

TRACK

100 Heat 1

Charlotte	Colegate	13.35	U15G
Christine	Lyston	13.55	U15G
Georgina	Middleton	13.72	U15G
Victoria	Munt	14.01	U15G
Lara	Lalemi	14.01	U15G

100 Heat 2

Amara	Lalemi-Jacobs	13.05	U15G
Dina	Asher-Smith	13.14	U13G
Annie	Waghorne	13.29	U15G
Lauren	Stevens	13.42	U15G
Rachel	Dickens	13.57	U15G
Frances	Read	13.83	U15G

100 Heat 3

Jessica	Moore	13.99	U15G
Vivien	Olatunji	14.82	U13G
Alana	Fajks-Collins	15.10	U13G
Megan	Holland	15.12	U15G
Shannon	Cordell	15.26	U13G

100 Heat 4

Adam	Willis	13.82	U15B
Salar	Rezaian	14.18	U15B
Josh Nu	Seelan	14.44	U13B
Laurence	Fanutza-Davis	14.88	U15B

100 Heat 5

Courtney	Ubank	12.32	U15B
Dean	Colley	12.44	U15B
Anton	Daly	12.69	U15B
Jordon	Kong	12.74	U15B
Fraser	Arnott	12.78	U15B

100 Heat 6

Ellis	Zorro	11.96	U17M
Kieran	Daly	12.00	U17M
Pharjeon	Okotie	12.01	U17M
James	Powell	12.03	U17M
Sufiyan	Sultan	12.05	U17M
Jack	Jacobs	12.34	U17M

TRACK

100 Heat 7

Matthew	Fletcher	11.47
Ronnie	Pocklington	11.49
Neil	Francis	11.64
Dominic	Coelho	12.00
Nathan	Hines	12.14

100 Heat 8

Duane	Bovell	11.00	SM
Daniel	Haque	11.16	U20M
Ed	Harrison	11.18	SM
Luke	Smallwood	11.22	SM
Michael	Baker	11.36	U20M
James	Alcock	11.43	U17M

800 Heat 1

Joseph	Ewing	2:13.76	U15B	
Gregory	Proctor	2:19.47	U15B	
Will	Mercer	2:22.85	U15B	
Hanro	Rossouw	2:30.61	U13B	Tonbridge
Jane	Bradshaw	2:34.79	W35	
Hannah	Cook	2:35.52	U15G	
Andrew	Lawes	2:41.82	M50	
Ellie	Lawrence	2:55.47	U13G	
Shannon	Cordell	3:09.86	U13G	

800 Heat 2

Dan	Ryan	1:57.86	SM
Andy	Rayner	1:58.19	SM
David	Boice	2:00.53	SM
Martin	Airey	2:01.77	SM

400 Heat 1

David	Thorne	61.05	M40	Hercules Wimbledon
Adam	Willis	61.59	U15B	
Victoria	Bradford	62.5	U17W	manual time Tonbridge
Jessica	Moore	64.88	U15G	
Sian	Hurlock	66.32	U17W	
Andrew	Lawes	73.76	M50	

400 Heat 2

James	Clack	55.05	U17M
Rebecca	Syrocki	56.89	SW
Frederica	Foster	58.03	U17W
Joshua	Clarke	58.81	U17M
Tom	Powell	59.47	U17M
Katie	Murray	61.70	U20W

TRACK

400 Heat 3

Daniel	Haque	48.96	U20M
Tom	Bensted	49.60	U17M
Neil	Francis	50.55	U20M
Ben	Hopkins	53.07	U17M
Jonathan	Pettet	53.13	U15B
Andrew	York	54.67	U17M

1500 Heat 1

Ben	Greenhalgh	4:17.58	U17M
Keith	Ewing	4:31.03	M45
Cameron	Ward	4:37.42	U20M
Amrullah	Azizi	5:06.00	U17M
Thomas	Greenhill	5:09.41	U15B
Amber	Reed	5:10.50	U15G
Alex	Punnett	5:35.35	U13G
Rachel	Robinson	5:36.78	U15G
Andrew	Lawes	5:46.15	M50

200 Heat 1

Dean	Colley	25.14	U15B
Dina	Asher-Smith	26.58	U13G
Annie	Waghorne	26.61	U15G
Lauren	Stevens	26.97	U15G

200 Heat 2

Georgina	Middleton	28.88	U15G
Victoria	Munt	28.99	U15G
Salar	Rezaian	29.27	U15B
Laurence	Fanutza-Davis	30.48	U15B
Vivien	Olatunji	31.40	U13G

200 Heat 3

James	Powell	24.05	U17M
Kieran	Daly	24.18	U17M
Jack	Jacobs	24.66	U17M

200 Heat 4

Luke	Smallwood	22.02	SM	
Ed	Harrison	22.24	SM	
Laurence	Woolridge	22.30	U20M	
Michael	Baker	22.65	U20M	
Chris	Wakeford	22.66	U20M	
Dan	Ryan	23.6	SM	manual time

FIELD

Discus

Colin	Brand	M70	34.51
Brian	Halick	M65	30.16
Claire	Wickham	U17W	20.00
Christine	Lyston	U15G	14.31

Henry	Croft	U15B	37.71
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Jake	Haylock	U17M	31.91
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Hammer

Banke	Jemiyo	U20W	43.28
Paul	Ashby	U15B	34.10
Claire	Wickham	U17W	24.86

Jake	Haylock	U17M	56.76
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