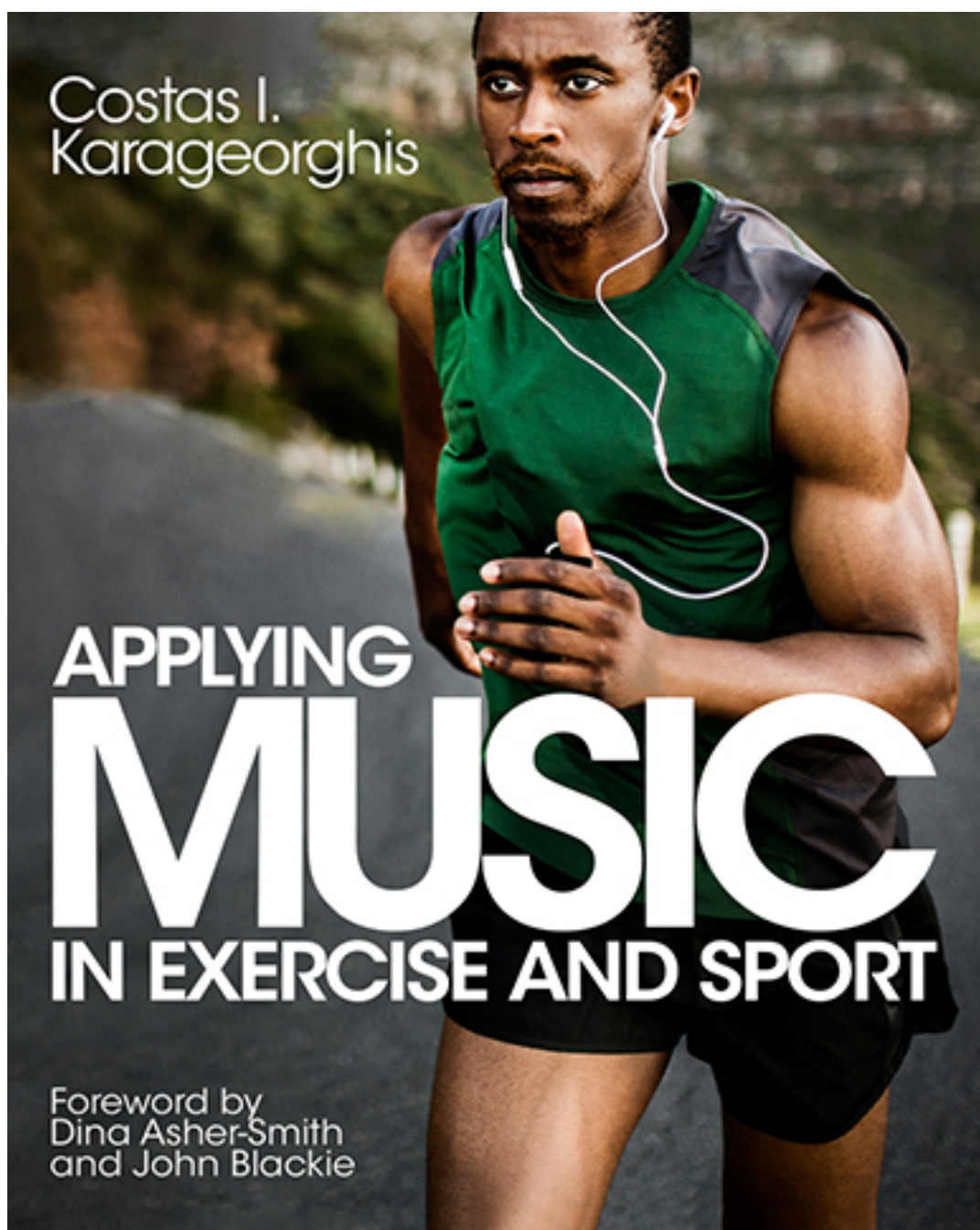


Applying Music in Exercise and Sport: A free public lecture and book launch



Based on the content of his new book *Applying Music in Exercise and Sport*, **Dr Costas Karageorghis** will present theoretical principles and cutting-edge research related to music applications in the domain of exercise and sport. The lecture will be lively and interactive in nature, with the use of numerous practical examples to illustrate theoretical principles.

Date

Wednesday 28 September, 2016

Time

6.30 - 9.00 pm

Venue

Langley Park School for Boys
Hawksbrook Lane
off South Eden Park Road
Beckenham, Kent BR3 3BP

Programme

6.30 - 7.10 pm	Arrival/book signing
7.10 - 7.15 pm	Introduction
7.15 - 7.50 pm	Part I of lecture
7.50 - 8.10 pm	Refreshments
8.10 - 8.35 pm	Part II of lecture
8.35 - 8.50 pm	Q&A
8.50 - 9.00 pm	Departure

The lecture will appeal to:

- Coaches
- Athletes
- Exercise instructors
- Trainee psychologists
- Exercisers
- 'A' level PE, Music, and Psychology students
- Those with an interest in music psychology
- PE teachers

Author/Presenter

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Contact

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Signed copies of *Applying Music in Exercise and Sport* will be available for purchase at the event