

BRITISH ATHLETICS LEAGUE - DIVISION

Fixture One - Held at Cardiff

Date 5th May 2007

Position	Competitor	Club	Performance	Match points
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100 metres 'A' (WIND - 1.6)

1	GAVIN EASTMAN	E & H	10.86	16
2	JOHN BROWNE	KENT	11.02	14
3	LEROY SLUE	HARROW	11.06	12
4	JASON COMMISSIONG	TVH	11.12	10
5	PAUL McKEE	BORDERS	11.18	8
6	ADAM BUTLER	WSE&H	11.30	6
7	JAMES MOORE	CARDIFF	11.57	5
8	ALLOY WILSON	BLACKHEATH & BROMLEY	11.63	4

100 metres 'B' (WIND +0.3)

1	MATTHEW WALKER	E & H	10.89	12
2	OTHROY MARSH	HARROW	10.91	10
3	STUART BENSON	TVH	11.18	8
4	MARK HOLLOWAY	WSE & H	11.20	6
5	PAUL EGBOH	KENT	11.40	4
6	ALAN LOW	BORDERS	11.48	3
7	ED HARRISON	BLACKHEATH & BROMLEY	11.81	2
8	DAVID MARRIS	CARDIFF	12.16	1

200 metres 'A' (WIND -1.5)

1	LUKE FAGAN	E & H	21.54	16
2	JOHN BROWNE	KENT	21.82	14
3	PAUL McKEE	BORDERS	22.00	12
4	TOBY SANDERMAN	TVH	22.19	10
5	LEROY SLUE	HARROW	22.56	8
6	ADAM BUTLER	WSE&H	22.57	6
7	PETER STAFFORD	CARDIFF	22.87	5
8	ED HARRISON	B & B	24.90	4

200 metres 'B' (WIND +0.4)

1	DAVID TELFER JAMES	E & H	22.07	12
2	OTHROY MARSH	HARROW	22.15	10
3	FAHAD KHAN	WSE & H	22.60	8
4	STUART BENSON	TVH	22.77	6
5	JAMES MOORE	CARDIFF	23.34	4
6	PAUL EGBOH	KENT	23.61	3
7	IAN NEELEY	BORDERS	23.90	2
8	ASHLEY HEALEY	B & B	25.09	1

400 metres 'A'

1	SERDAR TERKAN	E & H	48.26	16
2	BRIAN DOYLE	HARROW	48.44	14
3	ALLOY WILSON	B & B	48.96	12
4	ALAN LOW	BORDERS	49.08	10
5	STEVE JOHNSON	WSE & H	49.32	8
6	DELROY MITCHELL	TVH	50.13	6
7	JIMMY WATKINS	CARDIFF	50.28	5
8	SHAUN MULLIGAN	KENT	57.99	4

400 metres 'B'

1	PHILIP NORFOLK	E & H	48.21	12	
2	DOMINIQUE RICHARDS	HARROW	49.93	10	
3	BILLY MCGILL	BORDERS	50.28	8	
4	JOE THOMAS	CARDIFF	50.50	6	
5	BOMENE BARIKOP	B & B	51.10	4	
6	LOUIS PHIRI	TVH	51.59	3	
7	ANTONI DAVIS-PHILIP	KENT	KENT	52.91	2
8	SEAN FRANKS	WSE&H		60.02	1

52.91

800 metres 'A'

1	JIMMIE WATKINS	CARDIFF	1:49.99	16
2	JERMAINE MAYS	KENT	1:51.30	14
3	TONY THOMPSON	BORDERS	1:53.03	12
4	ADAM BOWDEN	HARROW	1:54.15	10
5	IAN MAY	WSE&H	1:55.06	8
6	DANIEL RYAN	B & B	1:56.06	6
7	RHYS FOWLER	E & H	1:56.54	5
8				4

800 metres 'B'

1	JAMES THIE	CARDIFF	1:55.67	12
2	STEVEN MORROW	BORDERS	1:57.16	10
3	MATT BIRCHALL	HARROW	1:59.19	8
4	TIM HAUGHIAN	WSE & H	2:01.59	6
5	DALE ZIEMIEWSKI	E & H	2:02.46	4
6	ANDREW MORETON	KENT	2:14.76	3
7	KEN DANIEL	B & B	2:20.94	2
8				1

1500 metres 'A'

1	JERMAINE MAYS	KENT	3:50.07	16
2	CHRIS MOSS	CARDIFF	3:50.30	14
3	MICHAEL SKINNER	B & B	3:51.40	12
4	GARETH HILL	BORDERS	3:54.12	10
5	ROB MULLETT	E & H	3:55.73	8
6	ADAM BOWDEN	HARROW	3:56.75	6
7	ALEX TOVEY	WSE&H	4:01.43	5
8				4

1500 metres 'B'

1	JAMES THIE	CARDIFF	3:50.69	12
2	PAUL POLLOCK	KENT	3:54.74	10
3	IAN RAWLINSON	BORDERS	3:55.19	8
4	DARREN ST CLAIR	E & H	4:00.44	6
5	IAN MAY	WSE&H	4:05.03	4
6	DANIEL RYAN	B & B	4:08.23	3
7	PETER NORRIS	HARROW	4:26.17	2
8				1

5000 metres 'A'

1	ROBERT RUSSELL	TVH	14:16.31	16
2	JOE SWEENEY	BORDERS		14
3	JON PHILLIPS	CARDIFF	14:40.77	12
4	OWAIN JONES	WSEH	14:51.27	10
5	PETER TUCKER	B & B	15:06.41	8
6	SIMON TAYLOR	KENT	15:08.07	6
7	RICHARD GAMBLE	E & H	15:11.06	5
8	DAVID BRANFOOT	HARROW	15:35.05	4

5000 metres 'B'

1	TOM CAREY	BORDERS	15:07.80	12
2	CHARLIE COLEMAN	WSEH	15:27.62	10
3	CHRIS MOSS	CARDIFF	15:46.51	8
4	DAMIAN NEVINS	HARROW	15:49.17	6
5	CHRIS LIONNET	KENT	16:03.34	4
6	DANNY BREWER	B & B	16:15.66	3
7	STEVE NORRIS	TVH	16:15.96	2
8	DAN CHRISTIAN	E & H	16:46.11	1

3000 metres S/C 'A'

1	ANDREW HENNESSY	TVH	9:08.71	16
2	JAMES CONNOR	KENT	9:20.40	14
3	JOE KEELEY	BORDERS	9:43.87	12
4	SHAUN COLLINS	ENFIELD & HARINGEY	9:45.60	10
5	PETER NORRIS	HARROW	9:49.45	8
6	ALEX DONALD	CARDIFF	9:54.36	6
7	ALEX BRUCE-LITTLEWOOD	B & B	9:55.39	5
8	GEORGE GLANCY	WSE&H	10:32.29	4

3000 metres S/C 'B'

1	ANDREW DUNWOODY	KENT	9:39.22	12
2	STEVE NORRIS	TVH	9:46.72	10
3	ALAN WRAY	HARROW	9:53.51	8
4	ALASTAIR RUSSELL	BORDERS	9:55.46	6
5	RICHARD HALL	B & B	11:03.99	4
6	SHAUN FRANKS	WSE&H	11:20.61	3
7				2
8				1

110 metres hurdles 'A' (WIND -0.3)

1	DWAYNE STODDARD	WSE&H	14.48	16
2	MATT BUTLER	CARDIFF	14.78	14
3	ROBET HENRY	E & H	14.85	12
4	TAINO SODEYI	B & B	15.17	10
5	JOE APPIAH	KENT	15.91	8
6	IAN NEELEY	BORDERS	17.10	6
7	CHAD McLEOD	HARROW	20.40	5
8				4

110 metres hurdles B (WIND -0.3)

1	TRISTAN ANTHONY	E & H	14.57	12
2	CALLUM McKAY	WSE&H	15.71	10
3	HOWARD FROST	KENT	17.31	8
4	ALEX POPE	B & B	17.55	6
5	NOEL REID	HARROW	18.12	4
6	MATT LEDGER	CARDIFF	20.26	3
7	DAVID LITTLE	BORDERS	55.04	2
8				1

400 metres hurdles 'A'

1	ED HARRISON	B & B	54.37	16
2	IAN NEELEY	BORDERS	54.66	14
3	JEFF CHRISTIE	WSE & H	55.44	12
4	ZAC SAUCEDE	ENFIELD & HARINGEY	56.44	10
5	SHAUN MULLIGAN	KENT AC	56.73	8
6	GARETH SUTCLIFFE	CARDIFF	58.13	6
7	CHAD McLEOD	HARROW	59.99	5
8	ANDREW HENNESSY	TVH	65.04	4

400 metres hurdles 'B'

1	CALLUM McKAY	WSE & H	57.52	12
2	ANTONI DAVIS-PHILIP	KENT	57.99	10
3	NOEL REID	HARROW AC	60.62	8
4	ASHLEY HEALEY	B & B	61.51	6
5	MATT LEDGER	CARDIFF	67.33	4
6	DAVID LITTLE	BORDERS	73.91	3
7				2
8				1

High Jump 'A'

1	ADAM SCARR	E & H	2.20	16
2	CAMERON LAKE	WSE&H	2.05	14
3	TIM MAITLAND	HARROW	1.95	12
4	BOMENE BARIKOR	B & B	1.90	10
5	MATTHEW DORRIAN	BORDER	1.75	8
6	MATT LEDGER	CARDIFF	1.75	6
7	NUKA KPOTURA	KENT	1.75	5
8				4

High Jump 'B'

1	JAMES LUCK	E & H	2.00	12
2	DAVID COLE	WSE&H	1.90	10
3	ALEX POPE	B & B	1.80	8
4	NOEL REID	HARROW	1.80	6
5	LEWIS LONG	CARDIFF	1.75	4
6	JOE APPIAH	KENT	1.70	3
7	DAVID ROBERTSON	BORDER	1.65	2
8				1

Pole Vault 'A'

1	RICHARD HURREN	HARROW	4.70	16
2	SCOTT HUGGINS	B & B	4.60	14
3	CHRIS MILLS	WSE & H	4.50	12
4	GREG CONLON	TVH	4.40	10
5	MATTHEW DORRIAN	BORDER	4.00	8
6	HOWARD FROST	KENT	3.80	6
7	MATT LEDGER	CARDIFF	3.20	5
8				4

Pole Vault 'B'

1	ALEX POPE	B & B	4.00	12
2	TOM REYNOLDS	WSE&H	4.00	10
3	DAVID ROBERTSON	BORDER	4.00	8
4	PAUL KYBERAD	KENT	2.60	6
5				4
6				3
7				2
8				1

Long Jump 'A'

1	MARK HOLLOWAY	WSE & H	7.11m/+3.6	16
2	JOE APPIAH	KENT	6.92m/+1.2	14
3	JODY CHAPPELL	CARDIFF	6.82m/+2.8	12
4	NAV CHILDS	TVH	6.81m/+2.2	10
5	JOHN RAMOS	ENFIELD & HARINGEY	6.77m/+3.0	8
6	DAVID WATSON	BORDER	6.24m/+0.7	6
7	KOFI ASANTE	HARROW	6.04m/+2.3	5
8	ALEX POPE	B & B	6.00m/+1.3	4

Long Jump 'B'

1	JULIAN GOLLEY	WSE & H	6.77m/+3.0	12
2	MATTHEW HULYER	TVH	6.74m/+3.2	10
3	MATT BURTON	KENT	6.68m/+1.3	8
4	BOMENE BARIKOR	B & B	5.90m/+2.8	6
5	TIM MAITLAND	HARROW	5.58m/+0.7	4
6	PAUL SAMADEN	CARDIFF	5.24m/+2.0	3
7	TONY THOMPSON	BORDER	4.67m/+1.0	2
8				1

Triple Jump 'A'

1	JULIAN GOLLEY	WSE&H	15.50m/+2.2	16
2	TREVOR OKOROAFOR	KENT	15.40m/+2.2	14
3	NAV CHILDS	TVH	14.97m/+1.9	12
4	TONY DAFFURN	HARROW	14.17m/-0.2	10
5	DAVID WATSON	BORDER	13.99m/+1.3	8
6	PAUL SAMADEN	CARDIFF	12.52m/+3.3	6
7	JOHN RAMOS	ENFIELD	11.74m/+1.6	5
8	ASHLEY HEALEY	B & B	11.49m/-0.8	4

Triple Jump 'B'

1	MATT BURTON	KENT	15.11m/-0.5	12
2	MATT MORSIA	TVH	14.13m/+4.0	10
3	KOFI ASANTE	HARROW	13.49m/+1.5	8
4	DAVID BROWN	CARDIFF	12.29m/-0.6	6
5	TOM REYNOLDS	WSE&H	12.24m/-0.1	4
6	BOMENE BARIKOP	B & B	11.33m/-0.1	3
7	TONY THOMPSON	BORDER	10.96m/+2.7	2
8	TRISTAN ANTHONY	ENFIELD	10.46m/+1.4	1

Shot Putt 'A'

1	JAY THOMAS	KENT	15.60	16
2	NICKOLASOS POTOURIDIS	E & H	15.59	14
3	NEIL ELLIOTT	BORDER	15.34	12
4	BRETT MORSE	CARDIFF	13.59	10
5	RICHARD HURRAN	HARROW	13.85	8
6	MIKE SMALL	WSE&H	12.49	6
7	ALEX POPE	B & B	11.55	5
8	ALI MORTIMORE	TVH	10.97	4

Shot Putt 'B'

1	TOM REYNOLDS	WSE&H	12.18	12
2	JOEL CAPPER	E & H	12.11	10
3	ALBERT JOHNSON	KENT	11.96	8
4	IAN PARK	HARROW	10.98	6
5	MARK DRY	BORDER	10.98	4
6	GARETH BULL	CARDIFF	9.90	3
7	SCOTT HUGGINS	B & B	6.85	2
8				1

Discus 'A'

1	BRETT MORSE	CARDIFF	49.00	16
2	MATTHEW BROWN	E & H	47.55	14
3	NEIL ELLIOTT	BORDER	46.42	12
4	ALEX POPE	B & B	39.33	10
5	MIKE SMALL	WSE&H	38.77	8
6	JAY THOMAS	KENT	38.30	6
7	IAN PARK	HARROW	36.09	5
8	ALI MORTIMORE	TVH	34.39	4

Discus 'B'

1	ALEX MARGANELLA	BORDER	44.25	12
2	GARETH BULL	CARDIFF	39.44	10
3	ALAN PORTER	KENT	37.13	8
4	JOEL CAPPER	E & H	36.73	6
5	RICHARD HURREN	HARROW	33.80	4
6	ANDY CLEMENTS	WSE&H	32.65	3
7	BOMENE BARIKOP	B & B	18.13	2
8	RICHARD DALLY	TVH	14.23	1

Hammer 'A'

1	CARL SAGGERS	ENFIELD & HARINGEY	55.75	16
2	DAVE LITTLE	BORDER HARRIERS	53.89	14
3	IAN PARK	HARROW	53.32	12
4	MIKE SMALL	WSE&H	40.39	10
5	ALI MORTIMORE	TVH	37.00	8
6	ALAN PEKIN	KENT	36.42	6
7	BRETT MORSE	CARDIFF	24.23	5
8	RICHARD HALL	B & B	5.35	4

Hammer 'B'

1	DANNY FARENDEN	ENFIELD & HARINGEY	44.96	12
2	ALAN FRENCH	HARROW	38.06	10
3	ALAN PORTER	KENT	35.79	8
4	GARETH BUSSLEY	W S E & H	31.96	6
5	MARK DRY	BORDER	21.84	4
6	MATT LEDGER	CARDIFF	18.05	3
7	RICHARD DALLY	TVH	13.45	2
8	PAT CALMAN	B & B	4.45	1

Javelin 'A'

1	CHRIS SMITH	BORDER	64.38	16
2	ANTHONY LOVETT	E & H	61.67	14
3	DAVE SKETCHLEY	HARROW	59.85	12
4	JONATHAN HARVEY	TVH	55.09	10
5	JASON HALLETT	CARDIFF	52.90	8
6	LUKE PAYNE	KENT	52.44	6
7	ALEX POPE	B & B	47.58	5
8	TOM REYNOLDS	WSE&H	44.80	4

Javelin 'B'

1	NICHOLAS BOTOURIDIS	E & H	56.66	12
2	ALAN PORTER	KENT	47.49	10
3	SIMON BULL	CARDIFF	46.17	8
4	ALEX STANBRIDGE	BORDER	45.15	6
5	ANDY CLEMENTS	WSE&H	42.64	4
6	ALI MORTIMORE	TVH	37.21	3
7	NOEL REID	HARROW	33.24	2
8	SCOTT HUGGINS	B & B	7.87	1

4 x 100 metres relay

1	CARDIFF		41.71	16
2	E & H		41.94	14
3	HARROW		42.35	12
4	WSE&H		42.65	10
5	TVH		43.02	8
6	BORDERS		43.85	6
7	B & B		43.89	5
8	KENT		49.21	4

4 x 400 metres relay

1	BORDERS		3:18.79	16
2	CARDIFF		3:21.42	14
3	E & H		3:22.15	12
4	TVH		3:25.03	10
5	B & B		3:27.29	8
6	HARROW		3:29.91	6
7	KENT		3:35.92	5
8	WSE & H		3:38.06	4

Match Result

Position	Club	Total points	League points
1	ENFIELD & HARINGEY	323	8
2	KENT	299	7
3	BORDER	298	6
4	WINDSOR SLOUGH ETON HOUNSLOW	296	5
5	HARROW	276	4
6	CARDIFF	268	3
7	BLACKHEATH & BROMLEY	212	2
8	THAMES VALLEY HARRIERS	193	1

Overall league position after this match

Position	Club	League points
1	ENFIELD & HARINGEY	8
2	KENT	7
3	BORDER	6
4	WINDSOR SLOUGH ETON HOUNSLOW	5
5	HARROW	4
6	CARDIFF	3
7	BLACKHEATH & BROMLEY	2
8	THAMES VALLEY HARRIERS	1