



Blackheath & Bromley Courier

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President 2023-24. John Hubbard.

Editor. Pat Calnan



Non Olympic Memories – Sue Cluney

At the Munich Olympic Games in 1972 there were 38 Athletics Events, 24 for men and 14 for women. The longest womens event was the 1500. At Toronto in Canada in 1976 the mens 50km walk was dropped. To compensate for the absence the IAAF hosted a World Championship for the event in Malmo, Sweden. Four years later the walk was back in the Olympic programme in Moscow. What there wasn't was an addition to the number of womens events at the Games.

The IAAF again took action putting on a World Championship for the womens 400 hurdles and 3000 metres, an event which would take place at Sittard in Holland.

Among those targeting a place as one of Great Britain's representatives was Susan Dalgoutte, one of the country's up and coming 400 hurdlers. She is of course known to us all today as Sue Cluney, wife of our esteemed Past President Steve.

Sue joined Mitcham AC as a youngster, inspired by Senior athletes such as Judy Vernon, Lorna Booth, Andrea Lynch, Brenda Bedford, Janis Kerr, Barbara Inkpen and Jenny Pawsey. In 1974 Mitcham won the first British Womens Club Cup held over two days at Crystal Palace.



Mitcham's winning Cup semi final squad in 1975. Sue is first on the left of the front row. The back row includes former Wigmore second claim member Brenda Bedford and a young Lorna Boothe

Sue gained her first Great Britain International vest in a match against Russia at Crystal Palace in 1979. A place at the World Championships was in her sights.

Her preparations for 1980 were thrown in to disarray when her father died suddenly from a heart attack after running up an escalator to catch a train at London Bridge Station. It was a complete shock but her mother's plain talking helped her to concentrate on her Athletics, "Just get on with it Susan." And so she did.



Sue with her parents.

The UK Championships which were the Olympic Trials took place at Crystal Palace on the 14th and 15th of June, and the final of the 400 hurdles was scheduled for the Sunday, Fathers Day. The race took on added significance. Second going into the home straight she drew level at the last hurdle and from there it was down to who wanted it the most and she wanted it big time.

She crossed the line in first place, taking half a second off her best with 57.79. This put her third on the UK all time list. To put her performance in perspective, had she been a member of the Club at the time, it would not only still be a Club Record 45 years later but it would be the longest standing individual Senior Club Record.

She was going to the World Championships though that didn't stop her being sent graphic material by those lobbying for Great Britain's athletes to withdraw from the Olympics because of Russia's invasion of Afghanistan. The World Championships were not without controversy themselves as Russia withdrew from the competition.

The rationale for holding these Championships were nicely summed up in the programme.

A little piece of history is being made down south in our small, but hospitable country.

Not simply because the top women athletes from the entire world in the 3000 m. and 400 meter hurdles will be present but also, and perhaps above all, because these will be the first World Championships in international athletics.

Everyone is aware that so far the Olympic Champions in athletics have also been regarded as the World Champions, and that will remain so this year.

However, the 3000 and 400 meter hurdles for women are not included in the Olympic programme, which reveals that the I.O.C. is not really keeping pace with modern developments in womens athletics. So these supplementary World Championships are being held in Sittard, but at the same time they will herald an entirely new period for this is the last time that Olympic Champions will be regarded as World Champions.

1983 is the year in which the big shake-up will occur with the first World Championships covering all athletic events being held in Helsinki. We can therefore regard Sittard as the prelude to the main event which will be held in 1983.

It gives us a great honour and a pleasure to welcome the athletes from all over the world.

F. Jutte

Chairman, Organizing Committee

By her own admission, Sue was tired going into the Championships. She was third in her heat and qualified for the semi final, but that was as far as she got in the competition finishing in 7th place in 59.85. She was 5th in the B final in 59.31. It was, nevertheless, an invaluable experience, particularly in learning how to deal with heats and qualifications. She remembers thinking how alike all the East Germans looked, so tall and strong. Among those competing in the 3000 metres was Wendy Sly who would win Olympic silver in 1984, and also Ingrid Kristiansen who would set a World Record in the London Marathon in 1985.

One unexpected result of Sue's Summer was, as part of the Achilles Club for members of Oxford and Cambridge Universities, she was awarded an Achilles Medal. The lists below show previous winners such as Bannister, Chattaway, Brasher and Hemery. Then in 1980 Sue Dalgoutte, the first ever woman to win the award.

WINNERS OF ACHILLES MEDALS

Awarded to the Club Member adjudged by the Committee to have accomplished the best performance during the year.

	<i>Track</i>	<i>Field</i>
1949	R. G. Bannister (O.) Mile: 4 min. 11.1 sec.	T. D. Anderson (C.) Pole Vault: 12 ft. 10 in.
1950	A. W. Scott (C.) 400 m. Hurdles: 53 sec.	T. D. Anderson (C.) Pole Vault: 13 ft. 0½ in.
1951	R. G. Bannister (O.) Mile: 4 min. 7.8 sec.	A. J. Burger (O.) Pole Vault: 13 ft. 3 in.
1952	R. G. Bannister (O.) 1,500 m.: 3 min. 46 sec.	D. E. Tucker (O.) Javelin: 204 ft. 11 in.
1953	R. G. Bannister (O.) Mile: 4 min. 3.4 sec.	I. G. H. Walker (O.) Long Jump: 23 ft. 10 in.
1954	R. G. Bannister (O.) Mile: 3 min. 58.8 sec.	D. E. Tucker (O.) Javelin: 216 ft. 7 in.
	C. J. Chataway (O.) 5,000 m.: 13 min. 51.6 sec.	
1955	C. J. Chataway (O.) Mile: 3 min. 59.8 sec. 3 Miles: 13 min. 23.2 sec.	W. B. L. Palmer (O.) Shot: 53 ft. 1½ in.
1956	C. W. Brasher (C.) 3,000 m. Steeplechase: 8 min. 41.2 sec.	W. B. L. Palmer (O.) Shot: 55 ft. 6 in.
1957	D. J. N. Johnson (O.) 800 m.: 1 min. 46.6 sec.	A. G. Siler (O.) Discus: 163 ft. 4½ in.
1958	P. B. Hildreth (C.) 110 m. Hurdles: 14.3 sec.	J. Kitching (C.) High Jump: 6 ft. 4 in.
1959	D. J. N. Johnson (O.) 1,500 m.: 3 min. 42.9 sec.	J. Kitching (C.) Javelin: 232 ft. 6 in.
1960	J. Metcalf (O.) 440 yds. Hurdles: 52.2 sec.	R. A. Lane (O.) Javelin: 243 ft. 10 in.
1961	A. P. Metcalfe (O.) 440 m.: 45.7 sec.	J. M. McManus (C.) Pole Vault: 13 ft. 7½ in.
1962	A. P. Metcalfe (O.) 440 yds.: 46.2 sec.	M. Ralph (O.) Triple Jump: 51 ft. 0½ in.
	A. J. Wood Marathon: 2 hr. 24 min. 39 sec.	
1963	J. P. Boulter (O.) 880 yds.: 1 min. 47.8 sec.	M R Ralph (O.) Long Jump: 24 ft. 8½ in.
1964	J. P. Boulter (O.) 800 m.: 1 min. 47.1 sec.	M R Ralph (O.) Triple Jump: 52 ft. 4½ in.
1965	W. A. Mottley (C.) 440 yds.: 46.3 sec.	S B Cohen (C.) Shot: 55 ft. 1½ in.
1966	W. A. Mottley (C.) 440 yds.: 45.0 sec.	M. Sharpe (O.) Long Jump: 24 ft. 1½ in.
	A. J. Wood (O.) Marathon: 2 hr. 16 min. 6 sec.	
1967	J. P. Boulter (O.) 880 yds.: 1 min. 47.3 sec.	C. Pardee (O.) High Jump: 6 ft. 9½ in.
1968	T. F. K. Johnston 6 miles: 27 min. 22.2 sec.	C. Pardee (O.) High Jump: 6 ft. 10½ in.
1969	J. P. Boulter 1,000 M.: 2 mins. 18.2 secs.	P. A. de Villiers (O.) Decathlon 7,012 pts.

ACHILLES MEDALS

		UK Ranking	Event
1970			
David Hemery	13.6	1	110H
Dennis Roscoe	54.08	3	Discus
1971			
David Scharer	50.8	1	400H
Dennis Roscoe	55.44	4	Discus
1972			
David Hemery	48.52	1	400H
Steve White	7.41	9	Long Jump
1973			
Phil Lewis	1.47.6	8	800m
No recommendation for field events medal			
1974			
Phil Lewis	1.46.3	3	800m
Chris Kidd	4.50	8=	Pole Vault
1975			
Dave Roberts	10.4	1	100m
No recommendation for field events medal			
1976			
Dave Roberts	10.2w/10.4	1	100m
Axel Salander	7.94	2	Long Jump
1977			
Julian Goater	27.55.2	5	10,000m
John Slaney	15.92	4	Triple Jump
1978			
No recommendations for either medal.			
1979			
Craig Masback	3.52.02	3	Mile
No recommendation for field events medal.			
1980			
Sue Dalgoutte	57.79	2	400H
Dennis Roscoe	57.20	3	Discus
1981			
Julian Goater	13.15.59	1	5000m
Sarah Owen	5538a	5	Heptathlon

Sue never did make the Olympics, though there were International selections. She went on to join Bromley Ladies for a while but teaching, training and competing was tiring her. The diagnosis was Post Viral Fatigue Syndrome, or ME. The somewhat brutal advice was for her to stop Athletics for two years. It was time to start a family.

Sue does have another first to her name, or perhaps more accurately, a joint first. Blackheath Harriers opened up to female membership in October 1992. At the November Committee meeting ten women were elected to the Club, some are still members today.

Margaret Baldwin
Natalie Brightwell
Susan Cluney
Sharon Cook
Mary Davison
Heather Hassall
Jenny Jackson
Catherine Messent
Rachel Porte
Joanna Simner

Others elected at that meeting included future UK Womens League team manager and punster Brendan McShane, the late Will Bolton, Steve Dodd who was in the scoring six for the Club as we won the National Cross Country Championships in 1994 and 1995, and wheelchair athlete R J Wimpress. Brendan's membership form showed he was a former painter and decorator but he could not reveal his reason for leaving as he got too emulsional.

Results

For many the most notable result of the month was not one at all. The National Cross Country Championships, the highlight of the Winter season was postponed because wet weather made it impossible to park vehicles safely at the venue. The course itself was fine. The decision to postpone was made at short notice and with hotel and transport already booked most of our athletes travelled anyway for a training weekend. The National is rescheduled for September. However, there was much else to celebrate in February.

1/2/24

Riverfront Invitational, Spokane, WA. SP. C. 1. Nana Gyedu 15.29.

2/2/24

Mets Indoor Track and Field Championships, Staten Island, NY. 1000. R2. 1. Naomi Toft 2.53.53.

2-3/2/24

VMI Winter Relays, Lexington VA, USA. 200. R10. 1. Holly Mpassy 25.02.

3/2/24

BUCS Cross Country Championships, Leeds. Men. Long Course. 175. Justin Stover 40.46, 210. Jake Leng 43.09. **Short Course.** 131. Miles Brown 31.26, 208. Jake Anthony 32.49, 568. Jean Sammut 41.19. **Women. Long Course.** 21. Naomi Kingston 33.19, 65. Zoe White 35.56. **Short Course.** 129. Cameron Kelly Gordon 31.15, 285. Emily De Backer 34.57.

IFAM Indoor, Ghent. 400. P3. 2. Bailey Stickings 48.66.

Run, Jump, Throw and Masters GP Sheffield. 400. R3. 2. Drew Burridge 51.99.

RunThrough Olympic Park 10km. 6. Chloe Sharp 36.25 (36.24) (1st woman).

South East Schools Inter Counties, Ardingly. Senior Boys. 11. Arthur Starvis 21.07, 29. Harry Fage 21.50, 32. Mark Constable 22.00. **Senior Girls.** 41. Liberty Whyte 18.03, 42. Olivia Magee Brown 18.04. **Intermediate Boys.** 1. Joe Scanes 15.57, 8. Jed Starvis 16.36, 30. Nathan Clark 17.11, 52. Oliver Ward 17.48, 67. Alfie Whitelock 18.17, 71. Ryan Alford Smith 18.27, 72. Benjamin O Grady 18.30. **Intermediate Girls.** 23. Megan Barlow 15.23, 54. Kyla Dervish 16.20, 71. Caitlin Hough 17.01.

Junior Boys. 6. Luca Moloney Pedro 10.29, 14. Kian Farrell 10.41, 47. Jake Martin 11.15, 73. Finn Gotkine 11.43. **Junior Girls,** 9. Aoife McDonough 11.35, 31. Evie De Bruyn 12.21, 34. Alba Homans Yau 12.25, 37. Ariana Jenner Heard 12.27, 56. Freya Pearson 12.54, 62. Charlotte Stevens 13.02, 70. Sophie Tran 13.15.

Parkruns. Bromley. 1. Micah Evans 16.30, 2. Graeme Lugar 16.38, 3. Peter Brooks 16.40, 13. Gregory Bull 18.17, 15. James Bunn 18.22, 18. Philip Bunn 18.26, 38. Paul Kerekgyarto 20.01, 52. Harry Schmidt 20.29, 65. Benjamin Evans 21.06, 77. Jessica Sellar 21.29, 83. Leel Bhadeshia 21.36, 97. Islay Pearson 21.59, 104. Cameron Hutton-Squire 22.10, 110. Tim Ayres 22.15, 140. Ian Montgomery 22.55, 170. Damian Hayes 23.36, 240. Paul Murphy 25.17, 275. Mark Wallace 25.47, 344. Jackie Montgomery 27.11, 456. Bernard Wilson 29.23. **Bexley.** 99. Chris Pike 26.42, 309. George Collins 34.04. **Beckenham Place park.** 7. Bertie Harrington 20.40, 38. David Beadle 24.03, 51. Rod Harrington 24.42, 177. Zoe Kingsmell 31.01, 271. Luigi Arcuri 41.29. **Nonsuch.** 17. Thomas Sugden 19.15, 90. Katy Sugden 22.45. **Orpington.** 1. Thomas Desborough 18.52, 14. Isobel Emery 22.16 (1st woman), 26. Rowan Pearson 24.28, 28. Ashley Pearson 24.30, 27. Colin Pearson 24.30, 124. Karen Desborough 36.35. **Fulham Palace.** 20. Cristina Gilodi-Johnson 19.42 (1st woman). **Tonbridge.** 96. Mark Ellison 24.41, 256. Anne Cilia 29.12. **East Coast Park.** 63. Adrian Perry 25.17. **Dartford.** 49. John Turner 26.02, 158. Maz Turner 35.11. **Western Springs.** 27. Steve Pairman 23.30, 94. Julia Pairman 30.20. **Tooting Common.** 65. Eloise O Shaughnessy 22.09. **Exmouth.** 115. Bob Minting 24.40, 202. Helen Godsell 27.46. **Harkerville.** 88. Anthony Pontifex 41.07. **Walmer and Deal Seaford.** 65. Mike Simms 26.11. **Uckfield.** 3. Steve Evenden 22.02. **Bethlem Royal Hospital.** 15. James Unwin 25:04. **Wickford Memorial.** 178. Bob Thomas 33:56, 216. Richard Griffin 38.22. **Sutcliffe.** 87. Barry Wetherill 23:36. **Ruthin Memorial Playing Fields.** 4. Mark Watling 20:11. **Mote Park,** 149. Tom Phillips 32:07.

3-4/2/24

Southern Senior and Under 20 Championships, Lee Valley. Senior Men. 60. 2. Kieran Gowan Wade 6.68, 3. Luke Dorrell* 6.71. SF1. 1. Kieran Gowan Wade 6.79. SF3. 1. Luke Dorrell* 6.70. Ht1. 2. Kieran Gowan Wade 6.80. Ht2. 1. Luke Dorrell* 6.78. 200. DQ. Joshua Gbagbo. SF2. 1. Joshua Gbagbo 21.88. Ht4. 2. Joshua Gbagbo 22.38. 400. Ht3. DQ. Maurizio Corrodus. 60H. 3. Rico Cottell 8.17. Ht2. 1. Rico Cottell 8.30. LJ. 5. Theo Adesina 6.89. TJ. 3. Emmanuel Dodoo 14.01. PV. 2. Ethan Kitteridge 4.40. SP. 7. Brydon Duncan 11.33. **Senior Women.** 60. 4. Darcey Kuypers 7.57, 8. Jennifer Eduwu 7.66. Ht1. 4. Jennifer Eduwu 7.62. Ht3. 1. Darcey Kuypers 7.58. 200. Ht1. 4. Chanelle Cole 26.59. 800. 2. Morgan Squibb 2.11.80. Ht1. 1. Morgan Squibb 2.14.18. TJ. 1. Shanara Hibbert 12.36. PV. 3. Sophie Dowson 3.90, 7. Holly Platt 2.70. **Under 20 Men.** 400. 2. Zuriel Nwogwugwu 50.22. Ht2. 3. Samuel Mowa 51.76. Ht3. 2. Zuriel Nwogwugwu 50.28. Ht4. 3. Nathan Firla 52.09, DNF. James Lawson. 60H. 4. Rayhan Mourtada 8.13, 6. Eliot Ferguson 8.23. Ht1. 5. Prince Gediz 8.53. Ht2. 2. Rayhan Mourtada 8.18, 3. Eliot Ferguson 8.21. PV. 1. Oscar Witcombe 4.50. DNS. Finn Kitteridge. **Under 20 Women.** 400. Ht1. 3. Tallulah Ndikanwu 60.25. Ht3. 3. Julia Newman 60.72. 800. 6. Faith Mpassy 2.22.91. Ht1. 3. Faith Mpassy 2.24.51. 60H. 1. Jodie Self 8.74. Ht1. 1. Jodie Self 8.62. LJ. 1. Daisy Snell 6.05. PV. 2. Lucinda White* 3.20.

Loughborough Indoor Open. 60. A. 03. 3. Clayton Jacinto (U20M) 7.07. B. 03. 5. Clayton Jacinto 7.06. 60H. Senior Men. A2. 2. Daniel Goriola (U20M) 8.01. B1. 2. Daniel Goriola 7.94.

Vaxjo Inomhuskast, Vaxjo SWE. U20W. SP. 3. Cleo Agyepong 13.23.

Welsh Championships U20, U17, U15, Cardiff. Under 20 Men. 400. SF1. 3. Gerard McGrady 54.19. Ht4. 2. Gerard McGrady 53.62. 800. Ht1. 4. Gerard McGrady 2.06.70.

4/2/24

Open 10km Cross Country including veterans Championships, Norman Park. 2. Luca Ercolani (M50) 40.28, 3. Paul Sharpe (M40) 41.22, 4. Darren Corneille (M40) 41.36, 5. Roger Beswick (M60) 41.52, 6. Ian Scott (M40) 42.15, 8. Matt Bullen (M50) 44.20, 9. Chris Martin (M50) 46.29, 10. Kevin Adjei 46.47, 11. Damian Hayes 47.56, 12. William Brindley 48.45, 13. Andrew Lawes (M60) 48.52, 14. Katie Sugden (W45) 49.14, 16. Luigi Arcuri (M60) 51.47, 18. John Turner (M70) 58.30. **Handicap.** 1. Chris Martin 35.29, 2. Kervin Adjei 36.02, 3. Ian Scott 36.21. **Bennett Cup after 6 events.** 1. Matthew Bullen 201, 2. Luca Ercolani 192, 3. Luigi Arcuri 176, 4. John Turner 129, 5. Damian Hayes 118.

Kent Fitness League, Allhallows. 54. Steve Hough 38.06.

Great Bentley Half Marathon. 8. Roger Vilardell 74.23 (74.20).

Junior Parkruns. 1. Daniel Horgan 6.43, 2. Benjamin Evans 7.55, 3. Matthew Tootell 8.12, 25. Sebastian Rayner 10.18.

Beckenham Place Park. 1. Emery Aldridge 7.33.

7/2/24

Ayo Falola Dream Mile, Lee Valley. SM. 400. 1. Bailey Stickings 48.41. **SW.** Mile. EA. 4. Iris Williams (U17W) 4.58.60. U15G. 800. 5. Kara Bryan 2.29.28.

BMC Elite races, Lee Valley. SW. 800. A. 4. Morgan Squibb 2.09.03. B. 2. Alex Hill 2.15.06.

Sheffield Steel Cup. SM. 400. R7. 2. Drew Burrige 52.47. 3000. R2. 4. Jake Leng 9.22.63. 60H. R1. 1. Rico Cottell 8.38. R3. 3. Camron Nwaozoh 9.19. LJ. 5. Augustine Kodji 6.53. **SW.** 60. R1. 5. Zoe Austridge 7.92. R4. 3. Sydelle Wontumi 8.54. 60H. R1. 2. Zoe Austridge 8.96. LJ. (2). 6. Eva Stephanou 4.41. SP. 16. Eva Stephanou 6.61.

London Schools Cross Country Championships, Wormwood Scrubs. Senior Girls. 1. Eliza Nicholson 13.59, 7. Eva Maignon 16.07, 15. Jessica Kelly 16.28, 24. Leah Kyriacou 17.12. **Intermediate Girls.** 9. Cristina Gilodi Johnson 16.01. Junior Boys. 12. Matias Caceres 12.32, 16. Daniel Horgan 12.45, 17. Zacchaeus Kelman 12.47, 39. Nathan Crossan 13.34, 93. Aaron Crossan 15.23. **Short Course.** 56. Luca Hunstone 8.38. **Junior Girls.** 12. Ines Maignon 14.11, 33. Maya Al Faisal 15.11, 46. Martha Warner 15.52.

9/2/24

Darius Dixon Memorial Invitational, Lynchburg, VA. 400. R1. 2. Holly Mpassy 56.08.

9-10/2/24

Husky Classic, Seattle WA. 800. R7.8. Yasmin Austridge 2.13.83. Mile. R8. 10. Yasmin Austridge 4.41.80.

David Hemery Valentine Invitational, Boston, MA. 800. R20. 9. Ava White 2.18.14. R22.3. Lara Mannes 2.16.57.

Clemson Tiger Paw Invitational, Clemson, SC. 60H. SF1. 4. Marcia Sey 8.29. Ht7. 2. Marcia Sey 8.41.

10/2/24

Kent League, Norman Park. Men. 9. Micah Evans 27.19, 18. Kevin Fini 28.34, 20. Graeme Lugar 28.46, 33. Tom Desborough 29.37, 43. Gregory Bull 30.26, 48. Leonardus De Bruyn 30.51, 49. Luca Ecolani 31.02, 79. Paul Sharpe 32.47, 85. Gregory Firth 33.02, 93. Philip Bunn 33.16, 98. Ian Scott 33.38, 99. Darren Corneille 33.41, 117. Roger Beswick 34.35, 124. Matt Bullen 34.56, 125. Jason Meers 34.57, 136. Chris Martin 35.59, 144. Joshua Dowling 36.11, 161. Andrew Lawes 37.52, 181. William Brindley 39.36, 183. Luigi Arcuri 40.19, 187. Rod Harrington 41.02, 189. Alessio Tutt 41.58, 190. Mark Ellison 42.06.

Teams. 4 to score. 4. B&B 80. **Final Positions.** 4. B&B 58. **12 to score.** 4. B&B 674. **Final Standings.** 4. B&B 25. **Women.** 1. Chloe Sharp 30.39, 2. Amelia Smith 31.32, 3. Jessica Keene 31.46, 5. Carys Firth 32.31, 6. Carole Coulon 32.33, 13. Jennie Butler 34.23, 14. Ashley Pearson 34.25, 23. Trang Nguyen 36.03, 29. Sarah Belaon 36.37, 33. Katy Sugden 36.57. **Teams.** 1. B&B 6. **Final Standings.** 1. B&B 66. **6 to score.** 1. B&B 30. **Final standings.** 7. B&B 31 (only finished teams in 3 of the 4 matches).

Music City Challenge, Nashville TN, USA. SP. 7. Divine Oladipo 16.31.

URI Coaches Invitational, Kingston, RI, USA. PV. 2. Lois Warden 3.50.

Whitworth Invitational, Spokane, WA. SP. 1. Nana Gyedu 15.75.

Parkruns. Finsbury. 334. George Collins 27.06. **Bromley.** 3. Luca Moloney Pedro 16.37, 52. Harry Schmidt 20.03, 560. Tuan Tran 20.09, 62. Benjamin Evans 20.25, 70. Sophie Tran 21.10, 72. Steve Evenden 21.20, 77. Ariana Jenner-Heard 21.34, 88. Damian Hayes 21.51, 113. Tim Ayres 22.36, 120. Cameron Swatton 22.47, 129. Leel Bhadeshia 22.59, 258. Ryan Tran 25:44, 269. Stuart Cullum 25.57, 283. Paul Murphy 26.10, 552. Matthew Ellerton 31.06, 713. Richard Griffin 36.33, 812. John Isaacs 1.04.37. **Bexley.** 74. Chris Pike 26.45. **Kingston.** 62. Adrian Perry 24.26. **Beckenham Place park.** 25. David Beadle 23.29, 237. Zoe Kingsmell 42.26, 246. Iain Swatton 50.52. **Billericay.** 33. Adrian Stocks 23.35. **Hoblingwell.** 4. James Bunn 20.55, 16. Austin Adams 25.55, 20. Elizabeth Bunn 27.12 (1st woman). **Burgess.** 677. Bob Thomas 34.03. **Orpington.** 85. Karen Desborough 34.30. **Knysna.** 84. Anthony Pontifex 36.20. **Malling.** 156. Mick Keene 29.56. **Tooting Common.** 48. Eloise O Shaughnessy 22.16. **Exmouth.** 214. Bob Minting 27.48. **Bethlem Royal Hospital.** 7. Ian Montgomery 23.24, 17. Mike Simms 27.43, 25. Jackie Montgomery 30.28. **Sutcliffe park.** 88. Barry Wetherilt 24.30. **Mote Park.** 166. Tom Phillips 31.40.

10-11/2/24

England Athletics U20, U17 and U15 Indoor Championships, Sheffield. U20M. 400. SF1. DNS. Samuel Mowa. Ht3. 2. Samuel Mowa 49.78. Ht4. 3. Zuriel Nwogwugwu 50.80. 60H. 1. Daniel Goriola 7.66. Ht2. 1. Daniel Goriola 7.73, 4. Rayhan Mourtada 8.10. Ht3. 4. Eliot Ferguson 8.26. PV. 2. Oscar Witcombe 4.40. **U20W.** 60. 2. Faith Akinbileje 7.29. Ht2. 1. Faith Akinbileje 7.39. 800. 5. Cameron Kelly Gordon 2.13.04. Ht3. 3. Cameron Kelly Gordon 2.13.61. 60H. 5. Jodie Self 8.67. Ht2. 2. Jodie Self 8.66. LJ. 2. Daisy Snell 6.09. PV. 4. Lucinda White* 3.25. SP. 1. Cleo Agyepong 14.15. **U17M.** 60. 3. Max Clark 6.88. SF1. 1. Max Clark 6.92. Ht1. 6. Oji Okoro 7.27. Ht3. 1. Max Clark 6.91. PV. 2. Charlie Platt 4.05. **U17W.** 300. SF3. 4. Alyssa Firla 41.21. Ht1. 2. Alyssa Firla 41.39. 800. Ht3. 3. Megan Barlow 2.20.53. Ht4. DNF. Luciana Smith. 1500. 4. Iris Williams 4.48.83. TJ. 2. Qi Chi Ukpai 12.36. **U15B.** 60. 3. Piers Spencer Simms 7.25. Ht2. 2. Piers Spencer Simms 7.34. 300. 6. Oscar Sadowski 41.07. Ht2. 3. Oscar Sadowski 40.42. **U15G.** 60. Ht3. 6. Isabella Campbell Andou 8.14. 200. Ht1. 4. Sienna Thompson 26.80. Ht4. 4. Emilia Adese 27.27. 800. 6. Kara Bryan 2.26.70. Ht2. 4. Kara Bryan 2.22.12. HJ. 10. Alessia Scala 1.51. PV. 3. Ella Brooker 2.68. SP. 1. Emilia Adese 12.68.

11/2/24

Eastern Masters AC and Veterans AC Championships, Lee Valley. 60. R5. 1. Helen Godsell 9.34. 200. R5. 1. Helen Godsell 31.87. 400. R1. 2. Samantha Williams 64.05. 800. R3. 5. Richard Holt 2.37.37.

Junior Parkruns. Crystal Palace. 1. Emery Aldridge 6.56. **Bromley.** 1. James Bunn 7.47, 2. Benjamin Evans 8.07, 17. Sebastian Rayner 10.44.

14/2/24

Lee Valley Middle Distance Open, Lee Valley. 800. R2. 1. Luke Dronfield 2.01.09. 1500. R4. 6. Zacchaeus Kelman 4.36.98. R6. 8. Joshua Dowling 5.31.48.

Newham Open 60s. SM. A04. 6. Duayne Bovell 7.22. B04. 2. Duayne Bovell 7.14.

16/2/24

Friday Night 5km Under The Lights, Battersea Park. Race 3. 44. Millie Smith 17.47 (17.46).

Arkansas Qualifier, Fayetteville, AR. 60H. 4. Marcia Sey 8.32. Ht2. 1. Marcia Sey 8.33

17/2/24

Parkruns. Edinburgh. 40. Ashley Pearson 19.53, 66. Colin Pearson 21.06, 83. Rowan Pearson 21.54, 89. Islay Pearson 21.58, 116. Freya Pearson 22.51. **Bromley.** 16. Graeme Lugar 18.11, 24. Thomas Desborough 18.59, 29. Trang Nguyen 19.10, 32. Steve Evenden 19.22, 37. Matthew Maddocks 19.32, 43. Harry Schmidt 19.52, 48. Benjamin Evans 20.07, 97. Ariana Jenner-Heard 21.56, 122. Damian Hayes 22.38, 145. Stuart Cullum 23.26, 218. Paul Murphy 24.51, 283. Gregory Bull 26.32, 394. Bernard Wilson 28.43. **Bexley.** 98. Chris Pike 27.15. **Greenwich.** 2. Darren Corneille 19.05. **Southampton.** 101. Gracie Horton 21.32. **Beckenham Place park.** 24. Evie De Bruyn 22.50 (1st woman), 74. Luigi Arcuri 25.22. **Crystal Palace.** 57. Rod Harrington 22.59. **Wormwood Scrubs.** 107. Zoe Kingsmell 52.27, 108. Andrew Kingsmell 52.28. **Hoblingwell.** 5. Philip Bunn 20.48, 10. Cameron Hutton-Squire 23.50. **Orpington.** 72. Dave Leal 28.21, 114. Karen Desborough 34.46. **Dunedin.** 39. Steven Pairman 25.41, 173. Julia Pairman 34.00. **Tonbridge.** 79. Mark Ellison 24.28, 202. Anne Cilia 28.47. **Peckham Rye.** 155. John Turner 25.55, 417. Maz Turner 37.26. **Shanganagh.** 47. Leel Bhadeshia 23.07. **Lullingstone.** 13. Austin Adams 26.56. **Tooting Common.** 71. Eloise O Shaugnessy 22.52. **Exmouth.** 121. Bob Minting 25.51. **Bethlem Royal Hospital.** 3. Ian Scott 21.13, 12. William Brindley 24.45, 38. Jackie Montgomery 29.54. **Ifield Mill Pond.** 25. Adrian Perry 23.39. **Zuiderpark, Den Haag.** 118. Bob Thomas 33.08, 133. John Isaacs 35.58, 137. Richard Griffin 36.45. **Thames Path, Woolwich.** 36. Adrian Stocks 22.3

17-18/2/24

Microplus UK Athletics Indoor Championships, Birmingham. Men. 60. 8. Kieran Gowan Wade 6.83. SF2. Kieran Gowan Wade 6.76. Ht4. 2. Kieran Gowan Wade 6.76. 200. Ht3. 3. Luke Dorrell 21.72, 5. Josh Gbagbo 22.13. 400. 5. Dan Putnam 48.98. SF1. 2. Dan Putnam 47.82. SF2. 3. Bailey Stickings 48.23. Ht2. 1. Dan Putnam 48.61. Ht4. 2. Bailey Stickings 47.78. 60H. 3. Daniel Goriola 7.87. Ht1. 5. Rico Cottell 8.23. Ht3. 1. Daniel Goriola 7.81. TJ. 4. Toby Dronfield 15.09. **Women.** 60. 4. Faith Akinbileje 7.34. SF1. 6. Saskia King 7.61. SF2. 6. Darcey Kuypers 7.59. SF3. 3. Faith Akinbileje 7.34. Ht1. 1. Faith Akinbileje 7.39. Ht2. 4. Darcey Kuypers 7.57. Ht3. 7. Jennifer Eduwu 7.67. Ht4. 5. Saskia King 7.59. 800. Ht1. 4. Morgan Squibb 2.11.59. 60H. Ht1. 2. Jodie Self 8.66. Ht2. 7. Zoe Austridge 9.03. TJ. 4. Shanara Hibbert 12.82. PV. 8. Sophie Dowson 3.96. SP. NM. Cleo Agyepong.

British Masters Championships, Lee Valley. M35. 60. 1. Duayne Bovell 7.13. Ht2. 1. Duayne Bovell 7.14. **M40.** 60. 4. Ashley Reid 7.79. Ht1. 3. Ashley Reid 7.79. 200. 4. Ashley Reid 25.35. LJ. 4. Ashley Reid 5.36. **M50.** 200. 3. Ian Firla 26.73. 400. R1. Richard Holt 61.94. R2. 5. Ian Firla 59.29. 3000 Walk. 2. Matthew Ellerton 18.31.29. PV. 2. Roger Platt 3.40. **M65.** 60. 5. Clem Leon 8.91, 6. Tom Phillips 9.00. Ht1. 4. Tom Phillips 9.02. Ht2. 2. Clem Leon 8.89. 200. 3. Clem Leon 31.17. HJ.2. Clem Leon 1.31. LJ. 3. Clem Leon 3.98. TJ. 1. Clem Leon 9.33. **W40.** 200. 1. Samantha Williams 27.82. 400. 1. Samantha Williams 64.03. **W45.** 60. 2. Daniela Sage 8.65. **W70.** 60. 1. Helen Godsell 9.36. 200. 1. Helen Godsell 31.94.

18/2/24

Manchester Indoor Open, Sportscity. 60. R3. 2. Maurizio Corrodus 7.29. 200. R1. 2. Maurizio Corrodus 23.42.

Sutcliffe Indoor 60s. Men. A. R5. 1. Piers Spencer Simms 7.20. R6. 2. Rhys Francis 7.26, 3. Zuriel Nwogwugwu 7.34. R9. 5. Oscar Witcombe 7.81. R10. 2. Joseph Merry 7.63. R11. 3. Oscar Sadowski (U15B) 7.91. B. R2. 6. Duayne Bovell 7.14. R4. 1. Piers Spencer Simms 7.18. R5. 4. Rhys Francis 7.31. R6. 4. Zuriel Nwogwugwu 7.35. R9. 5. Joseph Merry 7.65. R11. 1. Oscar Witcombe 7.71. **Women.** A. R3. 1. Isabella Campbell Andou 8.02, 5. Sianna Nelson Languigne 8.11. R4. 2. Ella Brooker 8.34. R7. 1. Louisa Vallins 8.28, 6. Matilda Shilland 8.94. B. R2. 3=. Isabella Campbell Andou 8.02. R3. 4=. Sianna Nelson Languigne 8.17. R4. 1. Louisa Vallins 8.20. R5. 5. Ella Brooker 8.38.

Tunbridge Wells Half Marathon. 46. Gregory Bull 83.28 (83.25).

Hampton Court Half Marathon. 234. Tim Nash 95.37.

Junior Parkruns. Bromley. 1. Benjamin Evans 7.58, 8. Sebastian Rayner 11.32. **Beckenham Place park.** 1. Emery Aldridge 7.42, 4. Lena Aldridge 10.22.

19/2/24

America East Championships, Boston Allston, MA. PV. 2. Lois Warden 3.75.

19-20/2/24

Sun Belt Indoor Championships, Birmingham, AL. 400. Ht7. 1. Holly Mpassy 55.87. R1. 3. Holly Mpassy 55.94.

21/2/24

Running 2 Time Brunel Indoor Open Series 2023/24. 60. A. R2. 1. Kyle Reynolds Warmington 7.01, 5. Theo Adesina 7.36. R7. 4. Ashley Reid 7.78. B. R1. 3= Kyle Reynolds Warmington 6.97. R3. 3. Theo Adesina 7.35. R6. 6. Ashley Reid 7.85.

22-24/2/24

Mountain West Championships, Albuquerque, NM, USA. 800 6. Yasmin Austridge 2.11.25. Ht2. 2. Yasmin Austridge 2.10.16. 3000. B. DNF. Yasmin Austridge.

23/2/24

The America Athletic Conference Championships, Birmingham, AL. 800. Ht2. 7. Ava White 2.17.10.

23 – 24/2/24

Big Ten Championships, Geneva oh. 60H. 4. Marcia Sey 8.22. Ht1. 2. Marcia Sey 8.23.

23-25/2/24

BUCS Athletics Indoor Championships, Sheffield. Men. 60. SF2. 3. Shawn Twumasi Ampofo 6.92, 6. Chizute Ogbedeh 7.14.

Ht3. 2. Chizute Ogbedeh 7.11. Ht11. 2. Shawn Twumasi Ampofo 6.98. 200. SF1. 3. Charles Nortey 22.35. Ht13. 1. Charles

Nortey 22.26. 400. SF3. 5. Coleman Corry 51.65. SF4. 5. Maurizio Corrodus 50.57. Ht1. 4. Drew Burrige 51.91. Ht8. 3.

Maurizio Corrodus 51.11. Ht11. 3. Coleman Corry 51.22. 1500. 6. Henry Fisher 3.58.62. SF2. 4. Henry Fisher 3.54.32. Ht2. 2.

Henry Fisher 3.58.38, 7. Justin Strover 4.15.46. Ht5. 8. Jake Leng 4.20.67. 60H. 1. Daniel Goriola 7.72, 6. Rico Cottell 8.16.

Ht1. 1. Daniel Goriola 7.86. Ht2. 2. Rico Cottell 8.22, 5. Camron Nwaozoh 8.66. LJ. 10. Augustine Kodji 6.61. QB. 6. Augustine

Kodji 6.76. TJ. 3. Toby Dronfield 15.12, 5. Shawn Twumasi Ampofo 14.39. QA. 2. Shawn Twumasi Ampofo 14.26. QB. 3. Toby

Dronfield 14.45. PV. NM. Barnaby Corry and Ethan Kitteridge. SP. 2. Dillon Claydon 16.13. QA. 1. Dillon Claydon 15.85.

Women. Ht5. 4. Sydelle Wontumi 8.20. Ht9. 4. Emily Kerr 8.17. 200. R3. 4. Emily Kerr 27.74. 800. SF2. 3. Cameron Kelly

Gordon 2.14.64. Ht4. 2. Cameron Kelly Gordon 2.22.60. 1500. 7. Morgan Squibb 4.30.86. Ht2. 3. Morgan Squibb 4.36.10. TJ.

QB. 15. Rachael Ilori 10.13. PV. NM. Sophie Dowson.

24/2/24

National Cross Country Championships, Telford. Postponed.

RunThrough Battersea Park Chase The Moon.5km/10km. 5km. 19. Chloe Sharp 17.31 (17.27). 10km. 12. Kevin Fini 33.40

(33.36), 18. Eliza Nicholson 34.19 (34.16) (1st woman).

ERWL Fixture 2, Enfield. 8km. 1. David Hoben* 64.16. **2km.** 2. Luke Eperon (U13B) 13.21. **3km.** 1. Trejan Checkeku Boamah

18.17.

Ken Shannon Last Chance Invitational, Seattle, WA. SP. 5. Nana Gyedu 14.81.

Parkruns. Bromley. 3. Roger Vilardell 16.09, 7. Gregory Bull 17.19, 13. David Adams 18.11, 14. Thomas Desborough 18.16,

18. Graeme Lugar 18.40, 19. Gregory Firth 18.41, 35. Steve Evenden 19.44, 49. Tuan Tran 20.21, 50. Harry Schmidt 20.22,

55. Chris Fishlock 20.43, 77. Sophie Tran 21.55, 137. Damian Hayes 23.50, 155. Austin Adams 24.13, 175. Adrian Stocks

24.51, 184. Paul Murphy 25.01, 192. Ryan Tran 25.09, 296. Kate Garrett 27.22, 302. Holly Kibblewhite 27.27, 352. Bernard

Wilson 28.43, 575. John Isaacs 35.35, 574. Anthony Pontifex 35.35. **Bexley.** 76. George Collins 27.17, 80. Chris Pike 27.26.

Greenwich. 2. Darren Corneille 19.17. **Beckenham Place park.** 23. David Beadle 23.42, 61. Luigi Arcuri 25.53, 201. Zoe

Kingsmill 33.33. **Fælledparken.** 43. Stuart Cullum 24.00. **Dulwich.** 236. Rod Harrington 22.40. **Orpington.** 82. Karen

Desborough 34.17. **Brentwood.** 70. Richard Griffin 46.50. **Tonbridge.** 89. Mark Ellison 24.43, 284. Mick Keene 32.01. **Kapiti**

Coast. 22. Steven Pairman 23.29, 58. Julia Pairman 30.46. **Penrose.** 40. Adrian Perry 23.40. **Tooting Common.** 5. Jessica

Keene 18.49 (1st woman), 31. Eloise O Shaughnessy 21.36. **Exmouth.** 135. Bob Minting 24.52. **Clapham Common.** 126.

James Cunningham 23.29. **Bethlem Royal Hospital.** 4. Ian Scott 21.31, 8. Katy Sugden 23.48 (1st woman), 23. Mike Simms

29.58. **Sutcliffe.** 27. Ailbhe Barnes 20.28, 52. Andrew Lawes 21.57. **Mote Park.** 270. Tom Phillips 44.40. **Baysgarth Park.** 67.

Jackie Montgomery 28.33.

24-25/2/24

Ivy League, Heptagonal Championships, Cambridge MA. 1000. 7. Naomi Toft 2.52.88. Ht2. 4. Naomi Toft 2.51.56.

25/2/24

English Masters Inter Area, Lee Valley. M50. 400. R1. 3. Ian Firla 58.98. 2000 walk. 2. Matthew Ellerton 11.49.73. **W35.** 60.

2. Louisa Vallins 8.27. **W70.** 1. Helen Godsell 9.41. 200. 1. Helen Godsell 32.66. 400. 1. Helen Godsell 84.95.

Brighton Half Marathon. 833. Damian Hayes 98.21 (97.13).

Wokingham Half Marathon. 260. Millie Smith 81.08 (80.47).

Kent Fitness League, Blean Woods. 83. Jennie Butler 36.44.

Junior Parkrun. Crystal Palace. 1. Emery Aldridge 7.01, 20. Sebastian Rayner 10.23.

150 years ago in February 1874

“To make amends for “shortcomings” at the previous meet, the members showed up in fair numbers on Saturday last the 14th...The line of country chosen was one of the prettiest followed by the pack this season, and the hares may fairly be complimented on their love of romantic water jumps and woody paths”.

28th – The final run of the season takes place from the Rye House Inn. The Hares left at 4pm and returned with some of the pack a 6pm. The trail takes in Lordship Lane station, Upper Norwood, Anerley Hill, New Beckenham Station, Beckenham Junction, Catford and Brockley. “Out of respect to Mr White, the proprietor of the Rye House, who had recently lost a near relative through death, no singing was allowed after tea, and a very quiet evening was spent by those present”

125 years ago in February 1899.

Old Members Absent from meetings. “In looking through the list of members we notice several who used to attend very regularly have not recently paid us a visit. Have they forgotten the old Club? If not, a hearty welcome awaits them at Head Quarters”

Our annual Cinderella. “a very successful dance indeed...There were 125 present...The Ladies were in the minority by nearly twenty and, therefore, the “wallflowers” were nil...catering and decorations were entrusted to J Lyons and Co who showed their customary excellent taste in the arrangements made and carried out. Mr George Bradbury’s very fine band rendered a well selected programme in masterly fashion, and the dance was voted by all to be one of the best yet held”.

100 years ago in February 1924.

10 Mile Rowland Cup Race. “This fixture, which, as was commented on in the Press is eight years senior to the National, attracted 24 starters, who were solemnly warned by Gilbert not to trample on any strawberry beds they met – the tender arbutus having apparently been a sufferer on the previous Saturday... The prize winners Mobbs, Bagi and Ratcliff, were fortunate in receiving their awards at the hands of a very distinguished V.P. H. A. Munro*, in his day one of the greatest athletes this country has produced”

H A Munro would be the President for 1924-25. He was AAAs 4 mile champion in 1895 and silver medallist in 1892 and 1898

Fancy Dress Carnival at Blackheath Concert Hall on St Valentine’s Night. “another great social event, unsurpassed in brilliance...approaching 350 members and friends were present and the many attractive, picturesque and original costumes worn must have surely tried the judgement of the Prize Committee...95% of the dancers wore fancy dress”

There are no photographs from this evening but we do have the brilliant sketches of John Scott which appeared in the Club Gazette.

Southern Cross Country Championships, Shendish Park, Apsley End. The Club finish in 19th place out of 25 teams. “Meeting the Hon Secretary on the morning of the most important event of the season*, we were met with the gloomy intelligence that out of our 18 Southern entrants, no less than nine were hors de combat, mostly with the ‘flu and unable to materialize... a bus had been chartered for Ranelagh and ourselves, and, the race over, the entire party of BH and RH members, over 50 strong, were driven off to the King’s Arms Hotel, Hemel Hempstead ”

*At this time Blackheath did not always contest the National.

BLACKHEATH
HARRIERS
ANNUAL FANCY
DRESSE CARNIVALE

ST VALENTINE'S NYCHTE
14th February 1924
at
BLACKHEATH
CONCERT HALL



1st Prize
Gentlemen



1st Prize
Ladies.



Lea W. Harris tries
to make himself
heard.



Pearson -
Happy as
usual



The Blackheath
Harriers.



2nd
Prize
Ladies.
Mrs Lymbery as:-
"The Novices' Pewter."



Mine's a small
"Scotch!"



2nd
Prize.
Gents.



Mr. Bagl as a
Dutchman

John M. Scott
Feb. 1924.

75 years ago in February 1949.

Club 10. "There is a saying that a man cannot be called a cross country runner till he has raced a full ten miles" Fifty runners line up with W F Spencer the early leader and he holds this until the last couple of miles when Sydney Wooderson passes him and goes on to win by 18 seconds in 57.28. The first nine are all under the hour. In the evening it is "Farmers Night" at the Clubhouse.

The Club has a match against Sutton Valence School and Old Suttonians. Sydney Wooderson wins the race for Old Suttonians. "We sat down to a very good tea...and after a vote of thanks all round, scores of small boys were admitted to the hall to queue up for Sydney's autograph"

There is an "informal" dance at the Clubhouse but the band fails to turn up. "An evening which might well have been a complete fiasco was in fact saved by our members"

Southern Cross Country Championships, Sandhurst. The Club finish in 6th place in the Seniors, Juniors and Youths races. In the seniors they are just seven points off third and nineteen off second. "Brent who unfortunately twisted his knee a week previously, ran a plucky race and finished well up, and so close indeed was the result that had he been able to run his usual race we should have finished in second place".

50 years ago in February 1974

Southern Cross Country Championships, Parliament Hill. "The Club came nearer to winning the team race than at any time since 1948, and yet most of the team returned to Hayes for the Evening Supper with nothing but a string of "might have beens" having finished a good fourth. The scoring six are Bob Richardson (10th), Ian Wilson (18th), John Baldwin (43rd), Peter Hamilton (55th), Peter Horwood (61st) and Joe Clare (69th). The Club win the Camden Cup for the first Kent Club to finish 12 runners.

The Club are also fourth in the Junior Race led home by Richard Coles in 8th with Stuart Knowles 13th. Andy Edwards is 9th in the Youths race.

25 years ago in February 1999

Dave Heath wins the short course race at the World Cross Country Trials at Wollarton Park, Nottingham which are incorporated in the Inter Counties Championships. He, therefore, secures a place in the Great Britain team for the World Championships which are due to take place in Belfast. He wins by three seconds and it isn't long before Dave Lee produces a bottle of champagne and Mr Heath has his first taste of alcohol since Boxing Day. "It's the first race I've won this Winter but the right one!"

Three Blackheath athletes represent Great Britain Under 23s in a match against France at the National Indoor Arena in Birmingham. GB win the match. Paul Fisher is 1st in the 800; Emeka Udechuku is 2nd in the shot with 16.94; and Marvin Bramble 4th in the triple jump in 14.63.

Alloy Wilson retains the 400 metres title at the AAAs Under 20 Indoor Championships in Birmingham in a time of 48.15. Anisha Barnaby takes bronze in the under 17 womens 60 metres in a new best of 7.72. Alloy's reward for his victory is selection for the GB Junior team in an International against Germany, Italy and hosts France in Paris. He is second in the 400 in 48.63.

Michael Skinner is 26th in the BUCS Cross Country Championships in Cardiff

Gordon Hickey sets an M65 British best of 12.47 in the shot at the British Veterans Championships in Birmingham. Other wins come from Bill Foster (M40 3000 – 8.42.16), Denis Wallington (M45 LJ – 5.64), and Jim Day (M65 60H – 11.39. Jim is also second in the pole vault and third in the high jump. Bob Minting is runner up in both the 400 and 800 in the M45 age group,

At the Kent Womens League and Young Athletes League, Colin Norris is overall under 13 boys champion. The Under 17 Men are champions for the third year in a row. Bromley's Ella Fisher wins the under 13 girls race and is overall champion for the season. The KYA Trophy for the most improved female team is won by Bromley Ladies

Blackheath finish second in the South Of The Thames Cross Country Championships at Hayes with a team of Giles Clifford, Dave Lee, Ant Draper, Martin Airey, Pat Calnan and Richard Parrott, eight points behind winners Belgrave. This is the Centenary race of the organisation. As it was the 100th running of the race, the South Of The Thames invited Alan Brent to

be their President and the tradition is that the President's Club hosts the race. Post race the Club host a buffet at the Clubhouse which is attended by over 70 including past champions back to 1951.

Pat Calnan wins the Club 10 Mile Championship though the first five run a shorter course after missing a turning. The result is allowed to stand, a precedent having been set at the Club 10 in 1971 when the two leaders Bob Richardson and Ian Wilson took a wrong turn and finished seven minutes up on third placed Barry O'Gorman. In 1999 Cliff Keen is second and Simon Griffiths third. Mark Ellison is first home of those who ran the full course. Whether they ran the short or long course, no one broke the hour.

Dave Taylor wins the Ewell 10km in 31.36 and the Wokingham Half Marathon in 68.42.

Spencer Newport is 7th in the Dewsbury 10km in 30.05 and is 4th in the Bramley 20 in 1.52.32

Michael Skinner wins the London Colleges League race at Guildford.

Mark Watling wins the Southern Veterans AC Cross Country Championships which is incorporated into the Ealing, Southall & Middlesex open race at Perivale.

Amongst the 163 youngsters who receive awards from the Ron Pickering Memorial Fund are from Blackheath, Darren Burley, Mensah Elliott, Aaron Evans, Mohammed Sillah Freckleton, Chris Moss, Katy Porter, and Nange Ursell; and from Bromley Ladies, Elizabeth Gibbens.



With the days getting longer, the staff at Norman Park are flat out, preparing for the Summer.