

THE JIM DAY MEMORIAL 2016 COMPETITION RESULTS

Sunday 25th September 2016, Carshalton.

Well this tenth edition of The Jim Day Memorial Pole Vault Event surprised even me! It was nothing short of **SPECTACULAR!**

After decades of organising events it still amazes me what is possible when you create supportive and conducive conditions. Despite the event being held a week later than its usual annual slot it still gathered great support. Just a few days away from October and full on winter training, more than 100 pole vaulters entered the event and despite the inevitable late withdrawals and no shows, exactly 100 competitors reported on the day. Although an unfortunate few picked up niggles in warm up that prevented them from joining in the fun and in all cases it was a sensible and prudent decision. No serious issues but best wishes to those people for a speedy recovery.

This statistics continue to paint a very healthy picture of pole vaulting in the UK.

96 Athletes Actually Took Part

32 Athletes Produced 85 Personal Best Clearances

18 Athletes Achieved Indoor Personal Bests

8 Athletes Achieved Seasons Bests

33% OF THE COMPETITORS ACHIEVED LIFETIME PERSONAL BESTS

53% of The Competitors Jumped Higher Than Ever Done Indoors!

61% Jumped Higher Than They Have Done This Season

MORE THAN HALF THE FIELD JUMPED HIGHER THAN THEY HAVE THIS SEASON!!!

However you analyse these statistics, they reflect well on the event and the people who were involved in generating such an amazing atmosphere that swept so many to greater achievements....

One thing that staggers me is that even at the end of a long season and so close to winter training, we saw lifetime personal bests from competitors in ALL competition pools. The newer developing pole vaulters always produce an amazing number of personal best clearances but to see so many of the more established competitors, who have to fight for every centimetre, it is particularly impressive.

There were so many fabulous performances, but it was remarkable that 25 of the 34 competitors in the first two competition pools sailed over multiple personal best bars.

Likewise to see FIVE of Coach John Wakeman's young Blackheath & Bromley athletes (Jim Day's Club) clear Personal Bests or Indoor Personal Best was very special indeed. Not to be outdone, Coach Rick

Pilling had EIGHT of his young vaulters achieve personal bests. I take my hat off to both Coaches and indeed ALL of the Coaches who came with athletes and produced some fabulous performances. Great work guys. But it wasn't just the youngsters that had a great day, we saw personal bests from some of the masters competitors too, not just age group bests but Lifetime bests from Claudia Cabbage (W40), Richard Phelan (M55) and Sue Dassie (W60) and THAT offers hope to all of us!

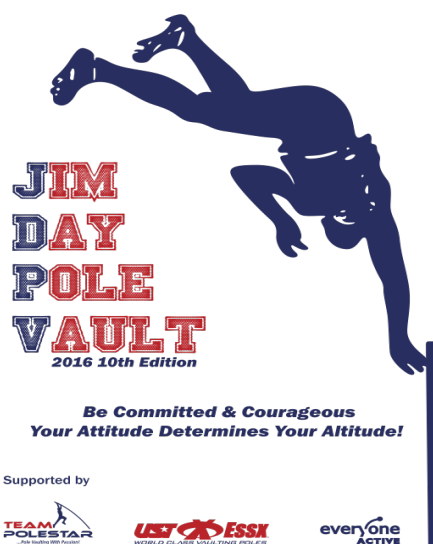
At the end of a very long and exciting day the final pool containing eighteen of the best performers certainly didn't disappoint. We saw two personal best clearances each from 18yr old William Gwynne (4.43m) and 16yr old Emmanuel Thomas (4.33m). The only female performer to earn her way into the top pool was National Champion and England International, Jade Ive. She was looking supreme as she sailed over 4.03m and then 4.13m to increase her indoor personal best. Jade also had the crowd fooled on two occasions when it looked like she had managed to increase her lifetime best to 4.23m, but the crossbar was unkind to her on this occasion. But things certainly look good for Jade in the months ahead. Some of the higher performers waited patiently for almost three hours before entering the competition. British International and former Scottish Record Holder, Scott Huggins entered at 4.73m and had four first time clearances up to and including 5.03m when he was joined by fast improving Sam Bass-Cooper who passed at previous heights in order to attempt a personal best. Also joining the competition at 5.03 was European Junior Champion and British Junior Record Holder, Adam Hague. Sam had close shots but missed on this occasion, Adam sailed over at the first time of asking. At 5.13m, Scott cleared easily to raise his lifetime best and was quickly joined by Adam who cleared without trouble. At 5.23m, Adam cleared again to improve the All Time Jim Day Event Record, meanwhile Scott missed twice, but apparently he wasn't satisfied with ONE personal best and thrilled the crowd by sailing over 5.23m for his second lifetime best! An amazing comeback season after taking time out from the sport to start a family and get his career moving forward.

Scott decided to call it a day, happy with his efforts but Adam continued after his long wait and cleared 5.33m very easily. He then attempted 5.50m (a height he made just a few days earlier in Paris) and was oh so close to making it. Not bad for a teenager, but then he is one of the best juniors in the world!

So many amazing personal triumphs and individual stories. The enthusiastic audience appreciated every jump on the day. It was so easy to share in the success of the vaulters as they heaped clearance upon clearance working their way to lifetime best heights.

Many will remember this one for years to come and worthy of a tenth anniversary edition.

FULL COMPETITION RESULTS



NAME	CLUB	HEIGHT	PLACE	
Under 11 Girls				
Hannah Russell	Lewes AC	1.73m	1 st	Personal Best
Under 13 Girls				
Gemma Tutton	Lewes AC	2.63m	1 st	Personal Best Indoors
Sian Hubbard	Tamworth AC	2.03m	2 nd	Personal Best
Isla Cramer	Tamworth AC	1.93m	3 rd	Personal Best
Esme Lindo	Crawley AC	1.83m	4 th	Personal Best
Lucy Buchanan	Aldershot & Farnham AC	1.63m	5 th	Personal Best
Under 15 Girls				
Lois Warden	Bexley AC	3.33m	1 st	Personal Best Indoors
Erin Thomas	Bexley AC	3.03m	2 nd	Personal Best Indoors
Frances Osman-Allu	Lewes AC	2.83m	3 rd	Personal Best
Emma Williams	Cheltenham & County Harriers AC	2.63m	4 th	Personal Best
Zoe Austridge	Blackheath & Bromley Harriers AC	2.63m	5 th	Personal Best
Alice King	Dacorum & Tring AC	2.43m	6 th	Personal Best
Imogen Sears	Blackheath & Bromley Harriers AC	2.43m	7 th	Personal Best Indoors
Zoe Shepherd	Kingston Polytechnic AC	2.33m	8 th	Personal Best Indoors
Flora Anghileri-Jarman	Kingston Polytechnic AC	2.23m	9 th	Personal Best
Elise Swatton	Blackheath & Bromley Harriers AC	2.23m	10 th	Personal Best Indoors
Eire Rowland-Evans	Cheltenham & County Harriers AC	2.03m	11 th	Personal Best
Eleanor Barrett	Blackheath & Bromley Harriers AC	NHC		
Under 17 Women				
Alexa Eichelmann	Woking AC	3.43m	1 st	Personal Best Indoors
Natasha Purchas	Crawley AC	3.33m	2 nd	
Georgia Duthie	Sutton & District AC	3.03m	3 rd	Personal Best
Cicely Cole	Crawley AC	3.03m	4 th	Personal Best Indoors
Tait Jones	Walton AC	2.83m	5 th	Seasons Best
Anousha Wardley	Reigate Priory AC	2.63m	6 th	Personal Best Indoors
Grace Thomas	Bexley AC	2.63m	7 th	Personal Best Indoors
Iona Cramer	Tamworth AC	2.13m	8 th	Personal Best
Under 20 Women				
Chloe Billingham	Horsham Blue Star Harriers AC	3.43m	1 st	Personal Best Indoors
Erin Breen	Herts Phoenix AC	3.23m	2 nd	Seasons Best
Millie Hemsley	Lewes AC	3.13m	3 rd	
Bethany Newton	Notts AC	2.83m	4 th	
Under 23 Women				
Elizabeth Edden	Birchfield Harriers AC	3.53m	1 st	Personal Best
Iona Magee	Leicester Corinthians AC	2.53m	2 nd	Personal Best Indoors
Senior Women				
Jade Ive	Sutton & District AC	4.13m	1 st	Personal Best Indoors
Mariette Hilborne	Blackheath & Bromley Harriers AC	3.43m	2 nd	Seasons Best
Caroline Parkinson	Wycombe Phoenix AC	3.13m	3 rd	
Masters Women				
W35				
Patrycja Krawczyk	Sheffield & Dearne AC	3.13m	1 st	

Tina Quinlivan	Havering AC	2.83m	2 nd	Seasons Best
W40				
Claudia Cabbage	City of Portsmouth AC	2.63m	1 st	Personal Best
W45				
Alison Murray Jessee	Hercules Wimbledon AC	3.13m	1 st	
W50				
Jackie Montgomery	Blackheath & Bromley Harriers AC	2.43m	1 st	
W55				
Teresa Eades	Dartford Harriers AC	2.53m	1 st	Seasons Best
W60				
Sue Yeomans	St Albans AC	2.53m	1 st	
Sue Dassie	Epsom & Ewell Harriers AC	2.13m	2 nd	Personal Best

RESULTS MEN

NAME	CLUB	HEIGHT	PLACE	
Under 13 Boys				
Daniel Dearden	Horsham Blue Star Harriers AC	2.33m	1 st	Personal Best Indoors
Alfie Westley	Kingston & Polytechnic AC	2.13m	2 nd	Personal Best
William Cabbage	City of Portsmouth AC	2.03m	3 rd	
Dillan Tierney	Crawley AC	1.93m	4 th	Personal Best
James Pratt	Crawley AC	1.43m	5 th	Personal Best
Under 15 Boys				
Pedro Gleadhall	Blackheath & Bromley Harriers AC	3.53m	1 st	Personal Best
Jack Westley	Kingston & Polytechnic AC	3.13m	2 nd	Personal Best
Bryce Breen	Herts Phoenix AC	3.03m	3 rd	Personal Best
George Hopkins	Woking AC	2.93m	4 th	Personal Best
Stratford Ryan	St Albans AC	2.83m	5 th	Personal Best
William Snashall	Crawley AC	2.83m	6 th	
Matthew Rayner	Dacorum & Tring AC	2.73m	7 th	Personal Best
Haydn Williams	Stevenage & North Herts AC	2.63m	8 th	Personal Best Indoors
Ned McCauley	Lewes AC	2.43m	9 th	Personal Best
Ralph Williams	Stevenage & North Herts AC	2.43m	10 th	Personal Best
Ethan Kitterage	Blackheath & Bromley Harriers AC	2.43m	11 th	Personal Best
Under 17 Men				
Frankie Johnson	Bedford & County AC	4.53m	1 st	
Emmanuel Thomas	Croydon Harriers AC	4.33m	2 nd	
Jack Harris	Lewes AC	3.73m	3 rd	
Callum Woodage	Watford Harriers AC	3.73m	4 th	

George Pope	Blackheath & Bromley Harriers AC	3.53m	5 th	Personal Best Indoors
Elliot Breen	Herts Phoenix AC	3.43m	6 th	Personal Best Indoors
Connor Dearden	Horsham Blue Star Harriers AC	3.23m	7 th	
Cameron Hale	Bournemouth AC	3.03m	8 th	Personal Best
Rafe Scott	Guildford & Godalming AC	2.83m	9 th	Personal Best Indoors
Under 20 Men				
Adam Hague	Sheffield & Dearne AC	5.33m	1 st	
William Gwynne	Kingston & Polytechnic AC	4.43m	2 nd	Personal Best
George Turner	Crawley AC	4.43m	3 rd	
Conor Kearns	Cheltenham & County Harriers AC	4.03m	4 th	
Joe West	Horsham Blue Star Harriers AC	3.93m	5 th	Personal Best
Tom Boulton	Wimborne AC	2.83m	6 th	Personal Best
Marcus Levett	Epsom & Ewell Harriers AC	2.13m	7 th	Personal Best
George Heppinstall	Sheffield & Dearne AC	NHC		
Senior Men				
Scott Huggins	Blackheath & Bromley Harriers AC	5.23m	1 st	Personal Best
Ned Quiney	Croydon Harriers AC	4.83m	2 nd	
Sam Bass-Cooper	Southampton AC	4.73m	3 rd	
John Finke	Enfield & Haringay AC	4.73m	4 th	
Paul Yeomans	St Albans AC	3.63m	5 th	Seasons Best
Jamie Fitzgerald	Sutton & District AC	2.93m	6 th	
MASTERS MEN				
M35				
Thomas Ritte	LAV Bayer Uerdingen / Dormagen	4.63m	1 st	
Ian Parkinson	Wycombe Phoenix AC	4.03m	2 nd	
M40				
Greg Conlon	Walton AC	4.23m	1 st	
M45				
Mark Roberts	Kingston & Polytechnic AC	3.53m	1 st	
Andy Buchanan	Aldershot & District AC	2.93m	2 nd	
M50				
Mark Johnson	Leeds AC	4.23m	1 st	
Glyn Price	Swansea Harriers AC	3.83m	2 nd	
M55				
Richard Phelan	Hunts AC	3.33m	1 st	Personal Best
Wayne Martin	Hastings AC	2.83m	2 nd	
M60				
Allan Williams	Blackheath & Bromley AC	3.33m	1 st	
Dave Blunt	Epsom & Ewell Harriers AC	2.93m	2 nd	
Martin Davies	Newport AC	2.83m	3 rd	
M70				
Brian Harlick	Epsom & Ewell Harriers AC	1.63m	1 st	

The full results have already been sent to the '**Power of 10**' for ranking purposes and '**Athletics Weekly**' for publication.

RAFFLE PRIZE DRAW

The winning ticket was number 690 and bought by Coach **Nick Phipps** (Woking AC).
Nick wins a Brand New Vaulting Pole of her choice donated by **UST-Essx Vaulting Poles**.

THANK YOU

A huge thank you to the following:

- The Pole Vaulters and Parents of Team Polestar.
- Sue Dassie for her tireless work in the lead up to the event and on the day.
- Dave Blunt for his electronic wizardry, scoring and help on set up day.
- Steve and Jade Ive for their help on set up Saturday and on event day.
- Jamie Fitzgerald and the fabulous Staff from 'Everyone Active' at DWLC.
- My friend, **Bruce Caldwell** and **UST-Essx Vaulting Poles** for the generous support of the event.
- Mark Grant for supplying the tee shirts and the expertise.
- Rick Pilling for his ingoing support and friendship. That includes his proof reading skills and keeping me honest and on my metal...
- Ed Borrman, Martin Davies, Mike Cole, Rick Pilling, Maddy Quiney, Andy Jackson, Brian Harlick, Holly Turner, Hadyn and Belinda Williams, Jane Harris and all the other people that helped with the competition pools, officiating, moving uprights, bar replacement etc.
- Thank you to all the competitors that supported the event. Some had travelled long distances to get there. Not least my friend Thomas Ritte who came all the way from Germany to join in the fun and give the event an international flavour. Thomas even wants to come back for Vault London 2017.
- Thank you also to the many parents, many had also travelled long distances to bring competitors and some of whom stepped into a more active role on the day, assisting with the competitions etc. What would the sport do without supportive Parents??

You are a fantastic group of people and I really appreciate your help, support and friendship.

A great pole vault friend said to me recently that we share an uncommon bond and I think he is absolutely correct. The pole vault family is very close knit (even globally) and that is what makes the event so very special.

EVENT PHOTOGRAPHS

Just to let you know that there was an official photographer at the event (Paul Chisholm) and his photographs can be viewed at: www.nptphotographic.co.uk

Big thank you to Paul for his tireless work throughout a very long day. Please take a look at his work. He may have captured some of your action...

POLE LIST

I will finish compiling the poles for sale / poles wanted list just as soon as I have finished all the post event work and email that to all 1,000 + pole vault contacts on my list.

FINALLY

It was my absolute pleasure to see you all jumping at this years **Jim Day Memorial** and I wish you all a productive, injury free and successful winter as you work towards your competitions in 2017. I look forward to seeing many of you during the months ahead.

Be confident, determined and undeterred. Deal with setbacks and disappointment with grace and courage because nobody gets away without facing some stern challenges during their career. Strive to maintain focus and an optimistic outlook no matter what befalls you along the way.

Aim high and dream big and maybe ALL your hopes will fly on the wings of possibility.....

"Don't waste time trying to control the uncontrollable, or trying to solve the unsolvable, or think about what could have been. Instead, think about what you CAN control and solve the problems you CAN solve with the wisdom you have gained from both your victories and your defeats in the past."

— David Mahoney

I hope that you all continue to enjoy your pole-vaulting careers as much as I have.

Thank you all once again. Until the next time....Stay Healthy, Jump High and Have FUN!!!

Allan

TEAM POLESTAR® ...Pole Vaulting With Passion!