

	Name	Performance	Date	Venue
100m				
1	Kalilah Young	12.30	02/08/2020	Lee Valley
2	Holly Mpassy	12.37	22/08/2020	Bromley
3	Faith Akinbileje	12.48	22/08/2020	Bromley
4	Mallory Cluley	12.62	16/08/2020	Nuneaton
5	Parris Johnson	12.70	11/08/2020	Worthing
200m				
1	Holly Mpassy	25.22	16/08/2020	Lee Valley
2	Kalilah Young	25.34	16/08/2020	Lee Valley
3	Mallory Cluley	25.83	23/08/2020	Nuneaton
4	Amarisa Sibley	26.68	15/08/2020	Lee Valley
400m				
1	Yasmin Austridge	60.05	22/08/2020	Bromley
2	Kelsi Cornish	62.05	22/08/2020	Bromley
3	Morgan Squibb	62.15	22/08/2020	Bromley
4	Cara Gould	67.53	22/08/2020	Bromley
5	Amie Gould	71.20	22/08/2020	Bromley
800m				
1	Amarisa Sibley	2.11.41	05/08/2020	Lee Valley
2	Ava White	2.16.48	05/08/2020	Lee Valley
3	Hannah Clark	2.19.40	05/08/2020	Lee Valley
4	Morgan Squibb	2.20.11	16/08/2020	Lee Valley
5	Lily Meers	2.26.94	05/08/2020	Lee Valley
3000m				
1	Hannah Clark	10.36.05	21/08/2020	Bromley
100m Hurdles				
1	Mallory Cluley	14.08	23/08/2020	Nuneaton
400m Hurdles				
1	Alex Hill	62.18	23/08/2020	Nuneaton
Pole Vault				
1	Holly Platt	2.70	16/08/2020	Lee Valley
Long Jump				
1	Daisy Snell	5.34	22/08/2020	Bromley
2	Claudia Baker	5.20	22/08/2020	Bromley
3	Emily Algeo	4.98	22/08/2020	Bromley
4	Alyssa Firla	4.05	22/08/2020	Bromley
Hammer				
1	Molly Walsh	52.99	11/06/2020	Hendon
2	Abbie Stewart	36.91	16/08/2020	Lee Valley
Shot				
1	Nana Gyedu	14.47	02/08/2020	Lee Valley
2	Chimdi Okpalauko	11.71	14/03/2020	Woodford
Discus				
1	Zara Obamakinwa	47.14	11/06/2020	Hendon
2	Hannah MacAulay	38.75	14/03/2020	Woodford
Javelin				
1	Lauren Farley	46.56	02/08/2020	Nuneaton

