

# SEAA

**2021 - 22**

## **SOUTHERN INDOOR TRACK & FIELD PROSPECTUS**

**Meetings held under UK Athletics Rules**

**At Lee Valley Athletics Centre**

**SUPPORTED BY**



### **SEAA Competition Limited**

Jubilee Stand  
Crystal Palace National Sports Centre  
Ledrington Road  
London  
SE19 2BB

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# CONDITIONS OF ENTRY

## ENTRIES

**Online Entries** will be available on the SEAA Website from early November.

**Paper entries** must be made on official entry forms, with a separate form completed for each event.

Entries cannot be made via email or telephone.

**Cheques to be made payable to:** SEAA Competition Limited.

Entries not accompanied by the appropriate fee will be returned and may, therefore, miss the closing date.

**Please note the extra £2 fee, per event, for paper entries. To avoid this fee, you can enter online via [www.seaa.org.uk](http://www.seaa.org.uk).**

**The entry declaration must be completed by the intending competitor**, who shall be responsible for all statements within and any omissions therefrom. Any individual making a false entry may be dealt with for misconduct (as defined in Rule T7 S1).

**IT IS SEAA POLICY TO NOT ACCEPT ANY LATE ENTRIES.** The closing date for entries as stated is the latest date by which an entry must be received at the SEAA Office.

**In the event of extreme weather where the event must be cancelled,  
80% of the entry fee will be refunded.**

## AGE GROUPS

**U13 Boys and Girls-** Competitors must be 11 years of age but under 13 years of age at midnight on August 31<sup>st</sup> 2022. Born on or after 1.9.2009 but before 1.9.2011

**U15 Boys and Girls-** Competitors must be 13 years of age but under 15 years of age at midnight on August 31<sup>st</sup> 2022. Born on or after 1.9.2007 but before 1.9.2009

**U17 Men and Women-** Competitors must be 15 years of age but under 17 years of age at midnight on August 31<sup>st</sup> 2022. Born on or after 1.9.2005 but before 1.9.2007

**U20 Men and Women-** Competitors must be 17 years of age at midnight on August 31<sup>st</sup> 2022 but under 20 years at midnight December 31<sup>st</sup> 2022.

Born between 1.1.2003 and 1.9.2005.

**Seniors-** Competitors must be 20 years of age at midnight December 31<sup>st</sup> 2022

***DISCLAIMER: SEAA Competition Limited shall not be liable to the participant for any loss, damage or injury however caused arising out of or in the course of or in connection with the holding of the event. The Association reserves the right to refuse or limit entries, vary the programme of events and cancel the Championships under extreme circumstances.***

# ELIGIBILITY TO COMPETE

**All Athletes MUST be registered with England Athletics.** Any entry that does not include a correct England Athletics URN will be immediately returned. This rule will be rigorously applied to all SEAA Championships in all age groups.

**All athletes must have a Southern Area Qualification in accordance with Rule G2 S6 (2)**

## **RULE G2 S6 (2) UKA SUPPLEMENT - COUNTY, DISTRICT AND AREA QUALIFICATIONS**

*(2) English Area Championships and Representation*

*(a) An Area qualification to compete shall be acquired as follows:*

*By birth (See also Rule G2 S4(1)).*

*By nine months' continuous bona fide residence within the Area boundary immediately prior to the date of competition.*

*By nine months' service in HM Forces stationed within the Area boundary immediately prior to the date of the competition.*

*(b) A student at school, college or university does not acquire a residential qualification by residence during term time alone. An Area, though, may, at its discretion, relax the residential qualification in the case of Under 20 and younger athletes, and of Seniors in residence at college or university, but any competition shall not be deemed to have established an Area qualification.*

*(c) An athlete may not compete in events within the same discipline in the Championships of more than one Area Association in any one nine-month period*

**Athletes who are not members of a Southern Club will be asked to confirm their eligibility. If they do not do so, they will not be allowed to compete on the day.**

**Guests can compete in the Combined Events** but must inform the SEAA in writing of their intention to compete as a guest. They will not be eligible for a medal.

## **ANTI-DOPING**

By submitting an entry to any SEAA Championship, whether by paper or online, you acknowledge that you are **bound by UKA Anti-Doping rules.**

The UKA Anti-Doping Rules are available at [www.uka.org.uk](http://www.uka.org.uk)

To check the status of registered medicines please visit [www.globaldro.com](http://www.globaldro.com)

For general anti-doping queries please contact [antidoping@uka.org.uk](mailto:antidoping@uka.org.uk)

# INDOOR COMBINED EVENTS

**Saturday 18th December & Sunday 19th December 2021**

**Lee Valley Athletics Stadium**

Edmonton, London N9 0AR

**Enter online at [seaa.org.uk](http://seaa.org.uk)**

**Entries close Tuesday 7th December 2021**

## SATURDAY 18<sup>TH</sup> DECEMBER

*Anticipated Start time 1.30pm*

**U15B & U17W Pentathlon**

60m Hurdles, High Jump, Shot,  
Long Jump, 800m

## SUNDAY 19<sup>TH</sup> DECEMBER

*Anticipated Start time 10.00am*

**U15G, U20W & SW Pentathlon**

60m Hurdles, High Jump, Shot,  
Long Jump, 800m

## SATURDAY 18<sup>TH</sup> & SUNDAY 19<sup>TH</sup> DECEMBER

**U17M, U20M, SM Heptathlon**

**Saturday**

60m, Long Jump, Shot, High Jump

**Sunday**

60m Hurdles, Pole Vault, 1000m

### Online Entry Fees

U15G / U15B / U17W / U17M                      £22.00

U20W/ SW    £24.00

U20M/ SM    £27.00

**Plus £2 additional fee for paper entries**

**DISCLAIMER:** SEAA Competition Limited shall not be liable to the participant for any loss, damage or injury however caused arising out of or in the course of or in connection with the holding of the event. The Association reserves the right to refuse or limit entries, vary the programme of events and cancel the Championships under extreme circumstances.

# INDOOR U13 / U15 / U17 CHAMPIONSHIPS

**Saturday 15th & Sunday 16th January 2022**

**Lee Valley Athletics Stadium**

Edmonton, London N9 0AR

**Enter online at [seaa.org.uk](http://seaa.org.uk)**

**Entries close Tuesday 4<sup>th</sup> January 2022**

## SATURDAY 15<sup>th</sup> JANUARY

*Anticipated Start Time 1.30pm*

**U13:** 60M, 800M Heats (Final Sunday)

**U15/U17:** 60M, 60M Hurdles

### Online Entry Fees

U13: £10 Per Event

U15/U17: £12 Per Event

**Plus £2 additional fee for paper entries**

## SUNDAY 16<sup>th</sup> JANUARY

*Anticipated Start time 10.00am*

*Starting heights and Triple Jump Boards are shown below*

**U13:** 800m Final (Heats on Saturday), Long Jump, High Jump (1.25m), Shot

**U15/U17:** 200m, 300m (U15B&G), 400 (U17M&W), 800m, Long Jump, Shot

**U15B:** High Jump (1.50m), Pole Vault (2.30m), Triple Jump (9m/11m)

**U15G:** High Jump (1.40m), Pole Vault (1.90m), Triple Jump (7m/9m)

**U17M:** High Jump (1.65m), Pole Vault (2.80m), Triple Jump (11m/13m)

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# INDOOR U20/SENIOR CHAMPIONSHIPS

**Saturday 5th & Sunday 6th February 2022**

**Lee Valley Athletics Stadium**

Edmonton, London N9 0AR

**Enter online at [seaa.org.uk](http://seaa.org.uk)**

**Entries close Tuesday 25<sup>th</sup> January 2022**

## SATURDAY 5<sup>th</sup> FEBRUARY

*Anticipated Start time 1.30pm*

**U20/Senior:** 60m, 60m Hurdles

## SUNDAY 6<sup>th</sup> FEBRUARY

*Anticipated Start time 10.00am*

*Starting heights and Triple Jump Boards are shown below*

**U20/Senior:** 200m, 400m, 800m, Long Jump, Shot

**U20W:** High Jump (1.50m), Pole Vault (2.30m), Triple Jump (9m / 11m)

**U20M:** High Jump (1.70m), Pole Vault (3.40m), Triple Jump (11m / 13m)

**SW:** High Jump (1.55m), Pole Vault (2.70m), Triple Jump (11m)

### Online Entry Fees

U20/Senior: £14 Per Event

Plus £2 additional fee for paper entries

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# SOUTH OF ENGLAND ATHLETIC ASSOCIATION

## 2021 INDOOR COMBINED EVENTS ENTRY FORM

Sat 18<sup>th</sup> & Sun 19<sup>th</sup> December 2021 at Lee Valley Athletics Stadium



Entry Fees: Senior & U20 Men - £27 Senior & U20 Women - £24

U17's & U15's - £22

**No late entries will be accepted, nor will entries made by telephone or email.**

A fully completed form must be received by the closing date or the entry will not be accepted.

The use of recorded delivery is strongly advised. Entry forms to be sent to:

SEAA, Crystal Palace National Sports Centre, Ledrington Road, London SE19 2BB.

Cheques payable to SEAA Competition Limited. Entries close 7<sup>th</sup> December 2021.

EVENT (please circle):

HEPTATHLON

PENTATHLON

AGE GROUP  DATE OF BIRTH  Age on 31.08.22

FULL NAME  Age 31.12.22 (U20's Only)

CLUB  MALE

TELEPHONE NUMBER  FEMALE

MOBILE

EMAIL

EA REGISTRATION NUMBER

**ALL COMPETING ATHLETES MUST HAVE A VALID ENGLAND ATHLETICS REGISTRATION NUMBER. FAILURE TO PROVIDE THIS INFORMATION WILL RESULT IN YOUR ENTRY BEING RETURNED.**

**Please ensure this information is complete for seeding purposes.**

PERSONAL BEST (2019) **This ensures that you are in the correct heat/pool.**

60m	<input type="text"/>	60m Hurdles	<input type="text"/>	800m	<input type="text"/>
1000m	<input type="text"/>	High Jump	<input type="text"/>	Long Jump	<input type="text"/>
Pole Vault	<input type="text"/>	Shot	<input type="text"/>		

**Declaration:** I hereby declare that I am eligible to compete according to the laws of the UK governing body, I am a duly elected member of the above named club and that the above particulars are complete and correct.  (Please tick to confirm)

TO BE FILLED OUT BY THE OFFICE ONLY:

ENTRY FEE REC £

ENV ENCLOSED

Y / N

**SOUTH OF ENGLAND ATHLETIC ASSOCIATION  
2022 INDOOR TRACK & FIELD ENTRY FORM**



**No late entries will be accepted, nor will entries made by telephone or email.**

A fully completed form must be received by the closing date or the entry will not be accepted. The use of recorded delivery is strongly advised. Please make cheques payable to SEAA Competition Limited. Entry forms to be sent to: SEAA, Crystal Palace National Sports Centre, Ledrington Road, London SE19 2BB.

Online entry is available

**PLEASE USE A SEPARATE FORM FOR EACH EVENT**

<b>EVENT</b>	<input type="text"/>	
<b>AGE GROUP</b>	<input type="text"/>	Age on 31.08.22 <input type="text"/>
<b>DATE OF BIRTH</b>	<input type="text"/>	Age 31.12.22 (U20's Only) <input type="text"/>
<b>FULL NAME</b>	<input type="text"/>	
<b>CLUB</b>	<input type="text"/>	<b>MALE</b> <input type="checkbox"/>
<b>TELEPHONE NUMBER</b>	<input type="text"/>	<b>FEMALE</b> <input type="checkbox"/>
<b>MOBILE NUMBER</b>	<input type="text"/>	
<b>EMAIL</b>	<input type="text"/>	
<b>EA REGISTRATION NUMBER</b>	<input type="text"/>	

**ALL COMPETING ATHLETES MUST HAVE A VALID ENGLAND ATHLETICS REGISTRATION NUMBER. FAILURE TO PROVIDE THIS INFORMATION WILL RESULT IN YOUR ENTRY BEING RETURNED.**

**PERSONAL BEST (2019)** Please ensure this information is complete for seeding purposes. This ensures that you are in the correct heat/pool.

<b>PB (2019 Onwards)</b>	<input type="text"/>	<b>Date Achieved</b>	<input type="text"/>	<b>Venue</b>	<input type="text"/>
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**Declaration:** I hereby declare that I am eligible to compete according to the laws of the UK governing body, I am a duly elected member of the above named club and that the above particulars are complete and correct.  (Please tick to confirm)