

	70 HDLS	Heat 1	Girls			
27	Amber	Bryan-Isaacs	7	13.5	G4	
23	Victoria	Pusey	7	15.4		
57	Oshuwa	Ogbeta	6	15.8		
56	Shannon	Clarke	6	15.8		
	75 HDLS	Heat 1	Mixed			
19	Rachel	Gianni	8	15.0		
70	Lewis	Church	6	16.5		
63	Matthew	Millard	6	18.3		
	80 HDLS					
72	Aaron	Lloyd	8	13.0	G3	***
	400 HDLS	Heat 1	Boys			
16	Sam	Rodgers	11	58.9	G2	***
	800	Heat 1	Girls			
3	Holly	Fletcher	7	02:37.8	G3	***
6	Amelia	Gibbons	8	02:53.0		
64	Emma	Shaw	6	03:07.3		
36	Emily	Mills	8	03:09.7		
75	Shannon	Cordell	6	03:14.6		
	800	Heat 1	Boys			
24	Joseph	Ewing	9	02:18.1	G4	***
21	Thomas	Smith	8	02:48.2		
60	William	Ruiz	7	02:54.3		
74	Alex	Lambert	6	02:54.8		
55	Daniel	Waller	6	03:04.6		
	75	Heat 1	Girls			
66	Cheriece	Hylton	6	10.9	G3	***
28	Irenee	McIntosh	7	11.0	G3	***
23	Victoria	Pusey	7	11.4	G4	
27	Amber	Bryan-Isaacs	7	11.6	G4	
32	Brianna	Barwell	7	12.3		
	75	Heat 2	Girls			
40	Dina	Asher-Smith	7	10.5	G2	***
57	Oshuwa	Ogbeta	6	11.8		
58	Jemimah	Meshe	7	11.4		
64	Emma	Shaw	6	13.0		
67	Shannon	Hylton	6	10.8		

	100	Heat 1	Girls			
11	Rachel	Dickens	8	13.6	G4	
5	Rebekah	Walker	9	13.7	G4	
33	Ayoni	Williams	8	13.9	G4	
18	Charlotte	Colegate	8	13.9	G4	
31	Abiola	Efunshile	8	14.2		
25	Georgina	Middleton	8	14.7		
	100	Heat 2	Girls			
61	Amara	Lalemi-Jacobs	8	13.2	G2	***
37	Victoria	Munt	8	14.3		
46	Rachel	Robinson	9	14.4		
29	Ailsa	McHanwell	8	15.2		
53	Marian	Ohtunji	9	15.6		
	100	Heat 1	Boys			
71	Ronnie	Parklington	10	11.9	G4	
15	Dominic	Coelho	10	12.2	G4	
8	Jonathan	Pettet	9	12.5	G3	***
9	Reuben	Fakoya	8	13.5		
72	Aaron	Lloyd	8	13.7		
70	Lewis	Church	6	14.6	G4	
20	Babajide	Jemiyo	8	14.9		
	400	Heat 1	Boys			
45	Chris	Jolley	9	60.9	G4	
13	James	Montgomery	9	61.5	G4	
50	Conor	Thomson	8	70.2		
	1500		Mixed			
26	James	Murphy	8	06:02.1		
65	Callum	Redpath	6	06:05.1		
10	Mollie	Miller	7	06:14.5		
	150	Heat 1	Girls			
40	Dina	Asher-Smith	7	20.6	G2	***
3	Holly	Fletcher	7	21.5	G3	***
67	Shannon	Hylton	6	22.0	G4	***
66	Cheriece	Hylton	6	22.4	G4	
62	Ellie	Lawrence	6	25.4	G4	
32	Brianna	Barwell	7	25.7		
	200	Heat 1	Girls			
61	Amara	Lalemi-Jacobs	8	27.3	G3	***
34	Hannah	Goodridge	10	28.6		
12	Jessica	Moore	8	29.3		
54	Asia	Lawrance	9	32.6		

	200	Heat 1	Boys			
71	Ronnie	Parklington	10	24.6		
24	Joseph	Ewing	9	27.4		
13	James	Montgomery	9	27.9		
55	Daniel	Waller	6	36.8		