

**TIMETABLE FOR SINGLE FIXTURE 2006 - SOUTHERN WOMEN'S TRACK & FIELD LEAGUE****Divisions 1&2 ONLY**

**(Adjustments may be needed to the timetable if the stadium has an inside pole vault; or long/triple jumps; host clubs must inform visiting clubs of any changes at least 14 days before the match)**

<b>TIME</b>	<b>TRACK EVENT</b>		<b>FIELD EVENT</b>		
1.00			Long Jump	Women	T3
			Hammer	Women	T1
2.00	300mH	U17W & 'B'N/S	High Jump	U15G	T2
	400mH	Women	Discus	Women	T4
			Shot	U15G	T5
2.15	100m	U15G	Pole Vault	Women	T1
	100m	Women			
2.25	100m	U15G, U17W & WOMEN N/S			
2.45	800m	Women			
	800m	Women N/S			
	800m	U15G			
	800m	U15G N/S			
3.00			Javelin	U15G	T5
			Long Jump	U15G	T3
			Shot	Women	T4
3.20	75mH	U15G			
	80mH	U17W			
3.30			High Jump	Women	T2
3.35	3000m	Women & N/S			
3.45			Discus	U15G	T4
			Triple Jump	Women	T3
4.00	100mH	Women			
4.10	400m	Women			
4.20	200m	U15G			
	200m	Women			
4.30			Javelin	Women	T5
			Long Jump	U15G N/S	T1
4.40	1500m	Women			
	1500m	U15G			
5.00	4x100m	Women			
	4x100m	U15G			
	4x100m	U15G N/S			
5.20	4x400m	Women			
	4x400m	Women N/S			

**SOUTHERN WOMEN'S TRACK & FIELD LEAGUE  
TIMETABLE FOR DOUBLE FIXTURE 2006 – DIVISIONS 1&2 ONLY**

**(Adjustments may be needed to the timetable if the stadium has an inside pole vault or long/triple jumps;  
host clubs must inform visiting clubs of changes at least 14 days before the match)**

TIME	TRACK EVENT	FIELD EVENT	AGE GROUP	MATCH	OFFICIALS
12.00		HAMMER	WOMEN	1	HOST 1
12.15		LONG JUMP	WOMEN	1	C1
		HIGH JUMP	U15G	1	E1
1.00	300M HURDLES		U17W & 'B'N/S		
	400M HURDLES		WOMEN		
		HAMMER	WOMEN	2	HOST 2
		SHOT	U15G	2	D2
		TRIPLE JUMP	WOMEN	2	C2
1.20	100 METRES		U15G		
1.35	100 METRES		WOMEN		
		POLE VAULT	WOMEN & N/S	1&2	HOST 1
		HIGH JUMP	WOMEN	1	B1
1.50	100 METRES		N/S U15G,U17W&WOMEN		
1.45		LONG JUMP	U15G	1	C1
		JAVELIN	WOMEN	1	E1
2.00	800 METRES		WOMEN		
			WOMEN N/S		
		DISCUS	U15G	2	D2
		SHOT	WOMEN	2	E2
2.15	800 METRES		U15G		
			U15G N/S		
2.30		LONG JUMP	WOMEN	2	C2
2.40	75M HURDLES		U15G		
2.45		JAVELIN	U15G	1	E1
2.55	80M HURDLES		U17W		
3.00		DISCUS	WOMEN	2	D2
		HIGH JUMP	WOMEN	2	B2
		SHOT	WOMEN	1	D1
3.05	3000METRES		WOMEN & N/S	1&2	
3.15		LONG JUMP	U15G	2	C2
		LONG JUMP	U15G N/S	1&2	HOST 2
3.25	100M HURDLES		WOMEN		
3.35	400 METRES		WOMEN		
3.45		JAVELIN	U15G	2	E2
3.50	200 METRES		U15G		
4.00		DISCUS	WOMEN	1	D1
		SHOT	U15G	1	E1
		TRIPLE JUMP	WOMEN	1	C1
4.05	200 METRES		WOMEN		
4.15		HIGH JUMP	U15G	2	B2
4.20	1500 METRES		WOMEN		
4.35	1500 METRES		U15G		
4.45		JAVELIN	WOMEN	2	E2
4.55	4X100 METRES		WOMEN		
5.00		DISCUS	U15G	1	D1
5.10	4X100 METRES	U15G & N/S			
5.30	4X400 METRES	WOMEN & N/S			

**TIMETABLE FOR JOINT FIXTURES 2006 BETWEEN SOUTHERN MEN'S LEAGUE AND SOUTHERN WOMEN'S  
TRACK & FIELD LEAGUE (Divisions 1 & 2 only)**

(Adjustments may be needed to the timetable if the stadium has an inside pole vault or long/triple jumps;  
host clubs must inform visiting clubs of any changes at least 14 days before the match)

TIME	TRACK EVENT	FIELD EVENT		
12.00		Hammer	Women	W1
12.45		Pole Vault	Women	W1
1.00		Hammer	Men	M1
1.20	300mH U17W -'B'N/S	Long Jump	Men	M2
	400mH Women	High Jump	U15G	W2
	400mH Men			
1.40		Javelin	U15G	W5
1.45	100m U15G			
	100m Women			
	100m Men			
	100m U15G, U17W & Women N/S			
	100m Men N/S***			
2.00		Long Jump	Women	W3
		Shot	Women	W4
		Pole Vault	Men	M1
2.10	800m U15G			
	800m U15G N/S			
	800m Women			
	800m Women N/S			
	800m Men			
	800m Men N/S***			
2.25		Javelin	Men	M4
3.00	75mH U15G	High Jump	Men	M5
	80mH U17W	Shot	Men	M3
		Long Jump	U15G	W3
3.10	5000m Men			
3.20		Discus	Women	W5
3.30	100mH Women			
3.40	3000m Women & N/S			
3.45		Triple Jump	Men	M2
4.00	110mH Men	Shot	U15G	W4
4.05		Discus	Men	M3
4.15	400m Women	Long Jump*	U15G N/S	W1
	400m Men			
4.30	200m U15G	High Jump	Women	W2
	200m Women			
	200m Men			
	200m Men N/S***			
4.45	1500m U15G	Triple Jump	Women	W3
	1500m Women			
	1500m Men			
	1500m Men N/S***			
5.00		Javelin	Women	W5
		Discus**	U15G	W4
5.15	4x100m Women			
	4x100m U15G			
	4x100m Men			
	4x100m U15G N/S			
5.35	3000m S/C Men			
5.50	4x400m Women			
	4x400m Men			
	4x400m Women N/S			

\*LONG JUMP If Long Jump and Triple Jump take place on the same run-up the non-scoring Long Jump starts after the Women's Triple Jump has finished.

\*\*DISCUS If throwing facilities allow U15G's Discus and Women's Javelin will both be held at 5pm, if not U15G's Discus will follow Women's Javelin.

\*\*\*Men's non-scoring events as per match number.