

## Wednesday Nighters Lockdown Grand Finale

#WNLC

Hope you all completed last week's Ecce Romani challenge.

Congratulations on completing a full year of Wednesday Nighters Lockdown Challenges!

Thanks to all those who have joined in and shared their lockdown running experiences this year. I hope you managed to keep fit, explore, enjoy and find some interesting things on your runs.

This brings us nicely to the Step 3 of the national lockdown on 17 May when restriction will ease and running groups and competitions can commence in earnest.

Wednesday nighters, and the bar, are back up and running. Whilst many of us work from home running groups are currently heading out from the clubhouse at 6.30. Please come back and join us.

To keep us all inspired, motivated and running a final Blackheath & Bromley Harriers weekly challenge will be provided. You should aim to SAFELY complete this task before 9 p.m. next Wednesday. Feel free to share your run or time.

This week's #WNLC challenge Finale is called: The WNLC End of Year Party

Can you revisit some of your favourite challenges? You can complete one you missed? Which were your favourites? Can you run a mash up, how many can you tick off?

I	13-May	19 Minutes
II	20-May	5 mile / 8km challenge. This should include a lap of a park or open space
III	27-May	Station Bagging
IV	03-Jun	Passing Water
V	10-Jun	A trip to the Pub
VI	17-Jun	Fore! The Golf Courses Challenges.
VII	24-Jun	Blue Plaques
VIII	01-Jul	Lest We Forget Memorial Hunt
IX	08-Jul	The Wake up 2 mile blast
X	15-Jul	The 10k Yo Yo Challenge
XI	22-Jul	The Ron Hill Challenge
XII	29-Jul	Strava Art
XIII	05-Aug	Post Box Curiosity
XIV	12-Aug	It's too hot to run.
XV	19-Aug	The Tennis Tour
XVI	26-Aug	Heartbeat Hill
XVII	02-Sep	Arboreal Run
XVIII	09-Sep	How Mo are you?

XIX	16-Sep	The Graffiti Hunt
XX	23-Sep	Ducks
XXI	30-Sep	Marathon Miles
XXII	07-Oct	Phone box Quest
XXIII	14-Oct	Blackheath and Bromley Gallops
XXIV	21-Oct	Royal Run
XXV	28-Oct	Halloween Ephemera
XXVI	04-Nov	Not a Pub Crawl
XXVII	11-Nov	11/11 Remembrance Run
XXVIII	18-Nov	The Safari Run
XXIX	25-Nov	The Not a Park Run Run
XXX	02-Dec	Running Widdershins
XXXI	09-Dec	Christmas Spirit
XXXII	16-Dec	I'm dreaming of a White Christmas
XXXIII	23-Dec	The Christmas Cheer Run
XXXIV	30-Dec	Farewell 2020
XXXV	06-Jan	Hello 2021 (Meters)
XXXVI	13-Jan	Going Clubbing
XXXVII	20-Jan	Mud Mud glorious Mud
XXXVIII	27-Jan	The Lockdown Tour of Britain
XXXIX	03-Feb	February Challenge 100 Part 1 - Running Songs
XL	10-Feb	February Challenge 100 Part 2 - Anagrams
XLI	17-Feb	February Challenge 100 Part 2 - Around the World
XLII	24-Feb	February Challenge 100 Part 4 - 100
XLIII	03-Mar	International Women's Day
XLIV	10-Mar	Man Hunt
XLV	17-Mar	Can you Beat the Walkers?
XLVI	24-Mar	Fartlek Fun
XLVII	31-Mar	Trunk Roads
XLVIII	07-Apr	North South East West
XLIX	14-Apr	RIP DOE
L	21-Apr	Anno Domini
LI	28-Apr	Eponymous Roads
LII	05-May	Ecce Romani

Follow us : [@bbharriersac](#)

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Stay safe.