'an hour and a bit' on Wednesdays but by now it was over the country and the sun had been shining. Most of us had recovered from the London and one or two were quite frisky, noticeably Drew Grace, but then he's always like that. "The idea" was put to the test, when entry forms were distributed. The euphoria of our warm weather Wednesday training resulted in an impressive response:—

9 Vets

1 Senior

1 Bromley Lady plus non competing trainer

and on the night the ranks were swelled by the support of Val Peel, who had been persuaded that the first stop on the first day of her holiday should be Dover, ultimate destination, the Lake District (and we thought Metcalfe had a silver tongue!), Ann Sullivan (London next year?) and Howard, Robin Graf's plumber!

"The idea" had been to meet at Hayes and drive in a convoy of 3 or 4 cars. But, this was the day of a British Rail strike and it was particularly difficult to co-ordinate the travelling arrangements. As it turned out only 2 cars left Hayes to travel to Dover, the other 5 left from all over South East London and Kent. Most of us arrived in good time. The usual exception was Mike 'I only need 30 seconds to change' Lodwig, who surprised us all by arriving a full 5 minutes before the start (I don't think he'll do it again, he was obviously bored with the 4½ minute wait for the start).

Prior to the race day, we had experienced 6 weeks of glorious sun but *this* was the day the weather broke. It was windy, with dark grey clouds, a chill in the air and the distinct threat of rain. Eric 'Toenails' Sullivan was found whimpering in the boot of a car looking for cast off thermals. A black market developed in spare T shirts and running tights. The Bromley Lady's trainer was doing such a good job at keeping her warm, they had to be prised apart before she could start the run.

"The idea" of a Fun Run was quickly dispelled; lean wiry figures with such names as Cambridge Harriers, Invicta and Kent AC on their vests were warming up and taking it all very seriously. Even more worrying, people were saying hello to Mike Peel and Roy Savory at the start.

Likewise, "the idea" of a gently undulating course had been under suspicion from the moment we arrived. The first 3 miles climbed 500 feet, the next 3 miles enjoyed the euphemism 'undulating', the next 3 miles should have been fast and downhill had it not been for the strong headwind. The final stretch along the seafront was bleak and running into an even stronger wind.

The winner was a guy from Rotherham, holidaying in the area. He finished in 52 minutes, which, given the conditions and course was an excellent performance. First Blackheath man was Mike Lodwig in 59 minutes and nearly everyone else finished under 65 minutes. Reward for the run was a doughnut! Everyone was pleased with their performance, "it hadn't been *too* bad or *too* cold just a *bit* windy and at least the hill clears your tubes". The conditions and the course were a great talking point afterwards.

Now for the beer and food. The newly formed convoy of 7 cars followed 'Silver Tongue' to the pub. We all got there eventually, despite the efforts of Bob 'please don't ask me to navigate' Hilton and Ann 'it looks so different in the dark' Sullivan. A quick couple of pints and on to the restaurant at

Maidstone. Bob and Ann surpassed themselves but at least they had a guided tour of Maidstone town centre before joining the rest of the group, having first tried to eat at the wrong restaurant! We all left the restaurant after midnight and in excellent humour we drove home in the early hours of the morning.

It was a great evening out and thanks to Philip Metcalfe for organising us and congratulations to Janida who came in as second lady (she must have so much cut glass now, no one will know what to do for a wedding present!)

Bob Hilton

FAREHAM 10km ROAD RACE

26th March, 1989

Richard Coles and Peter Hamilton met up in the Fareham 10k on Easter Sunday with reasonable individual success. Richard who lives just a warm up away from the venue, couldn't quite penetrate the medalists but won a 4th place prize with a time of 31.35 and Peter staying locally with relatives came 11th in 32.49 carrying off first veterans' prize. As so often happens, had a third team member finished 22nd in a modest 34½ minutes first team prize could have been secured; but life is full of if onlys and not everyone wants to be in Fareham on Easter Sunday. Conditions, sunny, warm and windless.

PH



Barry O'Gorman Blackheath's star ranked over 50 athlete.

Photo by J. Phelan

BRANDS HATCH 10 Km

Brands Hatch

16th June, 1989

I. G. Arthey 31.13; 43. P. Shephard 38.51; 57. S. Mitchell 39.38; 78. J. Kavanagh 40.28 (2nd V50); 100.1. Cayzer 41.36; 101. C. Painter 41.36; 109. G. Crowder 42.03; 113. C. Cauty 42.09; 118. J. Tateson 42.16; 139. N. Brooks 43.21; 201. R. Pitcairn-Knowles 45.41; 206. R. Griffin 45.53; 218. K. Pearson 46.12; 253. T. Buick 47.20; 289. D. Brickwood 49.01 (3rd V60); 291. R. Gibson 49.16; 296. A. Weeks-Pearson 49.28; 424. Fin.

ORION HARRIERS' 10 MILE ROAD RACE

Chingford

Sunday, 2 July, 1989

This was the 5th annual running of this event by one of our long-standing winter rivals, and while allowing for a crowded road-race calendar, the lack of support from Blackheath is disappointing. We had two competitors last year and one this.

The entry fee is only £2.50. Results are produced in less than a week, and prizes are unusual. This year there was a plaque and a cassette for all finishers.

Last to finish were ten army runners in full kit including back pack, seven in 103 minutes 51 and three, including one limping heavily, in 108 minutes 56, all in splendid military unison.

It is an event worth including in your future plans.

GC



The victorious Southern 12 stage team prove the old adage – many hands make light work!

L. to. R. R. Coles, A. Guilder, T. Linford, J. Barton, G. Arthey, S. Newport, W. Foster, R. Farish, L. Roberts. M. Watling, C. McGeorge, D. Heath.

Photo by P. Calhoun

SOUTHERN 12 STAGE ROAD RELAY

Wimbledon Common

1st April, 1989

AN HISTORIC OCCASION INDEED

Much has already been made of the fact that we won the Southern 12 Stage Road Relay for the first time in the Club's history. Quite right too, as the long standing of Blackheath Harriers had stood too long before annexing this title that goes back to it's original form as the London to Brighton Road Relay. The police closed that various down about 25 years ago but many think the conditions on Wimbledon Common in the late eighties are far more hazardous. The Club of course, goes back even further but Historians should note that Shakespeare's reference to the 'blasted heath' actually predates our founding in 1869.

STAGE 1: The mixture of sun, Youngs and victory will make this date long remembered by the many 'Heath rooters and competitors alike as the days proceedings unfolded at noon with Les Roberts bringing us home on the first leg 80 seconds down on leaders Bournemouth. Though we were in 15th spot no-one was really counting just yet but consultation with the watch made a lot more sense. For many clubs the race was already run. **STAGE 2:** Mark Watling held this position while there was some changing around ahead of us between what might be described as the 'bit players'. The gap now stood at 98 seconds. **STAGE 3:** Alan Guilder set the 'Heath in motion for real and moved up from 25th to 10th. Meanwhile the gap between us and the leaders stayed the same at 98 seconds as Exeter took over from Aldershot at the front. The third leader on three legs to date. **STAGE 4:** Just back from Alabama and resplendant in Reebok gear, Tony Linford maintained the recently gained 10th place as he completed the second short circuit. The leaders were still Exeter and the gap behind the leaders was up to 1.56. But we

were just starting to run. **STAGE 5:** More at home on a short leg by his own judgement, Spencer Newport confirmed the suspicion of many that he is a fair Relay runner with his sparkling long stage. He moved the Club up to second place behind Exeter and cut the gap to 68 seconds. We were where we wanted to be and not yet halfway through the race. **STAGE 6:** Rob Farish has relished his form this winter and no doubt has waited for the Relays to come round this spring. A few earlier road races saw him in good nick and here he closed the gap all the way to finish this stage in second just 7 seconds down on Exeter. The leaders were doomed and we were not. **STAGE 7:** Bill Foster had the honour of passing the last team that stood between us and victory and it only took him half of the circuit round Wimbledon Common to do so. By now the Heath fans outside the Hand in Hand were getting in fine voice and the Wandsworth Brewery was doing a fine job lubricating the throats of the assembled masses. Bill came back with a gap of 48 seconds between him and the rest of the Southern Counties, led by Exeter Harriers. **STAGE 8:** From the front Dave Heath turned in the seventh fastest lap of the day over the 3m 553yd circuit. He split Ovett and Coe on the fastest times list and in doing so he stretched the 'heath lead to a healthy 1.50. Mike Peel sent to the Hand in Hand for the next round. **STAGE 9:** By the time Jerry Barton went out the lead had grown to 2 minutes and Jerry was assured of a big cheer from those still able to recognise him. With no pressure he came back with a healthier gap of 2.55 as Haringey had moved into second place. Celebrations were in full swing now but they do, quite correctly, say 'It's not over until it's over.' **STAGE 10:** Chris McGeorge went for us here and underlined the situation by running the fastest on this stage to stretch our lead even further, to 3.38. By now it was apparent that something out of the ordinary was needed to stop us winning. **STAGE 11:** Gary Arthey had run well enough in recent road races to keep our spirits high and the feeling was that he merely had to remain on his feet to secure us the medals we wanted. He did more than that as he stretched the lead to exactly 4 minutes by the end of his stage.

STAGE 12: I've seen the photos of Richard Coles finishing his lap and I was by the Hand in Hand as he came past. All of this confirms the hint that he enjoyed his solo effort and even more so enjoyed finishing off the job for the Club. He even squeezed another 10 seconds into the bargain. His face a few minutes after the race was completed also backs up my suspicions.

Suddenly the Common was a mass of Blackheath support as Club members who had been at various points round the course came to the finish to see the guys who did the business. It was all summed up pretty well by George Brooks who said words to the effect of waiting 50 years for this. He certainly thought it was worth while. It was a great day out and Blackheath certainly made this day their occasion. April 1st 1989, remember that day, we were certainly not fooling.

M. B. Hamlin



A victorious Richard Coles cruises in 4 minutes ahead of second spot.

Photo by J. Phelan

Result:

| | |
|------------------|---------|
| 1. Blackheath H. | 4:09.17 |
| 2. Haringey A.C. | 4:13.27 |
| 3. Luton United | 4:13.53 |
| 4. Boxhill | 4:14.15 |
| 5. Basildon | 4:14.20 |
| 6. Belgrave H. | 4:15.29 |

Short Laps: (3m 533yds)

D. Clark (Herc.) 15.07, S. Crabb (Enf) 15.20, I. Manners (Highgate) 15.29, D. Heath 15.40, C. McGeorge 16.06, R. Farish 16.07, R. Coles 16.28, M. Watling 16.34, T. Linford 16.37.

Long Legs: (5m 334yds)

E. Martin 23.47, M. Rowland (Phoenix) 24.24, R. Wise (Plymouth) 24.24, S. Newport and J. Barton 24.57, W. Foster 25.02, A. Guilder 25.08, G. Arthey 25.35, L. Roberts 26.06.

GUERNSEY EASTERRRRUNS 1989

Each Easter there is a Guernsey running feast, for those who like to chew up a few miles on road or over the country. The carnival begins on Good Friday with a six mile road race, and on successive days is followed by a 4½ mile cross country race, a 4 × 2 mile cross country relay and a half marathon.

A party of 6 from Blackheath (including 4 serious runners) flew from Southampton airport on Good Friday morning. The flight was rough and left some yearning for stable ground, smaller servings of porridge for breakfast and better weather. Fortunately as the weekend progressed, the weather improved. The glorious sunshine we experienced was something I hadn't experienced for some time.

Having missed the first event, our first race was the Keith Falla Memorial 4½ mile cross country, which was raced over

the firmest and most enjoyable course I've run in Britain. A variation of grass, sand, rock and a few Guernsey cow pats made a fast and interesting course, a little different to the usual slog, bog and squelch. Pat Calnan was 12th, David Hassall 20th and myself 9th.

The next day saw a real English fog roll in, making conditions cool, slippery and at times very tricky, the 2 mile course was a "real bastard of a course" compared to the previous day's. A composite team of Pat, Dave, myself and one Kent gentleman (sorry can't remember his name!) finished 4th outright. To our surprise on presentation night we were awarded 3rd composite team, to finish.

The final day saw Bill Foster finish 2nd in the half marathon, while Pat couldn't resist the temptation to race and finished 20th. Bill's effort was commendable, as he suffered a stitch and had to walk part of the way, a bit of inexperience concerning what to eat for breakfast?

The presentation, held that night was a who's who of the Guernsey Running Fraternity. It was also a trophy hunter's paradise as prizes seemed to outnumber competitors, with a majority going to Guernsey runners. For his efforts Bill received a large crystal glass bowl.

From an athlete's point of view the event was well organised and well attended. Competition was of all standards, ranging from that of Mark Harris, the winner of 3 races, through to an 87 year old local who finished all 4. The best part of the carnival is its location and the incidents which occurred between events.

For example, Lihou an island off the west coast of the island, is accessible by foot at low tide. Its natural beauty is reflected by its natural blue venus pool and its unusual fauna, such as the bare breasted Ken Pike, which though normally white in colour, can come in varying shades of red.

On the other side of Guernsey is St. Peter's Port, a historic fortress site, as well as the main town and harbour of the island. It is also the home of Victor Hugo and the location of the Val Nord Private Hotel which was our accommodation for 4 nights. The owner, Neil Falla was a very relaxed host, the meals were very appetising, the rooms which overlooked St. Peters Port were both spacious and comfortable and the bar operated very flexible drinking hours. This accommodation was to everybodys liking and was excellent value for the price.

The Valnord presented one dilemma, TO EAT or NOT TO EAT, breakfast. Each race was held at or before 10.00 am. breakfast was served at 8.00 am, we were all keen to race well, but weren't so keen to forgo the full English Breakfast. Those who missed the half marathon had succumbed to the food, moreso than the previous days' races.

It was also over breakfast that the quote of the trip originated, which concerned Bill Foster, who works for the Milk Marketing Board. Bill was asked "But Bill why don't you eat your bacon?" It was later explained to Dave that bacon is not a dairy product.

In comparison to what went on before, the return trip was uneventful, which was a blessing.

So I shall be returning to the land of eternal sun, surf and skin cancer ie. Australia, I wish farewell to Blackheath and those who have helped me. I loved the "English cross country experience" especially Nationals, as well as the history and tradition involved with Blackheath, something that is very unique to England, probably moreso Blackheath.

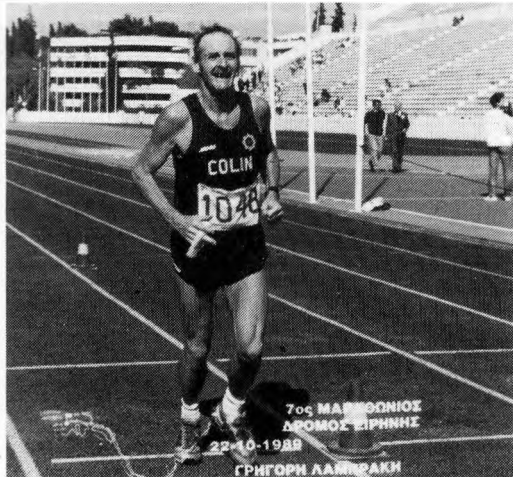
May you have more success in future competitions and be able to maintain some of the unique characteristics which are Blackheath.

See you later.

Michael Trinca

Results:

25th Mar. CC 4¼ M. (23.18) 9. M. Trinca 24.48; 12. P. Calnan 25.02; 22. D. Hassall 25.40. 26th Mar. CC Relay 4 x 2 M. (Fastest leg 10.23); 3rd 'A' Kent Team incl. M. Trinca 11.09; P. Calnan 11.13; D. Hassall 11.41; Kent AC team incl. P. Betts 12.26; A. Musson 15.02; Lloyd's Bank team incl. R. Ebbutt 13.55.



Colin Poole – 284th/1400 in 3.19.10.

7th INTERNATIONAL ATHENS PEACE MARATHON

22nd October 1989

The 7th International Athens Peace Marathon was organised to run on October 22nd 1989.

Though the First Marathon for Peace was run on April 21st 1963, being organised by Grigoris Lambrakis, it was not until 1982 that it was named the Grigoris Lambrakis Peace Marathon in memory of Grigoris Lambrakis who was arrested by the Junta during the 1963 race, imprisoned and ill treated. During a peace rally in Thessaloniki May 22nd 1963, Grigoris Lambrakis was wounded during an attempted assassination and died May 27th 1963.

How does one secure a place in the 1989 Marathon, Colin Poole asked — the answer seemed to be Sports Tours, Sportsmans Travel etc. or Helen and Dimitri Skilakos — WHO — the daughter and son-in-law of Colin — Why this route one may ask.

From June 1989 to October 1989 Colin tried to get an entry form without success, even after seeking the help of the Greek Tourist Board in London and the Sports Organisation in Athens, don't worry it will be OK, you will get a place alright.

Helen Skilakos finally, on October 13th (Friday) secured a place for Colin Poole and Arthur Legg of Blackheath Harriers (Hayes).

After a number of phone calls and "visits around Athens" Helen was then told to come back on Friday 20th October 1989 to collect the numbers on behalf of "her dad and friend". Pity the office was on strike 20th October, but don't worry the notice said, come back between 0800 and 1000 hrs on 21st October 1989 — 1 DAY BEFORE THE RACE!! — Well the "SEGAS" organisation office saw a lot of different nationals fighting with the "English Language" on the 21st, in a 4m x 4m office it could be put forward as a nomination for "Candid Camera" nevertheless all the runners got their numbers, race details and large plastic bag.

At 0630 hrs on October 22nd 1989, 12 coaches waited to collect runners from 27 countries outside the Old Olympic Stadium in Athens ready to transport them to the village of Marathon, for a prompt 0830 start.

The route from Athens to Marathon was eagerly viewed by the coach contingent — that looks OK, tough rise up there, winds blowing a bit, can't see any water stations, no marshalls in sight, looks as though its going to be a bit warm — indeed all the pre-race jitters and questions.

From the 0730 arrival to the "off gun" the atmosphere of 27 nationals, colours, shapes, sizes etc. milling around, warming up, rubbing in lotions, creams, vaseline, etc. and exercising their "natural rights" in the marathon hills (without Portaloo's, what else?) was without doubt an experience far beyond any other event.

Prompt at 0830 the gun went off to start the 7th Athens Peace Marathon, the Doves were released and the laurel leaves thrown into the air, away went nearly 1400 runners to wend their way from Marathon to Athens, 26.2 miles — 42.2 km, chattering like the "Tower of Babel Language Society", enjoying the early morning warmth and hoping enough water would be available on route.

The Greek Organisers did themselves proud — they did provide more than adequate water and sponge stations, the water was contained in small plastic bottles with silver caps (hard to pierce whilst running but clean and fresh to drink).

The police had total control over the traffic, the road was sterilised for 20-25 km for the benefit of runners, all intersections were manned by them and traffic turned away.

The first 15-20 km was relatively flat (with a Blip at 15 km) and rose in varying degrees from 20 km to 32 with a hard rise at 28 km, from 32-42 km a gentle run down into Athens to finish at the Panathinako Olympic Stadium which by 1200 hrs had reached 23°C.

The race saw 1377 people run of which 1248 were men and 129 women. There were 763 foreign men and 109 foreign women with 485 men and 20 women of Greek nationality. In all 27 countries were represented.

WINNERS — Jan van Rechoren from Denmark at 28 yrs old in 2 hr 23 m — 19 sec and Leslie Lewis — USA 34 yrs (women in 2 hrs.-37 min. 42 sec).

First Greek man 2 hr. 32 min. 02 sec. and first Greek woman 2 hrs. 53 min. 35 sec.

To start from the village of Marathon, run around the Warriors tomb at Marathon where 490 Greek soldiers are buried and run the route to Athens which commemorates Phidippides run of 490 BC announcing the Athenian Victory makes the Athens Peace Marathon a unique event and one which should be experienced by all runners be they club type, fun runners or just enthusiastic keep fit people. Why not give it a try yourself in 1990. Prior to the hoped for 1996 Olympic games being held in Greece.

Colin Poole



When we asked Mike Peel for a display of all current members — this wasn't quite what we had in mind. Ed.

B.H. Complete list of members as of 1 January 1990 (L. indicates life member)

| | | | | | |
|------------------------|--------|----------------------|--------|-------------------|--------|
| Abrahams, D F | May 88 | Bruce, A | Oct 86 | Dafedjaiye, M | Apr 89 |
| Adams, J D S | Feb 81 | Buggy, S | Oct 86 | Dale, C | Nov 89 |
| Agha, J | Aug 89 | Buick Dr, A R | Oct 87 | Dale, J | Jan 44 |
| Agnew, D G | Nov 89 | Bull, S L | Mar 88 | Dale, N M | Jan 46 |
| Agnew, G A | Jul 86 | Bulson, L | Feb 84 | Dalmon, L G | Jan 82 |
| Agnew, S | May 87 | Bunce, K S J | Mar 88 | Daly, C | Sep 81 |
| Albert, D F | Nov 88 | Burch, P J | Jul 87 | L Daniel Rev, A N | Oct 27 |
| Albert, J D | Oct 86 | Burgess, S | May 88 | Daniel, K R | Oct 77 |
| Algeo, A J | Oct 85 | L Butler, L D | Sep 29 | Davidson, N J | Jun 83 |
| Algeo, S J | Oct 85 | Butler, S | Nov 87 | L Davies Rev, C O | Oct 34 |
| Allanson, J H | Oct 24 | Buttinger, W | Oct 88 | L Davies, D B O | Apr 48 |
| Allen, K J M | Oct 76 | Byfield, P A | Jul 83 | Davies, M J | Dec 77 |
| Allen, M H | Apr 82 | Calnan, P | Sep 83 | Davies, P C | Sep 82 |
| Allen, M H | Jul 82 | Calton, A | Aug 78 | Davies, P N | Oct 74 |
| Allen, R | May 89 | Cameron Dr, J S | Dec 84 | Davis, A M | Oct 64 |
| Alvin, A L | Oct 86 | L Campbell, P F | Dec 55 | Davis, J W | Nov 88 |
| Amner, D W | Feb 66 | Canfield, G J | Jan 88 | Davis, P J | Mar 81 |
| L Anckorn, F G | Oct 54 | Cannon, M S G | Jun 79 | L Davis, P R | Jul 51 |
| Anderson, H | Jul 87 | Canty, C | Aug 87 | Davis, S C | Aug 79 |
| Anderson, J W | Jun 83 | Capey, S J | Oct 86 | L Day, J E | Sep 58 |
| L Anderson, J W | Oct 15 | Card, A J | Nov 89 | Day, R L | Dec 82 |
| Anderson, K O | Jul 89 | Carey, R A | Apr 89 | De'ath, M | Jul 83 |
| Anderson, L D | Apr 87 | Carroll, W | Aug 88 | Degutis, P B | Nov 85 |
| Andrews, K N J | Aug 86 | Carton, D F | Oct 84 | Denney Dr, R C | Jan 84 |
| L Andrews, T J | Jul 35 | Caswell, W R | Aug 86 | Devaux, J J | Nov 88 |
| L Anslow-Wilson DSO TD | Jul 30 | Catley, P W | Apr 77 | Dhammaloka, D R | Feb 89 |
| Appiah, S | May 89 | Caulfield, M A | Nov 77 | Dickins, L C | Jul 84 |
| Appleton, D L | Sep 81 | Cavalli, M | Apr 89 | Dinsley, B E | Sep 84 |
| Arnold, R J | Oct 88 | Cavanagh, T | May 49 | Dixon, H L | Sep 86 |
| Arthey, G L | Apr 85 | Cavanna, D J | Nov 89 | Dodds, C H | Aug 89 |
| Arthey, K H | Apr 85 | Cayzer, I | Mar 85 | Donaldson, W J | Aug 89 |
| Arthey, M | Oct 85 | Chambers, P W | Jul 87 | Doughty, M P | Aug 88 |
| Ashdown, R G | Nov 88 | Chambers, R A | Apr 80 | Dovey, T | Nov 83 |
| Ashen, P A | Jul 78 | L Chappell, A G | Oct 33 | Draper, A J | Nov 86 |
| Ashton, K J | Nov 84 | Charlwood, R R | May 87 | Dryland, K | Sep 87 |
| Athawes, M J | Aug 65 | Chasseerot, M | Dec 86 | Dudman, F G W | Apr 66 |
| Atkinson, B M | Nov 82 | Chester, L | Sep 87 | Dunn, D W | Jan 82 |
| L Atterbury, L | Sep 63 | Child, D G | Dec 43 | Drury, R | May 89 |
| L Austridge, P R | Jun 79 | L Childs, L H | May 50 | Duthie, A J | Oct 86 |
| Averns, J M | Oct 84 | Chitty, R J | Jun 83 | Dyson, M V | Jun 89 |
| Raigent, P J G | Nov 46 | L Choat, R R | Oct 38 | L Dyter, F J | Oct 68 |
| Bailey, J C | May 82 | Churchus, D B | Oct 89 | Ebbutt, N F | Feb 81 |
| L Bailey, R | Oct 24 | Clapham, W | Jun 83 | Ebbutt, R D | Oct 69 |
| Baker, D D | Apr 87 | Clare, J R | Feb 70 | Edmonds, C W H | Oct 80 |
| Bakker, J | Dec 85 | Clark, G M | Oct 81 | Edmonds, D S P | Oct 80 |
| Baldock, A P | Oct 89 | Clark, J P | Feb 37 | L Edmonds, R J | Nov 56 |
| Baldwin, J | Jul 87 | Clark, M C | Jun 83 | Edwards, A W G | Aug 80 |
| Baldwin, J R | Apr 55 | Clarke, E | Oct 87 | Egan, P G | Jan 82 |
| Baldwin, M | Dec 83 | Clear, J A | Oct 35 | Eldred, B J | Apr 87 |
| L Ball, A E | Nov 49 | Cleave, B M | Aug 88 | Elgy, A | Apr 86 |
| L Ball, M G | Nov 48 | Cliff, R P | Aug 74 | Ellar, B J | Nov 89 |
| L Barker, R G | Apr 61 | Clifford, G | May 85 | Elliot, J G | Sep 87 |
| Barker, J D | Feb 89 | L Clowser, L R | Oct 25 | Ellis, C S | Jan 80 |
| Barker, S J | Jul 89 | Cluney, S H | Mar 69 | Ellis, A | May 88 |
| Barlow, D J | Jul 85 | Cobbett, P L | Sep 84 | Ellison, D | Oct 86 |
| Barlow, P J | Sep 83 | Cockburn, J R D | Nov 35 | Ellison, M W | Nov 84 |
| L Barnwell, P J | Jul 36 | Cocker, D G | Sep 70 | Eltham, J C | May 84 |
| L Barrett, T M | Aug 26 | Coe, R P | Feb 82 | Emery, D | Oct 81 |
| Barrington-King, P V | Nov 79 | Cogan, D J | May 81 | Enright, A G | Jul 87 |
| Barton, J D | Apr 85 | Cole, S C | Feb 88 | Essein, B | Apr 87 |
| Rates, R V | Apr 87 | L Cole-Powney, J H M | Feb 57 | Evans, M R | Apr 87 |
| Bauer, H | Mar 89 | Coleman, D N | Sep 82 | Evered, A | Oct 89 |
| Baxter, W A | Sep 87 | Coles, E T | Feb 74 | Everett, D R | Apr 55 |
| Beacham, R F | Jul 84 | Coles, R J | Dec 68 | Eversfield, A | Apr 89 |
| Beale, R W | Feb 81 | Collins, I M | Aug 86 | Facer, J R | Jul 81 |
| Beamiss, D E | May 85 | Colnet, M S | Jun 88 | Fagg, S | Feb 82 |
| L Beardon, V W W | May 27 | Colpus, M A | Oct 80 | Fairbairn, A A M | Jun 80 |
| Beasley, R H | Oct 88 | Colvin, N W | Sep 83 | Farish, R P | Jul 77 |
| Beck, J W | Aug 82 | Comber, P A | Sep 88 | Farrar, P L | Oct 76 |
| Beer, C A | Jan 57 | Conway, T S | May 84 | Farrell, M N | Nov 88 |
| Bennett, J V F | Nov 57 | Coombs, K H | Oct 82 | Farrelly, D J | Nov 82 |
| Bentley, D | Jul 52 | Cooper, J J | Oct 86 | Farrow, J P | Apr 88 |
| Berry, A P | Mar 89 | Copley, J J | Jan 62 | Farrow, M P | Jun 87 |
| Betts, P | Nov 82 | Cordell, D J | Dec 81 | Featherston, P M | Feb 89 |
| Bird, M J | Oct 89 | Corless, V | Dec 84 | Fernandes, G P | Feb 78 |
| Birkett, D L | Oct 88 | L Cornish, L V | May 31 | Ferrari, S M | Feb 83 |
| Blight, L E | Feb 58 | Costello, C J | Jan 89 | Ferris, D J | Apr 85 |
| L Bliss, S A | Nov 32 | Counter, R | Feb 85 | Fevyer, M C | May 89 |
| Boswell, J J | Jul 87 | Coward, J F | Nov 84 | Fiddes, D | Apr 56 |
| Botley, G | May 66 | Cowland, B C | Nov 82 | Fidler, P K | Apr 85 |
| Boulton, B E | Jan 83 | Cowling, L A | May 89 | Field, J G | Apr 80 |
| L Boulton, W A | Oct 54 | Crake, D T | Jul 85 | Field, M J | Dec 81 |
| Bounds, A P | Jun 82 | Crawford, P | Mar 89 | Fincham, B G A | Apr 77 |
| Brackley, A E | Jul 87 | Cresswell, C J | Dec 76 | Fisher, B R | Jan 84 |
| Bradshaw, S G | Oct 86 | Crickett, M J | Aug 89 | Fiske, J A | Aug 88 |
| Brand, C M | May 52 | Crisp, M G | Sep 84 | Fitz-Costa, S P | Oct 82 |
| Brand, D | Nov 83 | L Critchley, P | Feb 60 | Flagg, D B | Sep 85 |
| Brand, D J | May 75 | Cronin, M J | Feb 82 | Flower, G S | Jun 88 |
| Brandl, S C | May 87 | Crook, D P | Aug 88 | Forbes, G S | Oct 83 |
| Broughton, J | May 77 | Cross, T | Jun 86 | Foreman, A | Nov 88 |
| L Braund Major, B P | Dec 20 | Cross, J L | Nov 83 | Foreman, R E | Mar 81 |
| Brent MBE, A J | Mar 46 | L Cross, R G | Dec 27 | Forrest, J | Oct 85 |
| Brewer, N P | May 89 | Cross, R S B | Apr 59 | Forrest, J P | Jun 84 |
| Brickwood, D | Jul 83 | Cross W D A | Nov 83 | Foster, S | May 89 |
| Briffa, J | Oct 89 | Crossan, P M | Dec 87 | Foster, S G L | May 87 |
| L Brill, A C | Apr 48 | Crowder, G B | Jul 62 | Foster, W R G | Oct 79 |
| Broadwell, D | May 87 | Crowdon, D A | Feb 82 | Foulger, T R | Aug 77 |
| Brookes, D A | May 84 | Crowe, P | May 87 | Fox, T | May 86 |
| Brooks, G | Aug 78 | Cruickshank, J W | Nov 85 | Francis, R E | Dec 85 |
| Brook, G F | Oct 34 | L Cullen-Smith, C S | Apr 59 | Frankish, A W | Aug 72 |
| Brooks, N | May 73 | Cummins, P G | Oct 89 | Freelove, A C J | Apr 89 |
| Brooks, N M | Dec 87 | Cunningham, J | May 79 | Freemantle, S J | Jun 85 |
| Brown, A | Jun 88 | Cushen, R N | Dec 88 | Freiter, N M | Apr 86 |
| Brown, J F | Apr 84 | Cushen, T A | Nov 89 | Friend, J C W | Apr 62 |
| Browne, A J | Nov 89 | Cuthbert, R E | Oct 82 | Frost, E A L | Dec 77 |

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|-----------------------|--------|------------------|--------|-----------------------|--------|
| Fukuda, H | Aug 89 | Hodge, A J | Jul 83 | L Mackley, I C | Apr 61 |
| Fuller, C I | Apr 89 | L Hogg, D F E | Feb 46 | Madubuko, M | Aug 89 |
| Fuller, R S | Oct 85 | Holder, G R A | Jul 84 | Magill, S M C | May 89 |
| L Furniss, J | May 33 | Holder, I P | Oct 77 | Madhoney, M J | Jul 65 |
| Gaiderman, K J | Oct 89 | Hollens, A P | Dec 89 | Mallott, T C | Dec 76 |
| Gale, D G | Mar 54 | Holt, R W | Mar 85 | L Malone, E J | Aug 46 |
| L Galley, R A E | Oct 27 | Hope, J A E | Nov 88 | Manley, M | Mar 82 |
| Galloway, P M | Aug 85 | Hopgood, D H | Nov 49 | Mann, A J | Oct 87 |
| Galvin, D J | May 86 | L Horn, F A | Sep 29 | Mann, M J | Oct 84 |
| Gardener, R J | Jul 87 | Horner, R E | Jan 85 | Marsden, D I | Oct 88 |
| Gardener, N J | Jul 87 | Horwood, P R | Feb 87 | Marsden, D J | Oct 88 |
| L Gardner, G A | Dec 32 | Hough, S J | Aug 89 | Marsh, G | Dec 89 |
| Gascoigne, S J | May 83 | Howard, N J | Jun 88 | Marshall, J S | Sep 89 |
| Gasson, M E | May 82 | Hull, G | Oct 89 | Martin, B G | May 89 |
| Gedge, A H | Oct 76 | Hunter, P | Nov 76 | Martin, G | Jul 64 |
| L Geere, G E | Dec 51 | Huntley, C J | Oct 87 | Martin, H J | Apr 76 |
| George, L F | Jun 88 | Hutson, S W | May 86 | Martin, P L | Oct 88 |
| George, M J | Apr 89 | Hyrapiet, M | Apr 89 | Martineau, M D | Dec 83 |
| German, P J | Aug 77 | Irvine, P J | Dec 78 | Maughan, P F | Jul 89 |
| Gibbins, A | Jul 88 | Jackson, J N | Aug 86 | Maughan, D B | May 88 |
| Gibson, R A | Oct 83 | Jackson, M C | Oct 82 | May, N A | Jan 87 |
| L Gillate, D R | Nov 39 | Jago, S | Nov 89 | McAnaspie, D | Aug 88 |
| L Glaisher OBE, E C P | Oct 38 | Jameson, A C | Apr 89 | McCarthy-Biggs, D | Aug 89 |
| Glynn, S F H | Jul 38 | Jarrod, T A | Jul 73 | McConville, J P | Feb 87 |
| Goddard, M J | Oct 86 | Jeffrey, D R | Mar 89 | McCrann, P T | Apr 88 |
| Gold, I C | Mar 84 | Jeffrey, M D | Mar 89 | McDonald, N | Nov 84 |
| L Gollan, R H | Jun 20 | Johnson, D R | Dec 84 | McGarey, N H | Dec 89 |
| Goodman, J N | May 88 | Johnson, H | Oct 47 | McGee, J | Jul 83 |
| Grace, A R | Oct 85 | Johnson, J E | Nov 88 | McGeorge, C A | Aug 86 |
| Grace, B R | Oct 88 | L Johnson, K J | Oct 41 | McGeough, T A | Sep 81 |
| L Gracie, C K | Dec 54 | Johnson, R | Dec 88 | McGillivray, A I | May 88 |
| Graf, R A S | Sep 84 | Jones, A M | Nov 88 | McGowan, J P | Jun 83 |
| Graf, D C | Oct 88 | Jones, B S | Nov 64 | McGrady, G S | Aug 88 |
| Graf, I J | Oct 88 | Jones, M A | Oct 87 | McGrady, B C | Jul 86 |
| Graham, W | Oct 87 | Jones, R A | Jul 83 | McInerney, M | Oct 84 |
| Grant, B W J | Jul 84 | Jones, S | Apr 89 | McKeogh, M J | Oct 89 |
| Greed, A | Nov 88 | Kane, P D | Dec 88 | McLeod, D W | Sep 83 |
| Green, A R | Oct 89 | Karageorghis, C | Aug 83 | McMahon, P | Nov 88 |
| Green, K W | Jul 87 | Kavanagh, J W | Jan 79 | McStravick, B | Nov 84 |
| Green, R C | May 86 | Kean, J | Feb 82 | McSweeney, K J | Feb 61 |
| Green, R E | Jul 88 | L Keepax, A E | Feb 46 | Meekings, C J | Nov 87 |
| Green, S C | Mar 88 | Kelly, C J | Sep 87 | Meeks, S | Nov 89 |
| Green, S M | Dec 80 | Kelly, J P | May 84 | L Mekler, J | Dec 54 |
| Gregory, D L | Nov 56 | Kemp, J | Oct 84 | Mellish, A P | Dec 88 |
| L Grieg, G O J | Feb 49 | Kempton, A H | Nov 82 | Mellish, B R | Jun 86 |
| Grierson, D B | Sep 87 | Kenning, A | Nov 88 | Mercer, R | Nov 88 |
| Griffin, C J | Dec 89 | Keogh, N J | Sep 81 | Merger, S J N | Oct 89 |
| Griffin, R F | Mar 87 | Ketchin, I M | Nov 77 | Merlin, B | Jun 89 |
| Griffiths, M J | Aug 85 | Khan-Panni, P | Feb 82 | Merrell, R G | Aug 88 |
| Griffiths, D G | Mar 88 | Khan-Panni, J | Aug 83 | Messer, G A | Jul 87 |
| Griffiths, K F | Mar 88 | Kidd, C A | Oct 36 | Metcalf, P J | Nov 84 |
| Grimwood, R D | Aug 88 | Kiddell, R M | Aug 89 | Mexted, G W | Sep 87 |
| L Grove, A E | Oct 49 | Kilgour, A | Feb 84 | L Mitchell, R A | Oct 63 |
| Groves, J | Nov 83 | King, J A W | May 83 | Mitchell, A J | Sep 84 |
| Guilder, A J A | Aug 86 | King, J A | Jul 88 | Mitchell, S | May 84 |
| Gunning, M W | Jun 86 | L King, L G | Feb 29 | Miles, D R | Nov 88 |
| Hacker, J | May 89 | King, P E C | Nov 82 | Miles, J T | Sep 83 |
| Haffenden, N A | Oct 82 | Kingshott, A | Nov 87 | Millar, D C | Nov 88 |
| Haines, C R | Nov 66 | Kinsey, N J | Jul 87 | Millgate, D F | Aug 79 |
| Haines, D M | Jun 84 | Kirk, R A | Nov 48 | Minting, R | Nov 79 |
| Hall, C J | Oct 85 | Kitching, J | Oct 84 | Mitchener, S A F | Nov 88 |
| Hall, C J | Jun 88 | L Kitton, J H | Dec 21 | L Mobbs, C L | Oct 24 |
| Hallett, R S J | Dec 85 | Knowles, C P | Oct 89 | Modlock, P J | Nov 88 |
| Hamilton, P | May 73 | Kolbe, B | Jun 89 | L Monshall, N | Dec 47 |
| Hamilton, N S | Jul 89 | Lacey, S P H | Oct 86 | L Monshall, G E | Jul 46 |
| Hamlin, M | Sep 88 | Lake, W F | Jul 46 | Moody, N B | May 89 |
| Hamlin, V | Oct 89 | L Lambshire, H V | Jul 47 | Moore, E J | Nov 89 |
| L Hammill, L E | Sep 29 | Lancaster, J A | Apr 87 | Moore-Fay, S C | Aug 89 |
| Hamplatt, C | Nov 82 | Lancley, A | Sep 89 | Morgan, G | Sep 83 |
| Hannell, P C | Sep 75 | Lang, S M | Sep 88 | Morgan, N J | Nov 86 |
| Harker, D J | Mar 53 | Laphorn, I T | Dec 82 | Morley, R A | May 50 |
| Harley, M J | Nov 74 | Larcombe, D R | Nov 85 | Morris, J C R | Jul 75 |
| Harrison, S J | Jun 88 | Lashley, R J | Sep 86 | Morris, D L | Mar 89 |
| Hart, K B | Aug 88 | Last, G R | Sep 54 | Morris, G K | Oct 86 |
| Hart, L A | Nov 89 | Latchem, N | Jun 72 | Morris, I L | Jun 89 |
| Hart, R J | Nov 87 | Lawrence, P A | Apr 89 | Morris, K D | Aug 89 |
| Hartley, A M | Jul 79 | Lawrence, R P | Nov 89 | Morris, K P | Nov 89 |
| Hartley, B D | Sep 75 | Lawrie, D M | Mar 87 | Morris, R A | Jul 76 |
| Hartley, N J | Apr 80 | Laws, M | Dec 80 | Morten, H | Nov 88 |
| Harvey, D J | Oct 86 | Lawton, M J | Aug 85 | Morten, R H | Nov 88 |
| Hassall Dr, D G | Dec 86 | L Layton, D G | Jun 38 | L Moss Dr, A A | Jun 39 |
| Hasselby, K J | Aug 88 | Leahy, B J | Oct 86 | Mothersole, A | Feb 83 |
| Hassett, B J | Jun 87 | Lee, D J | Aug 89 | Mulcahy, J J K | May 85 |
| Hatch, B | Jun 87 | Legg, A E | Nov 85 | Mullett, J | Dec 88 |
| Hayday, A V | Oct 46 | Leishman, H | Apr 88 | L Mullins, P R H | Oct 42 |
| Hayes Dr, A J | Sep 88 | Leishman, S | Apr 88 | Munday, S M | Nov 81 |
| Hayward, G N | Nov 83 | Leon, C | Nov 87 | Murphy, G N | May 86 |
| Heard, D E | Sep 88 | Lester, P | Apr 82 | L Murray KVO CMG, Sir | Jul 42 |
| Heath, D J | Nov 86 | Levy, N | Jun 88 | Murray, G B | Nov 87 |
| Hedger, A J | Feb 83 | Lewis, C J | May 88 | Murray, J C | Sep 86 |
| Heinmann, M | May 78 | Lewis, I D | Apr 89 | Murray, P D | Apr 89 |
| Henesy, G A | Oct 86 | Lindblom, J E | Feb 49 | Murrell, A D | May 88 |
| Henry, T | Dec 88 | Linford, A K | Jan 87 | Musson, A H | May 84 |
| Herring, J B | Jul 51 | Lissaman, J | Mar 53 | Nairn, A | Nov 83 |
| Hibberd, M | Nov 88 | Lissaman, M P | Apr 75 | Nairn, A H A | Nov 85 |
| Hickey, F W | Jan 76 | Lister, R D | Oct 86 | Nana, A | May 79 |
| Hickey, G | May 55 | Llewelyn, T | Aug 75 | Narty, M | Apr 89 |
| Hickey, L I | Mar 83 | Lloyd, G | Oct 88 | Nash, J H | Feb 68 |
| Hickman, D J | Nov 80 | Lobb, M J | Jun 86 | Nash, R J | Nov 89 |
| Hill, R | Oct 85 | Lodwig, M S | Oct 85 | Nash, T M | Jan 86 |
| Hill, J E | Nov 82 | Loneragan, P | Dec 89 | Needham, C L | Nov 84 |
| Hill, J J L | Dec 87 | Loneragan, W M | Dec 89 | Neuff Dr, A T | Feb 88 |
| Hill, M S | May 88 | Long, F A | Jul 79 | Newbon, A R | Sep 88 |
| Hill, R E | May 87 | Longley, C I | Dec 85 | Newman, A M M | Apr 89 |
| Hill, S D | Oct 85 | Lord, C B | Nov 78 | Newman, M M | Feb 82 |
| Hills, J | Jul 74 | Louth, N C | Jul 87 | Newport, S J | Aug 88 |
| Hilton, R J | Oct 86 | Love, C J | Sep 89 | Nicholls, A | Dec 89 |
| Hines, J D | Oct 84 | Lovell, P | Apr 83 | Niewiarowski, J H | Nov 88 |
| Hobbs, J R | Sep 88 | L Macgregor, J R | Aug 40 | Norton, W S | Nov 54 |
| L Hobden OBE, M | Jun 41 | Mackie, D J | Apr 87 | Nunn, R W | May 86 |

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|---------------------|--------|---------------------|--------|--------------------|--------|
| Nuttall, N | Jul 85 | Rogers, L F | Jul 85 | Thornton, R A | Oct 82 |
| O'Brien, P C | Oct 86 | Rose, A J | Apr 83 | Tibbott, D J | Nov 89 |
| O'Donnell, W J | Oct 84 | Rose, D E M | Nov 89 | Timmins, S J | Jul 87 |
| O'Flynn, B D M | Feb 84 | Ross, I M | Jul 56 | Tingey, D J | Nov 40 |
| O'Gorman, F A | Apr 70 | Ross, F W | Nov 89 | Todd, C B | Jun 81 |
| L O'Reilly, T M | Dec 62 | Routledge, J L | Jun 82 | Tolson, S | Aug 84 |
| O'Conner, W | Nov 89 | Rowe, C E | May 84 | Tomkins, G L | Oct 85 |
| Oldfield, A A | Oct 48 | Rudd, M R | Apr 83 | Tompkins, R L | Dec 75 |
| Oliver, J W | Oct 86 | Rudd, R H | Sep 57 | Tonkin, K W | Aug 67 |
| Olney, S P | Oct 86 | Russell, M H | Oct 86 | Tonkin, W E | Jan 76 |
| Ord, R M | Nov 88 | Rutherford, S R | Jul 81 | Tortolini, M P | Nov 88 |
| Orton, W H | Oct 89 | Ryan, P M | Apr 87 | Townsend, N | Oct 86 |
| Owen, M T D | Jun 89 | Saddler, B A | Aug 87 | L Trafford, L E | May 37 |
| L Owlett, G | Nov 36 | Saint, D A | Aug 86 | Trevisan, M P | Apr 86 |
| Oxlade, S C | May 84 | Saiz, R | Jan 84 | Trinca, M J | Jul 88 |
| L Oxland, J C | Jul 32 | L Sampson Rev, E J | May 55 | Tullett, D | Mar 88 |
| Paffett, A J | Mar 85 | Samuel, R B G | May 86 | Tullett, J D | Mar 85 |
| L Paige, J F W | Jan 36 | Samuels, G K | Jul 87 | Turner, J E | Feb 84 |
| Painter, C L | Sep 85 | L Sanders, N G R | Mar 47 | Turner, J R | Apr 86 |
| Palman, S A | Oct 87 | Sanders, B J C | Feb 49 | Turney, R D | Jul 56 |
| Palmer, R K G | Jul 87 | Sargeant, I W | Jul 89 | Tyler, D A | Jun 88 |
| Parish, S | Nov 39 | Saunders, I J | May 87 | Umney, N D | Oct 84 |
| L Parrott, K W | Nov 60 | Savery, R H | Jan 74 | L Underhill, B D | Dec 53 |
| L Parrott, J F | Nov 60 | L Saville, E M | Dec 24 | Van Eccles, W Van | Oct 38 |
| L Parrott, B G | Nov 36 | Savory, G C | Aug 83 | Van Arem, H W | Dec 89 |
| Parsons, B J | Sep 78 | L Sawkins, E J | Jul 48 | Varcoe, R | Apr 83 |
| Parsons Dr, D N | Jul 89 | L Saxon, P H | Dec 46 | Vercos, W H M | Jan 29 |
| Parsons, S | Jul 84 | Saxton, B A | Apr 76 | Vetterlein, P A | Mar 72 |
| Partington, J | Jul 81 | L Scott-Wilson, J H | Jan 44 | Von Speyr, P W | May 73 |
| Partington, T J | Jul 81 | L Seager, A E | Oct 31 | Wade, D W M | Dec 65 |
| Pascoe, S | Oct 86 | L Seager, R H | Oct 32 | Wade, M M | Dec 86 |
| Patel, T S | Apr 88 | L Seager, R W | Sep 26 | Wakeman, J A | Jan 79 |
| Patient, D T | Sep 89 | Seal, R J | May 88 | Walhen, T J | Aug 68 |
| Patterson, P C S | Jun 88 | Searby, D P C | May 80 | Walker, M A | Jan 88 |
| L Peachey, C A | Oct 19 | Searby, S J | Jan 79 | Walker, M A | Jan 42 |
| Pearce, B F | Jul 50 | Sedgwick, R M | Apr 87 | Walker, S | Nov 88 |
| Pearce, G W | Oct 84 | Sewter, A J | Dec 89 | Walsh, R | Jun 83 |
| Pearce, J | May 82 | Shapcott, B M | Apr 56 | Walster, T J | May 86 |
| Pearman, R | Jul 85 | Sharp, J M | Nov 82 | Ware, C J | Jul 80 |
| Pearse, J J | Nov 86 | Shepherd, P E | Oct 66 | Watkins, M J | Jun 88 |
| Pearse, S A | Sep 88 | Shiels, M B | Sep 81 | Watling, G D | Apr 89 |
| Pearson, K J | Feb 89 | Shorter, C H | Feb 79 | Watling Dr, M I L | Aug 87 |
| Pearson, M L A | Feb 85 | L Shrimpton, P T | Apr 48 | Watson, G L G | Apr 81 |
| Peck, C V | Dec 84 | Sidebottom, R | Jan 89 | Weatherill, B | Aug 88 |
| Peel, M L | Jan 74 | Sierankowski, R A | May 89 | Weatherstone, R | Jun 86 |
| Phelan, J | Jul 79 | Silk, A T | Oct 89 | Weaver, R J | Oct 78 |
| Phillip, J E | Jul 62 | Sims, P E | Sep 48 | Webb, N | Nov 89 |
| Phillips, T F P | Dec 68 | Singer, G | Sep 48 | Weeks-Pearson, A J | Apr 49 |
| Pickering, A M | Apr 83 | Singerton, R J | Nov 84 | Wells, P S W | Aug 31 |
| Pike, K W P | Jul 78 | Singham, S | Oct 89 | L Westcott, L C | Jan 31 |
| Pike, R J | Apr 89 | Sizer, M G | Sep 84 | Wheatland, R | Nov 88 |
| Pinder, R | Nov 59 | Slack, W A | Jun 83 | Wheeler, K P | Sep 86 |
| Pipe, D C | May 87 | Smith, B L | Nov 88 | Wheeler, N R | Oct 85 |
| L Piper, L E | Jan 48 | Smith, D G | Oct 88 | Wheeler, S W | Aug 87 |
| Pitcairn-Knowles, R | Nov 85 | Smith, D J R | Nov 88 | Wheeler, W F | Mar 82 |
| Plank, G | Oct 82 | Smith, D L | Oct 89 | Whicheloe, K A | Jan 80 |
| Pontifex, A | Oct 86 | Smith, E H | Jun 84 | Whitcombe, D J | May 87 |
| Poole, R C | Mar 88 | Smith, G H | Dec 51 | White, D | Dec 77 |
| Porter, K D | Sep 87 | Smith, I F | Jan 52 | White, G R | Apr 86 |
| Porter, R F | Mar 78 | Smith, L | Jun 89 | White, J D | May 81 |
| Potrac, P A | Dec 89 | Smith, R A | Dec 89 | Whiting, D J | Oct 82 |
| Potter, R | Nov 89 | Smith, R D | Jun 87 | Whiting, W P | Oct 54 |
| Povey, S T | Oct 88 | Sole, D C | Oct 89 | Wiard MBE, C A | Mar 28 |
| Fowell, J V | Aug 78 | Somerset, D E | Sep 88 | L Wilcockson, J M | Feb 38 |
| Prendergast, E R | Apr 88 | Soutar, R | Mar 78 | L Wilcockson, I N | Mar 35 |
| L Prestage, H L | Oct 37 | Soutar, T J | Mar 76 | Wilcox, D | Nov 82 |
| L Preston, D J | Oct 89 | South, T W | Feb 89 | Wild, P C | May 89 |
| Procter, K | May 85 | Spencer, G | Jul 82 | Wilden, S J | Dec 88 |
| Proctor, G | Aug 87 | Spivey Dr, N J | Apr 85 | Wilkinson, J B | May 77 |
| L Pugh, G P | Aug 34 | Squires, P | Jul 84 | Williams, A M | Oct 87 |
| Pullen, G E | Nov 83 | St Aubyn, C A | Jun 85 | Williams, C S | Jul 89 |
| Quarry, J S | Jul 86 | Stack, P J | May 79 | Williams, D F | May 84 |
| Raine, J M | Nov 76 | Stanford, M J | Oct 88 | Williams, M N | May 79 |
| Rattigan, M L | Apr 88 | Staples, M B | Aug 87 | Williams, M R | Oct 86 |
| Rawlins, M P | Feb 85 | Steeds, D J | Oct 85 | Williams, S G | Dec 85 |
| Ray, A | Sep 85 | Steer, J | Jun 85 | Willingham, J J | Sep 87 |
| Rayfield, J | May 89 | Steinle, M R | Oct 88 | L Willis OBE, B E | Nov 64 |
| Raymond, E | Nov 88 | Stenning, P G | Nov 48 | Wilmot, R | Jun 88 |
| Redgrave, L | May 87 | L Stevens, A R | Oct 59 | Wilson, B J | Nov 85 |
| Redgwell, D | Oct 84 | Stewart, R F | Oct 83 | Wilson, B C | Jan 89 |
| L Reed, E J J | Oct 23 | Stickels, D | Jul 84 | Wilson, C P | Nov 53 |
| Rees, M | Jul 83 | Stone, B G | Jul 51 | Wilson, D L | Mar 82 |
| Reeves, A P | Jun 89 | Stormer, C J | Nov 81 | Wilson, I C | Jun 59 |
| Reeves, P | Jun 89 | Street, B | Dec 88 | Wilson, P D | Mar 89 |
| Renny, A C | Nov 87 | Street, N J | May 89 | Wilson, T J | Oct 89 |
| L Reynolds, A C | Feb 69 | Sullivan, J E | Nov 85 | Winch, M A | May 77 |
| Reynolds, K B W | Aug 85 | Sullivan, T T | Apr 51 | Wise, N M | Nov 88 |
| Reynolds, M W | Dec 68 | Swift, B M | Feb 77 | L Withers, J E | Oct 48 |
| Reynolds, S J | Oct 84 | Tateson, J E | May 86 | Wood, C W | Oct 89 |
| L Rhodes, G V | Nov 19 | Taylor, A P | Oct 89 | Wood, R M | Jan 87 |
| L Rhodes, H | Dec 74 | Taylor, D H | Jul 80 | L Wood MVO, R M | Jun 25 |
| Richardson, G | Dec 74 | Taylor, D W | Mar 87 | Woodcock, C | May 64 |
| Richardson, R | Nov 61 | L Taylor, J C | Sep 37 | L Wooderson, A T | Oct 30 |
| L Richardson, R G | Mar 44 | Taylor, J C | Sep 83 | Wooderson, S C | Dec 31 |
| Rickell, P K | Jun 83 | Taylor, J C | Feb 55 | L Wooderson, S J | Dec 31 |
| L Ricketts, A J | May 29 | L Taylor, M A | Feb 55 | L Woods, D J | Mar 35 |
| Ridgwell, A S | Mar 82 | Taylor, R E D | May 53 | L Woodworth, N W | Jul 87 |
| Rigby, D J | Jun 88 | Taylor, S | Nov 87 | Wright, G D | Feb 77 |
| Riggs, G P | Mar 86 | Telfer, C H | Aug 84 | Wright, L R | Sep 83 |
| Riggs, G T | Nov 89 | Thwaites, P | Jul 88 | Writer, N | Jun 85 |
| Rissen, P | May 83 | Thomas, A S | Jun 85 | Yates, N | Dec 88 |
| Roberts, L F | Aug 78 | Thomas, I B | Dec 89 | Yates, P D | Apr 81 |
| Roberts, S H | Jul 78 | Thomas, L A | Sep 77 | Yeo, A | Aug 88 |
| Robertson, M | Nov 89 | Thompson, A S | Sep 87 | Yonge, D J | Oct 86 |
| Robinson, S F | Apr 79 | Thompson, J C N | Aug 87 | Yonge, T D | Nov 86 |
| Robinson, V J | Aug 81 | Thompson, R H | Oct 35 | Young, I K | Jul 76 |
| Robjohns, D J | Sep 83 | Thompson, S G | Jan 82 | | |
| Robotham, J N | Apr 88 | Thompson, S J | Feb 80 | | |
| Rogers, D S | Jun 87 | Thomson, D G B | Nov 81 | | |
| L Rogers, F C | Apr 57 | Thomson Rev, G A | Feb 54 | | |

LETTERS TO THE EDITOR



L. to R. Gordon Handley (former Headmaster) with Peter Stenning, Ken Johnson and some of the pupils at the Marjorie McClure School's Sports Day.

Marjorie McClure School 9th October, 1989

Dear Blackheath Harriers
I welcome the opportunity through your Club Magazine to thank everyone who participated in this years London Marathon on behalf of Marjorie McClure School.

Your effort in raising £15,100 was quite exceptional and we are exploring the possibility of developing our sports facilities for the benefit of all our children and as a permanent reminder of your generosity.

On behalf of the children and staff at Marjorie McClure School once again our sincere gratitude to you all.

Yours sincerely
C. A. Wonfor
Acting Head Teacher

Dear Sir,
Herewith enclosed some notes to complement the article on P.P. Victor Beardon which appeared in Gazette No. 616, Vol. 90, p17 they relate to his Kent County activities and administrative positions held within the club.

Kent County Championships
1929 at United Services Ground, Chatham
100 yds — 3rd 220 yds — 3rd
1930 at Shrimp Brand Ground, Gravesend
100 yds — 2nd
1931 at United Services Ground, Chatham
100 yds — 2nd

Elected to committee 29th March 1943; Elected Vice President 1953; Served as Hon. Sec. 1957 and 58; Took over as Auditor (with Laurie Hammill) from December 16th, 1959 in place of Mr. Thwaites and served in this capacity until at least 1977.

Brian Boulton

Dear Editor,
I should like to bring to the attention of all those 'heathens' hoping to make the Senior, National Cross Country Team this year, a new moustache cream! It has been developed especially for those that find it difficult to grow 'handlebars' under their noses, and, as it seems, one of the requirements for a place, is a moustache, this surely must be a revelation in the moustache world.

Just one word of warning though! Mr. Watling mixed his up with body shampoo and sprouted moustaches all over his body.

Yours faithfully
Willy Eckerslike

On checking the member's list it was discovered that a Mr. W. Eckerslike is in serious arrears of subscription. Consequently this letter will not be published despite its riveting content. Ed.

Dear Sir,
Congratulations are in order as you undertake the onerous task of Editor of the 'Gazette'. I know how onerous from brief personal experience some ten years ago.

You will no doubt be aware of recent problems with regard to its delayed appearance and incomplete information. It is a matter that the September meeting of the Committee considered at my request, and I am disappointed to say that I found the response somewhat perfunctory. For many club members the 'Gazette' is the only contact with the club in exchange for their £20, so that there would seem to be an inescapable obligation to ensure its regular and punctual appearance, and that it does contain everything which a club record should.

I must confess that I have a personal reason in particular for raising the point. The latest edition, extending from May 1988 to March 1989 regrettably contained no report of the A.G.M. of 1988. This is a serious omission in itself, but was especially disappointing for me since the discussion of my motion that the club should admit lady members has as a consequence gone unrecorded.

I am therefore enclosing a personal summary of the current situation for you to use as you see fit, with the strong hope that at least it will not go unmentioned.

Yours 'heathenly' Geoff Crowder

THE QUESTION OF THE ADMISSION OF LADY MEMBERS TO THE CLUB

This topic, along with the name of the club, was raised for the first time in recent years by me in a letter to the Editor published in No. 611 Vol. 88: December 1984 — September 1985. This produced responses in No. 612, to which in turn I replied in No. 613.

The Honorary Secretary's Report to the Annual General Meeting in October 1986, recorded in Gazette No. 613, referred to the establishment of a Development Sub-Committee to consider among other things the questions of the possibility of lady members and a change of club name.

Issue No. 614 reported the results of a questionnaire circulated to all members aged over 13 resident in the UK, on the initiative of the current President, Derek Gregory. 61% of all members responding, 47.4% of Past Presidents and 50% of Vice-Presidents thought that consideration should be given to the admission of lady members.

In issue No. 615 the Honorary Secretary's Report refers to the setting-up of a further sub-committee to consider the matter, and to make contact with Bromley Ladies A.C. I took the view that it was time for the membership at large to pronounce on the subject, and therefore put a proposal for the admission of lady members to the 1988 A.G.M. This was seconded by Mike Cronin.

In introducing the motion I made the following points:—

1. Respect for tradition in the club, coupled with the willingness to evolve when necessary. An example was the way we had come to terms with and been very successful in the new National Athletics League.
2. The radical change in the position of women in the world at large, and in particular the dramatic recent developments in their participation in all branches of athletics.
3. Recruitment is the key to continuing success. Families are likely to look increasingly for athletics clubs which they can all join together. Similarly, with the trend towards co-education in local secondary schools, contact with mixed athletics clubs is likely to be preferred.
4. The growing importance of sponsorship and local authority support, and their preference for mixed clubs, which we are bound to note, whatever our views.
5. The possibility of a change in the law concerning private single-sex clubs. The momentum is in that direction, irrespective of who holds sway in Whitehall.

Points raised in opposition included the following:—

1. *The club's facilities would be overstrained.* This is difficult to believe when a number of other facts are taken into account. In athletics circles we stand out for the standard of our headquarters, numbers of members, and amount of annual subscription. When we wished we found the resources to build an extension, improve the drainage, and build a fire escape. More members would give more wealth and more potential for development. The suggestion that we may have to restrict new members is, so far as I know, one that has not been made before or since.
2. *Standards of performance would go down.* This is difficult to prove or disprove. I suspect that the truth is that there will in any case always be fluctuations. Take the case of Shaftesbury Barnet, which went mixed in 1986. Like us, they are in the 1st division of the National Athletics League; they are our main rivals in the Young Athletes' section.
3. *Other clubs which have made the change have regretted it.* Again this is difficult to prove or disprove. It would be miraculous if there were not "pros" or "cons" to be weighted up, and some members unhappy, whatever decision is reached. My conclusion remains that in the athletics world of today the balance is overwhelmingly in favour of my proposal.

Under the astute guidance of Peter Stenning, in the last hours of his Presidency, the subject was debated correctly and seriously in purely athletic terms. The motion was lost by 65 votes to 24. I was happy to have given the opportunity for the membership at large to express views. I was disappointed that so many senior members argued that the change would come, but that the moment was not ripe. We thereby run the risk of being driven by events rather than controlling them. I was also saddened by the suspicion that many votes against were cast for social rather than athletics reasons. My hope now is that the sub-committee in conjunction with Bromley Ladies will be reporting regularly on moves in the desired direction.

Postscript

1. The A.A.A. reports 1,500 clubs affiliated, but with no information as to how many are single-sex. Past President Colin Brand's estimate is 20.
2. A questionnaire sent to our three traditional winter rivals, and members of the athletics National League 1st Division produced five replies. Only one reported a larger membership, all had a smaller annual subscription, and of those which had changed recently none regretted going mixed.

GC

PUNCH BOWL NIGHT

7th January, 1989

Overlooked perhaps in the plethora of pleasure at this time of the year and not reported on since 1987, this remarkable event should be suitably recorded for the reasons below.

The chairman for the evening was to have been V.P. Bernard Parrott but he was unable to attend, and so at short notice and to preserve the family tradition of continuous jocularly, the senior member of the Parrott clan, namely Jack was persuaded (bludgeoned) into this demanding role. It requires the stamina of a camel together with the memory of an elephant and the eyes of a hawk (in order to read the list of speakers by glittering candlelight). To season this arid task with a constant flow of wit is not beyond Jack's capabilities but to maintain control in the face of incessant heckling proved a testing time over which he triumphed.

His performance ran somewhat on the lines of the "Last of the Summer Wine" and fell into three stages. Firstly and apprehensively in the diffident Clegg manner and then after a few 'rounds' he warmed up to the 'Compo' style, challenging the unwary, finally handling the gravel with aplomb in the

authoritative Seymour fashion, he surged to a brilliant climax. By this time everyone was with him, if sometimes ahead, and his favourite stories were thrown in as caviar to the general and the evening finished in a roar of approbation. No matter that we could join in the final line of the jest — this merely made it the more enjoyable.

There were the usual toasts, insults, even stories but for me it was the heartening performance of Jack.

It wasn't just the jokes — it's the way you tell 'em Jack.

SOME STATISTICS OF WOODERSON'S RACES

1. Best performances at each distance, and position in world ranking up to 1st September, 1946.

| Event | Time | Ranking |
|--------------------|---------------------|---------|
| 800 Metres | 1 min. 48.4 secs. | Third |
| Half Mile | 1 min. 49.2 secs. | First |
| Three-Quarter-Mile | 2 mins. 59.5 secs. | Third |
| 1,500 Metres | 3 mins. 48.4 secs. | Tenth |
| One Mile | 4 mins. 04.2 secs. | Fourth |
| Three Miles | 13 mins. 53.2 secs. | Fourth |
| 5,000 Metres | 14 mins. 08.6 secs. | Second |

His best quarter mile time was 49.3 secs. on slow grass track.

2. Track records established during his career.

| Event | Time | Record |
|--------------|---------|--|
| 800 Metres | 1:48.4 | World's and European |
| 880 Yards | 1:49.2 | World's, British and English Native. |
| 880 Yards | 1:50.9 | British and English Native |
| 1,320 Yards | 2:59.5 | World's "Best," British and Native |
| 1,320 Yards | 3:00.9 | British |
| 1,500 Metres | 3:48.7 | Bislet Stadium, Oslo track |
| 1,500 Metres | 3:48.9 | French and Anglo-French Match (1945) |
| 1,500 Metres | 3:51.0 | Anglo-French Match (1937) |
| 1,500 Metres | 3:53.6 | European Games (1938) |
| Two Miles | 9:05.0 | Irish |
| Three Miles | 13:53.2 | British, English Native and A.A.A. |
| Three Miles | 13:57.0 | Anglo-French Match |
| One Mile | 4:06.4 | World's, British and English Native |
| One Mile | 4:07.4 | Inter-County |
| One Mile | 4:10.8 | British, English Northern and Southern Championships |
| One Mile | 4:11.0 | Scottish "All-Comers" |
| One Mile | 4:11.8 | A.A.A. |
| One Mile | 4:12.2 | A.A.A. |
| One Mile | 4:14.8 | Army Championship |
| One Mile | 4:16.4 | Inter-County (1936) |
| One Mile | 4:29.8 | Public Schools Championship. 1933 |

3. His fastest mile times each year 1933-1945.

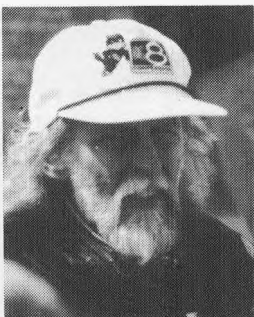
| | Time | | Time |
|------|--------|------|--------|
| 1933 | 4:29.8 | 1940 | 4:11.0 |
| 1934 | 4:13.4 | 1941 | 4:11.6 |
| 1935 | 4:22.8 | 1942 | 4:16.4 |
| 1936 | 4:10.8 | 1943 | 4:11.6 |
| 1937 | 4:06.4 | 1944 | 4:12.8 |
| 1938 | 4:13.4 | 1945 | 4:04.2 |
| 1939 | 4:07.4 | | |

4. Some facts:—

1. He has only been defeated in one serious race on British soil from 1935 to 1946.
2. He has on 24 occasions run a mile inside 4 mins. 15 secs.
3. His 5,000 Metres was his best performance according to the International Scoring Table. It is worth 1,140 points. Equivalents are:— 1,500 Metres, 3 mins. 44.4 secs. = Mile, 4 mins. 01.5 secs.; 400 Metres, 46.08 secs. = $\frac{1}{4}$ Mile, 46.4 secs.; 100 Metres, 10.12 secs. = 100 Yards, 9.4 secs. inside; High Jump, 6ft. 9 $\frac{1}{2}$ ins.; Long Jump, 26ft. 9 $\frac{1}{2}$ ins.

His other "Metre" personal bests are:— 800 Metres, 1 min. 48.4 secs. = 1,109 and 1,500 Metres, 3 mins. 48.4 secs. = 1,079.

VETS' VOICE



Mick Hamlin shows unbridled joy at winning the Martin Duff look alike competition.

Photo by P. Calan

VETS' TRACK AND FIELD ROUND UP: SUMMER '89

Whilst the Club Championships are an excellent forum for veteran runners to continue competition in track and field events (see Club Championship results for details) many Vets are still competing for the club in the Southern League and one or two still maintain the higher level of British League involvement.

In the field events, age seems to be no barrier as evergreen Colin Brand completed his 'nth year of events throwing Hammer, Discus, Javelin and Shot for the 'heath. Gordon Hickey is another force to be reckoned with as a V.55 he often competed against rivals 30 years his junior in this season's Hammer, Discus and Shot events. Another V.55, Jim Day has managed to keep his Vaulting technique intact for more years than we care to mention and cleared three metres plus this season. Also competing in the Pole Vault and turning out for the Hammer (he must have arrived early and on his own that day) was John Wakeman, this unlikely double was also completed by Stan Williams whilst Mike Davies went one better by adding the Discus to the early events although on both occasions he had initially intended only to judge and was persuaded at the last minute to resurrect his dormant talents. New Vet Adrian Musson did what was asked and 'had a go' at competing in Division Seven of the Southern League where he gained valuable points in the Hammer, Shot and Discus. As for the big boys Mike Winch made a welcome return to the field with both Discus and Shot placing second overall in the latter event to Graham Savory in the club listings with a Putt of 15.14 and Chris Ellis was again the backbone of the Division One teams with Shot, Hammer and Discus in which he threw a U.K. Vets record of 48.44m.

On the track, John Robinson did a Steeplechase at short notice and Barry Mellish turned out in an early season 5000m, as too did super vet Les Roberts who also competed in the 3000m Steeplechase as well as something described as the 'Toodle Loo Dash' which was apparently completed in record time although no details remain on file. *N.B. all significant runs MUST be notified to the editor: Ed.* Also still trotting out worthwhile performances on the track was Peter Hamilton who took part over 1500m and 5000m during '89. Mike Williams also took part over 1500m but perhaps the most unusual permutation of events was undertaken by new Vet Jim Phelan who combined track and field in a unique way by throwing the Hammer, Discus and Shot whilst still maintaining creditable performances at 1500m, 5000m and 3000m Steeplechase, although many spectators were disappointed at his non participation in the High Hurdles where his p.b. still remains a spectacular 37.1).

In the Veterans only competitions there were also many excellent performances by the 'Ancient 'heathens'. In the S.C.V.A.C. events at Norman Park on June 4th Peter Baigent came a close second in the V.60 100m, clocking 13.6 to the winning time of 13.2 whilst in the middle distance events Rod Turney and Bill Clapham both put in good performances at 800 and 1500m in the V.45 and V.55 categories respectively. Rod returning times of 2.26.7 and 4.57.2 with Bill on 2.39.9 and 5.17.3. In the longer distance Peter Hamilton produced an excellent performance beating all at 5000m V.40 in 15.41.2 whilst Jack Braughton completed the double for Blackheath by winning the V.65 category in 19.54.2. Peter Hannell also completed a unique double by winning both 3000m and 5000m walks in 13.59.3 and 24.36.4. In the field Jim Day won the V.55 Pole Vault with 3.00m and for good measure also took the Long Jump title with 4.38m. Colin Brand competed as a guest in the Javelin V.50 where he threw an excellent 44.04m. In the rest of the V.55 events a rampaging Gordon Hickey completely dominated the field by taking first place in the Javelin, 36.46, the High Jump with 1.32, the Triple Jump 10.38 and the Shot Putt where he set a new U.K. age best of 11.93. His only disappointment was in the Hammer where he placed third with 22.10. In the 10,000m on June 11th Peter Hamilton put in an excellent 33.42.7 performance to finish second in this S.C.V.A.C., event the winner having got away — posting 32.40.6.

In the Euro Vets' championships in Bruges on June 24/25 our sole competitor was Jim Bennett who completed the 10k in 53.18 followed by the Marathon in 4.52 both of which I am told he competed in to raise funds for charity.

On July 8th and 9th the B.V.A.F. Track and Field Championships were held at Reading where again Peter Baigent turned out in the V.60 100m this time placing a useful 6th in 14.51 although his 13.6 in the Southern's would have put him first in this event which was won in 13.68. Competing in a very tasty 1500m V.40 event was Peter Hamilton where he was unfortunate to come up against some very in-form athletes. This event was won in 4.05.50 and Peter placed sixth with a creditable 4.12.20. Our only other competitor at middle distance was Bill Clapham who finished 12th in the V.55 5000m with 19.08.50 — the winner clocking 16.57.50. In the field Chris Ellis won the Discus V.45 with a throw of 43.64m and Gordon Hickey again dominated the V.55 category by placing first in the Triple Jump with 10.39, the High Jump with 1.55 and the Shot with 12.57, his only disappointment this time being the Discus where he placed 5th with a throw of 30.10m. In the Pole Vault V.40 John Wakeman placed third with 3.40 in an event that was won in 3.60 and Jim Day placed second in the V.55 category this time failing to find the 3.00m Vault needed to win the competition. His 2.90 height was exceeded however when he was our sole representative at the American Masters' Championships in San Diego on July 23rd where he placed fourth in the Pole Vault with 3.05 and seventh in the 100H in 20.29. From there, he went on to compete in the World Masters' Championships in Eugene a week later where he finished an excellent 6th in his age category with a vault of 3.00m.

On July 11th at the Vet's A.C. 5m Walk in Battersea Park, Peter Hannell placed fourth with 41.41 and later went on to place 2nd (V.45) in the British Vet's 10k Walk at Solihull on August 20th with 54.39.7. Earlier on in the season he posted a very respectable 13.47.7 to finish 5th in the 3000m walk at the Surrey County Championships and 14.18.44 to finish fourth over the same distance in the SCAA Championships at Crystal Palace. He later retained the Johnson Bowl by winning the Club 4ml Championship at Norman Park in 33.08. *More walkies next issue.*

At Battersea Park on July 30th the LRRC Vets held their 10k Championship where we were well represented by Hugh Morten who finished a fine 14th in 34.36 the event being won in 32.15. In 108th place was Roy Green with a time of 40.50 to

be followed in 128th place by Richard Varcoe 42.37, 147th Andre Alvin with 44.04, John Cross in 158th place in 44.56 and finally Jim Bennett 189th in 49.44 out of a total field of 219 competitors.

In the Reebok Challenge meeting at Norman Park on August 23rd a new event was introduced into the programme — the Vet's Mile. It was ably won by M. Vaughan from Swansea who had recently won the V.45 World Championships in Eugene. He cantered round in 4.29 closely pursued by Peter Hamilton who recorded 4.31 and Jim Phelan who finished third with a p.b. of 4.37.5. Ian Wilson completed the field for Blackheath with a 5.10.4 clocking for fifth place.

The final Championship event with participating Vets from Blackheath was the Vet's A.C. Championships held at West London Stadium on August 27th. Here Peter Hamilton and Rod Turney both completed a treble of middle distance events, Peter gaining 4th place in the 800m with 2.04, 2nd in the 3000m with 16.18.2 and winning the 1500m with 4.27. Rod produced times of 2.20 (800) 5.10.5 (1500) and 18.55 at 3000m. In the 3000m Walk victory went again to Peter Hannell with a time of 13.47.2.

With the number of veteran runners ever increasing within the ranks of B.H. it would be encouraging to see more of our

'Road Running' crew turning their attentions to some of these excellent track and field events next Summer. For information about joining Vets A.C. or the S.C. Vets associations see Bill Clapham or any other competing Vet. J.P.

TVH ROAD RELAY

25th March, 1989

A veterans' team that finished 5th from 46 teams kept the flag flying for Blackheath Harriers on March 25th at the TVH Road Relays. Mike Cronin kicked off in 12th position on the first leg with a spirited last 300 metres, giving him a time of 18.43 (22 sec improvement over 1988) handing over to Peter Hamilton. Peter moved through to 4th with 17.43, fastest on leg 2 and 4th best time of the day. On the third and last leg Jim Phelan, nursing an injury, succumbed to just one team, also recording a solid 18.43 (9 secs faster than his 1987 best). Conditions were as good as they have been in recent years, fairly windfree and sunny and a good result was achieved by an impromptu but committed team.

PH



Blackheath's Bionic Men.

SUNDAY TIMES FUN RUN

Hyde Park

24th September, 1989

The B-Gs carry on

The arrival of the Gazette just prior to our annual scarfers gave us an impetus, having had our 1988 efforts recorded in the Road Racing section mingling with the marathoners by virtue of a mere displacement of the decimal point in mileage terms.

In these age zones pre-race casualties are inevitable, our "shingled" Arthur Kempton was still suffering and our stalwart Jack Broughton had a persistently intangible knee. Our top men in each section absent! Then, too, holidays intervene, but two men returned post-haste (or should it be plane-haste) and in one case with his number going on to Hong Kong he yet ran and secured his recorded place by (as

he said) "imaginative accounting". Again our doyen, Jack Parrott was absent this year attending a wedding which gave rise to much speculation. (Had it been a shot-gun wedding would this improve his performance?) The good news was that a speedy Brian Todd was fit, and invincible Bill Lake re-appeared after having had his hip replaced for a faster one.

An ominous photograph on the programme featured a Donor Card and made us wonder how well the sponsors knew us. However a heartening finish by Brian Todd our first man home gave us hope and so in finishing 50th team from 1284 we only dropped 5 places from last year. A fine effort by all on a bone hard and bumpy course and in warm weather. The nonchalant nine did well and were duly congratulated and appreciated by their loyal supporters. The Donor Cards were returned.

70+: 14. A. Brent 22.00; 22. L. Blight 25.10.

60+: 29. R. Kirk 27.40; 21. B. Todd 16.50; 47. D. Brickwood 18.20; 64. P. Saxon 19.20; 68. J. Bennett 19.35; 72. P. Long 19.45; 106. W. Lake 22.40.



Blackheath's last of the summer winos. L. to R. Back row P. Hamilton, B. O'Gorman, J. Claire, H. Morton, B. Wilson, front B. Mellish, M. Cronin, J. Phelan.

AAA NATIONAL VETERANS' ROAD RELAY

Sutton Coldfield

13th May, 1989

V.40

A team with one or two key members missing and the odd lingering London Marathon in the legs syndrome did not provide the repeat performance of 1988 for the over 40s. 101 teams toed the line and when Barry Mellish came in 71st covering the 3 mile 8 yard circuit in 16.43 it showed what a high standard was to be expected. But from here it was up all the way as former football star Mike Cronin chopped down twelve men to move the blacks into 59th position, time 16.38. Progress continued as Joe Clare netted one place to 58th with a 17.12 clocking, handing over to Peter Hamilton. Peter gained twenty two places with a 15.39 clocking that was 5th fastest of the stage. Evergreen Barry O'Gorman stepped down an age group and stepped up the pace giving nine "youngsters" a lesson in competitive relay running and continued the charge through to 27th (16.24) handing on to Hugh Morten. Hugh, making a competitive come-back gained only one place on a tough stage despite running a solid 16.20. Eleventh hour call-up Bernard Wilson took off in the hot seat and came back in 17.51 losing only seven to 33rd. Finally, round the walls specialist Jim Phelan flew off on the anchor leg to claw back six places and record 16.19 for a postion of 27th.

This must go down as a solid, well balanced team performance and if we hypothesise for a moment about the absence of the Dave Whites and John Baldwins of the world, then a couple of minutes plus off the final time is a distinct possibility, at which stage you are talking about 15th position. That's 15th in the land in an increasingly competitive branch of athletics so lets make this the aim of 1990.

PH

V.50 and V.60

13th May, 1989

"National" Short Leg:— 3m 8yd; V50 × 6; V60 × 3.

Selection for the older age groups was uncomplicated:— those who could and would, did. The two groups started together, represented in our case by the contrast of Gary Plank and Derek Brickwood. We awaited their return while receiving instruction about Colin Poole's camera. Eventually the field reappeared struggling on the uphill finish and Colin left us, possibly more worried about his camera than about the run. Soon after, Derek handed over to Brian Todd who is well practised in losing a few by the wayside. Jack Braughton then completed the V60 team, placing the team in the top half at its first attempt. Meanwhile Colin, who thought Bill Clapham had absconded with the camera, was pleased to see him emerge from behind the stand at the last possible moment. Bill had the satisfaction of overtaking Birchfield before handing on to Don Hopgood who no doubt set off with the thought that this was not the Westerham Stroll. Next we unleashed our most dangerous additive, E117 Geoff Crowder, who earlier had been seen wearing a "I Ran the World" shirt and had to be told that the job wasn't vacant and that 3m 8yds would do. By this time some of our V40s had arrived to prepare for their race and lend us support as our last, and fastest, Roy Savery, set off, eventually moving us up the field to respectability.

Probably only Jack and Bill would call 3 miles "their distance". The others did it so that the Club could show its colours on the first occasion when the AAA has recognised this Vets' event. It is therefore a great pleasure to record that the Club had teams in all three age groups and to thank Peter Hamilton especially for arranging the entries.

We all had a good day out. We even got some photographs.

BC

Results

V50 (1:43.43) 28/39 BH 1:55.55; (G Plank 19.45; C Poole 19.29; W Clapham 18.35; D Hopgood 20.39; G Crowder 19.06; R Savery 18.21).

V60 (56.22) 6/13 BH 64.00; (D Brickwood 21.49; B Todd 21.38; J Braughton 20.33).



Brian Saxton.

Photo by J. Phelan

50 YEARS MEMBERSHIP

The following members received either "pots" or commemorative dishes during the Presidential year of K. J. Johnson.

| | | | |
|------------------|----------|-------------------|---------|
| Bailey, R. | 18.10.24 | Woods, D. J. R. | 4.3.35 |
| Ricketts, A. J. | 15.5.29 | Wilcockson, I. N. | 23.3.35 |
| Wooderson, A. T. | 6.10.30 | Barnwell, P. J. | 15.7.36 |
| Westacott, L. C. | 5.1.31 | Taylor, J. C. | 6.9.37 |
| Seager, A. E. | 17.10.31 | Prestage, H. | 4.10.37 |
| Mills, A. G. | 19.3.32 | Wilcockson, J. M. | 7.2.38 |
| Oxland, J. C. | 4.7.32 | Layton, D. G. | 13.6.38 |
| Seager, R. H. | 15.10.32 | Choat, R. R. | 5.10.38 |
| Holloway, A. | 17.5.33 | Moss, A. A. | 5.6.39 |

It will be noted that the presentation of these souvenirs to some of the members is long overdue. The reason for this has been that it has been impossible to find a manufacturer for the "pots". However, thanks to Past President Peter Stenning, with his knowledge of Goss china, we have decided to replace these "pots" with commemorative dishes.

Ken was able to present personally these small tokens to some of the members and he was delighted with the reception he received on all occasions. It was very interesting to listen to the memories of these revered gentlemen. Eventually, running out of presidential time, he had to post dishes to the brothers Seager (Alan and Ray), Jack Oxland, Albert Ricketts and Alfred Wooderson (brother of Sydney and Stanley). Each of them sent their greetings to all Club members.

P.P. Peter Stenning delivered Derrick Layton's pot to his home in Eastbourne on the 26th April, 1989.

It was P.P. Harold Thompson who originally had the idea of a 50-year award, and at a Committee Meeting held on the 7th January, 1974 it was agreed "that it would be desirable to mark in some small way fifty years' membership of the Club".

It is hoped that a complete list of all members who have received the award will be published in the next issue of the Gazette.

The following are some notes that Ken Johnson jotted down on the meetings he had with the members to whom he presented these souvenirs.

BAILEY, Richard

One of the most interesting men I have ever met; I could have listened to him all night. Now aged 85, he is living in a warden-assisted flat in Cranleigh, Surrey. He has been a member of the Club for 65 years and was on the staff of the London Stock Exchange (Len Towers was one of his staff). I visited him on the 8th April, 1989.

WESTACOTT, Laurie

One time neighbour of Dick Cockburn. Although living in Farnborough, Kent, I hadn't seen Laurie since Dick left for Norfolk. He hasn't changed at all — more a social member than a runner. Dick can tell you all about him. I visited him on the same day as my visit to Aggy Mills.

MILLS, Aggy (Alexander)

I believe he is one of the Park House Rugby men who joined socially before the war. Unfortunately, Aggy was not too well when I visited him at his home in Sanderstead, Surrey on May 7th, 1989, and it was difficult to have a conversation with him since he had to write everything down. According to his wife, my visit cheered him up enormously.*

HOLLOWAY, Alex

Alex spent most of his life working in Africa, where he was involved with supervising tea plantations. He retired to the Channel Islands. Unfortunately, Gary Botley, who made the visit, contacted the family the day after Alex died. His family expressed a wish to keep the dish for his granddaughter. (His obituary appears in the last issue of the Gazette).

WOODS, David

Son of Charles Woods who died recently. Although he says he has never been athletic, he still closely follows the activities of the Club. The dish was presented to him on the 7th April, 1989 at his home in Beckenham, Kent.

WILCOCKSON, Ian and James

Sons of the late Keith. They followed their father in the brewery trade. The pots were presented at James' residence at Itchingfield, near Horsham, Sussex on the 13th August, 1989.

BARNWELL, Patrick

Patrick lives in Cambridge — a Don at Dowding College. He has spent most of his life teaching in South Africa. I visited him on the 26th June, 1989.

TAYLOR, John

Son of Sid Taylor. I grew up with him and attended the same school (St. Dunstan's). He has spent most of his life in theatre management. The dish was presented to him at Special Members' Night on the 15th April, 1989.

PRESTAGE, Harold

Harold lives at Southwick, Brighton. He was an active C.C. runner before the war (not much good — his words, not mine). He joined the navy; was demobbed at Shoreham-by-Sea and settled in Southwick. He was a rep. for the family grocery business covering the south of England and Channel Islands and, as such, had no time to come to Headquarters; however, he follows the Club's activities. I visited him on the 29th September, 1989.

CHOAT, R. R. (Dick)

Dick was captain of cross-country after the Second World War. He was a school teacher. He now resides in Gloucester. The pot was presented to him at the National Supper on the 25th February, 1989.

MOSS, Alfred

I visited him at his home in Lyme Regis. He is a retired Doctor of Metallurgy at the Science Museum in Kensington. He received the dish a month before time on the 1st May, 1989.

Finally, Ken presented our new President, Don Gillate, with his dish on Members' Night at the Club Room on the 11th November, 1989, seven days after he had completed 50 years' membership.

This now brings the presentations up to date.

*Sadly, not long after Ken's visit, Aggy passed away.

OBITUARIES



Harriers' rest circa 1959 l. to r. Bernard Parrott, Cyril Williams, Ted Purves and Lew Piper. Photo: J. Walker.

C. D. PURVES

Colin Douglas Purves — Ted to his contemporaries (stemming from a rough request in the scrum to get rid of the ball) was an infrequent visitor to the club in recent years, but his burly frame was unmistakable. Weaned from rugby football he joined the club on the 4th of July 1949 and quickly made his mark in field events.

Although primarily a discus thrower, he also threw the hammer and putt the shot when required at club fixtures. His success in these areas may be judged by his haul from the years 1949 to 1961 of some 62 medals which he has donated to the club. These include 1st AAA discus and various Southern Counties, Kent, Blackheath Harriers and London Shipping AA. Recognition was given by an Honours Award in 1954 for gaining the Kent County Throwing the Discus Championship. A less serious reference to him was in the Gazette in 1961. "We hear — that Ted Purves is claiming to be the fastest miler in Britain — over 15 stone" followed in the next Gazette by "that we took Ted Purves' claim too lightly in our last issue. We should have said fastest miler over seventeen stone". But as the club history has it — "massively staunch — still going strong today".

Hailing from Gravesend, he soon moved to West Wickham, when presenting a small billiard table to the club which was much enjoyed by the Wednesday evening youths. He later settled at Seaford which restricted his visits, usually opting for members nights. For tea he had a penchant for eggs which put the Wine Committee Secretary on full alert.

Not so well known was his literary bent which resulted in many contributions to the Gazette and also his poetry which has been swooned by privileged members. He will be missed by his friends but will be well remembered.

G. A. V. STRATFORD

It is with regret that we report the death of George Stratford after a short illness at the age of 84. Although George had only been a member of the Club for some two years he was well known to members for many years.

An athlete in North London in his younger days he subsequently dedicated his life to athletics as a coach, administrator and official. With a particular interest in the

hurdles event he was one of Britain's leading coaches whose involvement in the event over the years laid the foundations for the current successes. Indeed he was coaching only some two weeks before his passing.

In the early 1950's he formed Wigmore Ladies and when he moved to Bickley in 1967 he took the club with him to Crystal Palace. In 1980 the club changed its name to the one with which we are much more familiar, Bromley Ladies; he had been President from its formation until October 1980. George was a Life Vice-President of the WAAA. As an official his repartee on the timekeepers stand was a legend and will be sadly missed by his colleagues.

It was a measure of the esteem in which he was held that the large congregation at his funeral included representatives from all walks of athletics, from the young and active to his contemporaries, all present to pay a tribute to the service George had given to the sport over many years.

We extend our condolences to his widow Ivy, daughter and family.

DAVID BRYANT

The news of David Bryant's death while on a training run came as a devastating blow to all who knew and respected him. He had been a member of Blackheath for a relatively short time, having lived and worked in the Middle East from 1976 until 1987, but he came to the club as a committed and experienced running enthusiast.

Happily for us lesser mortals of Blackheath, Dave 'fell amongst thieves' and brought an element of respectability and subtle humour that our group of ne'er-do-wells had so sadly lacked. His enthusiasm was infectious and his well-disguised hyper-competitiveness eventually transformed our involvement in each event into an epic battle for supremacy, albeit in the lower half of the field, always ending in an insult, a grin, a handshake and the promise of a thrashing next time.

To Kathy, his wife of 27 years and daughter Hazel, we can only offer our sincere condolences and our friendship, and hope that they can derive some comfort from the knowledge that Dave's memory will live on amongst his fellow 'heathens'.

A. G. MILLS

It is with regret that we report the death of Alexander Mills on September 15th, 1989 from cancer.

"Aggy" as he was affectionately known was a member of Park House Rugby Football Club who joined Blackheath as a social member in 1939 on the same day as Stanley Field. He was educated at Beckenham Grammar School and before the war was employed as an engineer in "Persia" known today as Iran. He returned to this country at the beginning of the World War and joined the Army. He rose to the rank of Captain, most of his active service was in India.

At the end of hostilities he returned and joined his family's light engineering firm at Beckenham. On the death of his father, Alex took over and successfully continued the business. He continued his interest in the firm until his death.

His other sporting interest was golf, a member of Cropham Hurst Golf Club and secretary of their veteran team for many years. In April 1989 Past President Ken Johnson presented Alex with his 50 year membership commemorative dish. Although he was receiving treatment he received Ken warmly and talked about the old days.

We extended to his widow and family the clubs condolences in their sad loss.

K.J.J.

BACK AT LAST — AFTER 63 YEARS AWAY

At a members' night last April John Taylor, who received his 50 years membership award that evening, brought with him a large picture of a young man in Club uniform photographed in typical Victorian studio pose beside a silver cup. See back cover.

It seems that it had been among the objects taken by the licensee of the Railway Hotel, West Wickham (our HQ from 1921-26) when he retired and on coming across it some time later he decided to take it up the road to Bill Taylor knowing the connections of the Taylor family with BH. And John brought it to Hayes.

But who was this young athlete? Fortunately there were some clues. The Cup was readily identifiable as the Five Miles Challenge Cup (our oldest trophy first competed for in 1880) and the date 1897 appeared beside the photographer's name. At that period the Cup was awarded twice each year and on 13 March 1897 and 5 December 1897 the winner was W. G. Suffield who had joined in 1896. In all probability therefore this is his portrait.

The picture was prominently displayed at the Green Man as our member C. A. Peachey (who joined in 1919) well remembers and was obviously taken to West Wickham when we moved from Blackheath though whether it was displayed there is not known. But now after all these years it proudly takes its place again at Club Headquarters, a striking souvenir of the last Century as we approach the next.

One final comment needs to be made: it was possible to identify the subject of this photograph from the clues mentioned above though even then probably not with absolute certainty. There are two similar photographs of the same period where identification is problematical or impossible. Worse still there are much more recent photographs, the Junior Track Team of 1953 for example, where four members cannot be named despite others in the photograph being still very active in Club affairs. Would all those who have photos please make sure to name and date them while these facts are still in mind!

R.H.T.

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I've got frelonic insoles
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I got heel reflectors
I got torsion laceholes
I'm a roadrunner
Got the fastest shoes
I got the slow feet in 'em
Got the slow feet blues.

I've got a deep suede toe box
I got sorbothane sole
Got my sidewall stabilizer
For motion control
Got a neoprene layer
Man I can't be beat
I got superfast shoes
But I got superslow feet.

I got lateral archstraps
Got a scalloped notch
I got eight orthotics
And a beeping watch
It beeps out rhythm
Fit to win the race
The watch is a winner
I can't make that pace.

I got an airwedge insole
I wear polycotton mesh
Electrolyte replacement
Gonna keep me fresh
Got a Goretex rainsuit
Man I'm lookin' good
Till I start runnin'
Then I'm flesh and blood.

Got a flexible forefoot
And a Sub Four Vest
Oh that Ovett logo
Gets the girls impressed
I'm a roadrunner
Man I've always starred
Not in metric miling
More the knackers yard.

I got polyethylene midsole
Got a Dellinger Web
I got diagonal rollbars
So I'm more like Seb
I got Benny Hill feet
Inside Ron Hill shoes
I'm a slow roadrunner
With the slow feet blues.

Les Barker (Manchester Poet)

■FOOTNOTE

And finally — to the Italian gentleman who 'phoned B.H.H.Q. wishing to pay his respects to 'The DON Giolanté' we have to point out — on behalf of the President, that it is not DON as in DON Corleoné or indeed DON Giovanni, but DON as in Donald Duck or could that be Donald Sinden?