



Blackheath & Bromley Courier

October 2021.

President 2021-22. Nic Corry.

Editor. Pat Calnan (p.calnan@btinternet.com)



That's it. Summer's over. It hasn't been a bad one, despite the difficulties of the pandemic. Hopefully we will be back to normal in the Leagues next year. Below shows how it all ended in the Leagues in 2021. Well done to everyone who made it happen. So now it's time to prepare for next year and the AGMs. The more work done over the Winter, the better the Summer will go.

National Athletics League Premier Division Final Standings

1. Thames Valley Harriers (2176 match points) (64 League points)
2. Harrow AC (1986) (59)
3. Shaftesbury Barnet Harriers (1837) (52)
4. Woodford Green with Essex Ladies (1759) (49)
5. Windsor Slough Eton & Hounslow (1688) (45)
- 6. Blackheath & Bromley Harriers (1615) (43)**
7. Birchfield Harriers (1550) (40)
8. Trafford AC (1517) (36)
9. Notts AC (1484) (32)
10. Bristol (1454) (31)
11. Swansea (1265) (25)
12. Sheffield (1274) (22)
13. Southampton AC (1011) 14
14. Cardiff (1094) (13)
15. Jaguars Track & Field Club (820) (10)
16. Newham & Essex Beagles (981) (8)

Southern Athletics League Final Standings. (Best result over season)

- 1. Blackheath & Bromley Harriers AC (445.3)**
 2. Windsor Slough Eton & Hounslow AC (430)
 3. Harrow AC (425.5)
 4. Chelmsford AC (414.7)
 5. Brighton & Hove AC (413.4)
 6. Thames Valley Harriers (408.3)
 7. Woking AC (394.2)
 8. Dacorum & Tring AC (386.5)
 9. City of Norwich AC (378.3)
 10. City of Portsmouth AC (375.3)
 11. Medway & Maidstone AC (372.9)
 12. Crawley AC (368.3)
 13. Basingstoke & Mid Hants AC (367.8)
 14. Peterborough & Nene Valley AC (364.7)
 15. Woodford Green AC with Essex Ladies (360.2)
 16. Havering AC (359.9)
 17. Tonbridge AC (358.1)
- Teams with over 350 points shown. 96 teams too part.

YDL Upper, Southern Kent

- 1. Blackheath & Bromley Harriers (18) (1416)**
2. Medway & Maidstone (12) (769)
3. Team ATIP (11) (703)
4. Tonbridge AC (10) (707)
5. Cambridge Harriers (9) (657)
6. Dartford Harriers (3) (217)

YDL Lower, Southern Kent

- 1. Blackheath & Bromley Harriers (10) (836)**
2. Medway & Maidstone AC (8) (611.5)
3. Cambridge Harriers (6) (514)
4. Bexley AC (4) (392.5)
5. Paddock Wood/Folkestone RC (2) (269)

Kent Young Athletes League

Division One

- 1. Blackheath & Bromley Harriers 1 (24) (1775.5)**
2. Medway & Maidstone 1 (21) (1580.5)
3. Tonbridge AC 1 (15) (1355.5)
4. Tonbridge AC 2/Judd School (14) (1205.5)
5. Cambridge Harriers (13) (1112)
6. Bexley (10) (1042)
7. Paddock Wood/ Folkestone (6) (878)
8. Sevenoaks (5) (711)

Division Two

1. Dartford Harriers (24) (1456)
2. Central Park Athletics (21) (1078)
3. Thanet (17) (991)
4. Invicta East Kent (16) (967)
- 5. Blackheath & Bromley Harriers AC 2 (12) (843)**
6. Medway & Maidstone 2 (8) (651)
7. Swale Combined (7) (594)
8. Paddock Wood/Folkestone (2) (196)

Wednesday Night Training

For the next few months we are fortunate enough to have been offered use of Becchamians Clubhouse for Wednesday night runs as well as food and bar facilities. Becchamians is only a few hundred yards from the old clubhouse so familiar routes can still be run. It will be open from 6.30pm. The address is : Becchamian Rugby Football Club, Corkscrew Hill, West Wickham BR4 9BB

FACILITIES: There are changing and shower facilities for both men and women, and afterwards a large room for our exclusive use with a bar for eating, drinking, President's news etc.

FOOD: Details of the changing weekly menu are available from dmlawrie162@googlemail.com

There has been good feedback from those who have used the facility. The food is good. Fans of the Westerham Brewery will not be disappointed as there is Summer Perle available, and there are also large tv screens. There is plenty of room for social events so keep a look out for updates....

David Benneworth RIP



We have all been greatly saddened to hear of the death of David Benneworth who has been a great a supporter of the Club over many years. He became a field official after his youngest daughter Katy became involved in the Club. He also gave his wife Bridget great support as a team manager firstly in the Southern Athletics League and then, when promoted, in the UK Womens League.

Social Events

12/11/21 – **Club Annual Dinner** at the Becchamians Club House. Special Guest is Hollie Arnold MBE, a Club member; an Olympic champion, World Champion, European champion and Commonwealth champion. **SOLD OUT** – Contact Dick Griffin to go on waiting list.

Forthcoming Fixtures and events.

October

3/10/21 – London Marathon

9/10/21 – ERRA Road Relays, Sutton Park.

16/10/21 – Kent League, Swanley

16/10/21 – British Athletics Cross Challenge, Cardiff

23/10/21 – Kent League, Somerhill School

23/10/21 – SEAA Cross Country Relays, Wormwood Scrubs (TBA)

30/10/21 – SLH 150 Year Anniversary Mob Match. Combined 4 way mob match against SLH, Ranelagh and Orion, Coulsdon.

Mass Mob Match 30th October 2021 – Order of Proceedings

12:30 onwards Allocation of Numbers at SLH Clubhouse, 194a Brighton Road, Coulsdon CR5 2NF

2:20 All runners to gather at the Start on Farthing Downs.

Welcome on the Farthing Downs before Race Starts – Richard Carter SLH President

2:30 Race Start.

Refreshments in Clubhouse after the Race.

Welcome and thanks at Clubhouse before Race Results announced – Steven Rigby SLH Chairman

Race Results and Presentations:

1. Race results individuals – overall race only.
2. Results of Mob Matches and presentation of Trophies
3. SLH 7.5 Mile Club Championship
 - Men's Results & Presentation of Brooker Cup
 - Women's Results & Presentation of Brooker Bowl
4. SLH Vets Handicap Results and Presentation of F J Martin Trophy.

Bar Open for refreshment

30/10/21 – British Masters Cross Country Relays, Long Eaton.

November

6/11/21 – National Cross Country Relays, Mansfield

13/11/21 – Kent League (all age groups except Senior Men), Danson Park.

14/11/21 – Orion Mob Match (including Club 7.5 mile championship), The Warren, Hayes.

20/11/21 – London Cross Country Championships, Parliament Hill.

20/11/21 – South Of The Thames Junior, Morden Park

27/11/21 – Kent League (all age groups except Senior Women), Fooks Cray Meadows.

28/11/21 – Club 10 Mile Cross Country Championships, Croydon RFC Clubhouse, 135 Addington Road.

Results.

The track season finished with another busy month for our athletes with Hollie Arnold's bronze at the Paralympics in Tokyo at the start of the month the highlight. Perhaps fittingly the last step of the last race at Norman Park, before work on the new development begins, secured a new Club Record for former track manager Ken Daniel in the M70 1500 metres. In between Club members were on International duty; enjoyed medal winning success at the English Schools, Schools Games, and County Championships; set Championship records, Club records and personal bests; and contributed to our Senior team winning the Southern Athletics League title and our youngsters winning their divisions in both the Upper and Lower Youth Development Leagues. So from Houston to Harvel; from Battersea to Baton Rouge; from Keswick to Kew Gardens; from Brussels to Bromley; from...

27/8 – 4/9/21

Paralympics, Tokyo. JT. 3. Hollie Arnold F46 39.73.

30/8/21

Kent Under 13s Pentathlon, Tonbridge. Under 13 Boys. 3. Joshua Dako 1611. (800 – 2.47.96, 75H – 13.17 (-0.4), HJ 1.45, LJ – 4.43, SP – 7.73). **Under 13 Girls.** 2. Charlotte Bloodworth 2215 (800 – 2.28.15, 70H – 12.48 (0.4), HJ – 1.26, LJ – 3.98, SP – 6.53), 19. Rowan Pearson 1089 (2.50.92, 16.91 (0.3), 1.05, 2.82, 4.35).

1/9/21

Highgate Harriers Open, Parliament Hill. 5000. MX1. 4. Carole Coulon (W45) 18.15.98. MX2. 8. Dan Kennedy 16.30.07.

Lee Valley 100/200 Open Series. 100. MX4. 4. LJ Wright (U20M) 11.40 (1.6). MX6. 6. LJ Wright (U20M) 11.34 (1.6). 200. MX8. 3. Alyssa Firla (U15G) 27.14 (4.5). MX9. 5. Francesca Evered (U20W) 29.20 (4.4). 75H. U15G. 2. Alyssa Firla 12.08 (1.5).

3/9/21

Van Damme Memorial Meeting, Brussels, Belgium. 200. 3. Dina Asher Smith 22.04 (0.4).

3-4/9/21

UK School Games, Loughborough. Men. PV. 3. Ben Platt 3.90. SP. 6. Brydon Duncan 13.21. DT. 6. Brydon Duncan 45.37.

Women. 80H. 4. Jodie Self* 11.62 (-0.4). SP. 1. Cleo Agyepong 15.14. HT. 5. Gypsy Nash 45.63.

4/9/21

YDL Lower, Southern, Kent, Medway. Match. 1. B&B 543, 2. Medway & Maidstone 387.5, 3. Cambridge Harriers 345.5, 4. Bexley 213, 5. Paddock Wood/Folkestone 206. **Under 15 Boys.** A. 1. Andrew Nikoro 11.81 (-1.5). B. 3. David Dare 14.96 (-1.5). N/S. 1. Alexander Morrell 12.46 (-1.7), 2. Harrison Vallins 12.89. 200. A. 2. Rayhan Mourtada 24.45 (-1.8). B. 2. Marley Byfield 24.86 (-1.8). 300. A. 1. Laurence Goslin 39.51. B. 1. Ryen Rennie 40.47. 800. A. 2. Jasper Brooks 2.10.69. B. 2. Hendri Verster 2.12.00. N/S. A. 1. Jed Starvis 2.30.49. B. 1. Ryan Tran 2.35.51. 1500. A. 2. Josh Healey 4.48.40. B. 2. Mark Constable 4.48.43. 80H. A. 1. Rayhan Mourtada 11.71 (-1.2). B. 1. Andrew Nikoro 12.14 (-1.1). HJ. A. 4. Ryen Rennie 1.50. B. 1. Finn Kitteridge 1.45. LJ. A. 3. Harrison Vallins 4.47. B. -. PV. A. 1. Finn Kitteridge 3.00. B. -. SP. A. 1. Andrew Nikoro 12.09. B. 2. Finn Kitteridge 8.01. DT. A. 3. Max Kennedy 24.16. B. 3. Jasper Brooks 18.20. JT. A. 2. Max Kennedy 41.57. B. 1. Ryen Rennie 22.93. HT. A. 2. Max Kennedy 22.06. B. -. 4x100. 2. B&B. (Marley Byfield, David Dare, Andrew Nikoro, Alexander Morrell) 46.71. 4x300. 1. B&B (Marley Byfield, Hendri Verster, Ryen Rennie, Laurence Goslin) 2.43.18. **Under 15 Girls.** 100. A. 1. Daisy Snell 12.70 (-0.9). B. 1. Nina Whitter 13.23 (-2.0). N/S. A. 1. Sybil Wirrom Jorrie 13.67 (-0.9). B. 1. Alexia Moren – Rosado 13.80 (-0.9). 200. A. 2. Nina Whitter 27.59 (0.7). B. 1. Emily Hayden de Carbonnieres 28.17 (-1.2). 300. A. 2. Tallulah Ndikanwu 44.58. B. 2. Alyssa Firla 44.19. 800. A. 1. Megan Barlow 2.20.94. B. 1. Tallulah Ndikanwu 2.25.03. N/S. A. 4. Madeleine Marston 2.47.99. B. 2. Yasmeen Islam- Medeaux 2.54.25. 1500. A. 1. Megan Slattery 4.47.31. B. 1. Lydia Witcombe 5.00.71. 75H. A. 1. Alyssa Firla 12.20 (-0.7). B. 4. Amber Cockburn 15.40 (-1.3). HJ. A. 1. Daisy Snell 1.60. B. 1.

Megan Barlow 1.45. LJ. A. 1. Sybil Wirrom Jorrie 4.69. B. 2. Emily Hayden de Carbonnieres 4.16. PV. A. 1. Lydia Witcombe 1.80. B. -. SP. A. 1. Daisy Snell 9.83. B. 1. Erin Simpson 8.43. DT. A. 1. Erin Simpson 25.45. B. 1. Islay Pearson 18.34. JT. A. 2. Erin Simpson 23.89. B. 2. Amber Cockburn 22.34. HT. A. 1. Madeleine Marston 16.75. B. 1. Emily Hayden de Carbonnieres 14.65. 4x100. 2. B&B (Sybil Wirrom Jorrie, Nina Whitter, Emily Hayden de Carbonnieres, Alexia Moren – Rosado) 51.79. 4x300. 1. B&B (Tallulah Ndikanwu, Megan Barlow, Alyssa Firla, Daisy Snell) 2.56.91. **Under 13 Boys.** 75. A. 3. Max Jeffrey 10.29 (0.7). B. 1. Thomas Vallins 10.67 (0.9). N/S. A. 1. Theodore Osobu 10.43 (-0.1). 150. A. 3. Max Jeffrey 20.34 (-1.5). B. 1. Jamie Ellerton 21.07 (-0.9). 800. A. 3. Ben O Grady 2.29.23. B. 2. Alfie Whitelock 2.34.95. N/S. A. 1. Liam Hough 2.47.97. B. 1. Samuel Barber 2.53.08. 1200. A. 1. Joseph Scannes 3.36.30 (**U13 BOYS CLUB RECORD**). B. 1. James Shaw 4.18.54. 75H. A. 1. Jamie Ellerton 12.64 (0.1). A. 1. Joshua Dako 12.96 (0.1). HJ. A. 1. Joshua Dako 1.39. B. 2. Samuel Barlow 1.25. LJ. A. 1. Joshua Dako 4.36. B. 1. Jamie Ellerton 4.24. SP. A. 3. Charlie Platt 8.15. B. 3. Ben O 'Grady 4.71. JT. A. 1. Charlie Platt 32.22. B. 3. Liam Hough 14.86. 4x100. 2. B&B (Joshua Dako, Jamie Ellerton, Charlie Platt, Max Jeffrey) 56.28. **Under 13 Girls.** 75. A. 1. Chizam Boniface 10.21 (0.1). B. 1. Emelia Adese 10.41 (0.1). N/S. A. 2. Sophie Tran 11.39 (-2.2). B. 1. Lottie Palmer 11.48. 150. A. 1. Chizam Boniface 20.49 (-0.7). B. 2. Raine Surla 21.76 (-0.7). 800. A. 1. Naimah Mossi 2.31.33. B. 1. Beth Regan 2.41.60. N/S. A. 1. Abigail Williams 2.44.65. B. 1. Lydia Marston 2.47.48. 1200. A. 1. Luciana Smith 3.55.38. B. 1. Charlotte Bloodworth 3.57.16. 70H. A. 4. Lottie Palmer 16.26 (-2.3). B. 3. Rowan Pearson 16.52 (-1.6). HJ. A. 1. Raine Surla 1.39. B. 2. Maya Al Faisal 1.20. LJ. A. 1. Emelia Adese 4.12. B. 1. Raine Surla 3.72. SP. A. 1. Emelia Adese 8.32. B. 1. Rowan Pearson 5.71. JT. A. 4. Charlotte Bloodworth 11.75. B. 4. Rowan Pearson 10.38. 4x100. 1. B&B (Raine Surla, Emelia Adese, Lottie Palmer, Chizam Boniface) 55.41.

Harvel 5. 22. Steve Evenden (M40) 33.28 (33.25), 132. Mike Simms (M50) 42.45 (42.18), 226. Andy Kingsmell (M50) 48.37 (48.13), 227. George Collins 48.37 (48.13).

Parkruns. Bromley. 6. Roger Beswick 18.13, 21. Jason Meers 19.47, 35. Maria Salamanca 20.43, 36. Adrian Stocks 20.43, 73. Roger Vildarell 22.31, 85. James Unwin 22.55, 100. Robert Whyte 23.20, 117. Dylan Reeves-Fellows 23.46, 130. Stuart Cullum 24.05, 262. Graham Coates 27.29, 329. Bernard Wilson 29.10. **Bexley.** 212. George Collins 32.38. **Beckenham Place park.** 10. Clayton Aves 20.08, 32. Charlie Hay 22.31, 59. Iain Swatton 24.19, 67. Mike Simms 24.32, 100. David Beadle 26.11, 118. Niamh Milmo 27.19, 151. William Slack 28.57, 161. Zoe Kingsmell 29.32. **Riddlesdown.** 83. Helen Godsell 28.51.

Hoblingwell. 35. Dave Leal 26.36. **Burgess park.** 106. Lara Tunali-Flynn 22.43, 275. Renee Toft 29.15. **Southwark.** 175. Sally Smith 27.04. **Great Lines, Medway.** 197. David Appleton 34.26. **Lanhydrock.** 3. Angus Harrington 18.41, 59. Rod Harrington 26.43. **Druridge Bay.** 25. Robert Perry 22.29. **Peckham Rye.** 202. Maz Turner 35.29. **Blandford.** 30. Peter Hamilton 24.33.

Penrose. 154. Adrian Perry 35.25. **Hastings.** 3. Kev May 17.27, 23. Lisa May 21.37. **Lullingstone.** 1. Ben Cockburn 18.17. **Exmouth.** 51. Ken Daniel 22.39, 52. Bob Minting 22.41. **Catford.** 187. Andrew Lawes 52.59. **Foots Cray Meadows.** 5. Steven Pairman 21.33, 10. Nick Barber 23.27, 42. Julia Pairman 29.38, 58. Mick Keene 33.48. **Land's End.** 12. Genny Allan 23.13 (First woman).

4-5/9/21

England Throws Camp Throws Fest 2021, Moulton. Men. SP. 6K. 1. Dillon Claydon 14.51. DT. 1.75. 1. Dillon Claydon 48.94. **Women.** SP. 3K. A1. 2. Cleo Agyepong 14.86. A2. 3. Cleo Agyepong 15.06. DT. 1K. A1. 3. Zara Obamakinwa 47.82. A2. 2. Zara Obamakinwa 47.19.

5/9/21

YDL Upper Age Group, Dartford. Match. B&B 619.5, 2. Tonbridge 423, 3. Medway & Maidstone 286.5, 4. Cambridge Harriers 263, 5. Team ATIP 205, 6. Dartford Harriers 188. **Under 20 Men.** A. 1 Charles Nortey 10.9. B. Albert Asante 11.4. N/S. Camron Nwaozoh 11.8. 200. A. 2. Charles Nortey 21.8. B. 1. Issah Abdulkarim 23.2. 400. A. 1. Adam Islam Medeaux 51.1. B. 1. Maurizio Corrodus 52.4. 800. A. 1. Pablo Seema Roca 2.02.4. 3000. A. 2. Tom Brash 9.16.9. HJ. A. 1. Pablo Seema Roca 1.75. B. 1. Barnaby Corry 1.60. LJ. A. 1. Harrison Thorne 6.55. PV. A. 1. Barnaby Corry 4.15. SP. A. 1. Harrison Thorne 11.30. JT. A. 2. Harrison Thorne 39.66. 4x100. 1. B&B (Charles Nortey, Connor Sutton, Maurizio Corrodus, Barnaby Corry) 44.9. 4X400. 1. B&B (Pablo Seema Roca, Maurizio Corrodus, Harrison Thorne, Thomas Sugden) 3.44.6. **Under 20 Women.** 100. A. 1. Tianna Haynes 12.1. B. 1. Chanelle Cole 12.5. 200. A. 1. Tianna Haynes 24.9. B. 1. Zsiria Thomas 25.6. 400. A. 1. Chanelle Cole 61.9. B. 1. Fleur Todd Warmoth 65.8. N/S. 400. Francesca Evered 65.0. 800. A. 1. Lara Mannes 2.21.7. 1500. A. 1. Fleur Todd Warmoth 4.42.8. 100H. A. 1. Shakanya Osahon 15.1. B. 1. Zoe Austridge 15.4. 400H. A. 1. Zoe Austridge 70.2. 1500s/ch. A. 1. Morgan Squibb 5.19.2. B. 1. Ailbhe Barnes 5.30.4. LJ. A. 1. Molly Savage 5.07. TJ. A. 2. Molly Savage 10.24. SP. A. 2. Titobioluwa Akinrele 9.47. B. 1. Abbie Stewart 9.19. DT. A. 2. Titobioluwa Akinrele 31.68. HT. A. 2. Abbie Stewart 39.06. B. 1. Titobioluwa Akinrele 19.23. 4x100. 1. B&B (Zsiria Thomas, Tianna Haynes, Shakanya Osahon, Chanelle Cole) 48.4. 4X400 2. B&B (Francesca Evered, Kelsey Pullin, Hannah Clark, Amarisa Sibley) 4.13.4. **Under 17 Men.** 100. A. 2. Verrel

Charles 11.1. B. 1. Issah Abdulkarim 11.6. N/S. Dennis Savage 12.2. 200. A. 3. Nathan Firla 24.1. B. 3. Connor Sutton 23.7. N/S. Verrel Charles 22.8. 400. A. 1. Samuel McShane 52.2. 800. A. 1. Thomas Sugden 2.04.3. 1500. A. 2. Miles Brown 4.30.6. B. 1. James Barnes 4.35.3. 3000. A. 1. Alessio Tutt 9.25.0. 100H. A. 3. Jonathan Ellerton 16.4. 1500 s/ch. A. 1. George Shaw 4.58.1. HJ. A. 3. Nathan Firla 1.55. LJ. A. 4. Dennis Savage 5.25. B. 2. Connor Sutton 5.19. TJ. A. 3. Ralph Baker 10.07. SP. A. 2. Brydon Duncan 12.03. DT. A. 2. Brydon Duncan 44.57. JT. A. 3. Joshua Buddle Smith 37.39. HT. A. 2. Brydon Duncan 31.23. 4x100. 1. B&B (Dennis Savage, Adam Islam Medeaux, Ralph Baker, Verrel Charles) 44.8. 4x400. 1. B&B (Nathan Firla, Samuel McShane, Christopher Barrett, Adam Islam Medeaux) 3.52.2. **Under 17 Women.** 100. A. 3. Emily Kerr 12.8. B. 1. Sophie Kerr 13.5. 200. A. 3. Amarisa Sibley 26.3. B. 1. Emily Kerr 27.1. 300. A. 1. Cameron Kelly Gordon 42.9. B. 1. Parris French 44.4. 800. A. 2. Cara Gould 2.35.7. B. 2. Liberty Whyte 2.34.0. 1500. A. 1. Gabriella Martin 5.06.3. B. 1. Hannah Clark 5.30.1. 3000. A. 1. Olivia Magee Brown 11.47.3. B. 1. Hanna Clark 12.11.0. 80H. A. 2. Emily Algeo 12.6. 300H. A. 1. Emily Algeo 48.1. HJ. A. 2=. Elena Duncombe 1.45. LJ. A. 1. Emily Algeo 4.94. B. 1. Elena Duncombe 4.22. SP. A. 4. Chanelle Ohemeng Mensah 9.24. DT. A. 2. Chanelle Ohemeng Mensah 27.07. B. 1. Gypsy Nash 26.93. JT. A. 5. Grace Bennett 9.18. HT. A. 1. Gypsy Nash 47.73. 4x100. 2. B&B (Grace Bennett, Emily Kerr, Sophie Kerr, Amarisa Sibley) 51.7. 4X300. 1. B&B (Cameron Kelly-Gordon, Olivia Wauters, Olivia Magee - Brown, Gabriella Martin) 3.01.8.

Lambert & Foster Paddock Wood Half Marathon. 23. Roger Vilardell (M40) 1.13.04 (1.13.03), 45. Fintan Parkinson (M40) 1.16.58 (1.16.56), 59. Jonathan Vintner 1.18.48 (1.48.45), 68. Luca Ercolani (M40) 1.20.07 (1.20.03), 75. Josh Dowling 1.20.54 (1.20.49), 95. Tony Crowder (M50) 1.22.38 (1.22.34), 118. Tom Desborough 1.25.27 (1.25.24), 122. Ian Firla (M50) 1.25.50 (1.22.45), 143. Martin Richardson 1.28.03 (1.28.00), 148. Simon Harris (M40) 1.28.28 (1.28.21), 191. Matt Bullen (M50) 1.31.48 (1.31.35), 200. William Brindley (M40) 1.32.36 (1.32.23), 505. Shiela Roed (W55) 1.50.26 (1.50.01), 510. Darren Corneille 1.50.34 (1.50.29), 571. Mike Simms (M50) 1.53.53 (1.53.01), 663. Austin Adams (M50) 1.58.34 (1.57.42), 756. Barry Wetherilt (M60) 2.03.99 (2.02.49), 1041. Zoe Kingsmell (W55) 2.19.01 (2.17.57), 1266. Baljit Gill (W45) 2.43.47 (2.43.11).

MK Festival Of Running 10km, Milton Keynes. 41. Adrian Perry (M60) 45.26 (45.22).

MK Festival Of Running 20. 13. Robert Perry 2.06.32 (2.06.31).

7/9/21

Ashford Open Meeting. 100. SM1. 3. Michael Uzozie (U20M) 11.15. (NWS) 200. MX2. 1. Michael Uzozie (U20) 22.61 (0.9). MX4. 3. Francesca Evered (U20W) 28.64 (1.1). PV. MX. 1. Ethan Kitteridge (U20M) 4.13, 6=. Charlie Platt (U13B) (**CLUB UNDER 13 BOYS RECORD**) 3.10, 6=. Finn Kitteridge (U15B) 3.10, 12. Holly Platt (U23W) 2.70. JT. 600g. 1. Max Kennedy 38.35.

8/9/21

Watford Open Meeting. 800. MX7. 6. Cameron Kelly Gordon (U17W) 2.21.10. MX9. 6. Morgan Squibb (U20W) 2.12.46. MX10. 7. Pierre Guillaume 2.08.27.

8-9/9/21

Wanda Diamond League, Zurich, SUI. 100. 2. Dina Asher Smith 10.87 (0.6). 200. 3. Dina Asher Smith 22.19 (0.6).

10/9/21

Rice Invitational, Houston, TX, USA. 6.4Km XC. 6. Declan Neary* 19.41.

11/9/21

Belfast International. 400. 2. Dan Putnam 47.46.

Southern Athletics League, South East London, Norman Park. Match. 1. B&B 445.3, 2. Bexley 231.8, 3. Kent AC 180.9, 4. Cambridge Harriers 164.2, 5. London City 27.6. **Men.** 100. A. 1. Michael Damoah 11.08 (0.0). B. 1. Michael Uzozie 11.15 (-0.4). N/S. A. 1. Sam Reardon 11.02 (-0.2), 2. Bailey Stickings 11.26, 3. Adam Islam Medeaux 11.37, 4. Matthew Knight 11.56, 7. Christopher Barrett 12.61. B. 1. Chizute Ogbedeh 11.31 (-0.5), 2. L.J. Wright 11.46, 5. Dennis Savage 12.37. 200. A. 1. Chizute Ogbedeh 22.68 (-0.1). B. 1. Charles Nortey 22.44 (-0.5). N/S. A. 1. Sam Reardon 21.90 (-0.5), 4. Christopher Barrett 25.35. B. 1. Bailey Stickings 22.55 (0.5), 2. Michael Uzozie 22.83, 3. Matthew Knight 23.60, 4. James Naylor 23.91. 400. A. 1. Adam Islam Medeaux 51.05. B. 1. Nathan Firla 52.40. N/S. 1. Adam Herring 52.87. 800. A. 1. Palo Seema Roca 1.57.94. B. 1. Prince Reid 2.01.79. N/S. 1. Callum Horton 2.10.53. 1500. A. 3. George Shaw 4.20.46. B. 1. Miles Brown 4.21.79. N/S. 1. Alessio Tutt 4.30.87. 3000. A. 1. Rob Donohue 9.45.11. B. 1. Josh Dowling 10.17.72. N/S. 1. George Vacharopoulos 9.32.27, 2. Ben Gardiner 10.47.22. 110H. A. -. B. -. 400H. A. 1. Coleman Corry 59.03. B. 1. Harley Sitwell 60.93. 3000s/ch. A. 1. Alex Gibbins 10.48.17 (**CLUB M45 RECORD**). B. 1. Tim Ayres 13.02.06. HJ. A. 3. Edward Regan 1.55. B. 2. Nathan Firla 1.55. LJ. A. 4. Dylan Carroll 5.71. B. 3. Connor Sutton 5.45. TJ. A. 1. Barnaby Corry 12.42. B. 2. Ralph Baker 11.08. PV. A. 1. Barnaby Corry 4.20. B. 1. Ben Platt 3.90. N/S. 1. Charlie Platt 2.90. SP. A. 1. Dele Aladese 11.41. B. 1. Alex Pope 10.99. DT. A. 1. Dele Aladese

46.52. B. 1. Alex Pope 34.90. JT. A. 1. Angus Harrington 54.98. B. 1. Ben Platt 42.46. HT. A. 2. Alex Pope 38.08. B. 2. Roger Platt 17.13. 4x100. 1. B&B (Zac Nwogwugwu, Michael Damoah, Sam Reardon, Bailey Stickings) 43.01. N/S. 47.02 (Dennis Savage, Connor Sutton, LJ Wright, Matthew Knight). Mixed 4x400. 1. B&B (Amarisa Sibley, Rachel Dickens, Sam Reardon, Bailey Stickings) 3.29.77 (**CLUB AND LEAGUE RECORD**). N/S. 3.42.13 (Chanelle Cole, Pablo Seema Roca, Cameron Kelly Gordon, Adam Islam Medeaux), 3.51.58 (Christopher Barrett, James Naylor, Kelsey Pullin, Kelsi Cornish) **Women**. 100. A. 1. Annie Davies 12.15 (0.0). B. 1. Molly Savage 12.89 (w?). N/S. A. 1. Louisa Vallins 13.69 (-0.2), 2. Emily Algeo 13.90, B. 1. Emily Kerr 12.87 (0.1), 2. Sophie Kerr 13.50, 3. Rachel Ilori 13.71, 5. Charlotte Hosp 15.01. 200. A. 1. Tianna Haynes 25.13 (-0.1). B. 1. Emily Kerr 26.91 (1.3). N/S. 1. Louisa Guthrie 28.07 (1.3), 2. Kelsey Calladine – Smith 29.06. DQ. Grace Bennett. 400. A. 1. Chanelle Cole 58.52. B. 1. Cameron Kelly Gordon 58.89. N/S. 1. Kelsey Pullin 61.25, 2. Leah Everson 61.84. 800. A. 2. Gabriella Martin 2.19.67. B. 2. Jess Keene 2.20.34. N/S. 1. Kelsi Cornish 2.20.52, 2. Megan Slattery 2.20.67, 2. Emily De Backer 2.33.93. 1500. A. 3. Morgan Squibb 4.41.86. B. 2. Hannah Clark 4.58.46. N/S. 1. Olivia Magee Brown 5.00.21, 2. Liberty Whyte 5.03.24, 3. Amy Leach 5.33.63. 3000. A. 1. Carole Coulon 18.09.76 (**CLUB W45 RECORD**). B. 2. Ashley Pearson 20.11.40. N/S. 1. Celeste Kriel 23.07.73. 100H. A. 1. Annie Davies 13.80 (-0.5). B. 1. Holly Platt 18.80 (-0.5). 400H. A. 1. Zoe Austridge 70.13. B. -. 1500s/ch. A. 1. Ailbhe Barnes 5.29.86. B. 1. Amy Leach 6.34.23. HJ. A. 2. Akeiyla Robinson Pascal 1.39. B. 1. Grace Bennett 1.15. LJ. A. 2. Emily Algeo 5.18. B. 1. Molly Savage 4.92. N/S. 1. Rachel Ilori 4.58. TJ. A. 1. Molly Savage 10.60. B. 1. Rachel Ilori 10.22. N/S. 1. Emily Algeo 10.38. PV. A. 1. Liz Hughes 2.90. B. 1. Holly Platt 2.70. SP. A. 1. Hannah MacAulay 11.18. B. 1. Gypsy Nash 7.32. DT. A. 1. Hannah MacAulay 44.39. B. 1. Gypsy Nash 29.13. JT. A. 3. Holly Platt 18.89. B. 2. Zoe Austridge 17.24. HT. A. 1. Abbie Stewart 41.72. B. 1. Gypsy Nash 38.38. 4x100. 1. B&B (Zsariah Thomas, Annie Davies, Tianna Haynes, Molly Savage) 48.06. N/S. 50.81 (Sophie Kerr, Emily Kerr, Rachel Ilori, Zoe Austridge).

Kew Gardens 10km. 359. Peter Hamilton (M70 and representing England) 48.32.

Parkruns. Silksworth. 17. Ian Taylor 23.08. **Bromley**. 1. Angus Harrington 15.33, 13. David Adams 18.47, 19. Gareth Evans 19.02, 38. Steve Evenden 19.47, 41. Thomas Sugden 19.59, 58. Tim Ayres 21.23, 59. Luciana Smith 21.25, 97. Elizabeth Regan 22.56, 106. James Unwin 23.12, 141. Stuart Cullum 24.05, 224. Mike Simms 26.43, 244. Graham Coates 27.19, 271. Bernard Wilson 28.06, 292. Sally Smith 28.47, 434. Paul Byfield 34.23, 499. Roger Vilardell 40.13. **Bexley**. 6. Darren Corneille 21.19, 14. Nick Barber 22.23, 73. Chris Pike 26.09. **Beckenham Place park**. 10. Clayton Aves 20.15, 48. Iain Swatton 24.39, 81. David Beadle 26.19, 120. Zoe Kingsmell 28.37, 127. Andrew Kingsmell 29.03, 131. William Slack 29.23. **Eastleigh**. 104. Lorna Clowes 26.26. **South Norwood**. 5. Ellie Osmond 19.33 (First woman). **Riddlesdown**. 94. Helen Godsell 27.42, 146. Andy Tucker 33.10. **Wormwood Scrubs**. 97. Renee Toft 31.42. **Hoblingwell**. 46. David Appleton 34.17. **Orpington**. 52. Jake Potter 26.09, 127. Karen Desborough 32.31, 155. Mick Keene 36.52. **Tonbridge**. 86. Mark Ellison 23.32. **Keswick**. 68. Andrew Riches 25.27. **Peckham Rye**. 105. John Turner 25.18, 212. Maz Turner 34.43. **Lullingstone**. 8. Austin Adams 23.11. **Worthing**. 296. Neil Ives 30.42. **Exmouth**. 53. Bob Minting 23:05. **Meadowmill**. 6. Steven Pairman 20.58, 47. Julia Pairman 28.31. **Squerrys Winery**. 32. James Morris 25.40. **The Leas, Minster**. 1. Blair Wilson 18.46. **Sutcliffe**. 32. Adrian Perry 21.33, 37. Robert Perry 22.03.

12/9/21

Great North Run, Newcastle. 14. Scott Overall 65.10

Kent Relays, Sutcliffe Park. Senior Men. 4X100. 2. B&B (Michael Uozie, Ralph Baker, Maurizio Corrodus, Oliver Robertson) 44.8. 4x200. 2. B&B (Michael Uozie, Ralph Baker, Oliver Robertson, Adam Islam Medeaux) 1.31.5 (**CLUB SENIOR MEN AND UNDER 20 MEN CLUB RECORD**). **Under 15 Boys**. 4x100. 2. B&B (Reo McCausland, Rayhan Mourtada, Marley Byfield, Andrew Nikoro) 46.2. 4x200. 4. B&B "B" (Harrison Vallins, Reo McCausland, David Ikuesan, James Lawson) 1.42.7. N/S. B&B (Rayhan Mourtada, Alexander Morrell, Laurence Goslin, Andrew Nikoro) 1.37.9 (**CLUB UNDER 15 BOYS RECORD**). Ht1. DQ. (Rayhan Mourtada, Alexander Morrell, Laurence Goslin, Andrew Nikoro). Ht2. 2. B&B "B" (Harrison Vallins, Reo McCausland, David Ikuesan, James Lawson) 1.41.4. 4X300. 1. B&B "A" (James Lawson, Alexander Morrell, Laurence Goslin, Marley Byfield) 2.39.1, 4. B&B "B" (Harrison Vallins, Franco Hillier, Harry Fage, Hendri Verster) 2.53.5. 3X800. 2. B&B "A" (Hendri Verster, Alexander Middleton, Jasper Brooks) 6.52.1, 4. B&B "B" (Harry Fage, Franco Hillier, Henry Newman) 7.17.5. **Under 15 Girls**. 4X100. 5. B&B (Alyssa Firla, Nina Whitter, Lily Anderson, Alexia Moren Rosado) 53.1. Ht2. 2. B&B (Alyssa Firla, Nina Whitter, Lily Anderson, Alexia Moren Rosado) 52.4. 4x200. 3. B&B (Emily Deveney, Erin Simpson, Alexia Moren Rosado, Nina Whitter) 1.54.4. 4x300. 2. B&B "A" (Tallulah Ndikanwu, Megan Barlow, Alyssa Firla, Emily Deveney) 2.58.5, 6. B&B "B" (Molly May Mooney – Clarke, Islay Pearson, Lola Bischoff, Madeleine Marston) 3.21.7. Ht1. 2. B&B "A" (Tallulah Ndikanwu, Megan Barlow, Alyssa Firla, Emily Deveney) 3.02.1, 3. B&B "B" (Molly May Mooney – Clarke, Islay Pearson, Lola Bischoff, Madeleine Marston) 3.16.8. 3x800. 1. B&B "A" (Megan Slattery, Lydia Witcombe, Megan Barlow) 7.19.8, 3. B&B "C" (Amie Gould, Maria Salamanca, Francesa Middleton) 7.45.3. Ht1. 2. B&B "C" (Amie Gould, Maria Salamanca, Francesa

Middleton) 7.52.3, 4. B&B "B" (Isabella Thornton, Isla Spink, Yasmeen Islam Medeaux) 8.08.6. Ht2. 2. B&B "A" (Megan Slattery, Lydia Witcombe, Megan Barlow) 7.46.3. **Under 13 Boys.** 4x100. 2. B&B "A" (Thomas Vallins, Jamie Ellerton, Charlie Platt, Theodore Osobu) 53.4. Ht1. 4. B&B "B" (Troy Ogedengbe, Oscar Sadowski, Heath Griffin, Liam Hough) 62.0. Ht3. 1. B&B "A" (Thomas Vallins, Jamie Ellerton, Charlie Platt, Theodore Osobu) 52.1. 4x200. 1. B&B (Thomas Vallins, Jamie Ellerton, Joseph Scanes, Theodore Osobu) 1.53.3. Ht2. 2. B&B (Thomas Vallins, Jamie Ellerton, Joseph Scanes, Theodore Osobu) 1.55.3, 5. B&B "B" (Benjamin O'Grady, James Shaw, Oscar Sadowski, Alfie Whitelock) 2.07.1. 3x800. 1. B&B "A" (Benjamin O'Grady, Lucas Elmquist, Joseph Scanes) 7.18.6 (**CLUB UNDER 13 BOYS RECORD**), 4. B&B "B" (Alfie Whitelock, James Shaw, Charlie Hay) 8.07.9, 6. B&B "C" (Heath Griffin, Issac Evans, Liam Hough) 8.59.7. **Under 13 Girls.** 4x100. 1. B&B (Heidi Coulson, Emelia Adese, Mariana Caceres, Chizam Boniface) 56.0. Ht1. 1. B&B (Heidi Coulson, Emelia Adese, Mariana Caceres, Chizam Boniface) 55.6. 4x200. 2. B&B (Heidi Coulson, Emelia Adese, Abigail Williams, Chizam Boniface) 2.01.8. Ht2. 1. B&B (Heidi Coulson, Emelia Adese, Abigail Williams, Chizam Boniface) 2.00.3. 3x800. 3. B&B "A" (Beth Regan, Ariana Jenner – Heard, Charlotte Bloodworth) 8.18.4, 5. B&B "B" (Lily Bridgeman, Caitlin Hough, Rowan Pearson) 8.38.1.

Kent Masters Championships, Sutcliffe Park. M50. PV. 1. Roger Platt 3.00.

Brighton Marathon. 635. Paul Kerekgyarto 3.37.30.

Bournemouth Open Meeting. LJ. 1. Harrison Thorne (U20M) 6.69. M50. 1. Martin Thorne 4.76. JT. M50. 700g. 1. Martin Thorne 32.42. U20M. 800g. 1. Harrison Thorne 43.18.

Newham September Track Meeting. 100. 1.1. 6. Korede Awe (U23M) 10.84 (1.0). 2.2. 1. Korede Awe 10.49 (0.9). 200. MX1. 6. Francesca Evered 29.02 (1.7). 400. MX3. 3. James Naylor (U23M) 53.11. MX5. 4. Francesca Evered 63.25. 800. MX2. 3. Pierre Guillaume 2.06.28.

17/9/21

LSU Invitational, Baton Rouge. 1. Katy Ann McDonald 17.57.

Friday Night 5KM Under The Lights, Battersea. 88. Rob Donohue 16.15, 94. Dan Kennedy 16.17.

18/9/21

Will Bolton Memorial Relays, Sparrows Den. Senior Race. 5. B&B "A" (Dan Kennedy 14.38, Ross Braden 14.21, Luca Ercolani 15.13, Tom Brash 13.55) 58.07, 9. B&B U20s (Alessio Tutt 15.35, Miles Brown 14.53, Ted Marston 15.23, Thomas Sugden 15.48) 61.39, 17. B&B "B" (Gareth Evans 15.31, Steve Hough 17.32, Richard Byford 17.20, Chris Tuck 16.42) 67.05, 18. B&B Ladies (Zoe White 16.33, Jess Keene 16.10, Ailbhe Barnes 18.46, Morgan Squibb 16.09) 67.38, 20. B&B U17W "B" (Hannah Clark 16.44, Olivia Magee Brown 17.41, Cameron Kelly Gordon 17.16, Liberty Whyte 17.16) 68.57, 26. B&B WEBS (Steve Evenden 16.46, Nigel Wood 20.49, Simon Harris 16.20, Nick Barber 19.00) 72.55, 27. B&B Mixed "B" (Carole Coulon 16.00, Iain Swatton 20.10, Matthew Maddock 16.59, Luigi Arcuri 20.06) 73.15, 28. B&B Mixed "A" (Steve Pairman 17.30, Adrian Stocks 18.17, Jennie Butler 17.24, Chris Pike 20.31) 73.42, 30. B&B U17W "A" (Isabelle Stoneham 16.57, Amy Leach 17.42, Cara Gould 19.32, Sophie Lee 20.09) 74.20, 32. B&B CRoJJ (Roger Beswick 16.24, John Leeson 20.38, Jason Meers 17.16, Nic Corry 20.21) 74.39, 33. B&B Mixed "C" (Matt Bullen 17.16, Barry Wetherilt 19.22, Sara Elmquist 19.01, Rob Whyte 19.03) 74.42, 35. B&B U17W "C" (Amelie Willars 19.26, Olivia Wouters 19.13, Isabella Louth 18.37, Sofia Plum Maher 20.17) 77.33. DNF. B&B "6" (Josh Dowling 15.04, George Shaw 15.01). **Junior Race.** 4. B&B U15B (Harry Fage 13.27, Jasper Brooks 13.40, Josh Healy 13.22) 40.29, 8. B&B U15G (Megan Slattery 15.47, Maria Salamanca 15.09, Isla Spink 14.49) 43.45, 18. B&B U13G "A" (Sophie Flemming 15.37, Lydia Marston 16.25, Niamh Stanley 16.11) 48.13, 19 B&B U15G "B" (Matilda Shilland 15.45, Kyla Dervish 17.15, Amie Gould 15.38) 48.38, 28. B&B U13G "C" (Isobel Pauling 14.59, Abbie Lee 18.56, Luna Corry 17.53) 51.48. DNF. B&B U15G "C" (Eva Chambers 16.26, Lola Biscoff 21.00), B&B U13B (James Shaw 14.58, Isaac Evans 17.40), B&B U13G "B" (Angeline Mernaka 16.13, Martha Warner 16.37). **Under 11s Race.** 1. Jack Barlow 4.58, 5. Sakia Pinn 5.23.

Self Transcendence 24 Hour Track Race, Battersea. 32. John Turner 148.315km (92.158 miles), 42. David Hoben 109.636km (68.124 miles).

Parkruns. Bromley. 1. Roger Vilardell 17.05, 30. Chris Fishlock 20.40, 43. Nick Barber 21.15, 48. Andy Tucker 21.22, 70. Jessica Sellar 22.15, 237. Paul Byfield 27.33, 269. Bernard Wilson 28.50, 279. Mike Simms 29.10. **Bexley.** 6. Darren Corneille 20.40. **St Albans.** 167. Sally Smith 27.24. **Beckenham Place park.** 65. Rod Harrington 25.10, 91. David Beadle 26.19.

Braunstone. 104. James Perry 24.45. **Crystal Palace.** 160. Andrew Kingsmell 28.50, 163. Zoe Kingsmell 29.05. **Lloyd park, Croydon.** 19. Ifetobi Salako 22.20. **Dulwich.** 130. Lara Tunali-Flynn 22.00, 143. James Morris 22.22. **Orpington.** 17. Austin Adams 21.40, 88. Carys Firth 26.36, 172. Karen Desborough 33.00, 176. Mick Keene 33.48. **Fulham Palace.** 35. Cristina Gilodi-Johnson 21.22. **Exmouth.** 45. Bob Minting 23.02. **Foots Cray Meadows.** 47. George Collins 31.34. **Squerryes Winery.**

2. Ben Cockburn 17.49. **The Leas, Minster.** 1. Blair Wilson 18.32. **Edgbaston Reservoir.** 26. Millie Smith 19.01. **Bower Park.** 46. Roy Watkins 50.32. **Sutcliffe park.** 191. David Appleton 32.06, 204. Anthony Pontifex 33.27.

18-19/9/21

English Schools Multi Events and Race Walking Championships, Bedford. Intermediate Boys. 3000 Walk. 2. Jonathan Ellerton 30.56.39. **Intermediate Girls.** 3000 Walk. 2. Abigail Smith 15.38.30. Heptathlon. 27. Jodi Self* 3713 (200 – 26.95 (-0.5), 800 – 2.50.32, 80H – 11.74, HJ – 1.41, LJ – 4.75, JT – 18.18, SP – 18.51). **Junior Boys.** 5. Pentathlon. Andrew Nikoro 2675 (80H – 11.72 (0.2), HJ 1.71, LJ – 5.72, 800 – 2.40.37, SP – 12.71). **Junior Girls.** Pentathlon. 3. Daisy Snell 3239 (800 – 2.33.56, 75H – 11.64 (1.0), HJ -1.59, LJ – 5.24, SP – 9.90),

Kent Combined Events Championships, Erith. Under 17 Women. Heptathlon. 3. Grace Bennett 2615 (80H – 16.18, HJ – 1.21, SP – 7.50, 200 – 30.44, LJ – 3.84, JT – 14.21, 800 – 2.34.56). **Under 15 Girls. Pentathlon.** 1. Tallulah Ndikanwu 2631 (75H – 13.28, LJ – 4.13, SP – 9.40, HJ 1.39, 800 – 2.24.75), 2. Alyssa Firla 2581 (11.93, 4.46, 8.55, 1.34, 2.38.03). 8. Amber Cockburn 2073 (14.26, 3.78, 6.95, 1.25, 2.32.18), 9. Madeleine Marston 1729 (17.48, 3.68, 6.95, 1.31, 2.46.03).

Kent Under 13 Championships, Erith. Under 13 Boys. 100. 8. Joshua Dako 14.04 (-2.4). Ht1. 4. Joshua Dako 13.82 (-2.2), 5. Troy Ogedengbe 14.19. Ht3. 4 Jonathan Ellerton 13.96 (-1.1). 200. SF2. 4. Troy Ogedengbe 28.46 (-0.1). HT1. 4. Troy Ogedengbe 28.59 (-0.8). 800. 1. Joseph Scanes 2.17.73. 1500. 1. Joseph Scans 4.41.90. 75H. 3. Joshua Dako 12.35 (1.2), 4. Jonathan Ellerton 12.39. Ht1. 2. Jamle Ellerton 12.73 (1.3). Ht2. 2. Joshua Dako 12.92 (0.5). HJ. 1. Joshua Dako 1.48. LJ. 5. Joshua Dako 4.55, 6. Jamie Ellerton 4.44. SP. 6. Charlie Platt 8.44. JT. 1. Charlie Platt 32.48. **Under 13 Girls.** 75. 2. Chizam Boniface 10.10 (-0.4). Ht1. 2. Chizam Boniface 10.03 (0.0). Ht2. 6. Heidi Coulson 11.59 (0.0). Ht3. 6. Lottie Palmer 11.26 (0.2). 150. 2. Chizam Boniface 20.36 (1.8). Ht2. 6. Lottie Palmer 22.69 (-2.0). Ht3. 1. Chizam Boniface 20.71 (-0.3). 800. 2. Luciana Smith 2.21.21, 5. Leah Kyriacou 2.56.04. Ht1. 1. Luciana Smith 2.29.89, 2. Leah Kyriacou 2.30.09, 6. Beth Regan 2.41.55. Ht2. 3. Charlotte Bloodworth 2.32.23, 5. Sophie Tran 2.40.07, 8. Francesca Newman 2.52.33. 1200. 2. Luciana Smith 3.52.80, 5. Charlotte Bloodworth 4.03.56, 9. Leah Kyriacou 4.13.15. 70H. 2. Charlotte Bloodworth 12.68 (-2.3). HJ. 5. Heidi Coulson 1.20. LJ. 3. Heidi Coulson 3.99. NM. Chizam Boniface. SP. 1. Emelia Adese 9.34, 2. Chizam Boniface 6.64. DT. 2. Charlotte Bloodworth 18.94.

Kent Masters Championships, Erith. M60. JT. 1. Steve Langdon 42.10. **M70.** 800. 2. Peter Hamilton 3.20.67. 5000. 1. Peter Hamilton 23.46.46. **W40.** 100. 1. Louisa Vallins 13.46 (0.8) (**CHAMPIONSHIP BEST PERFORMANCE**). 200. 1. Louisa Vallins 28.22 (-2.1). **W45.** 1500. 1. Ashley Pearson 2.35.00. 1500. 1. Ashley Pearson 5.31.01.

19/9/21

Trafford 10km. 1. Phil Sesemann* 29.29 (29.28)

Folkestone Rotary Half Marathon. 7. Ian Scott (M45) 88.38 (88.37), 18. Steve Pairman (M55) 95.56 (95.54).

Great Bristol 10km. 853. Andy Tucker 53.32.

22/9/21

B&B Open Track Meeting. 100. MX1. 1. Charles Nortey (U20M) 11.15 (-0.7), 6. Oliver Robertson (U17M) 11.56, 7. Issah Abdulkarim (U17M) 11.62, 8. Nathan Firla (U17M) 12.14. MX2. 1. Maurizio Corrodus (U20M) 11.67 (-0.5), 5. Rayhan Mourtada (U15B) 12.28, 7. David Ekueson (U15B) 12.63. MX3. 2. Reo McCausland (U15B) 12.24 (-0.1), 5. Alexander Morrell (U15B) 12.44, 6. Christopher Barrett (U17M) 12.51, 7. Chanelle Cole (U20W) 12.78. MX4. 1. Jonah Quartey – Papifo (U15B) 12.69 (-0.1), 5. Alyssa Firla (U15G) 13.29, 6. Brydon Duncan (U17M) 13.68, 8. Eniola Ayeni (U15G) 13.99. MX5. 1. Chizam Boniface (U13G) 13.42 (-0.4), 2. Theo Osobu (U13B) 13.59, 3. Louisa Vallins (W40) 13.64, 4. Sybil Wirrom – Jorrie (U15G) 13.70, 6. Emily Hayden de Carbonnieres (U17W) 13.99. Mx6. 2. Max Jeffrey (U13B) 13.52 (-0.8), 3. Jamie Ellerton (U13B) 14.28, 4. Emilia Adese (U13G) 14.40, 5. Matthew Ellerton (M45) 14.55, 6. Tamar McCarthy (U15G) 15.00, 7. Lottie Palmer (U13G) 15.04. Mx7. 1. Ruben Stober (U15B) 13.33 (-0.5), 3. Mariana Caceres (U13G) 15.32, 4. Anais Hemetsberger 15.41. Mx8. 1. Charlie Platt (U13B) 13.76 (-0.4), 2. Tristan Thomas (U13B) 14.52, 3. Thomas Vallins (U13B) 14.66, 4. Troy Ogedengbe (U13B) 14.70. 200. MX1. 4. Oliver Robertson (U17M) 23.22 (-0.3). Mx2. 1. Maurizio Corrodus (U20M) 23.87 (-0.6), 3. Laurence Goslin (U15B) 24.96, 5. Alexander Morrell (U15B) 25.61. MX3. 1. Harrison Vallins (U15B) 26.74 (-0.2), 2. Nina Whitter (U15G) 26.86, 3. Max Jeffrey (U13B) 27.10, 5. Alyssa Firla (U15G) 27.24, 6. David Ikuesan (U15B) 27.51. MX4. 1. Joseph Scanes (U13B) 26.88 (-0.4), 3. Emily Hayden de Carbonnieres (U17W) 28.43, 4. Theo Osobu (U13B) 28.60, 5. Louisa Vallins (W40) 28.72, 7. Matthew Ellerton (M45) 29.74. MX5. 4. Troy Ogedengbe (U13B) 29.65, 5. Charlotte Bloodworth (U13G) 29.73, 6. Raphaella Lancaster (U20W) 36.80. 400. MX1. 1. Dan Putnam 47.34. MX2. 1. Marley Byfield (U15B) 55.86, 2. Christopher Barrett (U17M) 56.01, 5. Chanelle Cole (U20W) 59.96, 8. Francesca Evered (U20W) 64.46. MX3. 1. Thomas Sugden (U17M) 55.63, 2. Jasper Brooks (U15B) 59.67, 3. Megan Barlow (U15B) 61.81, 5. Liberty Whyte (U17W) 65.68, 7. Lola Bischoff (U15G) 70.82. 800. MX1. 5. Pierre Guillaume 2.07.19, 8. Hendri Verster (U15B) 2.11.47, 9. Alexander Middleton

(U15B) 2.12.42. MX2. 1. Ian Firla (M50) 2.16.82, 3. Cameron Kelly Gordon (U17W) 2.19.55, 5. Megan Barlow (U15G) 2.19.69, 8. Andre Verster (M45) 2.24.21, 9. Hannah Clark (U17W) 2.26.00, 10. Lucy Witcombe (U15G) 2.26.56. MX3. 1. Joshua Healey (U15B) 2.21.33, 2. Liberty Whyte (U17W) 2.25.12, 5. Cara Gould (U17W) 2.29.73, 6. Benjamin O'Grady (U13B) 2.30.37, 8. Jed Starvis (U15B) 2.32.65, 10. Francesca Middleton (U15G) 2.34.91. MX4. 1. Mark Constable (U15B) 2.14.57, 2. Alfie Whitelock (U13B) 2.28.54, 4. Ryan Tran (U15B) 2.29.96, 5. Henry Newman (U15B) 2.31.37, 6. Emily de Backer (U17W) 2.31.92, 7. Amie Gould (U15G) 2.32.92, 9. Kyla Dervish (U15G) 2.37.57, 10. Matilda Shilland (U15G) 2.39.54, 11. Beth Regan (U13G) 2.39.83. MX5. 33. Isla Spink (U15G) 2.39.17, 4. Samuel Barlow (U13B) 2.40.54, 5. Madeleine Marston (U15G) 2.41.50, 8. Sophie Lee (U17W) 2.44.48, 10. Abigail Williams (U13G) 2.46.38, 11. Abbie Lee (U13G) 2.49.11. MX6. 2. Lydia Marston (U13G) 2.45.48, 3. Eva Chambers (U15G) 2.47.86, 4. Tane Chambers (U15B) 2.49.29, 6. Francesca Newman (U13G) 2.52.88, 7. Liam Hough (U13B) 2.53.31, 8. Caitlin Hough (U13G) 2.53.36, 9. Isaac Evans (U13B) 2.55.90. MX7. 6. Joshua Dako (U13B) 2.40.20, 7. Isabella Thornton (U15G) 2.42.25, 8. Sophie Tran (U13G) 2.48.94, 9. Erinna Thornton (U15G) 3.03.79 1500. MX1. 4. Ted Marston (U17M) 4.31.02, 5. Joseph Scanes (U13B) 4.31.82, 6. Harry Fage (U15B) 4.42.94, 8. Olivia Magee Brown (U17W) 5.00.50, 9. Roger Beswick (M55) 5.00.99. MX2. 3. Isabel Pauling (U15G) 5.13.70, 5. Maria Salamanca (U15) 5.28.10, 6. Niamh Stanley (U15G) 5.31.35, 9. Leah Kyriacou (U13G) 5.36.60, 10. Ken Daniel (M70) 5.41.48 (**CLUB M70 RECORD**).

24/9/21

Serpentine Last Friday Of The Month 5k. 74. Adrian Perry 21.26.

25/9/21

SIAB Schools Home International, Derby. Intermediate Boys. 3000 Walk. 4. Jonathan Ellerton 17.00.55. **Intermediate Girls.** 200. 2. Faith Akinbileje 24.37 (0.0). 800. 2. Amarisa Sibley 2.10.62. 3000. 1. Fleur Todd – Warmoth 9.19.77 (**CLUB UNDER 17 WOMEN AND UNDER 20 WOMEN RECORD**). 3000 Walk. 4. Abigail Smith 15.41.27. TJ. 3. Amelia Gray* 11.99. SP. 3K. 2. Cleo Agyepong 14.60. HT. 3K. 3. Gypsy Nash 52.64.

LE Toyota/McNeese State Cowboy Stampede, Lake Charles (LA) USA. 4M. 9. Declan Neary* 19.53.


Parkruns. Roundshaw Downs. 71. Gareth Griffin 27.43. **Bromley.** 2. Thomas Sugden 17.07, 5. Megan Slattery 18.01 (First woman), 7. Morgan Squibb 18.23, 10. Gareth Evans 19.04, 14. Megan Barlow 19.33, 25. Maria Salamanca 20.08, 28. Steven Pairman 20.38, 38. Nick Barber 21.13, 93. Stuart Cullum 23.24, 110. James Unwin 24.04, 143. Mike Simms 25.09, 187. Paul Byfield 26.43, 200. Jamie White 27.08, 205. Julia Pairman 27.20, 206. Jason Meers 27.23, 237. Graham Coates 28.23, 414. Adrian Perry 38.31. **Greenwich.** 8. Darren Corneille 20.13. **Town Moor.** 120. Rod Harrington 24.08, 146. Bertie Harrington 25.07. **Southampton.** 110. Lorna Clowes 22.20. **Beckenham Place park.** 6. Clayton Aves 19.42, 47. Jason Short 23.59, 61. Jane Bradshaw 24.35, 119. Zoe Kingsmell 27.49, 135. Andrew Kingsmell 29.01. **Rickmansworth.** 48. Robert Perry 22.57. **Nonsuch.** 139. Peter Hamilton 23.38. **Cannon Hill, Birmingham.** 15. Millie Smith 19.27 (First Woman). **Riddlesdown.** 60. Helen Godsell 28.10. **Conkers.** 101. Sally Smith 27.33. **Hoblingwell.** 3. David Adams 19.41. **Burgess park.** 105. James Morris 22.19. **Orpington.** 30. Carys Firth 23.18, 121. Karen Desborough 32.56. **Huntingdon.** 176. Mick Keene 30.42. **Pegwell Bay.** 12. Mark Ellison 21.45. 50. Anne Cilia 25.55. **Peckham Rye.** 94. John Turner 24.39, 219. Maz Turner 41.35. **Dartford Heath.** 22. George Collins 25.24. **Exmouth.** 37. Bob Minting 22.46. **Catford.** 71. Barry Wetherilt 27.11. **Squerryes Winery.** 77. David Appleton 33.47, 81. Anthony Pontifex 34.56.

26/9/21

Club 5 Mile Championships, West Wickham. 1. Callum Myatt 30.06 (30.06 h/cap), 2. Gareth Evans 31.07 (29.07), 3. Ian Firla 31.23 (29.53), 4. Ian Scott 31.35 (28.15 2nd), 5. Alex Middleton 33.03 (30.33) (1st Junior man), 6. Roger Beswick 33.11 (29.11), 7. Steve Evenden 33.54 (29.34), 8. Chris Tuck 34.13 (30.43), 9. Alessio Tutt 34.28 (31.48) (2nd Junior Man), 10. Darren Corneille 34.45 (27.45 1st), 11. Steve Pairman 35.21 (29.01), 12. Jennie Butler 35.53 (29.23) (1st woman), 13. Sophie Kelleher 36.41 (29.11) (2nd woman), 14. David Beadle 37.52 (32.22), 15. Adrian Stocks 37.53 (29.03), 16. Andy Tucker 38.37 (28.37 3rd), 17. Steve Hough 39.14 (33.44), 18. Barry Wetherilt 39.46 (29.46), 19. Nic Corry 41.21 (30.21), 20. Chris Pike 41.58 (28.58), 21. John Leeson 43.04 (31.04), 22. Bernard Wilson 51.49 (39.49). **Bennett Cup Handicap after 2 events.** 1. Adrian Stocks 44, 2=. Chris Pike and Barry Wetherilt 43, 4. Steve Pairman 35, 5. Jennie Butler 31, 6=. Darren Corneille and Zoe White 30, 8=. Ian Scott and Jason Meers 29, 10=. Andy Tucker and Gareth Evans 28.

Beckenham Half Marathon. 21. Tim Ayres 95.25 (95.22), 22. Jason Meers 95.30 (95.26).

THE Blackheath Harriers' Gazette

AND
Club  Record.

No. 274.—Vol. XXIII.
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EDITED BY RAMSAY MOIR AND SYD D. TAYLOR,
27, Montague Avenue, Brockley, S.E. 4.

SEPT.—OCT., 1921

For Private Circulation amongst Members of the Club.
Published by the Hon. Sec. of the Blackheath Harriers, F. L. GILBERT, 67, Belmont Hill, Lewisham, S.E. 13.

CROSS COUNTRY.

HEADQUARTERS

Saturdays : The Railway Hotel, West Wickham.

Wednesdays : The Green Man Hotel, Blackheath Hill.

WINTER FIXTURES.

- Oct. 1—Opening Run, Novices' Race (Mile Run-in for Pewter), and Smoking Concert, 7 p.m.
 .. 8—**Invitation Novices' 4 Miles Handicap Race**, and Ordinary Run.
 .. 15—**Johnson Bowl** (Walking Race) and Sealed Handicap.
 .. 22—**Novices' 5 Miles Race**.
 .. 29—**5 Miles Cup** and Sealed Handicap. **Annual General Meeting** at 7 p.m.
 Nov. 5—**Nicholl's Cup Race** v. S.L.H. Smoking Concert.
 .. 12—**Match v. Cambridge University**. 1st Team away. 2nd Team at home.
 .. 17—**Bachman's Concert at Midland Grand Hotel**.
 .. 19—**8 Miles Open Cross Country Handicap**.
 .. 28—**Match v. Oxford University**.
 Dec. 3—**Ordinary Run**, and **Novices' Pewter Race**.
 .. 10—**7 Miles Match—Married v. Single**.
 .. 16—**Dance, at Midland Grand Hotel**.
 .. 17—**7 Miles Open Handicap**.
 .. 24—**No Run**.
 .. 28—**Ordinary Run** (Members of S.L.H., Ranelagh and Orion are cordially invited to be present).
 .. 31—**Ordinary Run and Novices' Pewter Race**.

The usual training runs and Club evenings will take place at the Green Man, Blackheath, on Oct. 5, and throughout the season. Members are reminded to bring their own towels on these occasions, and also on the Saturday fixtures. Extra towels may be hired on Saturdays, as required.

Saturday trains to West Wickham, by S.E. and C.R. : Cannon Street, 12.40; Charing Cross, 12.52; 1.8; 1.52; London Bridge, 1.9* ; 1.16* ; 1.57.

* Through trains. (Immediate connections for the others, change Elmer's End.)

There is also a frequent and fast service on the L.B. and S.C.R. from London Bridge to Norwood

Junction, and a motor-bus service from Portland Road, just outside the station, direct to West Wickham.

A new route, No. 71, motor-bus service, runs every 15 minutes from Lewisham, via Rushey Green, to Elmer's End.

Motor-bus service, No. 49A, runs every 10 minutes between Shepherd's Bush and West Wickham (via Uxbridge Rd., Holland Rd., Hammersmith, High St. Kensington, Gloucester Rd., Battersea Bridge, Northcote Rd., Clapham, Tooting Bec Rd., Streatham Common and Norwood).

SPECIAL NOTICES.

The ANNUAL GENERAL MEETING will be held at Headquarters, "The Station Hotel," West Wickham, on Saturday, 29th October, 1921, at 7 p.m.

AGENDA.

Minutes of last General Meeting. Honorary Secretary's Report. Honorary Treasurer's Report. Honorary Treasurer's Balance Sheet. Election of Officers, 1921-22. General Business.

On behalf of the Committee,

F. L. GILBERT, Hon. Sec.

Please bring this Gazette with you, as Agenda papers will not be printed.

As several very important matters will come under consideration, such as a proposed alteration of Life Subscription, a full attendance of members is particularly requested. Amendments to Rules 3 and 5 will be considered.

OFFICERS, 1920-21.

President—E. J. D. Ratcliff.
 Vice-Presidents—J. H. A. Reay, C. G. Wood, H. J. Barclay, T. Crafter, W. Rowland, R. B. Baldry, F. C. Walter, J. F. Ponsford, H. A. Munro, M.A., M.D., H. D. Thomas, H. W. G. Haslegrave, E. F. Nicholls, J. Metcalf, W. W. Davis, J. E. Fowler-Dixon, Major Sir E. F. Coates, Bart., M.P., C. A. Morgan, E. H. Godbold, H. G. Johnson, A. Metcalf, H. F. Pugh, J. Rampley, H. R. Hopper.
 Hon. Secretary—F. L. Gilbert. Asst. Hon. Secs.—C. A. Peachey, R. W. Pattison.
 Hon. Treasurer—A. R. Pearson.
 Cross Country Captain—A. C. Edwards.
 Vice-Captain—C. A. Peachey.
 Summer Captain—R. A. Lindsay.
 Hon. Handicapper for Winter Events—H. W. E. Sercombe.
 Hon. Handicapper for Summer Events—H. J. Dyball.
 Hon. Editor—W. K. Moir. Hon. Sub-Editor—S. D. Taylor.
 Committee—S. H. Clayton, T. C. Davis, R. W. Davis, F. H. Gladwin, A. E. Colver, H. K. Grant, T. W. B. Purchase, R. R. Roseveare, H. B. S. Rhodes.

Members are requested to note that the financial year of the Club terminates on Sept. 30, and all outstanding subscriptions and donations to the GAZETTE Fund should be forwarded to the Hon. Treasurer before that date.

War Memorial Fund.—It is the earnest desire of the Committee that the R.H. War Memorial should be proceeded with as early as possible. As previously stated the cost is estimated at about £40, and in order to expedite matters, the prompt and generous support of all members is particularly solicited. Donations

Oddments.

"HEATHEN hopes for another Club victory ran high when our Summer Captain, R. A. Lindsay, was selected to represent England against France in the International, held in Paris, on Sept. 11, but this time we were doomed to disappointment, as Lindsay's lapse from hitherto consistent form throughout the season resulted in his being only able to secure third place in the 400 Metres. The following extracts from his letter to the Editor on the subject speak for themselves, and we commiserate with Lindsay on his hard luck:

"Crossing the Channel I had a nasty attack of *mal de mer*, followed by a bilious headache. In less than 24 hours we were on the track, and I was still feeling very groggy. We commenced the programme by an exhibition trot round, and at the end of this canter I felt sure I couldn't race 400 metres. Personally, I would rather have withdrawn, but the officials were so persistent that I turned out. Realising my weakness, I took outside position, Griffiths and Cushing moving down respectively into first and second string. At the start I straight-way fell to the rear, and at half distance was fully 15 yards behind the leaders. I felt very inclined to "chuck up the sponge," when I thought, "Dash it—I'll beat the last Frenchman!" To my surprise I felt myself travelling well and passing my field and in the last 100 yards I was gaining on the leaders, Fery and Griffiths, who were running neck and neck, to within 2 yards."

RESULT:—Fery, France, 50 sec., 1; C. R. Griffiths, England, 2; R. A. Lindsay, England, 3.

Fery thus "turned the tables" on Lindsay, who had previously beaten him in the 440 Yards A.A.A. Championship in July last.

"To encourage member to turn out in Club matches, even where, owing to the conditions of scoring, they have no chance of helping their Team, it has been decided to have a Points Handicap... The winner of each Points Handicap will receive 25 points, and so on, down to the 25th man, who will receive one point. Should there be more than 25, the remainder will each receive one point. The scores will be carried on throughout the season and prizes presented on the last Saturday".

75 years ago in September 1946.

Past Events

September 28, 1946.

OPENING RUN AT HAYES.

ENCOURAGED by such a glorious warm afternoon with brilliant sunshine, close on 100 members gathered at Hayes to give an enthusiastic send-off to our 78th Winter Season.

Not for many years have we seen so impressive an attendance of 'Heathens young and old, although large numbers were by no means rare in days of yore and will (we hope) continue until in time they become a commonplace. This reunion was ample proof of the Club's enduring vitality and promises well for its future.

The arrival of Tingey on his new cycle was an event in itself and he was the centre of attraction for a while, as was P.-P. Trevor Davis, who, with admirable promptitude, sought out the Hon. Treasurer and paid over his 60th annual Subscription. We were likewise delighted to have Sydney Wooderson with us. He made a somewhat brief appearance to attend the Special General Meeting and left soon after. Also we noted with pleasure Dr. Munro, Rex Cross and John Lymbery and his wife.

Four packs: Fast (Choat), fast-medium (Wilkinson), slow-medium (Cockburn), and slow (Hefford) went out over the five miles trial. In spite of the warmth, there was the usual tendency among the younger and more energetic to attempt to force the pace at the expense of the less fit. After a few salutary warnings, however, leaders had little difficulty in keeping their somewhat unwieldy packs within bounds. This tendency will diminish as the packs "sort themselves out" and should disappear as the season progresses and members become racing-fit.

So great were our numbers at tea-time that it cannot have been easy for "Nobby" Clarke and his assistants to cope with them all. Not a few who stayed on had to be content with a liquid supper, for it was not found possible to cater for any but a limited number. However, this was dispensed, with their usual competence, by Herbert Grant and Freddie Horn, and all was well.

Darts and a brief piano interlude from Reed brought the evening to a satisfactory close.

Pictures didn't often appear in the Gazette in the 40s so we should be grateful for these. It's a shame, however, there weren't any of Douglas Tingey's new cycle as we can't verify if this was the same one he was using this Century.



OPENING RUN AT HAYES

Sept. 28, 1946

Photographs by R. F. CROSS



THE Blackheath Harriers' Gazette

AND

Club



Record

"Perfer et Obdura"

THE AUTUMN ROAD RELAYS

Saturday, 18th September, 1971

BLACKHEATH HARRIERS ROAD RELAY AT HAYES

It seems impossible that a decade has elapsed since our first effort at staging this annual road relay. Not only does the race continue to enjoy the support of a large number of clubs, but it also brings together a considerable number of our own members. Once again we were very fortunate to have a superb day: sunny, warm and windless. John Baldwin must be congratulated on both organising and competing in this year's race — perhaps this may provoke some of those who are no longer competing into supporting the Club more on the administration of these events.

The race started promptly with 37 teams lining up on the first stage; the only notable absentees were Hercules/Wimbledon, engaged in a National League qualifying competition at Crystal Palace.

Stage 1—Brien of Belgrave just pipped former National and International Cross-Country Champion Mel Batty of Thurrock by two seconds, with Chapman of Medway not far behind. Blackheath, leading off with Chris Haines, were well in contention in 5th place.

Stage 2—The evergreen Ken Harland of Cambridge, running 3rd fastest time of the day, brought his team from 10th to 2nd place, only two seconds down on the new leaders Medway. Peter Horwood, running the fastest B.H. time of the day, moved the Club into 4th position.

Stage 3—Keith Penny, equalling Harland's time, took Cambridge into a substantial lead of 62 secs. Chris Woodcock ran steadily, keeping Blackheath in 4th place.

Stage 4—Barry Watson took Cambridge even further into the lead, now 1 min. 36 secs. ahead of Belgrave. Bob Hawtin showed good form, moving into third spot only 27 seconds down on Belgrave.

Stage 5—Richard Newble of Medway had a superb run on this stage to record the fastest of the day, 14.00, and move his club into 2nd place. Cambridge were still 1 min. 24 secs. clear in front, and Blackheath still third in the person of Joe Clare, using this three miles as a sharpener for the following week's London-Brighton race (52 miles)!

Stage 6—With Graham Taylor anchoring their team Cambridge moved even further away to win by 2 min. 41 secs., but there was still some

excitement saved for the last lap to sort out the next few places. Belgrave finished very strongly by moving from 4th to 2nd, while Medway dropped from 2nd to 4th and John Baldwin kept the Club in 3rd place.

Cambridge Harriers also took the first 'B' team prize, finishing 11th, two places ahead of our own 'B' team. 27 teams finished the race, which compares favourably with previous years.

TEAM RESULT—1. Cambridge H. 'A', 87.33; 2. Belgrave H. 'A' 90.14; 3. Blackheath H. 'A', 90.27; 13. Blackheath 'B', 96.56; 19. Blackheath 'C' 105.49; 25. Blackheath 'D', 113.26.

Fastest Laps—1. R. Newble (Med.), 14.00; 2. R. Gevers (S.L.H.), 14.14; 3. K. Penny (Cam.), and K. Harland (Cam.), 14.18.

Club performances (team position in parenthesis)—'A' team, C. Haines (5), 14.08; P. Horwood (4), 14.54; C. Woodcock (4), 15.24; R. Hawtin (3), 14.57; J. Clare (3), 15.03; J. Baldwin (3), 15.01.

'B' team—G. Botley (13), 15.37; M. Goodwin (14), 16.09; M. Athawes (14), 15.48; A. Davis (14), 16.16; E. Pepper (9), 16.02; P. Shephard (13), 17.04.

'C' team—R. Coles (24), 16.36; R. Ebbutt (26), 18.31; L. Fletcher (23), 16.54; B. Reynolds (25), 19.26; W. Hill (21), 17.04; S. Knowles (19), 17.18.

'D' team—D. Fletcher (23), 16.24; R. Hill (37), 23.48; M. Weller (30), 16.55; W. Wade (29), 16.41; M. Kay (29), 18.49; C. Batch (25), 20.49.

'E' team—R. Pinder (32), 18.58; F. Dudman (33), 20.35; G. Mephram (36), 20.22; R. Mitchell (31), 17.42 — team did not close in.

Dartford Relay: 11th September

TEAM—1. Medway A.C., 57.31; 6. Blackheath H., 61.25.

Walton Relay: 2nd October

TEAM—1. Hercules-Wimbledon, 92.31; 5. Blackheath H. 'A', 95.41 (J. Clare, 15.40; P. Horwood, 15.41; R. Richardson, 16.24; R. Hawtin, 16.02; C. Haines, 16.02; I. Wilson, 15.52); 17. Blackheath 'B', 102.38.

Reigate Priory Relay: 6th November

TEAM—1. Reading A.C., 78.12; 5. Blackheath H. 'A', 81.05; 12. Blackheath 'B', 85.52.

'A' team—P. Horwood (20), 13.57; B. O'Gorman (12), 13.16; R. Richardson (8), 13.24; J. Clare (6), 13.28; C. Haines (5), 13.39; I. Wilson (5), 13.21.

'B' team—R. Hawtin (15), 13.43; A. Davis (21), 14.50; C. Woodcock (19), 14.00; W. Wade (15), 14.05; R. Barker (13), 14.32; P. Shephard (12), 14.42.

Youth Race—1. Mitcham A.C., 22; 8. Blackheath H., 73 (10th R. Coles, 14.15; 17th S. Knowles, 14.27).

25 ago in September 1996.

Blackheath Harriers win the McDonalds National Young Athletes League Final at Birmingham for the eight successive year. They finish over 100 points clear of runners up Liverpool Harriers. Alloy Wilson wins the Man Of The Match for his 48.71 victory in the under 17 mens 400 metres. Other winners include Michael Skinner in the Under 17 mens 1500. Blackheath's veterans win the Southern Counties Vets AC Final at Colindale. They finish five points ahead of runners up Ilford.

Call-up papers were despatched and countless telephone calls made to ensure that we would field our strongest possible team final. Several people had been nursing injuries throughout the Summer, but the call was answered by one and all and it was with an air of expectancy that we converged on Colindale Stadium on Sunday 1st September.

It was lovely and sunny and the balance of power swung back and forth throughout the day. Epsom and Ewell had the edge in the field while our undoubted strength in the middle distance and walks kept the match very finely balanced, although our team captain's quick calculations put us in a winning position with the 2 relays to come. The announcer managed to douse much of team's exuberance and cast doubt on our captain's mental dexterity when the true and precarious points position was revealed. 1st Ilford 410, 2nd BH 409 3rd Epsom and Ewell 406. We couldn't believe it.

Epsom would win the shorter relay convincingly and the best we could hope for was 2nd. After the short relay the result was even more finely balanced. So now the responsibility lay with our lads in the Medley Relay - Colin Monks - 200m, Dennis Wallington - 200m, Graham Coates - 400m and Bob Minting - 800m.

Dennis and Colin tore through their legs handing on a lead to Graham who blasted round his 400m leg. With such a generous lead Bob Minting was never in danger of being caught by Andy Catton of Ilford and he brought us home clear winners in a new club record of 3:52.6. After 10 minutes of nerve tingling delay the final result was announced. 3rd Epsom 410 pts, 2nd Ilford 420 pts and 1st BH 425 pts.

The trophy had been regained by the narrowest of margins.



The record-breaking M45 4x400m quartet; Doug Coker, Dennis Wallington, Bob Minting, Graham Coates.

Photo: Richard Coe

At the Kent Relays a Blackheath team of Bob Minting, Doug Coker, Graham Coates and Dennis Wallington set a British M45 record of 3.39.2 in the 4x400

Bill Foster finishes 14th in the Great North Run in a time of 65.41.

Mark Steinle finishes second in the Hamburg Half Marathon a race which incorporates an under 23 International. Mark times 64.31 and is the first under 23 to finish.

Dave Taylor wins the Buffalo Chips 10 Mile road race in Sacramento, California in a time of 48.40.

Roy Smith is second in the Maidstone Half Marathon in 71.01.

At the Southern Road Relays at Aldershot the senior mens team of Dave Heath, Phil Hogston, Spencer Newport, Mark Steinle, Bill Foster and Dave Lee finish second to Chelmsford. The under 17s team of John Baker, Michael Skinner, David Farnham and Steve Holmes are also runners up to Aldershot, Farnham & District. The under 15s team of Abdi Madar, Imram Hamblin, Daniel Moore and Matt Hill win by nearly half a minute.

Bromley Ladies finish in third place in the Jubilee Plate Final at Copthall, and, despite fielding only six athletes, they are just six points off winning. There are individual wins for Debbie Marti (High and long jumps), Liz Gibbens (triple jump), Myrtle Augee (shot) and Julie Stacey (1500). Lisa Thompson and Bianca Liston are the other two members of the team. At the Kent Womens League match which takes place the same day, Liz Hughes equals the League pole vault record with a clearance of 3.00 metres.