



# Blackheath & Bromley Courier

May 2019.

President 2019-20. Julian Golding.

Editor. Pat Calnan ([p.calnan@btinternet.com](mailto:p.calnan@btinternet.com))



Alex Gibbins is Club Marathon champion in 2019, just as he was in 2009. Go back another 15 years and he was part of the Blackheath squad who won the National Junior Athletic League in 1994. Young athlete to seniors to masters, just one of the reasons why we are celebrating 150 years of existence.

## Club 150 Celebrations

**Club 150 Leaderboard** – Full details and latest standing are on the Club website. “A year long running challenge to get all members to run an officially timed mile”.

**150 Year Celebration meeting**, Norman Park. Wednesday 17<sup>th</sup> July.

**150 Anniversary Dinner** at the House Of Commons, Thursday 7<sup>th</sup> November 2019. To reserve your place contact Chris Haines. Again full details are on the Club website.

## Forthcoming Club events

May.

**Weds 1 Hayes, London Marathon Supper**

**Fri 3 Sutcliffe Park, Kent Masters League**

**Sun 5 Reading UK Youth Development League U17/20**

**Mon 6 Norman Park, Ted Pepper 10km**

**Sat 11 – Sun 12 Ashford, Kent Championships**

**Sun 12 Swansea, British Athletics League**

**Mon 13 Dartford, Kent Masters League**

**Sat 18 Sutton Park, BMAF Road Relays**

**Sat 18 Hornchurch, UK Youth Development League U13/15**

**Sun 19 Chelmsford, Southern Athletics League (M&W)**

**Weds 22 Hayes, Parris Handicap**

**Sun 26 Crawley UK Youth Development League U17/20**

**Weds 29 Club 3000m championships**

**Weds 29 Club 3000m walk championships**

**Fri 31 Tonbridge Kent Masters League**

## June

**Sat 1 – Sun 2. Bedford. SEAA Senior and Under 20 champs**

**Sun 2 Tonbridge. Kent Young Athletes League**

**Mon 3 Norman Park. Club Champs and Open Meeting**

**Sat 8 Ashford, Kent Schools**

**Sun 9 Allianz Stadium (Cophthall in old money), British Athletics League**

**Sun 9 Leigh, UK Womens League**

**Mon 10 Medway Park, Kent Masters League**

**Weds 12 Norman Park, Club 10,000m championships.**

**Sat 15 Harrow, Southern Athletics League**

**Sun 16 Horwich, BMAF 5km and 5km walk road championships**

**Sun 16 Lee Valley, South Of England Masters T&F Championships**

**Mon 17 Norman Park, Club Champs & Open Meeting**

**Weds 19 Hayes, Parris Handicap**

**Sat 22 – Sun 23 Bedford EA U20/U23 Championships.**

**Sun 23 Reading, Youth Development League U13/U15.**

**Weds 26 Dartford, KCAA M10km/W3km Champs**

**Sat 29 – Sun 30 Hull, BMAF Combined Events**

**Sun 30 Allianz Stadium, UK Youth Development League**

## Social

**22<sup>nd</sup> May. BBQ** after Parris Handicap

**10<sup>th</sup> June. Fundraising Evening.** Talk by Dick Griffin, former Protection officer to the Queen. Tickets £5 from Claire Austridge.

**19<sup>th</sup> June. BBQ** after Parris Handicap.

## Results for April 2019

**3/4/19**

**“Battle of the North” (Manchester Met v Leeds Beckett).** 1000. 1. Alex Botterill 2.28.44, 2. James Habbergham 2.32.87. Mile. 1. Josh Schofield 4.20.55. Shot. 3. James Habbergham 6.70.

**City Of Norwich Pre Season Open.** Discus. Gemma Vickery 23.30. Hammer. Gemma Vickery 50.95.

**Watford Open Meeting.** 3000 mx1. 16. Hannah Clark 10.29.96, 23. Ellie Osmond 11.12.76

**6/4/19**

**ERRA 12 stage road relays, Sutton Coldfield.** 1. Leeds City 4.12.21 inc Leg 7. Phil Sesemann 26.02, Leg 11. Graham Rush 25.52, both 2<sup>nd</sup> claim.

**Battle Of The Bayou, Baton Rouge LA, USA.** 400. 5. Katy Ann McDonald 56.25.

**Sam Howell Invitational, Princeton NJ, USA.** 100H. R3. 1. Isabella Hilditch 13.83 (-0.3). Triple Jump. 1. Kerri Davidson 12.20 (0.0)

**Lee Valley Open.** Men. 100. R9. 6. Christopher Swinfen (U20) 12.66w (3.8). R10. 7. Benjamin Platt (U15) 12.88w (3.6). R14. 1. Reece Nelson (U17) 11.75w (3.5). 200. R5. Reece Nelson 23.01w (4.1). 400. R4. 4. Christopher Swinfen 57.89. 800. R1. 9. Matthew Francis 2.06.61. 400 Hurdles. R1. 1. Bailey Stickings 53.68. Javelin. Seniors. 5. Pedro Gleadall 43.17. Under 15s. 3. Ben Platt 40.25. Under 13s. Max Kennedy 24.71. Women. 100. R1. 1. Amber Anning (U20) 11.71w (3.8). R3. 7. Olivia Knight (U20) 13.66w (3.1). R9. 3. Tallulah Ndikanwu (U13) 14.74w (3.6). 800. R1. 7. Faith Mpassy (U15) 2.26.87. R2. 4. Tallulah Ndikanwu 2.37.62. 100 hurdles. U20. R1. 4. Mallory Cluley 14.24w (2.5). R2. 2. Zoe Austridge 15.60w (3.8). 300 hurdles. U17. R2. Kelsey Pullin 47.41. R3. Ella Brown 49.56. 400 hurdles. R3. 3. Holly Platt (U20) 74.26. High Jump. Mx 2. 6. Faith Mpassy (U15) 1.35. Pole Vault. Mx. 8. Jenny Sheasby 2.35. Long Jump. 12. Holly Platt (U20) 4.30.

**Parkruns. Bromley.** 2 Blair Wilson 17.37, 4 Ifetobi Salako 18.05, 5 William Foxhall 18.09, 9 Roger Beswick 18.31, 11 Gareth Evans 18.46, 19 Stuart Cullum 19.15, 23 Ellie Osmond 19.19 (1st woman), 25 Thomas Sugden 19.22, 45 Danielle Critchley

20.13, 49 Steven Pairman 20.19, 50 Damian Hayes 20.20, 74 Megan Slattery 21.03, 111 Andy Tucker 22.02, 146 Iain Swatton 22.46, 160 Austin Adams 22.59, 172 Paul Kerekgyarto 23.14, 252 Ian Montgomery 24.55, 273 Sally Smith 25.26, 379 Jackie Montgomery 27.42, 407 Tom Leeson 28.03, 408 John Leeson 28.06, 426 Bernard Wilson 28.25, 522 Graham Smith 30.23. **Bexley.** 113 Chris Pike 25.47, 344 George Collins 32.40. **Greenwich.** 2 Ritchie Leccia 18.18. **Southampton.** 12 Jon Pairman 18.38. **Beckenham Place park.** 11 David Beadle 20.24, 12 Nigel Haffenden 20.34, 24 Sally Haffenden 21.56, 25 Rod Harrington 22.00, 111 Millie Haffenden 28.05. **Crystal Palace.** 4 Alex Loftus 19.36, 288 Luke Brett 32.56. **South Norwood.** 3 Marco Arcuri 17.57, 24 Ian Taylor 22.44, 90 Andrew Kingsmell 32.09, 92 Zoe Kingsmell 32.13. **Dulwich.** 158 James Morris 23.47. **Orpington.** 43 Gareth Griffin 25.27, 76 Mick Keene 27.57, 132 Karen Desborough 34.02. **Homewood.** 12 Zoe Wood 23.41 (1st woman). **Tonbridge.** 91 Mark Ellison 22.57. **Rising Sun park.** 66 Peter Hamilton 23.45. **Parke.** 2 Robert Perry 19.34, 97 Adrian Perry 41.39. **Peckham Rye.** 105 Peter Rogers 24.42. **Daventry.** 1 Joshua Schofield 15.26. **Malling.** 3 Steve Hough 19.29. **Exmouth.** 42 Bob Minting 22.55. **Clapham Common.** 204 James Cunningham 22.54. **Felixstowe.** 2 Steve Cooper 17.47, 368 Caroline Wootton 38.54. **Catford.** 23 Andrew Lawes 21.32, 86 Barry Wetherilt 26.14. **Alstervorland.** 48 James Perry 39.27

**7/4/19**

**150 Leaderboard Mile Challenge.** 1. Sam Reardon 4.53.8, 2. Tom Desborough 5.18.0, 3. Tim Sowter 5.40.7,(Guest), 4. Megan Barlow 5.45.2, 5. Maria Salamanca 5.53.5, 6. Heath Griffin 5.54.3, 7. Rob Brown 6.05.9, 8. Ken Daniel 6.10.4, 9. Stuart Cullum 6.11.3, 10. Adrian Stocks 6.12.0, 11. Tim Soutar 6.16.3, 12. Matthew Sowter 6.18.0, 13. Andrew Lawes 6.19.5, 14. Andy Tucker 6.25.8, 15. John Leeson 6.40.0, 16. Isla Griffin 6.44.7, 17. Lily Bridgeman 6.50.2, 18. John E Turner 6.56.0, 19. Julian Golding 7.08.9, 20. Tom Leeson 7.09.9, 21. Helen Godsell 7.35.8, 22. Sally Smith 7.49.2, 23. Dick Griffin 7:53.1, 24. Justin Golding 8.15.1, 25. Abigail Smith 8.25.2 (race walked), 26. David Carton 8.29.5, 27. Samantha Golding 8.37.7, 28. Maz Turner 9.29.4, 29. Karen Desborough 9.52.4, 30. Mark Desborough 10.37.9, 31. Shaun Lightman 10.47.1 (race walked), 32. Chris Haines 12.30.2, 33. Rita White 15.58.6, 34. Sheila Griffin 16.50.9, 35. David White 16.50.9,

**Havering Spring Warm Up Meeting.** 800. R5. 1. Ellie Dolby (U17W) 2.22.95. 80H. 4. Jonathan Ellerton 17.59. 300 Hurdles. 1. Coleman Corry (U20) 40.53. Pole Vault. Mx 1. Barnaby Corry (U17M) 3.91, 4. Holly Platt (U20W) 2.60. Shot U13B. 2. Max Kennedy 6.35. Javelin. U13B. 3. Max Kennedy 28.86. Triple Jump. 1. Funminiyi Olajide (Thurrock – 2<sup>nd</sup> claim) 11.11.

**Asics Greater Manchester Marathon.** 996. Carole Penlington 3.07.37 (3.03.23 chip), 3271. Jane Bradshaw 3.44.47 (3.29.12) **Hercules Wimbledon Young Athletes Open Meeting, Wimbledon.** 100. R7. 3. Daniel Jenkins (U13) 15.05 (0.0). R9. 2. Rayhan Mourtada (U13) 13.82 (0.4). 200. R3. Ryen Rennie (U13) 29.36 (0.2). R6. 5. David Jenkins 31.20 (0.6). R8. 2. Rayhan Mourtada 27.76. R9. 3. Rianna Rennie (U15G) 27.89. 800. R3. 1. Ted Marston (U13B) 2.35.70, 6. Madeleine Marston (U13G) 2.50.02. R5. 6. Sylvie Plaskow (U15G) 2.29.75. 1500. R2. 4. Emily Deveney (U13) 5.18.49. R3. 8 Hannah Clark (U15G) 5.02.17. Shot. 3. Rianna Rennie (U15G) 10.31, 4. Titibioluwa Akinrele (U17W) 9.32. Discus. 1. Titibioluwa Akinrele 26.90, Maya Fernandes (U15G) 21.33.

**Paddock Wood Half Marathon.** 46. Alex Gibbins 75.11, 89. Fintan Parkinson 80.09, 243. Paul Kerekgyarto 89.02, 249. Steve Pairman 89.28, 265. Tony Crowder 90.07, 266. Tim Ayres 90.07, 432. Richard Byford 97.21, 700. Tracey Ashenden 1.45.21, 881. Angela Powell 1.50.08, 1053. Dave Leal 1.55.40, 1056. Austin Adams 1.55.46.

**Crawley Open Meeting.** 75m. U13G. R1. 3. Layla Akinfolarin 11.90. 150m. U13G. R1. 5. Layla Akinfolarin 24.36. 3000 mx. 2. Jessica Neal 10.43.35.

**Windsor Slough Eton & Hounslow Spring Open.** Javelin. 5. Holly Mills 25.56.

**10/4/19**

**Parris Handicap, Hayes.** 1. John Leeson 27.42 Clock time (23.42 net time), 2. James Unwin 27.52 (21.37), 3. Heath Griffin 28.10 (20.25), 4. Dave Beadle 28.11 (20.26), 5. Damien Hayes 28.42 (20.57), 6. Joshua Leeson 29.00 26.15, 7. Rob Brown 29.01 (21.16), 8. Marco Arcuri 29.02 (16.47), 9. Steve Evenden 29.07 (19.37), 10. Tom Leeson 29.14 (26.29), 11. Tim Ayres 29.33 (19:33), 12. Andy Lawes 29.43 (21.13), 13. Stuart Cullum 29.53 (20.38), 14. Clayton Aves 30.03 19.48, 15. Graham Coates 30.34 (26:19), 16. Paul Sharpe 30.38 (18.23), 17. Bernie Bater 30.41 (24.11), 18. Chris Pike 30.44 (23.29), 19. Dave Leal 31.03 (25.18), 20. Iain Swatton 31.08 (23.23), 21. Mark Compton 31.10 (24.40), 22. George Collins 33.01 (24.46).

**City Of London/Highgate Harriers Early Season Open Meeting, Parliament Hill.** 5000. R2. 12. Danny Brewer 16.23.46.

**11/4/19**

**Worcester Open Meeting.** High Jump. 2. Danielle Hopkins (Worcester – 2<sup>nd</sup> claim) 1.65.

**13/4/19**

**Grenada Invitational, St Georges, GRN.** 100. 1. Adam Gemili 10.11 (0.4)

**Northeast Challenge, Storrs CT USA.** Shot. 2. Divine Oladipo 16.30

**Triton Invitational, La Jolla, CA, USA.** Men. Hammer. 1. Joe Ellis 70.59. 100. RB. 1. Immanuela Aliu 11.68 (2.0). 200. RB. 1. Immanuela Aliu 24.13 (0.3)

**Hurricane Alumni Invitational, Coral Gables FL, USA.** Men. Triple Jump. 7. Stefan Amokwandoh 14.98 (0.8). Women. 800. 3. Katy Ann McDonald 2.07.97. 110H. Isabella Hilditch DNF. Triple Jump. 4. Kerri Davidson 12.47w (2.8).

**Southern Athletics League, Gillingham.** Men. 100. (-1.2) A. 1. Korede Awe 10.91. B. 1. Matthew Knight 11.10. N/S. George Pope 11.72. 200. A. 1. Dan Putnam 21.80. B. 1. Matthew Knight 22.08. N/S. Reece Nelson 23.39, Jordan Layne 24.33. 400. A. 1. Dan Putnam 48.08. B. 1. Jordan Layne 50.76. N/S Adam Herring 52.20. 800. A. 1. Ben Gardiner 1.57.11. B. 1. Prince Reid 2.02.59. 1500. A. 1. Lewis Mills 4.15.30. B. 1. Joseph Georgiadis 4.18.83. N/S. Prince Reid 4.31.97. 5000. A. 2. Ben Cockburn 16.11.59. B. 1. Ben Gardiner 16.26.90. 110H A. -. B. -. 400H. A. 1. Bailey Stickings 53.99. B. 1. Alex O Callaghan Brown 55.42. 2000s/c. A. 2. Henry Fisher 6.38.06. B. -. HJ. A. 3. Reece Nelson 1.65. B. 3=. Tim Ayres 1.00. LJ. A. 4. Reece Nelson 4.60. B. 4. Tim Ayres 3.71. TJ. A. 4. Tim Ayres 8.53. B. -. PV. A. 1. Ethan Kitteridge 3.30. B. 3. Tim Ayres 1.90. Shot. A. 4. Tim Ayres 7.27. B. -. Discus. A. 1. Dele Aladese 44.99. B. 4. Charlie Short 21.70. Javelin. A. 4. Charlie Short 26.43. B. 3. Tim Ayres 25.79. Hammer. A. 1. Charlie Short 36.78. B. 3. Tim Ayres 17.44. 4x100. 1. B&B 42.55. Korede Awe, Chizute Ogbedeh, Matthew Knight, Dan Putnam. 4x400. 1. B&B 3.20.83 Dan Putnam, Matt Knight, Oliver Briars, Jordan Layne. N/S B&B B. 3.31.30. Adam Herring, Alex O Callaghan Brown, Reece Nelson, Prince Reid. Women. 100. (-1.3) A. 3. Anastasia Davies 12.45. B. 1. Zsiriah Thomas 12.58. N/S. Molly Savage 13.19, Laura Brown 13.31, Grace Fullerton 13.61. 200. A. 2. Zsiriah Thomas 26.18. B. 1. Shakanya Osahon 26.83. N/S. Grace Scopes 26.61, Laura Brown 28.07. 400. A. 1. Krystal Galley 56.34. B. 1. Danielle Critchley 60.84. 800. A. 2. Danielle Critchley 2.20.61. B. 1. Jessica Neal 2.21.38. 1500. A. 1. Ellie Dolby 4.58.94. B. 1. Bethany Panton 5.21.24. 3000. A. 2. Ailhbe Barnes 10.57.37. B. 2. Amy Leach 11.12.51. 100H (-2.6). A. 1. Anastasia Davies 13.99. B. 1. Zoe Austridge 16.21. 400H. A. 3. Grace Scopes 68.14. B. 2. Holly Platt 74.41. 2000s/c. A. 1. Millie Smith 7.30.40. B. 1. Donelle Yapp 10.15.46. HJ. A. 3. Alice Prentice 1.45. B. 2. Holly Platt 1.40. LJ. A.3. Zoe Martial 4.98. B. 1. Eva Stephanou 4.47. TJ. A. 1. Molly Savage 9.71. B. 1. Holly Platt 9.12. PV. A. 1. Jenny Sheasby 2.60. B. -. SP. A. 1. Shaunagh Brown 13.89. B. -. DT. A. 1. Shaunagh Brown 43.84. B. 2. Eloise Locke 24.31. JT. A. 1. Eloise Locke 37.64. B. 1. Ruth Chappell 26.47. HT. A. 1. Shaunagh Brown 51.55. B. -. 4X100. 1. B&B. 49.59 Zsiriah Thomas, Anastasia Davies, Ruby Bridger, Molly Savage. 4x400. 1. B&B. 3.40.54 (League record) Dina Asher Smith, Shannon Hylton, Holly Mpassy, Krystal Galley. Match Result. 1. B&B 230.5, 2. Medway & Maidstone 203, 3. Crawley 167.5, 4. Southampton 148.

**Southern Athletics League, Tooting.** 400. A. 2. Richard Morris (SLH – 2<sup>nd</sup> claim) 52.91. 110H. A. 1. Richard Morris 18.6. 400H. A. 1. Richard Morris 56.87.

**Southern Athletics League, Basildon.** 400. A.2. Deborah Martin (Ashford – 2<sup>nd</sup> claim) 60.6. Hammer. B. 4. Debora Martin 14.77.

**Southern Athletics League Norman Park.** Triple Jump. 1. A. Allison Wilder (S&D 2<sup>nd</sup> claim) 12.30.

**Parkruns. Bushy park.** 13 Yasmin Marghini 17.42. **Wimbledon Common.** 29 Tola Pearse 20.16. **Bromley.** 2 William Foxhall 17.36, 8 Hannah Clark 19.14 (1st woman), 12 Ted Marston 19.46, 47 Emily Deveney 21.17, 53 Megan Barlow 21.33, 121 Iain Swatton 23.34, 133 Stuart Cullum 23.58, 134 Damian Hayes 23.59, 172 Jamie White 24:50, 173 Sally Smith 24.50, 182 Madeleine Marston 25.00, 201 Graham Coates 25.25, 225 Tom Leeson 26.07, 226 John Leeson 26.08, 272 Bernard Wilson 27.19, 409 Graham Smith 31.09. **Bexley.** 11 Darren Corneille 20.44, 324 George Collins 32.38. **Hadleigh.** 60 Mick Keene 29.28. **Brockwell park.** 18 Eloise O Shaughnessy 19.29 (1st woman). **Beckenham Place.** 1 Marco Arcuri 17.16, 36 David Beadle 20.51, 46 Nigel Haffenden 21.23, 47 Mark Ellison 21.25, 49 Adrian Stocks 21.31, 54 Sally Haffenden 21.56, 59 Sarah Belaon 22.15, 76 Andy Tucker 23.01, 77 Jason Short 23.16, 160 Anne Cilia 26.49. **Bath Skyline.** 55 James Unwin 22.17. **Crystal Palace.** 12 Lewis Warren 19.49. **Lloyd park.** 31 Ian Taylor 22.48. **Upton House.** 69 Peter Hamilton 23.35. **Eden Project.** 44 Rod Harrington 22.06. **Dulwich.** 13 Ritchie Leccia 17.39, 70 Gabriella Martin 20.21, 76 Carys Firth 20.33, 165 James Morris 23.34. **Orpington.** 6 Harry Keene 20.15, 100 Karen Desborough 33.34. **Homewood.** 23 Zoe Wood 24.17. **Hazlehead, Aberdeen.** 6 Alex Loftus 19.15. **Longrun Meadow.** 39 Robert Perry 21.18, 378 Adrian Perry 38.38. **Cleethorpes.** 2 Ian Frith 17.05. **Peckham Rye.** 95 Peter Rogers 24.12. **Burnham and Highbridge.** 16 Thomas Sugden 20.09. **Exmouth.** 61 Bob Minting 23.00. **Jamaica Pond.** 209 Jackie Montgomery 28.01, 210 Ian Montgomery 28.03. **Catford.** 5 Blair Wilson 18.51, 37 Andrew Lawes 22.10, 53 Barry Wetherilt 23.38. **Foots Cray Meadows.** 88 Chris Pike 24.50.

**14/4/19**

**Boston Marathon, Lincs.** 442. Zoe Kingsmill 4.25.06 (4.24.47)

**Boston Half Marathon, Lincs.** 477. Andy Kingsmill 2.26.13 (2.25.07)

**Brighton Marathon.** 94. Gareth Evans 2.56.54 (2.56.48), 144. Simon Harris 2.59.44 (2.59.39), 903. Damian Hayes 3.31.17 (3.30.21)

**Brighton Marathon 10km.** 5. Phil Sesemann 28.58, 9. Graham Rush 29.10, 47. Ross Braden 31.27, 66. Will Ruiz 32.42, 169. Ifetobi Salako 39.22

**Little Bromley 10km.** 13. Steve Cooper 34.44.

**Cambridge Harriers Young Athletes & Open, Sutcliffe Park.** 800. Mx 1. 2. Maria Salamanca (U13G) 2.43.21. Mx 2. 5. Emily Deveney (U13G) 2.39.1.

**15/4/19**

**Boston Marathon, USA.** 23. Scott Overall 2.17.37.

**17/4/19**

**Watford Open Meeting.** 400. Mx. 2. Prince Reid 53.31.

**18/4/19**

**Pacific Coast, Long Beach CA USA.** 100. R2. 1. Immanuela Aliu 11.65 (-1.5). 200. R1. 1. Immanuela Aliu 23.81 (-2.1).

**19/4/19**

**New Captains Classic And Combined Events.** Hammer. I. Tom Parker 63.46.

**19-21/4/19.**

**Mt Sac Relays, Torrance CA.** Long Jump. 9. Jahisha Thomas 6.29 (0.5).

**20/4/19**

**PURE Athletics/NTC Spring Classic, Clermont, FL, USA.** 200. R3. 2. Louise Evans 24.40 (4.0). 400. 2. Louise Evans 55.15.

**LSU Alumni Gold, Baton Rouge LA USA.** 800. R1 2. Katy Ann McDonald 2.06.47.

**Larry Ellis Invitational, Princeton NJ USA.** Triple Jump. NM Kerri Davidson.

**Crawley Open Meeting.** 100. Mx. Race 2. 3. Zoe Austridge (U20W) 12.88 (0.3). R3. 3. Reece Nelson (U17M) 11.63, 4. Pedro Gleadall (U20M) 11.76 (0.9). R4. 6. Laura Brown (U20W) 13.35 (-0.2), R8. 2. Jessica Hennessey (U15G) 13.85 (-0.8). 200. Mx. R3. 6. Laura Brown 28.44 (0.0). R4. 1. Reece Nelson 22.94. R8. 3. Jessica Hennessey 28.81 (0.7). 800. Mx R4. 3. Lily Meers 2.26.30. R5. 3. Prince Reid (U20M) 2.05.16. 1500. Mx R3. Gabriella Martin (U15G) 5.14.34. 100H. 1. Zoe Austridge 15.60. 300H. U17W. 5. Kelsey Pullin 47.49. 400H. 1. Richard Morris (2<sup>nd</sup> clm) 56.04, 4. Coleman Corry (U20M) 57.54. 400H U17M. 3. Barnaby Corry 62.30. Javelin. U13B Max Kennedy 28.67. U15B. 2. Benjamin Platt 40.23, 3. Josh Buddle Smith 27.05. U20M Pedro Gleadall 55.04. Shot. U13B. Max Kennedy 6.44.

**London Inter Club Challenge (inc London Colleges League). Lee Valley.** 100. Mx. R5. 2. Sarah Abrams 12.55 (-1.5). 100H. 1. Anastasia Davies 13.71 (1.7). Pole Vault. Mx. 7= Jenny Sheasby 2.25. Javelin. A. 5. Jenny Sheasby 11.64.

**Parkruns. Banstead Woods.** 245 James Perry 43.55. Richmond. 3 Jonathan Vintner 18.04. **Bromley.** 4 Samuel Reardon 16.47, 7 Jake Leng 17.28, 9 Blair Wilson 17.35, 12 Roger Beswick 18.15, 22 Paul Kerekgyarto 18.57, 30 Amy Leach 19.29 (1st woman), 43 Ted Marston 20.00, 56 Ken Daniel 20.24, 57 Megan Slattery 20.25, 63 Nigel Haffenden 20.29, 99 Sally Haffenden 21.14, 125 Steve Pairman 22.00, 148 Damian Hayes 22.41, 155 Stuart Cullum 22.48, 165 Iain Swatton 23.04, 170 Ian Montgomery 23.11, 238 Austin Adams 24.34, 264 Mark Compton 25.18, 310 Claire Austridge 26.24, 322 Madeleine Marston 26.37, 361 Jackie Montgomery 27.23, 486 John Leeson 29.36, 492 Julia Pairman 29.55, 497 Tom Leeson 30.09, 555 Graham Smith 31.19, 681 Adrian Perry 35.21. **Bexley.** 37 Nick Barber 21.49, 50 Darren Corneille 22.50, 103 George Collins 25.23. Trelissick. 122 Holly Kibblewhite 27.12. **Beckenham Place park.** 6 Bertie Harrington 18.34, 25 Richard Byford 20.31, 42 Mike Simms 21.43, 44 James Unwin 21.57, 86 Rod Harrington 25.15, 101 William Slack 25.48, 172 Leszek Malynicz 31.45. **Norwich.** 154 James Morris 23.51. **Crystal Palace.** 8 Lewis Warren 19.16, 24 David Beadle 20.21, 293 Luke Brett 34.21. **Bournemouth.** 55 Jessica Neal 21.04, 148 Peter Hamilton 23.41. **Lloyd park.** 25 Ifetobi Salako 21.30, 59 Sarah Belaon 23.54. Catterick. 19 Arthur Starvis 19.57. **South Norwood.** 1 Marco Arcuri 17.36, 118 Zoe Kingsmell 31.21, 122 Andrew Kingsmell 31.37. **Durham.** 14 Jessica Keene 19.02, 16 Harry Keene 19.21, 171 Mick Keene 25.33. **Riddlesdown.** 23 Jane Bradshaw 20.57, 56 Jason Short 23.31. **Dulwich.** 15 Ben Cockburn 16.29. **Homewood park.** 31 Zoe Wood 24.21. **Lanhydrock.** 4 Alex Leggatt 20.06. **Peckham Rye.** 71 Peter Rogers 23.49. **Kesgrave.** 1 Steve Cooper 17.18. **Tewkesbury.** 13 Paul Ross-Davies 21.24. **Sizewell.** 37 Adrian Stocks 21.38. **Henstridge Airfield.** 22 Thomas Sugden 21.34.

**22/4/19**

**Tonbridge Norman Fowler Memorial Open.** 75m. U11B. R1. 5. Samuel Barlow 13.15 (1.2). 150m. Mx R1. 1. Adaeze Anele (U13G) 21.25 (0.7). R5. 2. Marley Byfield 21.26 (U13B) (1.2), 4. Daniel Jenkins (U13B) 22.45. R6. 3. Tallulah Ndikanwu (U13G) 22.68 (1.5). R10. 5. Megan Barlow (U13G) 23.00 (0.6). R18. 2. Molly Savage (U17W) 19.43 (2.3). R19. 6. Jade Oni (U20W) 19.81 (1.7). 300. Mx R1. 3. Lily Meers (U15G) 46.32. R6. 2. Kelsey Pullin (U17W) 44.38. R12. 4. Oliver Bright (U17M) 39.11. R13. 3. Angus Harrington (U20M) 36.75. 600. U11mx. R2. 4. Samuel Barlow 2.10.24. mx R5. 8. Madeleine Marston (U13G) 2.01.05. R6. 5. Jessica Keene 1.41.40. R8. 1. Angus Harrington 1.20.02, 4. Oliver Bright 1.23.68. 1500. Men R1. George Shaw (15B) 4.47.85, 7. Harry Fage (U13B) 5.28.16, 9. Jed Starvis (U13B) 5.49.04. R2. 5. Arthur Starvis (U15B) 5.09.10. R3. 4. Jake Anthony (U15B) 4.37.23. R4. 1. Prince Reid 4.19.63. R5. 7. Henry Fisher 4.15.46. Women. R1. 1. Megan Barlow 5.24.97. R2. 3. Megan Slattery (U13G) 5.15.18, 6. Maria Salamanca (U13G) 5.24.71, 11. Amelie Willars (U15G) 5.55.86. R3. 2. Clare Elms (W55) 4.48.65, 6. Lily Meers 4.58.93, 7. Jessica Neal (U17W) 4.59.01, 8. Amy Leach (U20W) 5.04.82, 10. Emilie Deveney (U13G) 5.25.10. 3000 mx 12. Ted Marston (U15B) 11.33.72, 14. Ellie Osmond (U17W) 11.53.73. 70H U13G. R1. 2. Adaeze Anele 14.51 (-0.2). 75H. U15W. 3. Emily Algeo 13.72 (0.7). 80H U15B. 3. Jonathan Ellerton 15.91. 80H U17W. 6. Olivia Howlett 14.86. 2000 walk. 1. Carla Forsyth (U13G) 12.44.48. Pole Vault mx A. 1. Benjamin Platt (U15B) 3.10, 4=. Holly Platt (U20W) 2.70, 10 Oscar Witcombe (U15B) 2.30, 13=. Finn Kitteridge (U13B) 2.00. B. 2=. Barnaby Corry (U17M) 3.90, 8=.

Ethan Kitteridge (U17M) 3.20. Long Jump. U11mx. 18. Samuel Barlow 2.95. Men. 5. Dylan Carroll (U15B) 5.19, 20. Dennis Savage (U15B) 4.03, 21. Marley Byfield (U13B) 3.97. Women. 4. Zoe Martial (U20) 4.87, 5. Molly Savage 4.80, 6. Olivia Howlett 4.78, 7. Akeiyila Robinson Pascal (U17W) 4.68, 8. Annabel Duncombe (U17W) 4.63, 9. Kamilya Robinson Pascal (U20W) 4.58, 15. Daisy Snell 4.15, 25. Megan Barlow 3.55. Shot 5kg. 1. Dillon Claydon 11.73. Discus 1.5kg. 1. Dillon Claydon 39.67. Hammer 6kg. 1. Charlie Short 41.66. JT mx. 1. Lauren Farley 39.70. JT U13B. 3. Max Kennedy 25.88.

**24/4/19**

**Lee Valley Open**

100. mx R2. 4. Michael Damoah 11.09 (4.9), R5. 6. Holly Mills 12.04 (3.5). 200. Mx R2 5. Michael Damoah 22.73 (1.1), R5. 6. Holly Mills 24.99 (0.8).

**26-27/4/19.**

**Virginia Grand Prix. USA.** Hammer. 2. Tom Parker 62.35.

**27/4/19.**

**Youth Development League, Lower Age Group, Premier Division One, Tooting.**

Under 15 Boys. 100. A. 6. Tye Stanislaus 13.7. B. 3. Ralph Baker 12.9. N/S. A. 5. Kieran Blake 13.3, 6. Ethan Alapafuja 13.7. 200. A. 1. Adam Islam-Medeaux 23.8. B. 5. Kieran Blake 26.9. 300. A. 1. Connor Sutton 38.5. B. 1. Adam Islam – Medeaux 39.2. 800. A. 1. Jake Anthony 2.09.0. B. 5. Arthur Starvis 2.26.5. N/S. A. 2. Ted Marston 2.38.4. B. 2. Oles Chabon 2.36.2. 1500. A. 3. Alessio Tutt 4.44.3. B. 6. Oscar Witcombe 5.25.4. 80H. A. 3. Oliver Robertson 12.9. B. 5. Jonathan Ellerton 16.5. 4x100. 5. B&B 51.2. 4X300. 2. 2.47.6. High Jump. A. 3=. Oliver Robertson 1.50. B. 5. Ethan Alapafuja 1.30. Long Jump. A. 2. Dylan Carroll 5.03. B. -. Pole Vault. A. 1. Ben Platt 2.60. B. 2. Oscar Witcombe 2.10. Shot. A. 3. Brydon Duncan 10.82. B. 2. Kieran Blake 8.85. Discus. A. 2. Brydon Duncan 27.78. B. 4. Josh Buddle Smith 13.20. Javelin. A. 1. Ben Platt 42.96. B. 2. Josh Buddle Smith 26.97. Hammer. A. 4. Oscar Witcombe 9.83. B. 4. Jonathan Ellerton 7.13. Under 15 Girls. 100. A. 2. Faith Akinbilege 13.0. B. 4. Kelsey Calladine Smith 13.9. N/S. A. 4. Kodi-Rhys Agyeman 14.2. B. 2. Tianna Lewis 14.0. 200. A. 2. Faith Akinbilege 27.3. B. 4. Rianna Rennie 28.7. 300. A. 1. Amarisa Sibley 43.5. B. 3. Sylvie Plaskow 46.7. 800. A. 1. Cameron Kelly Gordon 2.27.2. B. 2. Olivia Wauters 2.33.3. N/S. A. 2. Isabella Louth 2.48.8. B. 1. Gabriella Martin 2.30.6. 1500. A. 1. Lily Meers 4.55.4. B. 1. Hannah Clark 4.57.4. 75H. A. 5. Emily Algeo 13.5. B. 5. Faith Mpassy 16.9. 4x100. 3. B&B 53.0. 4X300. 1. B&B 3.01.8. High Jump. A. 6. Elena Duncombe 1.40. B. 4. Faith Mpassy 1.35. Long Jump. A. 4. Faith Mpassy 4.56. B. 3. Elena Duncombe 4.23. Pole Vault. A. -. B. -. Shot. A. 3. Rianna Rennie 10.14. B. 3. Natalie O'Docherty-Veru 7.73. Discus. A. 4. Sofia Elliott 20.84. B. 3. Natalie O'Docherty-Veru 20.59. Javelin. A. 2. Rianna Rennie 27.28. B. 3. Emily Algeo 15.37. Hammer. A. 4. Sofia Elliott 27.97. B. 4. Amelie Willars 14.64. Under 13 Boys. 100. A. 3. Ruben Stober 13.7. B. 6. Rayhan Mourtada 14.8. N/S. A. 3. Marley Byfield 14.6. B. 3. Daniel Jenkins 15.6. 200. A. 6. Rayhan Mourtada 29.8. B. 5. Daniel Jenkins 32.6. 800. A. 4. Jasper Brooks 2.39.8. B. 4. Amir Dudhia 2.44.2. N/S. 3. Jed Starvis 2.48.9. 1500. A. -. B. -. 75H. A. 5. Rayhan Mourtada 14.4. B. 4. Marley Byfield 15.9. 4x100. 5. B&B 56.8. High Jump. A. 6. Finn Kitteridge 1.20. B. -. Long Jump. A. 4. Jasper Brooks 4.20. B. 5. Marley Byfield 3.84. Shot. A. 5. Max Kennedy 6.19. B. 4. Finn Kitteridge 5.49. Javelin. A. 2. Max Kennedy 28.98. B. 2. Finn Kitteridge 23.42. Under 13 Girls. 75. A. 3. Adaeze Anele 10.7. B. 2. Alexia Moren-Rosado 11.2. N/S. A. 3. Azizah Olatunji 11.5. B. 2. Dora Ivanova 11.4. 150. A. 3. Adaeze Anele 21.0. B. 1. Nina Whitter 20.7. 800. A. 1. Emily Deveney 2.38.3. B. 1. India Blakey 2.43.0. N/S. A. Alyssa Firla 2.44.0. B. 1. Maria Salamanca 2.45.7. 1200. A. 2. Molly-May Mooney-Clarke 4.14.0. B. 1. Amber Cockburn 4.18.1. 70H. A. 4. Amber Cockburn 12.5. B. 1. Daisy Snell 12.9. 4x100. 3. B&B 56.3. High Jump. A. 3. Daisy Snell 1.25. B. 3. Megan Barlow 1.20. Long Jump. A. 3. Daisy Snell 4.06. B. 3. Megan Barlow 3.38. Shot. A. 4. Nina Whitter 5.22. B. 3. Madeleine Marston 5.22. Javelin. A. 2. Amber Cockburn 22.47. B. 1. Islay Pearson 13.49.

**LSU Invitational, Baton Rouge, LA USA.** 1500. R1. 2. Katy Ann McDonald 4.31.02.

**Desert Heat Classic, Tuscon AZ USA.** 100. R1. 2. Immanuela Aliu 11.50 (0.1). 200. R2. 1. Immanuela Aliu 24.44 (1.6).

**Loughborough Open.** 200. 1. Dan Putnam 21.59 (2.6). 800. 1. Jacob Brown 1.53.52. 1500 R1. 2. Will Fuller 4.01.37. 3000. 1. Will Fuller 8.29.34, 7. Charlie Davis 8.44.53. 400H 3. Bailey Stickings 56.39. Women. 100H 1. Marcia Sey 13.92 (3.2)

**Southern Athletics League, Norwich.** Hammer A. 2. Gemma Vickery (City Of Norwich – 2<sup>nd</sup> claim) 52.22. Discus A. 4. Gemma Vickery 22.35.

**Parkruns. Basingstoke.** 448 James Perry 38.56. **Bromley.** 3 Ian Firla 18.03, 13 Thomas Sugden 19.29, 21 Stuart Cullum 20.07, 28 Steve Pairman 20.22, 57 Paul Kerekgyarto 21.23, 76 Andy Tucker 22.01, 102 James Unwin 23.09, 179 Mike Simms 25.03, 296 Tom Leeson 27.47, 297 John Leeson 27.47, 360 Mick Keene 29.02, 376 Julia Pairman 29.24, 451 Graham Smith 31.17.

**Beckenham Place park.** 15 David Beadle 20.17, 102 William Slack 25.59, 169 Luigi Arcuri 31.27. **Cannon Hill, Birmingham.** 424 Zoe Kingsmell 28.19, 452 Andrew Kingsmell 28.59. **Lloyd park.** 14 Ifetobi Salako 20.52. **Hoblingwell.** 9 Nigel Haffenden 23.26, 10 Sally Haffenden 23.27 (1st lady). **Dulwich.** 138 James Morris 23.18. **Orpington.** 7 Harry Keene 21.06, 48 Dave Leal 25.18. Homewood. 27 Zoe Wood 24.37. **Tonbridge.** 107 Mark Ellison 23.04. **Folkestone.** 22 Darren Corneille 21.17. Haga. 11 Bertie Harrington 19.35. **Queenstown.** 1 Sam Agnew 19.31. **Felixstowe.** 70 Caroline Wootton 38.03. **Catford.** 30 Andrew Lawes 21.33, 72 Barry Wetherilt 24.01, **Foots Cray Meadows.** 26 Peter Hamilton 24.04. Kingdom. 126 Adrian Perry 39.29.

28/4/19

**Virgin London Marathon.** 402 Alex Gibbins 2.39.42, 1304 Luca Ercolani 2.52.52, 2218 Blair Wilson 2.59.47, 2449 Paul Sharpe 3.02.00, 3358 Jonathan Vintner 3.10.17, 3798 William Brindley 3.13.37, 4038 Len Crowder 3.15.05, 6026 Marc Knowles 3.27.07, 6119 Steve Evenden 3.27.32, 6410 Clayton Aves 3.28.44, 6502 Damian Hayes 3.29.04, 6592 Mike Simms 3.29.23, 8530 Nick Barber 3.38.05, 8815 Richard Hall 3.39.15, 13438 Ian Montgomery 3.56.24, 25612 Gerry Alger 4.41.27, 30886 Anita Evenden 5.03.07, 37147 Dick Griffin 5.43.08. **London Boroughs Mini Marathon.** 15-17 Boys. 1. Oliver Bright 14.39, 13. Joel Rooney 15.48, 21. Matthew Francis 16.10, 22. Joseph Georgiadis 16.10, 38. Peter Guy 16.33, 58. Jake Leng 17.01, 96. Ben Gardiner 18.28, 97. Henry Fisher 18.28, 120. Justin Stover 19.21. 15-17 Girls. 6. Sophie Hoare 18.09, 15, Jessica Neal 18.49, 16. Tola Pearse 18.58, 26. Sabrina Mannes 19.22, 29. Ellie Osmond 19.32, 36. Zoe White 20.16. 14-15 Boys. 25. Sam Reardon 16.59, 26. Tom Brash 17.03, 32. Matthew Smith 17.14, 38 Alessio Tutt 17.26, 47. George Shaw 17.38. 14-15 Girls. 3. Hannah Clark 17.50, 17. Laura Mannes 18.42, 20. Imogen Hadley 18.49, 21. Zakia Mossi 18.50, 23. Lily Meers 19.02, 24. Daniella Harper 19.03, 30. Ailbhe Barnes 19.24, 31. Olivia Berry 19.25, 57. Ellie Dolby 20.14, 62. Amelia Middleton 20.35. 11-13 Boys. 14. Alexander Middleton 17.48, 40. Oscar Witcombe 18.36, 55. Josh Healey 18.51, 120. Franco Hillier 19.58. 11-13 Girls. 4. Gabriella Martin 19.08, 14. Tallulah Ndikanwu 19.44, 18. Megan Slattery 19.51, 24. Francesca Middleton 20.02, 27. Megan Barlow 20.06, 46. Emily Deveney 20.30, 76. Faith Mpassy 21.01.

**Medway & Maidstone Open Meeting, Gillingham.** 100. Mx R1 R6 2. Zuriel Nwogwugwu (U13B) 13.66 (-0.7). 200 mx 5 1. Ethan Alapafuja (U15B) 27.97, 2. Reynaldo Guevara (M40) 28.38. 300 mx 2. 1. Ethan Alapafuja 42.80. Pole Vault. Mx 3. Lois Warden 3.40. Long Jump. Mx B 1. Zuriel Nwogwugwu 4.37, 10. Amber Cockburn 3.72. Discus. U17M. 1. Barnaby Spear 35.27. Hammer U20. 2. Charlie Short 40.12.

**Brown Springtime Invitational, Providence.** Shot. Divine Oladipo 15.84. Discus. Divine Oladipo 51.06.

29/4/19

**So Clean Blackheath & Bromley Harriers Open Meeting.** 1500m SChase. 2. Livvy Berry (U17W) 5.24.86, 5. Ailbhe Barnes (U17W) 5.33.27, 6. Ellie Dolby (U17W) 5.34.48, 7. Ellie Osmond (U17W) 5.50.14. 100m. R1 (-0.1) 1. Matthew Knight (U20M) 11.05, 3. Ben Sutton (U20M) 11.34, 4. Myles Xavier (U20M) 11.44, 5. Oliver Briars (U17M) 11.57, 6. George Pope (U20M) 11.59, 7. LJ Wright (U20M) 11.96. R2 (0.0). 1. Leo Mccallum (U17M) 12.06, 5. Emily Kerr (U15G) 13.46, R3 (0.3) 1. Shakanya Osahon (U17W) 12.81, 2. Tianna Haynes (U17W) 13.14, 4. Katia Cienicala (U20W) 13.16, 5. Nathan Firla (U15B) 13.28, 7. Sophie Kerr (U15G) 13.47. R4. (0.7) 2. Molly Savage (U17W) 13.07, 3. Jade Oni (U20W) 13.16, 4. Grace Fullerton (U20W) 13.27, 7. Lauren Farley (U20W) 13.72, 8. Belinda Clark 13.83. R5 (0.7). 1. Achieng Oneko (U17W) 13.58, 2. Tom Phillips (M65) 13.65, 3. Ruben Stober (U13M) 13.67, 4 Olivia Knight (U20W) 13.68, 5. Sophia Harper (U20W) 13.70, 8. Jessica Hennessey (U15G) 14.15. R6. (-1.2) 2. Annabel Duncombe (U17W) 13.98, 5. Alexandra Kelsey (U20W) 14.22. R7. (0.0). 1. Chloe Quayso (U15G) 14.10, 2. Helen Godsell (W65) 14.75, 4. Azizah Olatunji (U13G) 15.06, 6. Daniel Jenkins (U13B) 15.13, 7. Alyssa Firla (U13G) 15.13. R8. (-0.4). 3. Nina Whitter (U13G) 14.22, 5. Alexia Moren-Rosado (U13G) 14.85, 6. Megan Barlow (U13G) 15.61, Daisy Snell (U13G) DNF. 2000m SChase. R1. 1. Lewis Mills (U20M) 6.03.21, 3. Ben Gardiner (U20M) 6.15.48, 4. Aaron Enser (2nd claim) (U20M) 6.25.55, 5. Henry Fisher (U20M) 6.32.57. 800m. R1. 2. Samuel Reardon (U17M) 1.58.23, 3. Prince Reid (U20M) 2.04.39, 4. Jake Anthony (U15B) 2.08.90, 5. Matthew Smith (U15B) 2.08.96, 6. Bailey Marks (U17M) 2.14.17. R2. 3. William Foxhall (U17M) 2.19.66, 5. Hannah Clark (U15G) 2.26.60, 6. Bethany Panton (U17W) 2.27.48, 7. Daniella Harper (U17W) 2.28.10, 9. Lily Meers (U15G) 2.30.76, 10. Jessica Neal (U17W) 2.31.37. R3. 1. Thomas Sugden (U15B) 2.19.06, 2. Arthur Starvis (U15B) 2.21.50, 3. Nathan Firla (U15B) 2.30.36, 4. Ted Marston (U15B) 2.30.62, 5. Tallulah Ndikanwu (U13G) 2.31.68, 6. Emily Deveney (U13G) 2.32.17, 7. Oles Chaban (U15B) 2.32.75, 8. Olivia Wauters (U15G) 2.33.30, 9. Cara Gould (U15G) 2.37.20. R4. 2. Jasper Brooks (U13B) 2.37.47, 3. Molly Mooney-Clarke (U13G) 2.38.76, 4. Sofia-Plum Maher (U15G) 2.42.01, 6. Megan Barlow (U13G) 2.43.47, 7. Alyssa Firla (U13G) 2.44.66, 9. Jed Starvis (U13B) 2.45.61, 10. Sofia Loader (U15G) 3.09.89. 200m. R1. (-0.1). 1= Reece Nelson (U17M) 22.82, 1= Oliver Briars (U17M) 22.82, 4. Charles Nortey (U17M) 24.28. R2. (0.0). 1. Jacob Byfield (U17M) 23.99, 2. Leo Mccallum (U17M) 24.33, 4. Holly Mpassy (U17W) 26.24, 5. Shakanya Osahon (U17W) 26.88. 200m. R3. (0.0). 2. Tianna Haynes (U17W) 27.06, 3. Karina Harris (U20W) 28.02, 3. Belinda Clark 28.02, 6. Achieng Oneko (U17W) 28.66. R4. (0.5). 2. Ethan Alapafuja (U15B) 27.77, 3. Laura Brown (U20W) 28.00. R5.(-0.1). 1. Marley Byfield (U13B) 29.46, 3. Chloe Quayso (U15G) 30.48, 4. Helen Godsell (W65) 31.22. R6. (0.2). 2. Claudia Baker (U17W) 29.02, 3. Daisy Snell (U13G) 29.81, 4. Nina Whitter (U13G) 29.99, 5. Alexia Moren-Rosado (U13G) 30.95, 6. Madeleine Marston (U13G) 32.29. 400m. R1. 2. Coleman Corry (U20M) 51.33, 4. Harley Sitwell (U20M) 56.06, 5. Darren Corneille (M35) 62.59. R2. 1. Harbey Blanden (U17M) 59.55, 2. Simon Parish (M45) 59.87, 3. Kelsey Pullin (U17W) 63.34, 5. Belinda Clark 66.27. 1500m. R1. 1. Millie Smith (U20W) 4.54.28, 2. Ian Firla (M45) 4.58.06, 3. Joshua Dowling 5.00.94, 4. Amy Leach (U20W) 5.05.43, 5. Carys Firth (U15G) 5.23.97, 6. Maria Salamanca (U13G) 5.25.95, 7. Amie Gould (U13G) 5.28.47, 8. Isabella Louth (U15G) 5.34.96, 9. Amelie Willars (U15G) 5.48.56. Pole Vault. Pool 1. 2. Oscar Witcomb (U15B) 2.20. 3. Finn Kitteridge (U17M) 1.90, 4. Charlie Platt (U11B) 1.50. 5. Reynaldo Guevara (M40) 1.30. Pool 2. 1. Barnaby Corry (U17M) 3.92, 2. Ethan Kitteridge U13B) 3.50, 4. Ben Platt (U15B) 3.10. Shot. Under 17 women. 1.



Titobioluwa Akinrele 9.09. Under 20 W. 1. Hannah Macauley 10.05. Under 20 Men. 1. Philip Bartlett (2nd claim) 12.27, 2. Pedro Gleadall 10.29. Under 13 Girls. 1. Erin Simpson 5.10, 2. Madeline Marston 4.77. Under 15 girls. 2. Faith Mpassy 6.37. Under 13 Boys. 1. Max Kennedy 7.25, 2. Finn Kitteridge 5.88, 3. Maxwell Stober 5.60. Under 15 Boys. 1. Brydon Duncan 10.37. Discus. Under 13 Boys. 1. Max Kennedy 15.75. Under 15 Boys. 1. Brydon Duncan 32.83. Under 15 Girls. 1. Sofia Loader 15.64. Under 17 Women. 1. Titobioluwa Akinrele 30.06. Under 20 women. 1. Hannah Macauley 38.67. Under 17 Men. 1. Barnaby Spear 34.65. Under 20 Men. 1. Philip Bartlett (2nd claim) 40.06, 2. Pedro Gleadall 36.04. Senior Men. 2. Reynaldo Guevara (M40) 16.57.

**BMC Regional Races, Leeds.** 800. A. 5. James Habergham 1.54.62, 7. Declan Neary 1.55.38. 3000. 5. Josh Schofield 8.22.80.

### **100 Years ago in April 1919 (sort of)**

The disruption caused by the Great War meant the Spring and Summer months were quiet. Gazettes record those who had been demobilised and those who were still serving. However, one nugget of an article appeared courtesy of C G Wood entitled "The Raid On Brussels 1887". In that year the British colony in Brussels arranged an Athletic Meeting to celebrate the Jubilee of Queen Victoria. A small group of Blackheath members travelled to compete.

King Leopold of Belgium offered a gold watch made by himself as prize of the principal race, a 200 metres scratch race and called the Championship Of Europe. C G Wood won the race and describes his prize... "The case is made from two 100 franc gold coins with the works placed between. It is unique as no one save the King is allowed to deface the coinage of Belgium. The watch is a splendid timekeeper and has gone for thirty years without a breakdown".

Wood had also hoped to win the 100 metre handicap race as the prize was "an exceptionally handsome jug given by the Prince Of Wales, afterwards King Edward V11". He felt he was beaten by the handicapper.

The small Blackheath group won eleven prizes with Frank Denham first in the 120 hurdles, the half mile hurdles and the one mile flat. The British Ambassador Lord Vivian presented the prizes and in the evening presided over a big dinner for the group. Wood recalls "After dinner some of the Belgian bloods took us round the city, but I expect our adventures, if I wrote an account of them, would not be printed in the B.H. Gazette.

Wood was known as the "Flying Farmer" and was the first Englishman to break 22 seconds for 220 yards and also the first to break 50 seconds for 440 yards.

### **75 years ago in April 1944.**

At the AGM on the 1<sup>st</sup> of April, Club Membership stood at 823 of whom 282 were Life Members.

It was reported that "At the annual general meeting of the Amateur Athletic Association, in the absence of Lord Burghley, Past President H F Pash was unanimously appointed to the Chair. This is probably the first time that a Blackheath Harrier has presided at a general meeting of the governing body".

The Clubhouse was made use of by Pre Service Units for an inter team cross country race, and by the cadets of the Kings Royal Rifles who held a three and a half mile race. The latter was followed by "a wonderful cold supper, consisting of spam, potatoes, lettuce, watercress, spring onions and beetroot, together with the usual bread, cheese and beer."

### **50 years ago in April 1969**

At a special general meeting to inaugurate Centenary Year, Sydney Wooderson is elected President. The meeting ends with a mass visit to the committee room in the cottage which Past Presidents have refurbished in memory of their deceased colleagues.

The Centenary 100 x 1 mile relay takes place against Belgrave Harriers, Cambridge Harriers and Croydon Harriers. It started at 9am and by 12 midday Belgrave were two miles clear. President Sydney Wooderson took the stage at 1.15 "his continuing popularity being reflected in the number of cameramen (both amateur and professional) clamouring around the track during this most memorable relay leg". The race hotted up as the gap on Belgrave closed. The lead changed four times in the last 10 miles and Alan Brent brought the Club home first in 8 hours 38 minutes and 4.6 seconds.



**25 years ago in April 1994.** After finishing second in the Southern 12 Stage Road Relay, the Club finish in third place at the National event at Sutton Coldfield, their highest ever position.



B. J Harrison, P Calnan, P Hogston, M Steinle, M Colpus, A Guilder, J Barton. F. G Arthey, D Taylor, D Lee, P Brice, S Newport Tanya Blake finishes in 17<sup>th</sup> place in the World Student Cross Country Championships in Limerick, and represents Great Britain in the World Relay Championships.

Bill Foster is the Club's first man home in the London Marathon. He finishes 29<sup>th</sup> in 2.17.16. The Under 20 men begin the defence of their National Junior Athletics League title with a win in the first match at Harrow.

Daphne Reed is the first woman to be elected Kent President.

#### **20 years ago in April 1999.**

Spencer Newport is the Club's first man home in the London Marathon with a time of 2.24.51. Colin Norris is first in the 11-12 year olds race in the Mini Marathon. Mike Peel continues his record of completing every London Marathon.

#### **15 years ago in April 2004**

Spencer Newport is the Club's first finisher in the London Marathon in a time of 2.22.31. Dick Griffin completes his 100<sup>th</sup> Marathon. Katie Murray wins the Boroughs Mini Marathon for 13-14 year olds. Mike Peel continues his record of completing every London Marathon. The Club's runners raise funds for the Parkinson's Appeal for a Deep Brain Stimulation unit.

The Senior Men finish second in the Ostend Relays while the Masters team finishes third.

Sprinters Julian Golding and Dwayne Grant are part of a Great Britain relay team that compete in the Penn Relays.

Michael Skinner acts as a pacemaker in a mile race to commemorate the 50<sup>th</sup> anniversary of Sir Roger Bannister breaking the four minute mile.

#### **10 years ago in March 2009**

First man home in the London Marathon is Alex Gibbins in 2.36.54. The Club's runners are raising funds for CRY (Cardiac Arrest in The Young). Georgina Kennedy is first in the 11-12 year olds race in the Mini Marathon. Mike Peel continues his record of completing every London Marathon.

Best performance at the Young Athletes warm up meeting comes from under 15 Dina Asher Smith who runs the 300 metres in 42.1.

At the National 12 Stage Road Relay, Michael Skinner runs the second fastest short leg of the day, but unfortunately the Club did not have enough runners to finish.

UK Record holder for the 100 metres Montell Douglas has a rare outing over 400 metres in the States timing 55.89.



*Blackheath Harriers Club photo 1996*